



TERRA SUR

PERUVIAN RESTAURANT

LUNCH MENU

*Monday - Friday from 11:30am to 3:00pm except holidays
All lunch dishes include your choice of soup, house salad or Caesar salad.*

LUNCH SPECIALS

CHURRASCO

GRILLED FLANK STEAK SERVED WITH
FRENCH FRIES AND CHIMICHURRI.

15

GRILLED SALMON

GRILLED SALMON WITH STEAMED VEGETABLES.

14

MONDONGUITO A LA ITALIANA

SAUTEED TRIPE MIXED WITH FRENCH FRIES TOPPED
WITH PARMESAN CHEESE.

13

SALADS

CHICKEN SALAD

SHREDDED CHICKEN, ONIONS, CELERY, CRANBERRIES,
GLAZED WALNUTS, RED GRAPES, MIXED WITH HOMEMADE
MAYONNAISE. SERVED OVER A BED OF MIXED GREENS.

12

TERRA SUR SALAD

MIXED GREENS, FRESH TOMATOES, CUCUMBERS,
CRUMBLLED FETA CHEESE.

SERVED WITH CREAMY HOUSE BALSAMIC
VINAIGRETTE ON THE SIDE.

12

\$5 MORE ADD CHICKEN, SHRIMP OR SALMON

CAESAR SALAD

ROMAINE LETTUCE TOSSED WITH CROUTONS AND
CAESAR DRESSING TOPPED WITH FRESH PARMESAN
CHEESE.

10

\$5 MORE ADD CHICKEN, SHRIMP OR SALMON

SANDWICHES

A LO POBRE BURGER

PERUVIAN STYLE HAMBURGER, 8OZ ANGUS BEEF,
LETTUCE, TOMATO, SARZA CRIOLLA,
SWEET PLAINAINS AND A SUNNY SIDE UP EGG.
SERVED WITH FRENCH FRIES.

15

STEAK CHIMICHURRI

GRILLED SEASONED FLANK STEAK ON A HOAGIE ROLL.
SERVED WITH FRENCH FRIES AND HOMEMADE
CHIMICHURRI ON THE SIDE.
SERVED WITH FRENCH FRIES.

\$2 ADD MUSHROOMS

13

LOMO AL JUGO

JUICY SEASONED FLANK STEAK SAUTÉED WITH
RED ONIONS, TOMATOES, AJI AMARILLO STRIPS
ON A HOAGIE ROLL.

SERVED WITH FRENCH FRIES.

13

CHICKEN CROISSANT SANDWICH

SHREDDED CHICKEN, ONIONS, CELERY, CRANBERRIES,
GLAZED WALNUTS, RED GRAPES,
MIXED WITH HOMEMADE MAYONNAISE.

SERVED WITH FRENCH FRIES.

12

Service charge of 18% will be added to parties of six or more.

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase the consumer's risk of food borne illness.
Substitutions will be politely declined; however, subtractions will always be accommodated when possible.

No split check on parties of 6 or more.

CARNE Y POLLO

SALTADOS

SEASONED TENDERLOIN OR CHICKEN SAUTÉED WITH RED ONIONS, PLUMP TOMATOES SERVED OVER A BED OF FRENCH FRIES WITH A SIDE OF WHITE RICE.
CHICKEN 12 BEEF 13 MUSHROOMS 10

ARROZ CHAUFA

PERUVIAN STYLE FRIED RICE FLAVORED WITH FRESH GINGER.
CHICKEN 12 BEEF 13 MUSHROOMS 10

ARROZ CON POLLO

CILANTRO AND BEER INFUSED RICE, CHICKEN AND GREEN PEAS. SERVED WITH SARZA CRIOLLA.
12

ESTOFADO DE CARNE

SLOWLY BRAISED TENDERLOIN WITH CARROTS, ONIONS, TOMATOES, DICED POTATOES AND SPANISH PAPRIKA. SERVED WITH WHITE RICE.
13

ARROZ TAPADO

RICE MOLDED INTO A DOME SHAPE FILLED WITH A LAYER OF SEASONED MINCED BEEF, ONIONS, RAISINS AND SPICES. SERVED WITH A SUNNY SIDE UP EGG AND SWEET PLANTAINS.
12

SECO TRUJILLANO

TRADITIONAL BEEF STEW, ON AJI PANCA ADOBO SAUCE. SERVED WITH WHITE RICE AND WHITE BEANS.
14

*AJI DE GALLINA

STRIPS OF CHICKEN MIXED IN A SLIGHTLY SPICY CREAMY AJI AMARILLO AND WALNUT SAUCE. SERVED WITH WHITE RICE AND BOILED POTATOES.
12

MILANESA DE POLLO

CHICKEN BREAST POUNDED AND LIGHTLY BREADED THEN FRIED UNTIL GOLDEN BROWN. SERVED WITH YOUR CHOICE OF WHITE RICE OR FRENCH FRIES.
12

CAU CAU

TENDER SLOW-COOKED DICED TRIPE STEW AND POTATOES ELABORATED IN A YERBABUENA SAUCE. SERVED WITH WHITE RICE.
12

APANADO A LO POBRE

POUNDED BEEF AND LIGHTLY BREADED THEN PAN FRIED UNTIL GOLDEN BROWN, TOPPED WITH A SUNNY SIDE UP EGG. SERVED WITH SWEET PLANTAINS AND YOUR CHOICE OF WHITE RICE OR FRENCH FRIES.
14

LENTEJAS CON CARNE

LENTIL BEEF STEW. SERVED WITH WHITE RICE.
12

PESCADO Y MARISCOS

PESCADO A LO MACHO

FRIED FILLET OF FISH TOPPED WITH SEAFOOD COOKED IN A SEASONED TOMATO BASE SAUCE WITH COCONUT MILK. SERVED WITH WHITE RICE.
14

PICANTE DE MARISCOS

MIXED SEAFOOD COOKED IN A SEASONED TOMATO BASE SAUCE WITH COCONUT MILK, POTATOES AND SPICES. SERVED WITH WHITE RICE.
13

FILETE DE PESCADO FRITO

SEASONED FILLET OF FISH, LIGHTLY FLOURED AND FRIED TO CRISP UP THE SKIN. SERVED WITH YOUR CHOICE OF WHITE RICE OR FRENCH FRIES AND SARZA CRIOLLA.
13

PESCADO A LA CHORRILLANA

FRIED FILLET OF FISH, TOPPED WITH A TOMATO BASE SAUCE, ONIONS, TOMATOES GARLIC AND SPICES. SERVED WITH WHITE RICE.
13

JALEA

DEEP FRIED FRESH BREADED FISH. SERVED WITH YUCCA, SOFT CORN, TOASTED CORN AND MARINATED ONIONS.
12

SUDADO

SIMMERED FISH IN A SEASONED BROTH MIXED WITH ONIONS, TOMATOES, GARLIC AND CILANTRO.
14

PASTAS

TALLARIN VERDE

SPAGHETTI PASTA IN A CREAMY PESTO SAUCE.
MILANESA 13 APANADO 14

TALLARIN SALTADO

PERUVIAN STYLE STIR FRY MIXED WITH SPAGHETTI NOODLES WITH YOUR CHOICE OF CHICKEN OR BEEF.
CHICKEN 12 BEEF 13 MUSHROOMS 10

TALLARIN A LA HUANCAINA

SPAGHETTI PASTA IN A CREAMY HUANCAINA SAUCE.
MILANESA 13 APANADO 14

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