

## **Breathe**

## **FREE Product of the Month**

Breathe® maintains feelings of clear airways and easy breathing while minimizing the effects of seasonal threats.

- Diffuse, inhale directly from the palms, or rub on the chest or feet.
- Use when outdoors to minimize the effects of seasonal threats.
- Diffuse at bedtime for a restful environment.
- Maintains feelings of clear airways and easy breathing.
- Creates a restful environment.
- Helps minimize the effects of seasonal threats.



## Citrus

## Melissa

20% off

This precious essential oil has a soothing and refreshing effect on the skin and offers a wide range of benefits and uses outside of skincare.

> Diffuse Melissa essential oil to create a relaxing environment.

Rub Melissa oil on forehead, shoulders, or chest. Add a drop or two of Melissa essential oil to flavour tea or homemade ice cream.

Adds a citrus-like, herbal flavour to water and recipes. Promotes a relaxing, comforting atmosphere.

Can give skin a refreshed appearance.