

Child Nutrition Update June 2022 Deb Egeland

Kirsten Baesler, State Superintendent

Trips to DC

- Not scary: gave up twice
- Visibility
- Trust
- Learn how things work
- Meet people from other states

USDA Updates for SY 2022/2023 & 2023/2024

- Meals will not be free for all students unless you are a CEP or Provision school.
- Breakfast and lunch must have 80% of the grain items be whole grain rich (WGR).
 WGR means 50% of the grain weight is whole grains or the first ingredient is a whole grain.
- Chocolate 1% milk is allowed for SY 2022/2023 and 23/24
- Allowable milks: 1%, skim, chocolate skim, chocolate 1% for SY 22/23 and 23/24.
 Two different kinds of milk must be offered.
- Target 1 sodium is in effect for SY 2022/23 and SY 2023/24.
 - This is not difficult to achieve.

Cooking Beef Class: August 11, 2022

Does anyone make raw patties in the oven?

Team Nutrition Grant: Classes in SY 23-24

- Emily Karel, previous Grand Forks FSD will be developing classes.
- Amy Nelson wrote the grant and is coordinator.
- Meal Pattern in sections
- Stipends for participants who complete a series:
 - FSDs/Managers: 40 hours. 50 @\$500 if complete 40 hours
 - Other staff: 8 hours = 650 @\$100 if complete 8 hours
 - Subgrants: travel, salary, sub, implementing the training
- Not mandatory



Pride of Dakota Day

- Pride of Dakota Day is March 21, 2023
- More information coming from ND Dept. of Agriculture
- Promote and serve ND agricultural products
- Take pictures
- Can accept or buy fresh produce and honey without inspection
 - Need inspection: meat and milk
- LaMoure Students Win Prize in Video Documentary Competition | News Dakota

Harvest of the Month: HotM

- September: Grain
- October: Canola
- November: Sunflowers
- December: Sugar beets
- January: Potatoes
- February: Pulses
- March: Soybeans
- April: Bees/Honey. National Garden Month
- May: Beef. National Beef Month.

Harvest of the Month









Not All Free Anymore

- Know your charge policy: don't be in the news
- Less reimbursement
 - Lunch has been \$4.56, will be \$3.73 for free, only 42 cents for paid
 - USDA target price is \$3.31
 - Adults need to be 85 cents higher than highest student
 - Breakfast was \$2.60, will be \$1.97 for free and 33 cents for paid
 - On-line free app: https://apply4schoolmeals.dpi.nd.gov North Dakota PrimeroEdge
- Watch waste
 - Smaller portions for prek-3
 - Do not make students take more than required
- Share table or bin
 - Take back to cooler when full

Salad bars: Big money pit

- Who is doing salad bars?
- Great if for vegetables. Proteins cost \$\$\$
- Free for all smorgasboard or portioned?
- Protein portioned?

2022-23 Administrative Reviews with Assigned Reviewer

Ashley	18	Rhonda
Center-Stanton	19	Tonya
Central Valley	19	Amy
Dakota Prairie (2)	17	Amy
Dickinson (9)	17	Kellen
Finley-Sharon	18	Amy
Garrison	17	Rhonda
Glen Ullin	18	Tonya
Golva	18	Kellen
Griggs Cty	18	Amy
Hankinson	19	Amy
LaMoure (2)	18	Rhonda
Larimore (2)	18	Amy
Litchville-Marion (2)	19	Amy
Max	19	Tonya
McKenzie County (4)	18	Kellen
Medina	17	Rhonda
Menoken	18	Tonya

J		
Minnewaukan	18	Kellen
Montpelier	18	Rhonda
Mott/Regent (2)	18	Tonya
Mt Pleasant, Rolla	17	Kellen
Napoleon	18	Rhonda
NDSFD	18	Tonya
Nesson (Ray)	18	Kellen
North Border (3)	19	Amy
Parshall (2)	18	Rhonda
Powers Lake	18	Tonya
Richardton-Taylor (2)	19	Kellen
South Heart	17	Rhonda
St. Bernard's	19	Tonya
Starkweather	19	Kellen
TGU (2)	17	Rhonda
Thompson	18	Amy
Twin Buttes	17	Tonya
Wilton	19	Kellen
Wishek	18	Rhonda
Yellowstone	18	Tonya
Zeeland	18	Kellen



Reviews

- Need to check one week, very detailed menu
- Don't forget Afterschool Snack, FFVP if you have those programs.
- Need CN labels or recipes for every entrée served that week
- Need bread labels and other grains to show whole grain
- Make sure your Professional Development log is filled out
- Production records with serving sizes; not ½ cup for K-5, 6-8, 9-12
- Veggies: not ½ cup for anyone

Up for Review

- Don't blow off our emails
- Maybe send menus and counts ahead of time
- We might check with you before you submit a claim to be sure:
 - Not claiming seconds
 - Not claiming adults
- Send menu before you serve it

USDA Meal Pattern

Meat/Meat alternate: meat, cheese, eggs, peanut butter, yogurt

• Eggs: 1 large = 2 oz, yogurt: 4 oz = 1 oz meat alternate, PB: 4T = 2 oz

Fruit: fresh, canned, frozen, dried K-8: ½ cup, 9-12: 1 cup

• Only half per week can be juice/puree. Dried ¼ cup counts for ½ cup

<u>Vegetable</u>: must offer all 5 veggie subgroups. K-8: ¾ cup, 9-12: 1 cup. Offer ¾ cup for K-8 and 1 cup for 9-12: Could be ½ cup hot plus 1/2 cup salad bar.

Grain/Bread: Daily: K-8: 1 ounce, ****9-12: 2 ounces****

• Weekly: K-8: 8 ounces, Grades 9-12: 10 ounces

Milk: 1 cup



Meal Pattern (Continued)

- Fruit or Vegetable: Students must take ½ cup F/V with lunch & breakfast
 - Serving sizes of fruits & veggies varies (1 cup of each offered grades 9-12)
- Whole Grains: 80% of all items must be WGR each week
 - Whole Grain Rich (WGR): first ingredient or 50% of grains in item
- Grade Groups: 3 groups: K-5, 6-8, 9-12
- Calorie Limits: Lunch K-5 (550-650), 6-8 (600-700), 9-12 (750-850)
- <u>Fat</u>: No *trans* fats, saturated fat must be < 10% of calories
- Sodium Limits: Lunch Target #1: K-5 1230 mg, 6-8 1360 mg, 9-12 1420 mg
- Do you need to analyze or count mgs of sodium, NO.

Computer Tools available through the State

- Power School/Power Lunch
 - Student Data
 - Meal Counts



- PrimeroEdge 2017-18
 - Student Eligibility (Free/Reduced)
 - Teamwork
 - Reviews
 - NEW: Menus
 - NEW: Production Records

Team Work

Reviews

Reduced

Direct Certification DC Medicaid

Direct Approval

Menu Planning

Production

System

0

Student Eligibility Home Applications

Administration

Patrons

Application Reports

Eligibility Reports

Verification

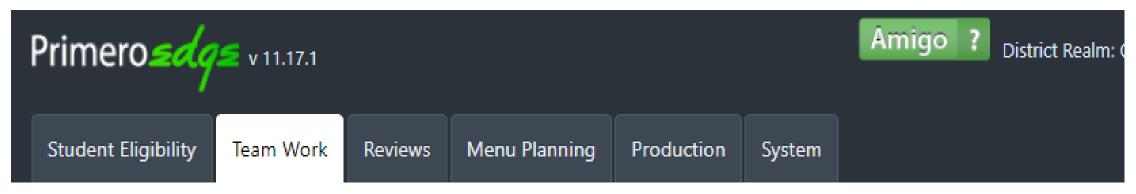
Reviews

Configuration

Eligibility Summary							
Eligibility	Count	Percentage					
Free	0						
Direct Certification	0						
DC SNAP	0						
DC TANF	0						
DC FDPIR	0						
DC Medicaid	0						
DC Foster	0						
Direct Approval	0						
Income	0						
Categorical	0						
Foster	0						
Other	0						

Applications			
Entry Method	Total Count	Percentage	Count of Active Applications
Scanned	0		0
Online	0		0
Manual	0		0
Total	0		0

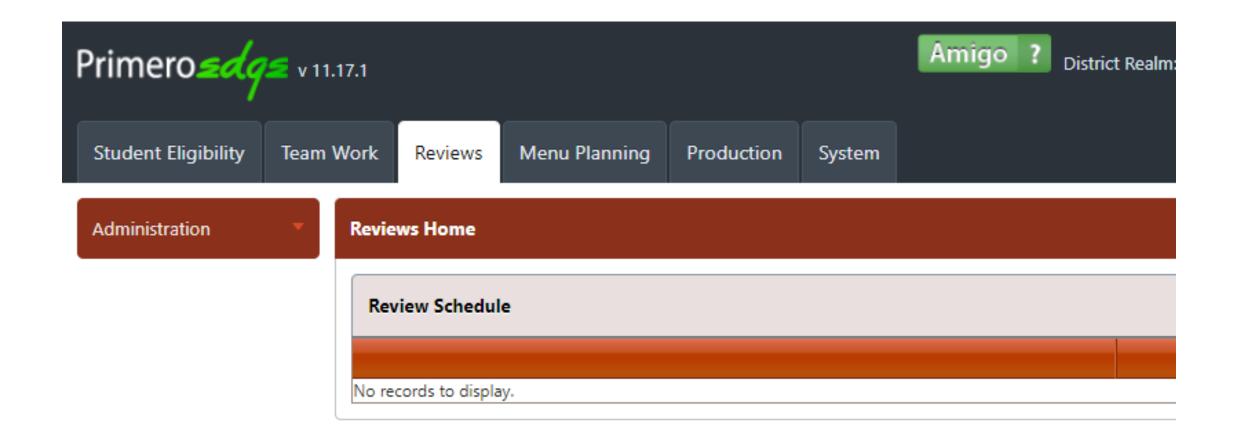






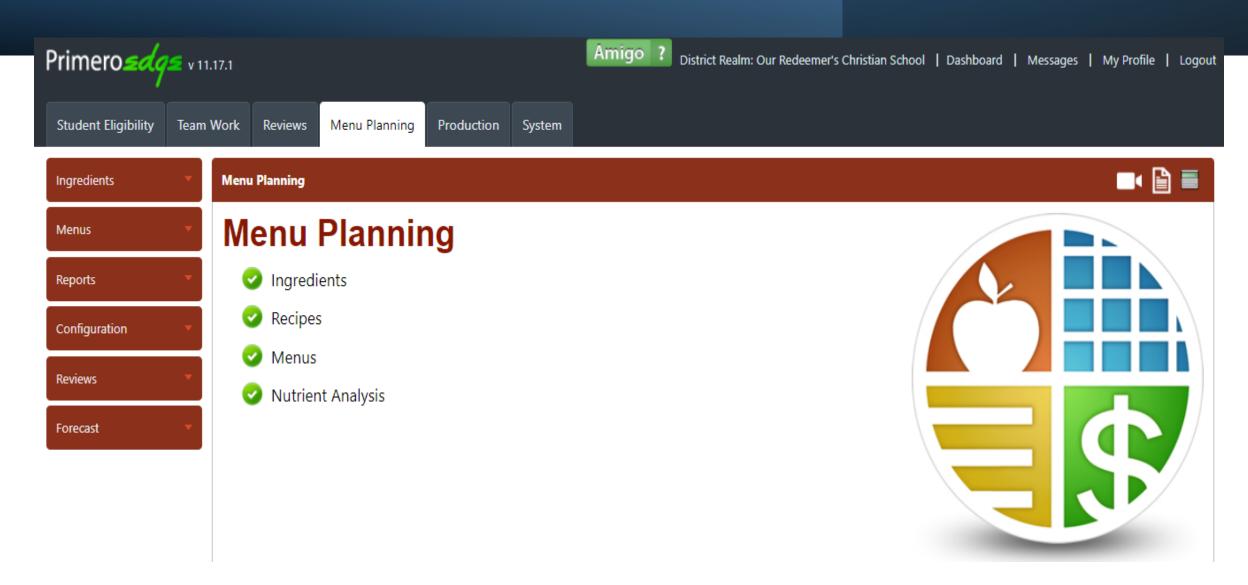








Newest Modules



Primero *sdqs*Menu Planning

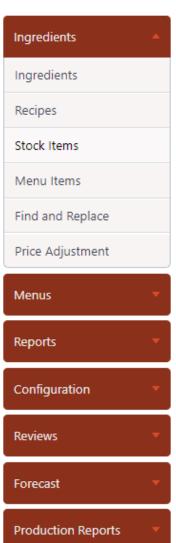


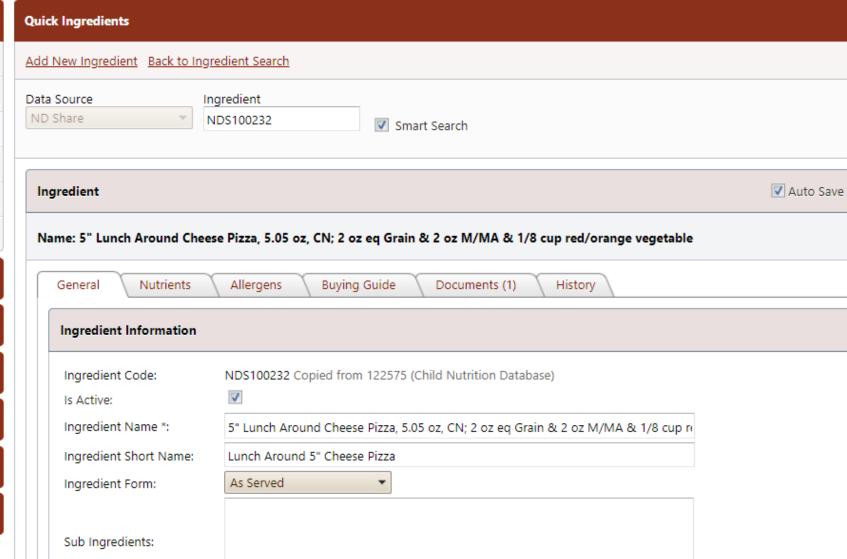
- All recipes, ingredient documentation, past production notes are in one spot
 - Easy to find and access
 - Less Paper and storage
- Eliminate duplicate data entry
- Know that the menu meets requirements
 - All components
 - Portion sizes
- Use for all meals: breakfast, lunch, snack
- Tracks nutrients, allergens
- Local, State and National Database to add more options to your menus

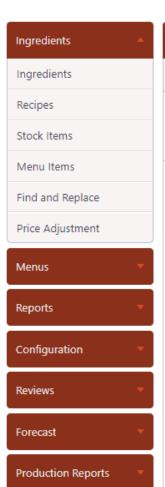
Publish Menus

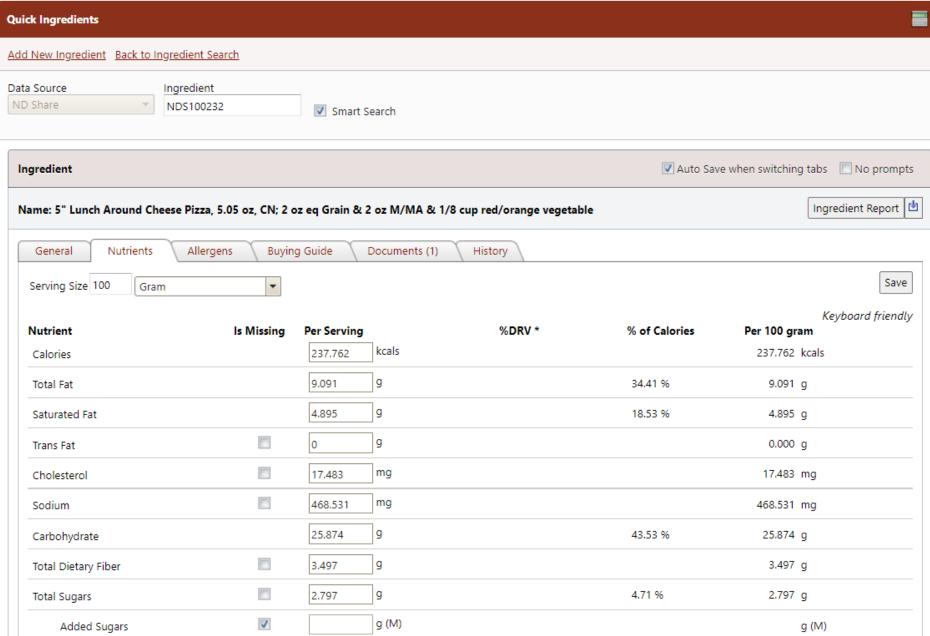
Reports

	Primero = dg = v11	1.17.1		Amigo ? _{Dis}	trict Realm: Our Redee	mer's Christian School [Dashboard Messages My Pro	ofile Log
	Student Eligibility Team	Work Reviews Menu F	Planning Production Sy	stem				
	Ingredients •	Ingredients						
	Ingredients	Add New Ingredient						
	Recipes	Ingredient Code	Ingredient Name	Commo	odity	GTIN	Manufacturer/Brand	
	Stock Items	Product Code	Stock Item #	Data Source				
	Menu Items	Todact code	Stock Helli "	ALL	•			
	Find and Replace	Tags	1.16.11.61	ALL Local				
	Price Adjustment	Enter the name of the tag or Matching Criteria	select from the list	Child Nutrition Database Cybersoft	ngredients			
	Menus ^	© Exact Match	Apply Reset	Food Distribution ND Share				
)	Menus	C Exact Match	Search	ND Share				
	Menu Cycles	Press Enter or click Apply	to search.					
	Assign Menus							
	Multi-Line Analysis							



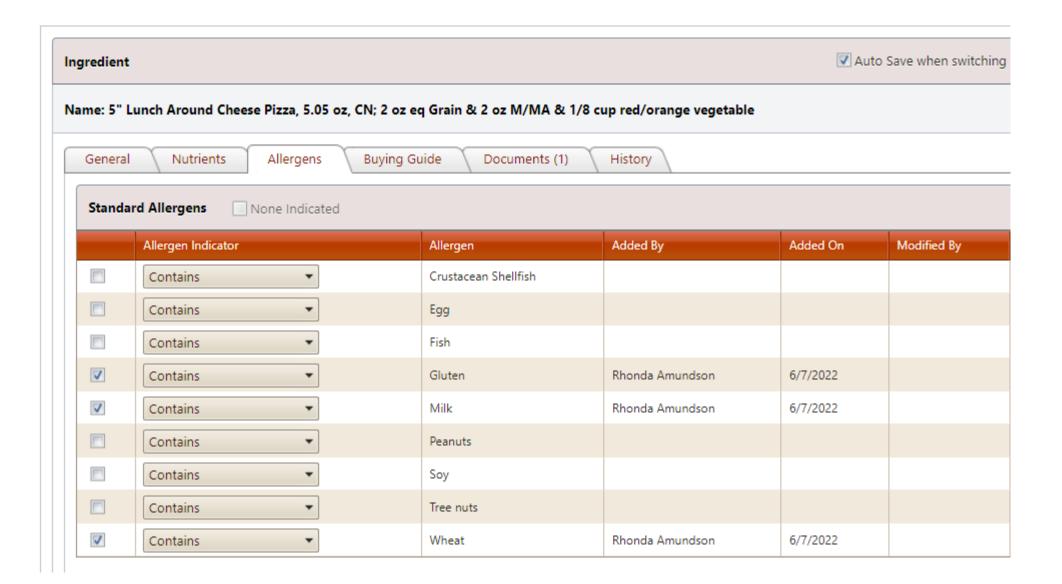


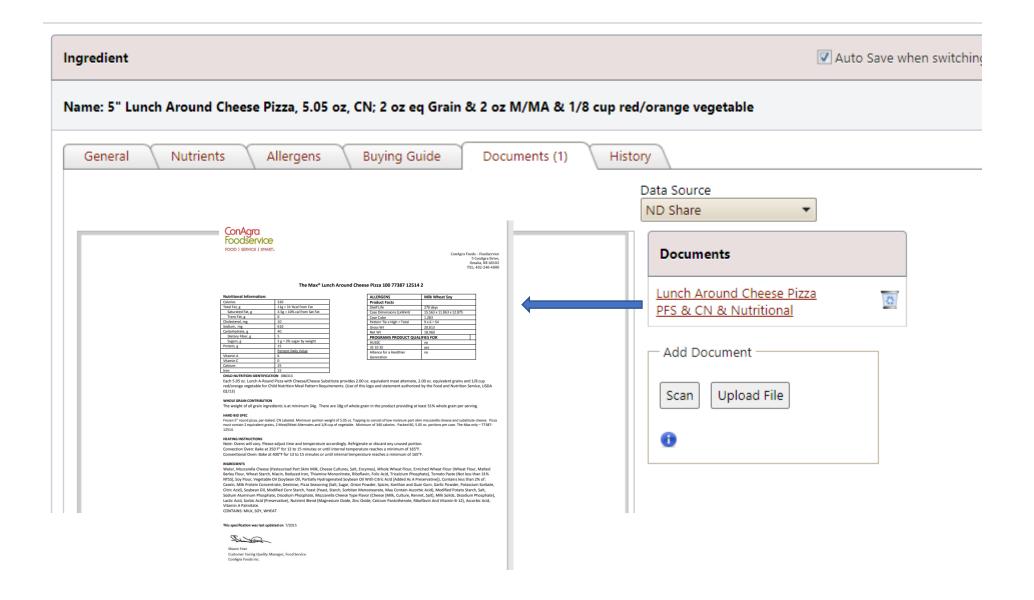




Ash 💌 🖳 9 (W)

Contributions Serving Size 141 2/5 Gram	
Food Component	Contribution
Meat/Meat Alternates (oz eq.)	
Meat/Meat Alternates	2 ▼ Meat/MA
Grains (oz eq.)	
Non Whole Grains-Rich	▼ Non-WGR
Whole Grain-Rich	2 ▼ WGR
Fruits (cups)	
Fruits	▼ Fruit
Vegetables (cups)	
Dark Green	▼ Veg-DG
Red/Orange	1/8 ▼ Veg-RO
Beans/Peas (Legumes)	▼ Veg-BP
Starchy	▼ Veg-S
Other	▼ Veg-O
Extra	▼ Veg-X
Fluid Milk (cups)	
Fluid Milk	▼ MILK-F





Recipe									[5
Name: Dakota C	asserole featuring po	tatoes, gro	und beef & cheese						
General	Ingredients Nu	trients	Menu Item	Allerge	ns	Scale	Documen	nts (0)	History
Recipe Inform	mation								Update Fo
Is Active:		V							
Recipe Gene	ration Type:	Dual Er	ntry	•					
Recipe Name	e *:	Dakota	Casserole featuring	potatoe	es, grou	nd beef & d	cheese		
Recipe Short	: Name:	Dakota	Casserole						
Recipe Code	:	NDS116	i6						
Strict Batchir	ng:								
Tags:		Enter	the name of the tag	or selec	t from ti	he list		+	
Serving Size	*.	1	Cup		-				
		Add nev	v unit						
Number of S	ervings *:	50.00	25						
		32	25 grams Pound		_				
Recipe Total	weight:	1.299	Ounce						
Calculated W	/eight Per Serving:		grams / 10.27 oz						
Prep Time:	veight Fer Serving.	251.040	grams / 10.27 02	(
Cook Time:				(
		CELE	CT						
HACCP Proce	ess	SELE							
HACCP CCP			cify CCPs for the ent cify CCPs for each st		e				
Tips/Comme	ents:	even m Potatoe sourced	n of pinto beans mi ore 'Dakota'. Enjoy. es are a good buy ar d. Most kitchens do	d can b not like	e locally the tim	/ e &			
		Wash a	nd pare potatoes.						

1	TANK TANK	413360	6 Pound 10 Ounce pasta rotini 4/5# (413360), as	\$7.7579	6 Pound 10 Ounce Rotini, Whole Grain (#901896)	Stir gently and return to a full boil. Leave the pot uncovered and keep water at a constant boil. Stir occasionally to prevent pasta from sticking. Cook for about 8-10 minutes - pasta should be firm to the bite. Drain pasta immediately. Properly cool, label and store pasta in cooler.	Yes	o o
2	1	155661	2 Bag sauce alfredo 6/5# (155661), Cooked	\$18.8467	2 Bag Alfredo Sauce, Reduced Fat (#LI209684)	KEEP FROZEN Place sealed bag in a steamer or in boiling water. Heat, Approximately 45 minutes or until product reaches serving temperature. CAUTION:, Open bag carefully to avoid being burned	Yes	0
3	1000	9034901	2 Bag Chicken Fajita Strips, Pilgrim's Pride, 903490 (9034901), Cooked	\$17.5500	2 Bag Chicken Fajita Strips, C (#901868)	Heat Chicken: Conventional Oven: 350 F for 10-14 minutes Convection Oven: 350 F 8-10 minutes Drain any excess liquid Gently mix together chicken, pasta and alfredo sauce. If you feel like more alfredo sauce needs to be added, please add but not in excess	Yes	0
4		1655	5 Pound Spinach fresh large 2.5# bag (1655), As Purchased	\$3.0000	5 Pound Spinach, raw (#901838)	Fold in fresh spinach	Yes	0
5	el la	26618	5 Cup Cheese Mozz. Shred Part Skim Milk (26618), As Purchased	\$2.9600	5 Cup Cheese, Shredded, Mozzarella, 4/5# (#901908)	Top with 5 cups of mozzarella cheese	Yes	0

Add Step

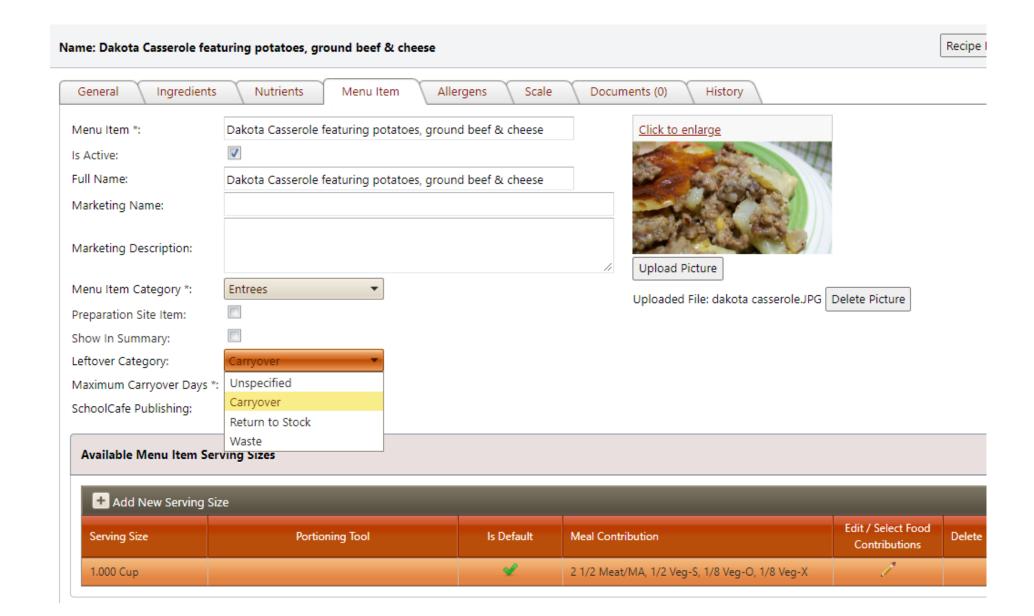
Recipe Costing Information -

Total Recipe Cost: 50.1145 Number of Servings: 100.000000

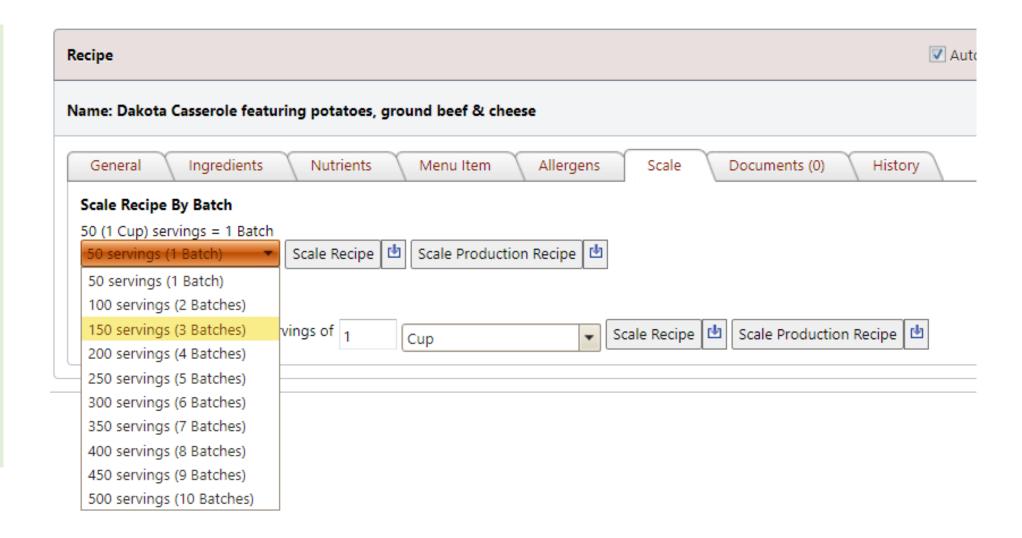
Serving Size: 2 no. 12 scoop (L V1)

Cost Per Serving: 0.5017

Name: Dakota Casserole featuring potatoes, ground beef & cheese	Recipe Repo
General Ingredients Nutrients Menu Item Allergens Scale Documents (0) History	
AutoCalculate	View Nutrition Report
Serving Size 1 Cup (291.04 gram)	S
Nutrient Is Missing Per Serving %DRV * % of Calo	•
Calories 452.567 kcals	155.500 kcals
Total Fat 25.382 9 50.48 %	8.721 g
Saturated Fat 13.079 9 26.01 %	4.494 g
Trans Fat 0 g (M)	0.000 g (M)
Cholesterol 105.173 mg (M)	36.137 mg (M)
Sodium 597.668 mg	205.356 mg
Carbohydrate 25.883 9 22.88 %	8.893 g
Total Dietary Fiber 2.626 9	0.902 g
Total Sugars 4.778 g (M) 4.22 %	1.642 g (M)
Added Sugars 0 g (M)	0.000 g (M)
Protein 29.81 9 26.35 %	10.243 g



Name: Dakota Casserole featuring potatoes, ground beef & cheese Nutrients Ingredients Allergens Scale Documents (0) History General Menu Item Allergens + Indicate Allergen Allergen Source(s) Indicator Shredded Mild Cheddar Cheese (#NDS100241) Contains Milk Ingredients Needing Allergen Review Ingredient Name Garlic, raw (#11215) Celery, raw (#11143) Onions, raw (#11282) Butter, without salt (#1145) Spices, chili powder (#2009) Spices, nutmeg, ground (#2025) Spices, pepper, black (#2030) Spices, pepper, red or cayenne (#2031) Salt, table (#2047) Potatoes, red, flesh and skin, raw (#11355). Beef, fine ground, raw, 85/15, 1.34 oz = 1z m/ma (15% fat) [USDA Foods; 100158] (#NDS100082) Milk, lowfat, fluid, 1% milkfat (#NDS100147) Flour, white (all purpose), wheat, 10% protein, unbleached, enriched (#NDS100242)



Recipes

Dakota Casserole featuring potatoes, ground beef & cheese (NDS1166)

Allergens: Contains Milk;

Meal Contribution: 2 1/2 Meat/MA, 1/2 Veg-S, 1/8 Veg-O, 1/8 Veg-X
Number of Servings: 150.00 Serving Size: 1 Cup

Moisture gain/loss%: 0.0000 Yield: 96 Pound, 4 Ounce

 Waste gain/loss%:
 0.0000
 Fat gain/loss%:
 0.0000

 Total Recipe Cost:
 \$0.0000
 Cost Per Serving:
 \$0.0000

Step #	Stock Item#	Stock Item	Stock Quantity	Cost (\$)	Cost Source	Ingredient	Quantity
1						Potatoes, red, flesh and skin, raw 11355	36 Pound
2						Beef, fine ground, raw, 85/15, 1.34 oz= 1z m/ma (15% fat) [USDA Foods; 100158] NDS100082	24 Pound
3						Onions, raw 11282	6 Pound
4						Celery, raw 11143	3 Pound
5						Garlic, raw 11215	3/4 Cup
6						Salt, table 2047	1/3 Cup, 2 teaspoon
7						Spices, pepper, black 2030	3 tbsp, ground
8						Spices, pepper, red or cayenne 2031	1/3 Cup, 2 teaspoon
9						Butter, without salt 1145	1 Quart, 11 tablespoon
10						Flour, white (all purpose), wheat, 10% protein, unbleached, enriched NDS100242	1 Quart, 1/2 Cup
11						Milk, lowfat, fluid, 1% milkfat NDS1035	7 Quart, 1/2 Cup
12						Shredded Mild Cheddar Cheese NDS100241	4 Quart, 1 3/8 Pint
13						Spices, nutmeg, ground 2025	1/3 Cup, 2 teaspoon
14						Spices, chili powder 2009	1/8 Cup, 1 tablespoon
15						Salt, table 2047	1 tablespoon
16						Spices, pepper, black 2030	3 tsp, whole
18						Shredded Mild Cheddar Cheese NDS100241	3 Quart

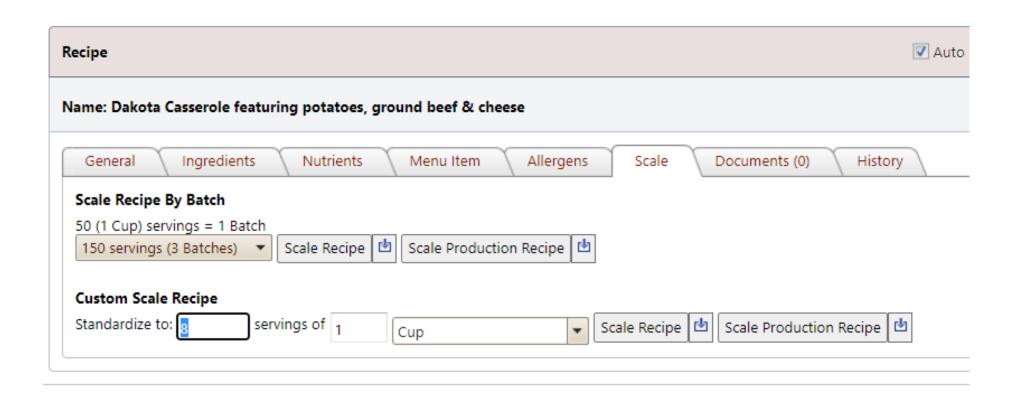
Tips/Comments

Addition of pinto beans might make this casserole even more 'Dakota'. Enjoy.
 Potatoes are a good buy and can be locally sourced. Most kitchens do not like the time & work involved in cleaning & paring them. Consider a mechanical potato peeler which can clean up 10 pounds of potatoes in just a few minutes.

Pre-Preparation Instructions

Wash and pare potatoes.

Preparation Instructions



Recipes

Dakota Casserole featuring potatoes, ground beef & cheese (NDS1166)

Allergens: Contains Milk;

Meal Contribution: 2 1/2 Meat/MA, 1/2 Veg-S, 1/8 Veg-O, 1/8 Veg-X
Number of Servings: 8.00 Serving Size: 1 Cup

Moisture gain/loss%: 0.0000 Yield: 5 Pound, 2 1/8 Ounce

 Waste gain/loss%:
 0.0000
 Fat gain/loss%:
 0.0000

 Total Recipe Cost:
 \$0.0000
 Cost Per Serving:
 \$0.0000

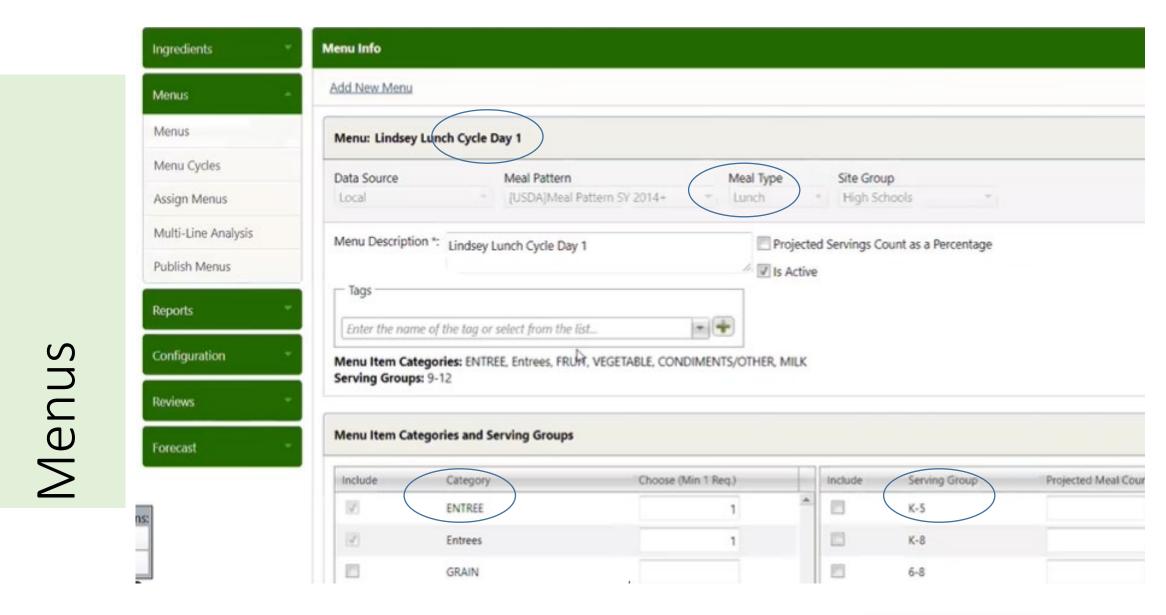
Step #	Stock Item#	Stock Item	Stock Quantity	Cost (\$)	Cost Source	Ingredient	Quantity
1						Potatoes, red, flesh and skin, raw 11355	1 Pound, 14 3/4 Ounce
2						Beef, fine ground, raw, 85/15, 1.34 oz= 1z m/ma (15% fat) [USDA Foods; 100158] NDS100082	1 Pound, 4 1/2 Ounce
3						Onions, raw 11282	5 1/8 Ounce
4						Celery, raw 11143	2 5/8 Ounce
5						Garlic, raw 11215	2 teaspoon
6						Salt, table 2047	1 teaspoon
7						Spices, pepper, black 2030	1/4 tbsp, ground
8						Spices, pepper, red or cayenne 2031	1 teaspoon
9						Butter, without salt 1145	1/4 Cup
10						Flour, white (all purpose), wheat, 10% protein, unbleached, enriched NDS100242	1/8 Cup, 5 5/8 teaspoon
11						Milk, lowfat, fluid, 1% milkfat NDS1035	1 1/2 Cup, 1 teaspoon
12						Shredded Mild Cheddar Cheese NDS100241	1 Cup
13						Spices, nutmeg, ground 2025	1 teaspoon
14						Spices, chili powder 2009	1/2 teaspoon
15						Salt, table 2047	1/4 teaspoon
16						Spices, pepper, black 2030	1/4 tsp, whole
18						Shredded Mild Cheddar Cheese NDS100241	5/8 Cup, 3/4 teaspoon

Tips/Comments

- Addition of pinto beans might make this casserole even more 'Dakota'. Enjoy.
 - Potatoes are a good buy and can be locally sourced. Most kitchens do not like the time & work involved in cleaning & paring them. Consider a mechanical potato peeler which can clean up 10 pounds of potatoes in just a few minutes.

Pre-Preparation Instructions

Wash and pare potatoes.



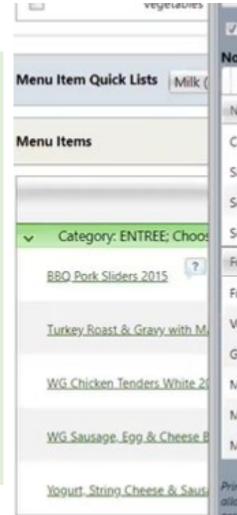


Menu Items 9-12 Menu Item Meal Contribution (300)Category: ENTREE; Choose: 1 2 WGR 100 (33%) BBO Pork Sliders 2015 Serve with... 2 Meat/MA 2 Each (0%) Turkey Roast & Gravy with Mashed Potatoes 2 Meat/MA 1 Serving 1 WGR 100 (33%) WG Chicken Tenders White 2016* 2 Meat/MA 3 tenders 1 1/4 WGR WG Sausage. Egg & Cheese Breakfast Sliders. IW 3/4 Meat/MA 2 Each Yogurt, String Cheese & Sausage Gluten Free 2017 Serve with... 3 Meat/MA 1 Serving Category Totals: 200 (67%)



	Category	Menu Item (Recipe, Ingredient Code)	Serving Size*	Meal Contribution*	Allergens	Data Source
	entree					
	ENTREE	Yogurt, String Cheese Gluten Free 2015 (<u>LR19256</u>)	1 Serving	2 Meat/MA	Contains Milk.	Local
3	ENTREE .	Yogurt, String Cheese Gluten Free (<u>LR18999</u>)	1 Serving	2 Meat/MA	Contains Milk.	Local
ei	ENTREE	Yogurt, String Cheese & Sausage Links Gluten Free 2016 (LR19429)	1 Serving	3 Meat/MA	Contains Milk Pork.	Local
2)	ENTREE	Yogurt, String Cheese & Sausage Gluten Free 2017 (<u>I,R19578</u>)	1 Serving	3 Meat/MA	Contains Milk Pork.	Local
	ENTREE	Yogurt, String Cheese & Muffin Top 2015 (<u>LR19132</u>)	1 Serving	1 WGR 2 Meat/MA	Contains Egg Gluten Milk Soy Wheat.	Local
23	ENTREE	Yogurt, String Cheese & Muffin Boxed Meal (<u>LR19299</u>)	1 Serving	2 WGR 2 Meat/MA 1/2 Veg-RO 1/2 Veg-O	Contains Egg Gluten Milk Wheat.	Local





Nutrient	Standard Value	Actual Value	% of Calories
Calories ¹	[750.00 - 850.00]	524.22	
Saturated Fat ¹	< 10.00 % of Calories	3.85	6.61 %
Sodium Target 1 (mg) ¹³	< 1,420.00	734.89	
Sodium Target 2 (mg) ¹³	< 1,080.00	734.89	
Food Comp.	Standard Value	Actual Value	
Fruit	>= 1.000	1.000	
Veg	>= 1.000	[1.500 - 2.000]	
Grains	>= 2.000	[0.000 - 2.00	0)
Meat/MA	>= 2.000	[2.250 - 4.500]	
MILK-F	>= 1.000	1.000	
MILK-V		Pass	

Agency will consider you to be in compliance.

ontribution		9-12
OTTOTOGOOTT		(300)
	100	(33%)
	2 Each	7
		(0%)
	1 Serving	
	100	(33%)
	3 tenders	
		(0%)
A.	2 Each	
		(0%)



Fruit (cups)		Day 1	Day 2		Day 3	Day	4	Day	5	Week	dy Total	Weekly Require	ement	Weekly Check
Fruits (cups)		1.000 (Pass)	1.000	(Pass)	1.500 (Pass)	1	.000 (Pass)	1.	000 (Pass)		5.500	2	5.000	Pass
Weekly Fruit Juice	Limit Req	uirement	Weekly Fr	uit Offe	ring W	eekly Fruit	luice Offeri	ng	% of We	ekly Fruit	that is Juice		Weekl	y Check
	≤ 50	0.000 % of			5.500			0.000			0.0	00%		Pass
Vegetables (cups)	Day 1	Day 2		Day 3	Day	4	Day	5	Week	dy Total	Weekly Require	ement	Weekly Check
Vegetables (cups)	[0.000	- 0.500] (Fail)	[0.000 - 1.500	[Fail]	[0.000 - 1.500] (Fail)	[0.000 - 1	.750] (Fail)	[0.000 - 1.	000] (Fail)	[0	.000 - 6.250]	5	5.000	Fail
Dark Green		0.500		0.000	0.250		0.750		0.000		1.500	2	0.500	Pass
Red/Orange		0.000		0.250	0.250		0.250		0.500		1.250	2	1.250	Pass
Beans/Peas (Legumes)		0.000		0.000	0.000		0.000		0.500		0.500	2	0.500	Pass
Starchy		0.500		1.000	0.500		0.500		0.000		2.500	2	0.500	Pass
Other		0.000		0.250	0.500		0.250		0.000		1.000	2	0.750	Pass
Additional Ve	getables		/egetable Juice Requirement	Limit	Weekly Vegetable	s Offering	Weekly	Vegetable Offering	Juice	% of We	ekly Vegetal Juice	oles that is	W	eekly Check
		0.00	≤ 50.00	00 % of		6.250			0.000			0.00%		Pass
M/MA (oz eq.)		Day 1	Day 2		Day 3	Day	4	Day	5	Week	dy Total	Weekly Require	ement	Weekly Check
Meat/Meat Alternate (oz eq.)	s	2.000 (Pass)	2.000	(Pass)	[2.000 - 3.000] (Pass)	2	.000 (Pass)	[2.500 - 3.7	'50] (Pass)	[10.500	- 12.750] (a)	[10.000 - 1	2.000]	Exceeded (a)
Grains (oz eq.)		Day 1	Day 2		Day 3	Day	4	Day	5	Week	dy Total	Weekly Require	ement	Weekly Check
Grains (oz eq.)	[0.000	- 3.250] (Fail)	[0.000 - 3.000] (Fail)	[0.000 - 2.000] (Fail)	[0.000 - 3	.000] (Fail)	[0.000 - 2.	000] (Fail)	[0.0]	000 - 13.250]	[10.000 - 1	2.000]	Fail
Weekly Whole Gr	ain Rich	Weekly Grain	ns Offering		Non-Whole Grain ich Offering	% of Whole	Grain Rich	Whole	Grain Ric	h Check	Grain Base for All V	d Dessert Total Jeekly Meals	No Me Gra	ore Than 2oz eq. of in Based Desserts
≥ 100	.000 % of		13.250		0.000		100.000	1 %		Pass		0.000		Pass
Milk (cups)		Day 1	Day 2		Day 3	Day	4	Day	5	Week	dy Total	Weekly Require	ement	Weekly Check
Fluid Milk (cups)		1.000 (Pass)	1,000	(Pass)	1.000 (Pass)	1	.000 (Pass)	1.	000 (Pass)		5.000	5	5.000	Pass
Skim/fat-free,														



Menu Cycle Week - Nutrient Summary

Menu Cycle Name: Lindsey Demo HS Week 1 Site Group: High Schools

Serving Group: 9-12

Meal Pattern: [USDA]Meal Pattern SY 2014+ Calculation Method: Weighted Analysis

Meal Type: Lunch

Nutrient	Day 1	Day 2	Day 3	Day 4	Day 5	Week Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	0.00	609.66	592.02	728.90	620.87	[750.00 - 850.00]	510.29	
Fat (g)	0.00	20.86 (30.80%)	18.79 (28.56%)	24.95 (30.81%)	25.22 (36.56%)		17.97	31.69 %
Sfat (g)(1)	0.00	8.26 (12.19%)	4.22 (6.42%)	10.05 (12.40%)	11.50 (16.68%)		6.81	12.00 %
TFat (g)(2)	0.00	0.00	0.00	0.01	0.00		0.00(M)	
Chol (mg)	0.00	44.87	68.74	41.78	75.90		46.26(M)	
Sodium Target 1 (mg)(13)	0.00	998.69	1,120.23	914.32	1,132.31	< 1,420.00	833.11	
Sodium Target 2 (mg)(13)	0.00	998.69	1,120.23	914.32	1,132.31	< 1,080.00	833.11	
Carb (g)	0.00	79.78 (52.34%)	79.92 (54.00%)	99.25 (54.47%)	66.74 (43.00%)		65.14	51.06 %
TDF (g)	0.00	6.61	5.50	8.08	6.37		5.31(M)	
Sugars (g)	0.00	26.28 (17.24%)	36.93 (24.95%)	35.67 (19.57%)	24.49 (15.78%)		24.67(M)	19.34 %
Pro (g)	0.00	29.59	24.55	31.08	31.67		23.38	18.33 %





Generated on: 2/3/2020

	Peaches, Diced 2016 Pears, Sliced 2016 VEGETABLE Bush's Best RS Vege	FRUIT Orange, Fresh 2014 Pineapple Tidbits 2 VEGETABLE Carrot and Celery S	GRAIN Asian Vegetable Fri Tortilla Chips, IW FRUIT Peaches, Diced 2016	FRUIT Bananas, reg 90-100 Pineapple rings 201 VEGETABLE Broccoli Parmesan,	Seasoned Brown Rice FRUIT Applesauce, Unsweet Strawberry Cup 2016 VEGETABLE Pinto Beans, Dry 20	
9 Feb	ANC Demo HS Lunch ENTREE 2 Chicken & Cheese Beef & Cheese Burri GRAIN Seasoned Brown Rice FRUIT Apple Red Delicious Mandarin Oranges 20 VEGETABLE Bean Dip/Refried Be	ANC Demo HS Lunch ENTREE Bake to Rise Cheese Bake to Rise Pepper Chicken Spaghetti w FRUIT Orange, Fresh 2014 Pineapple Tidbits 2 VEGETABLE Carrot and Celery S	ANC Demo HS Lunch ENTREE Asian Coated Chicke Teriyaki Coated Chi Yogurt, String Chee GRAIN Asian Vanetable Fri Tortilla Chips, IW FRUIT Peaches, Diced 2016	ANC Demo HS Lunch ENTREE Bake to Rise Cheese Bake to Rise Pepper Mexican Style Pizza FRUIT Bananas, reg 90-100 Pineapple rings 201 VEGETABLE Broccoli Parmesan,	ANC Demo HS Lunch ENTREE Cheesy Beef Nachos Soft Taco, Chicken GRAIN Seasoned Brown Rice FRUIT Applesauce, Unsweet Strawberry Cup 2016 VEGETABLE Pinto Beans, Dry 20	15 Feb
16 Feb	ANC Demo HS Lunch ENTREE 2 Chicken & Cheese	18 Feb ANC Demo HS Lunch ENTREE Bake to Rise Cheese	19 Feb ANC Demo HS Lunch ENTREE Asian Coated Chicke	20 Feb ANC Demo HS Lunch ENTREE Bake to Rise Cheese	21 Feb ANC Demo HS Lunch ENTREE Cheesy Beef Nachos	22 Feb



Reports

Reports
Acceptability Factor
Added Ingredients/Recipes
Allergen Chart
Allergen Report
Ingredient List
Ingredients Needing Allergen Review

Locally Grown Usage
Menu Calendar
Menu Item Nutrients
Missing Exemption Letters
Nutrient Standards
Post Production Analysis

Recipe Book
Recipe Costing Report
Recipe Materials Report
Recipe Nutrition
Usage Reports
Weekly Nutrient Analysis
Pre-Production Analysis

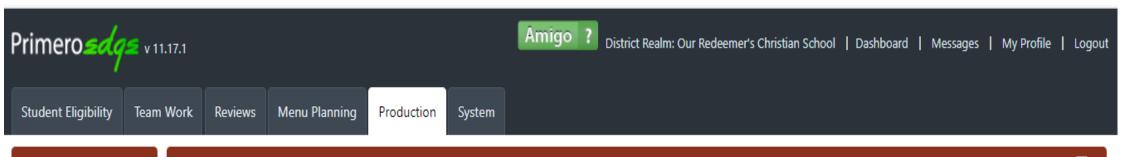
Need those Carb counts?

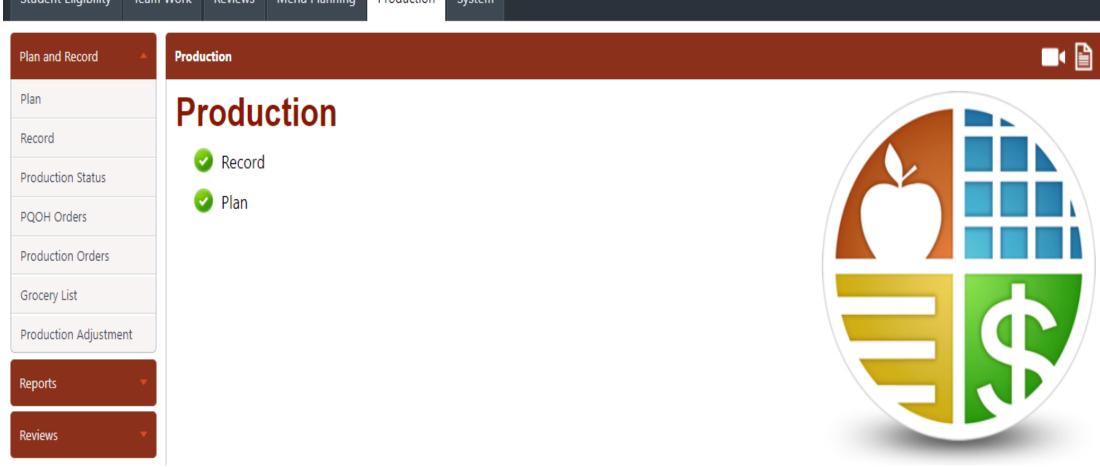
Menu Item Nutrients					
Data Source ND Share	Meal Pattern ▼ [USDA]Meal Pattern	attern SY 2014+	Serving Gro ▼ K-12	up ▼	
Select All					
Calories	☐ Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium
☑ Carbohydrate	Total Dietary Fiber	Total Sugars	Added Sugars	Protein	Iron
Calcium	Vitamin A (IU)	Vitamin C	Vitamin D	Potassium	Moisture
Ash					

Menu Item Nutrient Repor

Item Name (Serving Size)	Carb (g)
Apple Cobbler C-01 - NDS1146 (1 portion)	44.32
Apple Crisp C-02 - NDS1147 (1 piece)	29.50
Applesauce Cake C-03 - NDS1148 (1 piece)	32.83
Applesauce, Cinnamon Unsweetened 4.5oz cup= 1/2 cup Fruit - NDS1088 (1 ea.)	14.03
Baked Beans (Using Canned Vegetarian Beans) I-06 - NDS1145 (2/3 c.)	37.10
Barbecued Chicken D-11 - NDS1152 (1 portion)	16.10
Beef Burrito D-12 - NDS1153 (1 burrito)	19.18
Beef Crumble, w VPP, JTM, 2.44 oz serving=2z mma, CP5868 - NDS1117 (1 serving) Contains Soy.	0.69
Beef Patty - NDS1112 (1 patty)	1.00
BEEF Steak PATTY, 3z patty=2.5z m/ma; FC, JTM, ND USDA Foods Processing - NDS1113 (1 patty)	1.00
Beef Stew D-14 - NDS1159 (1 c.)	16.14
Blueberry Muffin - NDS1128 (1 muffin) Contains Egg, Gluten, Soy, Wheat.	30.00
Bread, wheat - NDS1138 (1 slice)	13.79
Breaded chicken filet - NDS1083 (1 pcs.) Contains Gluten, Sov.	9.00









Production Records Planning

022 - Copeland High Sci	nool - 2/14/2020 - Lund	th - Main Line				
Serving Group 9-12 Adult Ala Carte Program Adults Second Meals Drop Trays	9lanned Count 300 0 0 0 0 0	Actual Count	Status: Offer vs. Serve: Food Preparation Site: Plan Comments: Record Comments: Total Waste:	A Plan Complete Site Code 022	Site	and High School
Sample Trays Total: Technician's Worksheet	300 Production Form	0 Production Ticket	-			
Menu Items Category: ENTREE; C Cheesy Beef Nach	hoose: 1 os 2017 (LR19551)	? (Contributes: 1 1/2	WGR		Comments:	



Production Records Post Service

Serving Group	Plan	ned Count	Actual (Count	Status:		Record Co	omplet	te History
)-12		300		300	Offer vs. Serve:		V		
dult		0		0	Food Preparation	n Site:	Site Code		Site Copela
la Carte		0		0	Plan Comments:		****		7.16.2
rogram Adults		0		0					
econd Meals		0		0	Record Commen	its:			
Prop Trays		0		0	Total Waste:		lbs		
ample Trays		0		0					
Total		300	300	0					
echnician's Worksheel	t 🕒 Pro	duction Record	th Produ	ction Form	recipe Costin	g 🕒	Production '	Ticket	
			Đ						
enu Items								1	Default Ca
Category: ENTREE;	Choose: 1								
2 Chicken & Chec 2 Meat/MA) Complementary Item - Bean Dip/Refried Bea	of:	iles & 1 Crispy	/ Taco 20	17 (LR19	(Contribu	ites: 1	3/4 WGR	C	omments:
Serving Size	Planned	Produced	Carryover		R	eturn t	o Stock	Wast	e
				1/29/2					



Records

Daily Food Production Record

Site: 022 - Copeland High School Serving Date: 1/27/2020 Meal Service: Lunch Menu Line: Main Line

Preparation Site: 022 -	Copeland High	Scho
· · · · · · · · · · · · · · · · · · ·	make marries and	

Offer Vs. Serve: True Meal Pattern: [USDA]Meal Pattern SY 2014+

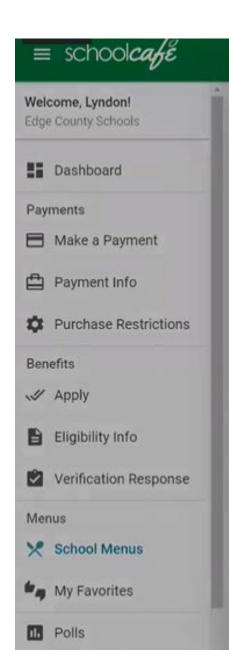
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Plan Comments:	
ecord Comments:	

Serving Group		Planned Count	Actual Co	unt	
9-12		300		300	
Adult		-	0		
Ala Carte			0		
Program Adults)	0	
Second Meals		(0	
Drop Trays		(0		
Sample Trays		(0		
Total:		300		300	
Menu Item (Recipe #) Serving Size (Portioning Tool)	9-12	Adult	Ala Carte	Tota	
ENTREE; Choose: 1					

Menu Item (Recipe #) Serving Size (Portioning Tool)	9-12	Adult	Ala Carte	Total Planned	Servings Produced	Total Served	Leftover	Comments	
ENTREE; Choose: 1									
2 Chicken & Cheese Tamales & 1 Crispy Taco 2017 (LR19547) Complementary Item of: - Bean Dip/Refried Beans 2014	160 (1 serv.)	0 (1 serv.)	0 (1 serv.)	160 (1 serv.)	160 (1 serv.)	150 (1 serv.)	Carryover 10 (1 serv.) to 01/29/2020		
				Meal Contribution:	1 3/4 WGR, 2 Meat/MA				
				Qty Prepared:	0 Case 3 bags (Beef Crumbles LS 2017) - 383782 (Case 8 bags/1.0000 Bag), 2 Case 80 each (Chicken & Cheese Tamales, 120 ct per case) - 187551 (Case = 120 each/1.0000 Each), 0 Case 160 each (Mission Yellow Taco Shells, Crispy 200ct) - 123570 (Case = 200 each/1.0000 Each).				
				Temperature (°F):	Cook: 165*, Hot Hold: 140*				
Beef & Cheese Burnto (Taco Snack) Secondary 2016 (LR19431) Complementary Item of: - Bean Dip/Refried Beans 2014	150 (1 ea.)	0 (1 ea.)	0 (1 ea.)	150 (1 ea.)	150 (1 ea.)	150 (1 ea.)			
				Meal Contribution:	2 WGR, 2 Meat/MA				
				Qty Prepared:	3 Case 6 each (Beef & Cheese Burnito Taco Snack 2016 48 ct) - 186592 (Case = 48 each/1.0000 Each).				
Temperature Cook: (*F):		Cook: 165*,	Cook: 165°, Hot Hold: 140°						
GRAIN; Choose: 1									
Seasoned Brown Rice 1/4 cup 2015 (LR19183)	225 (1/4 c.)	0 (1/4 c.)	0 (1/4 c.)	225 (1/4 c.)	225 (1/4 c.)	215 (1/4 c.)	Waste 10 (1/4 c.)		
	$\overline{}$	1		24 1	LO MICE				





Beef & Cheese Burrito



Ingredients

 Beef & Cheese Burrito (Taco Snac k) Secondary 2016

318 Calories <u>Default Serving Size</u> 1 ea.

	% Da	ily Value
Total Fat	14.50g	22.31%
Saturated Fat	6.00g	30.00%
Cholesterol	38.00mg	12.67%
Sodium	431.00mg	17.96%
Total Carbohydrate	31.00g	10.33%
Dietary Fiber	5.00g	20.00%
Sugars	0.00g	
Protein	18.00g	36.00%
Vitamin A	3.00IU	0.06%
Vitamin C	1.00mg	1.67%
Calcium	183.00g	18.30%
Iron	3.00g	16.67%









Ailk Soy

9 ...

Contains Gluten, Milk, Soy, Wheat.

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Other States

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Also using some PrimeroEdge modules:

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Guam

New Jersey

South Dakota – RFP for Electronic Production records

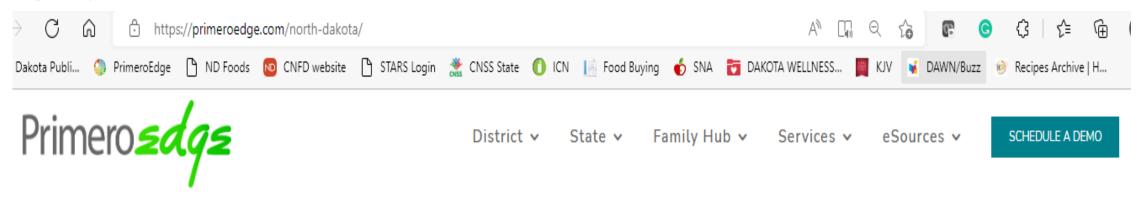
West Virgiana

- ND has spots for 100 schools; 3 pilot
- The next round of users this summer
 - Schedule:
 - Kick off Call with Project Manager
 - Introduction and Project overview
 - Ingredient Training
 - Recipe Training
 - Menus & Menu Cycle Training
 - Production Training
 - Assign Menus to Production and begin completing
 - Go Live with PrimeroEdge



https://primeroedge.com/north-dakota

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Offer vs. Serve

Requirements:

- Meat/meat alternate (cheese, peanut butter, yogurt, nuts)
- Grain/bread: high schoolers must take full 2 ounces
- Fruit
- Vegetable
- Milk

Offer all 5 components, students must take 3, one must be half cup fruit/veggie.

Not required to take meat or milk; can be peaches, peas, bread.

BTSWs: Same content every day

- Janelle Peterson again in the morning
- Fargo July 26; Hilton Garden Inn
- Fargo July 27; Hilton Garden Inn
- Bismarck August 2; Ramada Inn
- Bismarck August 3; Ramada Inn
- Minot August 4; The Grand International Inn



Questions?

- Our toll-free number 1-888-338-3663
 - Deb, Tonya, Rhonda, Kellen
 - Eastern: Amy Nelson 701-451-7465 <u>amylnelson@nd.gov</u>
- Deb Egeland 701-328-3718 degeland@nd.gov
- Tonya Siirtola 701-328-2732 tmsiirtola@nd.gov
- Rhonda Amundson 701-328-3237 ramundson@nd.gov
- Kellen Leier 701-328-2275 knleier@nd.gov