



# SENIORS HOLISTIC WELLNESS AND CAPACITY BUILDING PROGRAM



## SESSION TOPIC: MY BRAIN TUMOUR JOURNEY



**NITIKA CHAHAR**  
Product Owner with TD Bank

Funded in part by the  
Government of Canada's  
New Horizons for Seniors Program



**WEDNESDAY JULY 23, 2025**

**ZOOM Meeting**

4:00 PM to 6:00 PM EST

**REGISTER AT:**

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