

Jaz Family Sport & APSK Martial Arts Academy
August 4th 2023 Summer Schedule
3701 E Southern Ave. Mesa Az. 85206 480-924-1545
 www.apskmartialarts.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					All Saturday classes must confirm
4:15-5: pm Tots & Kids Beg.	4:15-5: pm Tots & Kids Beg.	4:15-5: pm Tots & Kids Beg.	4:15-5: pm Tots & Kids Beg.	4:15-5: pm Tots & Kids Beg.	*9 - 10 am Floor C-2 Teen & Adult Grappling/BJJ
5:15-6: pm Kids Beg. MMA, Forms, Tumbling - JuJitsu	5:15-6: pm Kids Beg. MMA, Forms, Tumbling - JuJitsu	5:15-6: pm Kids Beg. MMA, Forms, Tumbling - JuJitsu	5:15-6: pm Kids Beg. MMA, Forms, Tumbling - JuJitsu	5:15-6: pm Kids Beg. MMA, Forms, Tumbling - JuJitsu	
5:15-6: pm Kids Orange - Green * Spar & Kick Box, S-D	5:15-6: pm Kids Orange - Green * Spar & Kick Box, S-D	5:15-6: pm Kids Orange - Green * Spar & Kick Box, S-D	5:15-6: pm Kids Orange - Green * Spar & Kick Box, S-D	5:15-6: pm Kids Orange - Green * Spar & Kick Box, S-D	
6:15 - 7:pm White - Blue Teens-Adults-Family	6:15-7 pm White - Blue Beginners Family	6:15 - 7:pm White - Blue Teens-Adults-Family	6:15 - 7:pm White - Blue Teens-Adults-Family	*6:15-7 pm White - Black Teen & adult All Rank (Competitors Only) *Demo & Tournament Team	
*7 - 7:30 pm White - Black MMA, Sparring	*7-8 PM Floor C-2 Teen & Adult	*7 - 7:30 pm White - Black MMA, Sparring	*7 - 7:30 pm White - Black MMA, Sparring		
Orange - Black Self-Def. Teen, Adult, Family	Grappling/BJJ	Orange - Black Self-Def. Teen, Adult, Family	Orange - Black Self-Def. Teen, Adult, Family		

Attention Students: Want more classes? Ready to take your training to the next level?

Than ask about our Black Belt Club Program!

* Requires an extra fee and/or extra equipment

Want To Improve Faster?

All APSK Instructors are available for private lessons. Schedule them through the front desk

Note to students: Bring your Full Uniform and All your equipment to every class.

Equipment is available for purchase at the APSK Pro-Shop!

Demo & Tournament Team	*Weapons	* Spar & Kick Box, S-D
Interm.-Adv Kenpo MMA	Fitness Kick Boxing	Grappling/BJJ
Camp kids	Beginners MMA-Kenpo	