

AGING IN PLACE: LIVING SAFELY AT HOME



PLAN AHEAD

- Planning early helps you prepare for future care, housing, and support needs.
- It allows you to stay in control of your decisions.



MAKE YOUR HOME SAFER

- Install grab bars, improve lighting, and remove tripping hazards.
- These changes help reduce the risk of falls and injuries.



BUILD A SUPPORT NETWORK

- Stay connected with family, friends, and community services.
- A strong support system helps you stay safe and independent.



STAY CONNECTED TO SERVICES

- Use transportation, meal programs, and home care services.
- These supports make daily living easier and safer.



USE ASSISTIVE DEVICES

- Medical alert systems, mobility aids, and other tools improve safety at home.
- These devices support independence and confidence.

