

## **MWC PROGRAMS**

South Asian Women Empowerment & Equality Of Rights Alliance
Women Support Group (In Person)
Skill Building Workshops (In Person)

Mental Health Counselling Program for South Asian Women
Online, short-term individualized and group counselling program

**Every Wednesday, 4-6pm EST - Zoom**South Asian Seniors Wellness Cafe Project

South Asian Women In Business (SAWIB) Magazine
A social enterprise project of Malton Women Council

Addressing Cyber Crime-Building Safer & Inclusive Online Communities Project
Educational Workshops & Focus Group Discussions



647-391-9668









