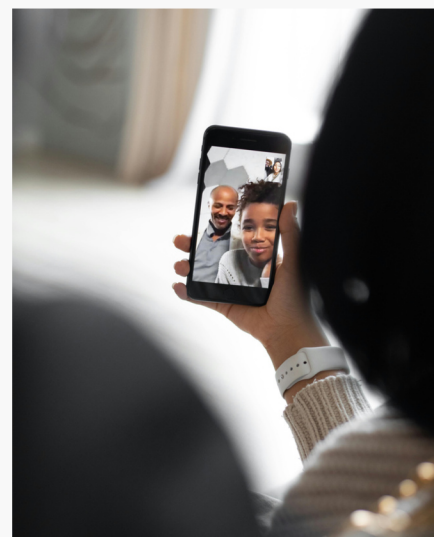


Connecting with Friends and Family Online



Stay Connected

- Apps like WhatsApp, Facebook, and Messenger allow you to send messages, photos, and videos.
- These tools help seniors stay connected with loved ones.



Share Safely

- Avoid posting personal information like addresses, phone numbers, or financial details.
- Adjust privacy settings so only trusted people can see your posts.



Recognize Fake Profiles

- Some accounts pretend to be real people but are scammers.
- If something seems suspicious, do not respond or send money.

