



MWC PROGRAMS

Mental Health Counselling Program for South Asian Women

Online, short-term individualized and group counselling sessions

Peer Support Program for South Asian Women

Individualized and group peer support sessions

All Is Well - Holistic Health And Wellness Of Seniors

Every Wednesday, 4-6pm EST - Zoom

South Asian Women In Business (SAWIB) Magazine

An online platform to showcase new, emerging, and established South Asian businesswomen

South Asian Women Empowerment & Equality Of Rights Alliance

Women Support Group



647-391-9668



Malton Women Council (MWC)



maltonwomencouncil



www.mwc.community



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