



SENIORS HOLISTIC WELLNESS AND CAPACITY BUILDING PROGRAM



SESSION TOPIC: INNER PEACE, OUTER HARMONY



JAMILA AFGHANI
**Women's Rights & Human
Rights Activist**

Funded in part by the
Government of Canada's
New Horizons for Seniors Program



WEDNESDAY JULY 09, 2025

ZOOM Meeting

4:00 PM to 6:00 PM EST

REGISTER AT:

Email: info@mwc.community

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