

UPSL Seasons Calendar

MARCH	APRIL	MAY	JUNE	JULY	AUGUST
		SPRING REGULAR SEASON		NATIONAL BRACKET	FINALS

Notes: The Spring Season National Final 4 is the 1st weekend in August. The 'Regional Finals' (National QFs) are the 3rd weekend in July. The National Bracket of 32 Conference Champions (R32, R16, QFs) is in July. Conference Playoffs are late June. The regular season runs April to mid-June. Some conferences start in March where the weather is good. In July, some conferences have a Regional Cup Competition.

AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER/JANUARY	FEBRUARY
		FALL REGULAR SEASON		NATIONAL BRACKET	FINALS

Notes: The Fall Season National Final 4 is the 1st weekend in February. The 'Regional Finals' (National QFs) are the 3rd weekend in January. The National Bracket of 32 Conference Champions (R32, R16, QFs) are in December and Jan. Conference Playoffs are late November, early Dec. The regular season runs September to mid-November. Some conferences start in late August if required*. In February, some conferences have a Regional Cup Competition.

*The weather challenges in Fall/Winter mean that there are some regional variations. E.g. The Northeast and Midwest start and finish earlier. Their R8 game is Dec 9 in 2023.