

**Jaz Family Sport & APSK Martial Arts Academy**  
**November 4th 2024 Holiday Schedule**  
**3701 E Southern Ave. Mesa Az. 85206 480-924-1545**  
 www.apskmartialarts.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					All Saturday classes must confirm
4:15-5: pm Tots & Kids Beg.	4:15-5: pm Tots & Kids Beg.	4:15-5: pm Tots & Kids Beg.	4:15-5: pm Tots & Kids Beg.	4:15-5: pm Tots & Kids Beg.	9-10 am *Weapons (ask if you can attend)
5:15-6: pm Kids Beg. MMA, Forms, Tumbling - JuJitsu	5:15-6: pm Kids Beg. MMA, Forms, Tumbling - JuJitsu	5:15-6: pm Kids Beg. MMA, Forms, Tumbling - JuJitsu	5:15-6: pm Kids Beg. MMA, Forms, Tumbling - JuJitsu	5:15-6 pm All Ranks (need to have Sparring Gear) *Kids Sparring	*10-11 am Kids Comp. Team All Rank (Competitors Only) *Demo & Tournament Team
6:15 - 7:15 pm White - Black 10 - Adults & Family	6:15 - 7:15 pm White - Black 10 - Adults & Family	6:15 - 7:15 pm White - Black 10 - Adults & Family	6:15 - 7:15 pm White - Black 10 - Adults & Family	6:15 - 7:15 pm White - Black 10 - Adults & Family	
*7:15 - 7:45 pm White - Black MMA, Sparring All Ranks (need to have Sparring Gear)	*7:15-8 PM Floor C-2 Teen & Adult Grappling/BJJ	*7:15 - 7:45 pm White - Black MMA, Sparring All Ranks (need to have Sparring Gear)	*7:15-8 PM Floor C-2 Teen & Adult Grappling/BJJ	*7:15 - 7:45 pm White - Black MMA, Sparring All Ranks (need to have Sparring Gear)	
			MMA, Sparring		

**Attention Students:** Want more classes? Ready to take your training to the next level?

Then ask about our Black Belt Club Program!

\* Requires an extra fee and/or extra equipment

Want To Improve Faster?

All APSK Instructors are available for private lessons. Schedule them through the front desk

Note to students: Bring your Full Uniform and All your equipment to every class.

Equipment is available for purchase at the APSK Pro-Shop!

Demo & Tournament Team	*Weapons	* Spar & Kick Box, S-D
Interm.-Adv Kenpo MMA	Fitness Kick Boxing	Grappling/BJJ
Camp kids	Beginners MMA-Kenpo	