

2026 January



grounding
WISDOM
CONNECTION



FREE
with any
200pv order
by the 15th

Frankincense

Known as the king of essential oils, Frankincense has a variety of notable uses and benefits. This powerful essential oil is revered for its ability to beautify and rejuvenate skin when applied topically, and to promote cellular health and immunity.*

- Diffuse during reflection or meditation.
- Add to a cream or lotion or apply directly to nourish and calm the skin.
- Take a drop or two in a Veggie Cap as a part of your daily regimen.
- Nourishing and clarifying as an addition to daily skincare.
- Its warm, spicy aroma creates a relaxing yet uplifting atmosphere.
- May support healthy cellular function when used internally.*

The Babylonians and Assyrians would burn the Boswellia tree resin in religious ceremonies and for contemplative meditation. The ancient Egyptians used it in perfumes and salves for soothing skin. Oil from the resin has long been used in Ayurvedic and traditional Chinese health practices.

DigestZen®

Whether you're traveling on vacation or to a family event, trying a new recipe, or regretting a big meal, keep DigestZen® on hand.

- Soothes occasional upset stomach when used internally*.
- Helps reduce gas and occasional indigestion when used internally*.
- Use for abdominal massage with a spicy, sweet, and minty aroma.
- Take a few drops in a Veggie Cap, especially when travelling or trying new foods.
- Rub on the stomach before flying or taking a road trip.
- Diffuse for a sweet, minty calming aroma.

The Blend:

Coriander, Ginger, and Fennel help ease occasional stomach discomfort and indigestion.* Peppermint, Anise, and Caraway aid digestion and help maintain a healthy GI tract when consumed.*

DIGEST
with the best

FREE
Product
of the
Month



Healthy 100 Promotion

For new members and returning customers (those who haven't ordered in a year).

Here's how the promo works:

- January: New member or returning customer place an initial order of 100 PV or more.
- February: Those same customers place a Rewards order of at least 100 PV.
- March: They receive 100 FREE product points!

Points will be added to accounts March 15–20, 2026.



Rosemary Renewal Gift

Renew your membership in 2026 and receive a 15ml Rosemary.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.