

Jaz Family Sport & APSK Martial Arts Academy
March 31st 4th 2025 Schedule
3701 E Southern Ave. Mesa Az. 85206 480-430-3016
 www.apskmartialarts.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:15-5: pm Tots & Kids Beg.	4:15-5: pm Tots & Kids Beg.	4:15-5: pm Tots & Kids Beg.	4:15-5: pm Tots & Kids Beg.	4:15-5: pm Tots & Kids Beg.	9 AM - 10 AM *Weapons (ASK IF YOU CAN ATTEND)
4:15-5pm Fitness Kick Boxing	5:15-6: pm Kids Beg. MMA, Forms, Tumbling - JuJitsu	4:15-5pm Fitness Kick Boxing	5:15-6: pm Kids Beg. MMA, Forms, Tumbling - JuJitsu	5:15-6: pm Kids only Sparring MMA, Sparring	*10-11 am Kids Comp. Team Kids-Teens-Adults (Competitors Only) *Demo & Tournament Team
5:15-6: pm Kids Beg. MMA, Forms, Tumbling - JuJitsu	5:15-6: pm Kids Orange - Purple * Spar & Kick Box, S-D	5:15-6: pm Kids Beg. MMA, Forms, Tumbling - JuJitsu	5:15-6: pm Kids Orange - Purple * Spar & Kick Box, S-D	6:15 - 7:pm Floor 1 White - Orange Teens-Adults-Family	
5:15-6: pm Kids Orange - Purple * Spar & Kick Box, S-D	6:15 - 7:pm Floor 1 White - Orange Teens-Adults-Family	5:15-6: pm Kids Orange - Purple * Spar & Kick Box, S-D	6:15 - 7:pm Floor 1 White - Orange Teens-Adults-Family	6:15 - 7: pm Floor 2 Purple - Black Kids-Teens-Adults-Family	
6:15 - 7:pm Floor 1 White - Orange Teens-Adults-Family	6:15 - 7:30 pm Floor 2 Purple - Black Kids-Teens-Adults-Family	6:15 - 7:pm Floor 1 White - Orange Teens-Adults-Family	6:15 - 7:30 pm Floor 2 Purple - Black Kids-Teens-Adults-Family		
6:15 - 7:30 pm Floor 2 Purple - Black Kids-Teens-Adults-Family	Jutitsu	6:15 - 7:30 pm Floor 2 Purple - Black Kids-Teens-Adults-Family	Jutitsu		

Attention Students: Want more classes? Ready to take your training to the next level?
 Than ask about our Black Belt Club Program! * Requires an extra fee and/or extra equipment
 Want To Improve Faster?
 All APSK Instructors are available for private lessons. Schedule them through the front desk
 Note to students: Bring your Full Uniform and All your equipment to every class.
 Equipment is available for purchase at the APSK Pro-Shop!

Demo & Tournament Team	*Weapons	* Spar & Kick Box, S-D
Interm.-Adv Kenpo MMA	Fitness Kick Boxing	Grappling/BJJ
Camp kids	Beginners MMA-Kenpo	