HMA Ka Lama Iki Lunch Menu 2020/2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Tofu Loaf, Rice,	Curry Stew, Rice	Lasagna, Salad,	Sweet and Sour	Linkett & Bun,
	Bread, Chinese	Cabbage Salad,	French Bread,	Skallops, Rice	Chips, Dessert
	Salad	Sandwich,	Peaches, Drink	Mixed Veggies	Box Drink
	Dessert, Drink	Dessert		Dessert	
		Drink			
Week 2	BBQ Veggie Rolls	Chili & Rice	Spaghetti, Salad	Broccoli Griller	Pizza, Chips,
	Rice, Bread,	Cabbage Salad	French Bread	Rice, Mixed	Dessert, Carrot
	Corn	Bread, Dessert	Peaches, Drink	Veggies(frozen),	Sticks, Box
	Dessert Drink	Drink		Bread, Dessert,	Juice
				Drinks	
Week 3	Tofu Sweet &	Corn Chowder	Macaroni &	Long Rice w Tofu	Griller Burger
	Sour Rice; Fresh	Soup, Egg Salad	Cheese	& Veggies Rice,	Chips, Dessert
	Salad, Dessert,	Sandwich	Salad, Peaches,	Chinese Salad	Dried
	Drink	Edamame,	French Bread,	Dessert, Drink	Cranberries,
		Cookie Drink	Drink		Box Juice
Week 4	Potato Casserole	Chili Dog,	Spaghetti, Salad,	Haystacks	Pizza, Chips
	Mixed	Cabbage	Peaches, French	Corn Muffin,	Dessert, Carrot
	Vegetables	Salad, Chips,	Bread, Drink	Dessert, Drink	Sticks, Box
	Dessert, Drink	Cookie Drink			Juice