



1 package Heat Your Meat™ Spread and Dip Mix  
(or 1 heaping teaspoon HeatYourMeat™ seasoning)

1 cup Mayonnaise

2 Tablespoons Ketchup

1/2 Teaspoon Worcestershire Sauce

Mix ingredients thoroughly and allow to chill for  
at least 1 hour!

**\*REMEMBER\*** Heat Your Meat Spread and Dip  
gets hotter as it sits!!! The longer it sits the hotter it gets!!!  
We've found 3 days and it's reached it's peak heat!!

