



MWC PROGRAMS

Every Friday at 6.00 pm EST - Zoom

1st Fridays: Women Wellness Session

2nd Fridays: South Asian Women in Business

3rd Fridays: Rooh Say Rooh Tak-Creative Expression Cafe

4th Fridays: Suno Sakhi Women Circle

5th Fridays: Community Connections

Every Wednesday, 4-6pm EST - Zoom

Seniors Mental Health Awareness Ambassadorship Project

South Asian Women Empowerment & Equality Of Rights Alliance

Women Support Group (In Person)

Skill Building Workshops (In Person)

Connect With Us

Phone: 647-391-9668

E-mail: info@mwcommunity

Website: www.mwccommunity

 Malton Women Council (MWC)

 [maltonwomencouncil](https://www.instagram.com/maltonwomencouncil)