## Jaz Family Sport & APSK Martial Arts Academy March 31st 4th 2025 Schedule 3701 E Southern Ave. Mesa Az. 85206 480-430-3016

www.apskmartialarts.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:15-5: pm	4:15-5: pm	4:15-5: pm	4:15-5: pm	4:15-5: pm	9 AM - 10 AM
Tots & Kids Beg.	Tots & Kids Beg.	Tots & Kids Beg.	Tots & Kids Beg.	Tots & Kids Beg.	*Weapons (ASK IF YOU CAN ATTEND)
4:15-5pm Fitness Kick Boxing	5:15-6: pm	4:15-5pm Fitness Kick Boxing	5:15-6: pm	5:15-6: pm	*10-11 am Kids Comp. Teem
5:15-6: pm	Kids Beg.	5:15-6: pm	Kids Beg.	Kids only Sparring	Kids-Teens-Adults (Competitors Only)
Kids Beg.	MMA, Forms,	Kids Beg.	MMA, Forms,	MMA, Sparring	*Demo & Tournament Team
MMA, Forms,	Tumbling - JuJitsu	MMA, Forms,	Tumbling - JuJitsu	6:15 - 7:pm Floor 1	
Tumbling - JuJitsu	5:15-6: pm	Tumbling - JuJitsu	5:15-6: pm	White - Orange	
5:15-6: pm	Kids Orange - Purple	5:15-6: pm	Kids Orange - Purple	Teens-Adults-Family	
Kids Orange - Purple	* Spar & Kick Box, S-D	Kids Orange - Purple	* Spar & Kick Box, S-D	6:15 - 7: pm Floor 2	
* Spar & Kick Box, S-D	6:15 - 7:pm Floor 1	* Spar & Kick Box, S-D	6:15 - 7:pm Floor 1	Purple - Black	
6:15 - 7:pm Floor 1	White - Orange	6:15 - 7:pm Floor 1	White - Orange	Kids-Teens-Adults-Family	
White - Orange	Teens-Adults-Family	White - Orange	Teens-Adults-Family		
Teens-Adults-Family	6:15 - 7:30 pm Floor 2	Teens-Adults-Family	6:15 - 7:30 pm Floor 2		
6:15 - 7:30 pm Floor 2	Purple - Black	6:15 - 7:30 pm Floor 2	Purple - Black		
Purple - Black	Kids-Teens-Adults-Family	Purple - Black	Kids-Teens-Adults-Family		
Kids-Teens-Adults-Family	Jutitsu	Kids-Teens-Adults-Family	Jutitsu		

Attention Students: Want more classes? Ready to take your training to the next level?

Than ask about our Black Belt Club Program!

\* Requires an extra fee and/or extra equipment

Want To Improve Faster?

All APSK Instructors are available for private lessons. Schedule them through the front desk

Note to students: Bring your Full Uniform and All your equipment to every class.

Equipment is available for purchase at the APSK Pro-Shop!

Demo & Tournament Team	*Weapons	* Spar & Kick Box, S-D	
IntermAdv Kenpo MMA	Fitness Kick Boxing	Grappling/BJJ	
Camp kids	Beginners MMA-Kenpo		