

PRACTICE CONNECT

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FROM THE OFFICE OF CLINICAL AFFAIRS

Recently I received an email from one of our physicians, on the occasion of his one-year anniversary of joining the FGP. In it, he thanks so many members of our team, from network development, to transitions, to practice administrations and operations. It was a kind and generous message, and I was happy to receive it. Even more, it is a reminder of how each of us, no matter our role, plays a part in bringing NYU Langone's world-class care to the neighborhoods in which our patients live and work.

Together, we foster referrals between practices, and our clinicians are able to provide continuity of care. Through Epic, we are able to efficiently and conveniently integrate all aspects of a patient's medical record. And these are just a few of our success stories. So I echo to you the gratitude that this doctor expressed in his email. Because of your efforts to expand our network, facilitate transitions and support the practices once they are on board, providers can concentrate on their most important focus: patients.

Andrew T. Rubin, Vice President for Medical Center, Clinical Affairs and Affiliates

Quality Focus Update

The NYUPN Clinically Integrated Network has created postcards to send to patients for important, past-due health screenings. The project is part of a greater educational marketing campaign to promote the importance of certain screenings and tests, and help patients schedule appointments for those screenings and tests, as needed. These mailings will be made based on data distributed by health plans.

The postcard mailing schedule is as follows, and mailings will be repeated throughout the year, as needed:

March	colonoscopy
April	annual wellness exam
May	pediatric well visit
July	diabetes health exam (ie. HbA1c, nephropathy screening and eye exam)
August	pediatric well visit
October	mammograms

The Access Center will be making outreach phone calls to patients, on behalf of the practices, to remind and help patients schedule appropriate appointments.

The NYUPN—a partnership among the medical center's physicians and hospitals, and UPN, including more than 2,700 physicians—is focused on improving performance on quality measures and reducing overall healthcare spending and costs. Founded on the basis of patient-centered care, the implementation of evidence-based clinical standards and information-sharing, the NYUPN strives to meet both quality and cost targets, which, when met, result in financial shared savings for its physicians.

For more information, contact NYUPN@nyumc.org.

FGP Presents: Hot Topics

April: FGP Operations (forms)

May: Finance

All Hot Topics sessions take place in Alumni Hall B from 3 p.m. to 4 p.m., on the second Tuesday of each month, following the monthly FGP administrative meeting.

Have an idea for a Hot Topics session? Please contact Idan Eckstein at Idan.Eckstein@nyumc.org.

NYULMC Addresses Zika Virus

NYU Langone is providing several sources of information pertaining to the Zika virus (flavivirus), which according to the Centers for Disease Control (<http://www.cdc.gov/zika/about/index.html>), can “spread to people primarily through the bite of an infected Aedes species mosquito.”

The Zika virus, first identified in 1947 in Uganda's Zika Forest, is related to dengue, yellow fever and West Nile virus. There have been sporadic outbreaks of the virus throughout Africa, the Pacific Islands and Southeast Asia. Currently, there is an outbreak affecting Central and South America and the Caribbean; the virus has been linked to an increase in neonatal microcephaly in Brazil.

New York State is offering Zika virus testing for:

- all pregnant women who traveled while pregnant to countries with Zika virus transmission, whether they had symptoms or not;
- neonates with microcephaly or intracranial calcifications born to women who traveled to areas with Zika virus transmission while pregnant;
- all persons who traveled to areas with Zika virus transmission who present with Guillain-Barre syndrome;
- all persons who traveled to areas with Zika virus transmission who developed symptoms consistent with Zika virus infection within four weeks of travel.

For instructions on how to submit blood samples from patients who reside in New York City to the NYC Public

Health Laboratory, please visit <http://www1.nyc.gov/assets/doh/downloads/pdf/cd/zika-advisory4.pdf>.

Providers for patients residing outside of New York City must contact the patient's local health department for preauthorization of testing. Information on how to do that can be found at http://www.health.ny.gov/diseases/zika_virus/docs/2016-02-09_health_advisory.pdf.

NYU Langone's Department of Infection Prevention and Control, Division of Maternal Fetal Medicine and Department of Pediatrics are collaborating to create a Website, posters and guidelines for medical center providers, and are working with internal and external communications to create awareness about the virus.

Zika Virus Resources

NYULMC Infection Prevention and Control

212.263.5454

<http://central.nyumc.org/clin/site/ipc/Hot%20Topics/Zika%20Virus.aspx>

NYULMC Maternal Fetal Medicine

212.263.8610

New York City Department of Health

Provider Access phone: 866.692.3641

<http://www1.nyc.gov/site/doh/health/health-topics/zika-virus.page>

New York State Department of Health

1-888-364-4723

http://www.health.ny.gov/diseases/zika_virus/

Centers for Disease Control

www.cdc.gov/zika/ and wwwnc.cdc.gov/travel/notices

MCIT Issues Security Warning About Ransomware

MCIT is raising awareness about “Locky” ransomware, a computer virus that can spread through organizations via aggressive spam attacks and infect legitimate Websites. One version of the attack includes a fake email invoice containing infected Word documents, but hackers have circulated many variants.

The “Locky” ransomware has spread through several medical centers, including Hollywood Presbyterian Medical Center, which had its computer systems disabled, ultimately forcing the diversion of some patients to other hospitals.

MCIT has issued guidelines for how to prevent the “Locky” ransomware from infecting NYU Langone Medical Center:

- Do not click on links or open attachments from untrusted sources;
- Be mindful of websites; malware can be downloaded automatically on to a computer from an infected Website;
- Store data on MCIT Network drives, where it will be securely backed up. Once a device has been infected, data from it may not be recovered;
- If an NYU Langone device might have been infected by ransomware, do not use it and report the concern to the Help Desk.

For more information, contact #mcitsecurity@nyumc.org or call 212-263-6868, ext. 36868 or 866-276-1892.

Managed Care Update

Payors Update Authorization Requirements

Effective this month, Fidelis will require prior authorization for the following gastrointestinal procedures when performed in an outpatient setting.

FIDELIS	
Procedures & Services	CPT Codes
Upper GI endoscopy biopsy	43239
Colonoscopy and biopsy	45380
Diagnostic colonoscopy	45378
Lesion removal colonoscopy	45385
Lesion removal colonoscopy	45384

Fidelis does not require a prior authorization when these procedures are performed in an office.

United Healthcare has updated the authorization requirements for certain procedures in an outpatient hospital setting for certain commercial plans. Effective May 2, 2016, the changes will affect some gynecological procedures, and tonsillectomy and adenoidectomy codes. If performed in an office setting, United Healthcare will not require authorization.

UNITED HEALTHCARE—COMMERCIAL PLANS	
Procedures & Services	CPT Codes
Abdominal Paracentesis	49083
Carpal Tunnel Surgery	64721
Cataract Surgery	66821 66982 66984
Hernia Repair	49585 49587 49650 49651 49652 49653 49654 49655
Liver Biopsy	47000
Tonsillectomy & Adenoidectomy	42821 42826 42820* 42825* 42825*
Upper & Lower Gastrointestinal Endoscopy	43235 43239 43249 45378 45380 45384 45385
Urologic Procedures	50590 52000 52005 52204 52224 52234 52235 52260 52281 52310 52332 52351 52352 52353 52356 57288
Gynecology	57522* 58353* 58558* 58563* 58565*

***Authorization requirements for codes highlighted in yellow begin on 5/2/16. Authorizations for all other procedures already are in effect.**

NYU Sleep Disorder Center at Bellevue Closes

Effective March 4th, the NYU Sleep Disorder Center's Bellevue location will close.

NYU Langone Medical Center has integrated the Sleep Medicine Faculty—Drs. Nishay Chitkara and Marta Maczaj—into the Pulmonary and Critical Care Associates Practice, located at 530 First Avenue, HCC Suite 5D.

The practice will provide patient care for all sleep-related conditions, continue to perform sleep studies (home and in-laboratory), mask fitting sessions and daytime sleep testing in collaboration with the NYU Langone Comprehensive Epilepsy Center-Sleep Center.

For additional information, please call 212.263.7951.

Practice Profile: NYU Langone Internal Medicine—Hudson Valley

NYU Langone Internal Medicine—Hudson Valley has opened a new location in Cortlandt Manor. The Crompond Road space includes 10 new exam rooms and an open-concept patient reception and waiting area, as well as accessible parking.

The practice isn't just physically accessible to patients, says Westchester/Hudson Valley Regional Manager Katelyn Milavsky. “We have short wait times and it's easy to get a same-day appointment at our practice,” she explains.

The five physicians work at three locations, and are able to accommodate patients who vary in age, background and medical profile. The physicians treat patients with chronic diseases, including diabetes, hypertension, asthma, chronic obstructive pulmonary disease, obesity, anxiety, and depression. The physicians also provide preventive care and travel immunizations. The practice's allergy

and immunology physician offers spirometry and testing for contact dermatitis, aeroallergens, and penicillin and food allergies.

NYU Langone Internal Medicine—Hudson Valley's geriatric medicine physician provides medical condition management for elderly patients and conducts cognitive evaluation, memory tests and medication evaluation.

The practice has seen great benefits from its relationship with the medical center, from top-of-the-line care, to technology that facilitates patient access to physicians—all with a small-town feel.

“The best part of being affiliated with NYU Langone is knowing that my patients have the best care anywhere,” says Nadia Amin, MD. “Patients have access to unique applications like MyChart®, where they can securely send me email messages.

Patients also benefit from direct communication between providers on their care team. Most of all, patients love being able to get this level of care at a location close to home.”

NYU Langone Internal Medicine—Hudson Valley

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201 Waterside Professional Park
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Fax: 914.528.7218

On the Web: <http://nyulangone.org/locations/nyu-langone-internal-medicine-at-hudson-valley>



Adar Novak, *writer*

Submit a story idea for PRACTICE CONNECT to: Julia Levy at Julia.Levy@nyumc.org.