

(A Molasses & Holley Dielly)

Our contribution to Global "WARMING" WARNING VERY HOT

1 teaspoon HeatYourMeat™
1 cup ketchup
1/2 cup molasses
1/2 cup honey

Combine ingredients in a sauce pan and simmer on stovetop for 5 minutes on medium high stirring constantly.

## DONE

This is a GREAT simple BBQ sauce that has a great flavor and nice heat to finish!!

Use anywhere you would use BBQ SAUCE!!

Enjoy!!