

## DESCRIPTIONS OF A MENTOR

### WHAT IS A MENTOR?

A mentor is a member of the community, 21 years or older, who is willing to give their time to be with a mentee and assist them in achieving personal, academic and career goals. The mentor receives no money for this. A mentor is **not** a parent, licensed therapist, or social worker. A mentor is a friend, a guide, and a loving leader who encourages strength and hope. They provide inspiration, encouragement, resources, and emotional and spiritual support.

### WHAT DOES A MENTOR DO?

Your mentor will provide inspiration, encouragement, resources, and emotional and spiritual support. They will listen to you, answer your questions or help you to find the answers yourself, and share with you all of the things they wish someone had shared with them when they were younger. Mentors want to make sure that you are able to reach your specific goals. They want you to be successful in your future, and help teach you how to spend your time doing what makes you feel fulfilled. These are caring, God loving people who live their lives by example. They have wisdom to offer and want you to utilize their resources. Their only desire is to help you become the person God designed you to be.

*The Lord gives his people strength. The Lord blesses them with  
peace.*

*Psalm 29:11 NLT*

