Approach To Women's Health

Our team of dynamic, experienced physicians understands that women's health and medical needs must be addressed in a manner that looks at the whole female patient. As Medical Director Dr. Nieca Goldberg has written, "Women are not small men." Men and women with the same medical problems don't necessarily require the same treatment.



At the Center for Women's Health, we know from the outset that women's health and medical needs are unique, and that our patients are more than the medical problems they present to us. To that end, our physicians work as a multi-disciplinary team, a group of experienced doctors—from internists to specialists—that is accessible to our patients at a single location.

The CWH offers primary care and specialty care in the following areas

BREAST HEALTH

- Breast cancer screening and clinical breast exams
- Genetic testing
- Mammograms

CARDIOLOGY: WOMEN'S HEART CARE

- Evaluation, treatment and diagnosis of heart disease
- Preventative consultations for heart attack and stroke risk
- Non-invasive testing (stress and stress-echo)

DERMATOLOGY

- Skin cancer screenings
- Anti-aging skin therapies (Botox, lasers and fillers)

ENDOCRINOLOGY

- Osteoporosis
- Weight loss counseling and treatment

GASTROENTEROLOGY

- Evaluation, diagnosis and treatment of acid reflux, IBS, gallbladder disease and colon cancer
- Endoscopy and colonoscopy

GYNECOLOGY

- Menopause counseling
- Sexual health
- Urinary incontinence

INTEGRATIVE HEALTH

- Acupuncture
- Nutritional counseling
- Stress management counseling and wellness workshops

PLASTIC SURGERY

• Pre- and post-procedure consultations

PODIATRIC MEDICINE

Bunions hammertoes and high heel injuries

PULMONARY MEDICINE

- Lung function testing and asthma treatment
- Management of chronic lung conditions
- Smoking cessation

RHEUMATOLOGY

- Evaluation, diagnosis and treatment for arthritis and osteoporosis
- Auto-immune disorders (Lupus, Scleroderma and others)

ORTHOPAEDICS

VASCULAR SERVICES

- Evaluation for peripheral artery disease
- Varicose vein therapy

WOMEN'S IMAGING

- Ultrasounds (breast, reproductive system and gallbladder sonograms)
- Bone densitometry (testing for osteoporosis)



Langone

Medical Center

Center for Women's Health 1491 Third Avenue New York, New York 10028 (646) 754-3300

CENTER FOR WOMEN'S HEALTH



NYU Langone Medical Center has established the Center for Women's Health (CWH), a bold step that recognizes that unique health needs of women. Now women can receive accessible, comprehensive and individualized care from NYU's finest physicians at one location.



The CWH offers enhanced women's healthcare services in a comfortable, centrally located 14,000-square-foot facility. The center includes 16 private examination rooms, seven consultation rooms and a convertible lecture/workshop space for health and wellness events. Seven full-time physicians and one registered nurse staff the center, which also provides outpatient services including mammography and ultrasound; endoscopy and colonoscopy; bone density testing; and ECHO, cardiac and pulmonary function testing.

Letter from Nieca Goldberg, M.D.,

Medical Director of the Center for Women's Health



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Dr. Nieca Goldberg is a cardiologist and pioneer in the field of women's heart health. She serves as Clinical Associate Professor of Medicine, Medical Director of the NYU Women's Heart Program and has been named several times to New York Magazine's "Best Doctors" list since 2000. In 1999, Dr. Goldberg was the only woman the magazine's top ten "Hall of Fame of Physicians."

About the NYU Langone Medical Center

NYU Langone Medical Center (NYULMC) is a world-class, patient-centered academic medical center, and one of the nation's premier sites for excellence in healthcare, biomedical research, and medical education. NYULMC comprises three hospitals: Tisch Hospital, a 705-bed acute-care tertiary facility; Rusk Institute of Rehabilitation Medicine, the first rehabilitation hospital in the world, with 174 beds and extensive outpatient rehabilitation programs; and the 190-bed Hospital for Joint Diseases, one of five hospitals worldwide that is dedicated to orthopaedics and rheumatology. It also includes the NYU School of Medicine, one of the nation's preeminent academic institutions, which includes the Smilow Research Center, the Skirball Institute of Biomolecular Medicine and the Sackler Institute of Graduate Biomedical Sciences.

The NYULMC Difference

The Center for Women's Health isn't just powered by outstanding physicians and staff, but by an entire world-class academic medical center. Our expert clinicians and researchers lead through innovation to provide a unique blend of scientific knowledge and compassionate care. Our basic research initiatives aim to rapidly translate findings into improved clinical outcomes from which patients—and the next generation of researchers and physicians—benefit every day.

These remarkable achievements, which we have attained through attentive patient care and a deep understanding of the complex nature of disease, are a result of many years of experience and handson learning. Our expertise spans all aspects of medical management, contributing to international advancements in medicine.

Location

1491 Third Avenue, New York, New York 10028 (646) 754-3300



The Center for Women's Health is located at Third Avenue and 84th Street. The entrance to the center is on 84th Street, with the lobby on the XX floor.

Getting to the Center for Women's Health

The center is convenient to the 4/5/6 subway line, with a nearby subway stop at 86th Street and Lexington Avenue.

We also are accessible via the M98, M101, M102 and M103 bus routes, which run along Third Avenue.

NYU Physician Referral Service

Patients also have the option of seeing NYULMC doctors through the NYU Physician Referral Service. This connects patients with doctors in almost every specialty, including doctors from Tisch Hospital, the Rusk Institute of Rehabilitation Medicine and the Hospital for Joint Diseases.

Please call the number to speak with a registered nurse, or can fill out an online referral request form, and a nurse will call back and speak confidentially about your needs. There is no charge for this service.

- 888-7-NYU-MED (888-769-8633) Monday – Friday, 8:30 a.m. – 6 p.m.
- http://medicine.med.nyu.edu/webform/physician-patientreferral-service