

**MALTON WOMEN COUNCIL**



# ALL IS WELL - HOLISTIC HEALTH AND WELLNESS OF SENIORS



**NAWAL ATEEQ**

*Settlement Counsellor at TNO*

**Wednesday**

January 15, 2025



4:00 PM to 6:00 PM



**ZOOM Session**



## SESSION HIGHLIGHTS

- Fall Prevention

Funded in part by the  
Government of Canada's  
New Horizons for Seniors Program

**Canada**

**Register at : [info@mwc.community](mailto:info@mwc.community)**

Phone : +1 647-391-9668 | [www.mwc.community](http://www.mwc.community)