

THE HIDDEN TAX TRAP — APPENDIX

APPENDIX A: \$100,000 SINGLE EARNER — KANSAS CITY, MO

A Global Flashpoint Monitor Analysis | Steven D. Thompson | The Watcher

All figures are Kansas City, Missouri specific. Tax calculations reflect: Federal income tax (2025 brackets, standard deduction), Missouri state income tax (top rate 4.7%), Kansas City 1% earnings tax, and FICA. Housing costs based on KC median home price ~\$275,000, 30-yr fixed at 6.25%, 5% down. Sources: U.S. Census Bureau, Salary.com (2026), Federal Reserve, KC Water, Evergy, Peterson-KFF, BLS Consumer Expenditure Survey 2024, McGowan Mortgages.

LAYER 1 — GOVERNMENT TAXES

Filing status: Single | Gross income: \$100,000 | Standard deduction applied

Tax	Monthly	Annual	% of Gross
Federal income tax (effective ~13.2%)	\$1,100	\$13,200	13.2%
FICA — Social Security & Medicare (7.65%)	\$638	\$7,650	7.65%
Missouri state income tax (effective ~4.2%)	\$350	\$4,200	4.2%
Kansas City 1% earnings tax	\$83	\$1,000	1.0%
GOVERNMENT TAX TOTAL	\$2,171	\$26,050	26.1%

► After taxes — Take-home pay \$6,163/mo · \$73,950/yr · 73.9% of gross remains

LAYER 2 — MANDATORY PRIVATE COSTS

Legally or practically required. Non-optional.

Cost	Monthly	Annual	% of Gross
Health insurance premium — employee share (single plan)	\$400	\$4,800	4.8%
Out-of-pocket medical (deductibles, copays, Rx)	\$117	\$1,400	1.4%
Auto insurance — KC, MO average (Federal Reserve 2025)	\$166	\$1,993	2.0%
Homeowners insurance — KC average (severe weather risk)	\$236	\$2,828	2.8%
MANDATORY PRIVATE TOTAL	\$919	\$11,021	11.0%

► After taxes + mandatory private \$5,244/mo · \$62,929/yr · 62.9% of gross remains

LAYER 3 — NON-OPTIONAL SURVIVAL COSTS

You cannot legally live, drive, or function without these.

Cost	Monthly	Annual	% of Gross
Mortgage P&I — \$275K home, 5% down, 6.25% 30-yr	\$1,609	\$19,308	19.3%
Property tax — Jackson County avg 1.29%	\$296	\$3,549	3.5%
Utilities — electric, gas, water, trash (KC avg 2026)	\$257	\$3,084	3.1%
Internet — basic broadband	\$60	\$720	0.7%
Cell phone — basic plan	\$50	\$600	0.6%
Vehicle payment — US avg (Federal Reserve)	\$520	\$6,240	6.2%
Gas — Missouri average	\$150	\$1,800	1.8%
SURVIVAL COST TOTAL	\$2,942	\$35,301	35.3%

► After taxes + mandatories + survival \$2,302/mo · \$27,628/yr · 27.6% of gross remains

LAYER 4 — FOOD, PERSONAL CARE, AND ONE NIGHT OUT

The basics of staying alive and clean, plus a single movie per month.

Cost	Monthly	Annual	% of Gross
Groceries — KC individual, moderate plan (Salary.com 2026)	\$412	\$4,944	4.9%
Toiletries — shampoo, toothpaste, razors, shaving cream	\$45	\$540	0.5%
Makeup / personal care items	\$25	\$300	0.3%
Paper goods — toilet paper, paper towels, wipes	\$35	\$420	0.4%
One movie out per month — ticket + small concession	\$22	\$264	0.3%
BASIC LIVING TOTAL	\$539	\$6,468	6.5%

WHAT REMAINS AFTER ALL OF THE ABOVE

⚠ **SINGLE EARNER, \$100,000 GROSS — KANSAS CITY, MO** **\$1,763 / month** · **\$21,160 / year**

⚠ **THAT \$1,763/MONTH STILL HAS TO COVER:**

- **Vehicle maintenance:** tires, oil, brakes, registration (~\$150/mo)
- **Clothing:** BLS average ~\$120/mo
- **Dental & vision:** typically not included in standard health plans
- **Home maintenance reserve:** standard advice is 1% of home value/year (~\$230/mo)
- **Retirement savings (10%):** \$833/mo — skip this and you retire in poverty
- **Student loans (national avg):** ~\$400/mo if applicable
- **Emergency fund:** \$0 budgeted — one ER visit with a \$3,000 deductible wipes 2 months
- **Any social life beyond one movie:** birthday gifts, dinners, holidays — \$0 budgeted

After vehicle maintenance, clothing, dental, a 10% retirement contribution, and a bare-bones home repair reserve — this earner has approximately **\$0 to \$200 left per month**. A single unexpected expense — a blown transmission, a medical copay cascade, a furnace failure — produces debt. At \$100,000 gross income. In Kansas City, Missouri.

\$100,000 in Kansas City feels like \$1,763 a month. Before clothing. Before dental. Before saving a dollar for retirement or emergencies.

Sources: U.S. Census Bureau (2024) · BLS Consumer Expenditure Survey (2024) · Salary.com KC Cost of Living (2026) · Federal Reserve · KC Water/Energy utility rates (2026) · Peterson-KFF Health System Tracker · McGowan Mortgages KC (2026) · SmartAsset Missouri Tax Calculator · Missouri Dept. of Revenue

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APPENDIX B: \$83,700 MEDIAN HOUSEHOLD (COUPLE) — KANSAS CITY, MO

A Global Flashpoint Monitor Analysis | Steven D. Thompson | The Watcher

All figures are Kansas City, Missouri specific. Tax calculations reflect: Federal income tax (2025 brackets, standard deduction), Missouri state income tax (top rate 4.7%), Kansas City 1% earnings tax, and FICA. Housing costs based on KC median home price ~\$275,000, 30-yr fixed at 6.25%, 5% down. Sources: U.S. Census Bureau, Salary.com (2026), Federal Reserve, KC Water, Evergy, Peterson-KFF, BLS Consumer Expenditure Survey 2024, McGowan Mortgages.

LAYER 1 — GOVERNMENT TAXES

Filing status: Married Filing Jointly | Gross income: \$83,700 | Standard deduction applied

Tax	Monthly	Annual	% of Gross
Federal income tax (effective ~10.4%, MFJ standard deduction)	\$607	\$8,725	10.4%
FICA — Social Security & Medicare (7.65%)	\$534	\$6,403	7.65%
Missouri state income tax (effective ~3.5%)	\$205	\$2,930	3.5%
Kansas City 1% earnings tax	\$70	\$837	1.0%
GOVERNMENT TAX TOTAL	\$1,416	\$18,895	22.6%

► After taxes — Take-home pay \$5,400/mo · \$64,805/yr · 77.4% of gross remains

LAYER 2 — MANDATORY PRIVATE COSTS

Legally or practically required. Non-optional.

Cost	Monthly	Annual	% of Gross
Health insurance premium — employee share (FAMILY plan)	\$571	\$6,850	8.2%
Out-of-pocket medical (deductibles, copays, Rx) — family	\$233	\$2,800	3.3%
Auto insurance — KC, MO average (Federal Reserve 2025)	\$166	\$1,993	2.4%
Homeowners insurance — KC average (severe weather risk)	\$236	\$2,828	3.4%

MANDATORY PRIVATE TOTAL	\$1,206	\$14,471	17.3%
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► After taxes + mandatory private \$4,194/mo · \$50,334/yr · 60.1% of gross remains

LAYER 3 — NON-OPTIONAL SURVIVAL COSTS

You cannot legally live, drive, or function without these.

Cost	Monthly	Annual	% of Gross
Mortgage P&I — \$275K home, 5% down, 6.25% 30-yr	\$1,609	\$19,308	23.1%
Property tax — Jackson County avg 1.29%	\$296	\$3,549	4.2%
Utilities — electric, gas, water, trash (KC avg 2026)	\$257	\$3,084	3.7%
Internet — basic broadband	\$60	\$720	0.9%
Cell phones — two basic plans	\$100	\$1,200	1.4%
Vehicle payment — US avg (Federal Reserve)	\$520	\$6,240	7.5%
Gas — Missouri average (one vehicle)	\$150	\$1,800	2.2%
SURVIVAL COST TOTAL	\$2,992	\$35,901	42.9%

► After taxes + mandatories + survival \$1,202/mo · \$14,433/yr · 17.2% of gross remains

LAYER 4 — FOOD, PERSONAL CARE, AND ONE NIGHT OUT

The basics of staying alive and clean, plus one movie per month for two.

Cost	Monthly	Annual	% of Gross
Groceries — KC couple, USDA moderate plan (~\$824/mo)	\$824	\$9,888	11.8%
Toiletries — shampoo, toothpaste, razors, shaving cream (×2)	\$70	\$840	1.0%
Makeup / personal care items	\$40	\$480	0.6%
Paper goods — toilet paper, paper towels, wipes	\$45	\$540	0.6%
One movie out per month — two tickets + concessions	\$40	\$480	0.6%
BASIC LIVING TOTAL	\$1,019	\$12,228	14.6%

WHAT REMAINS AFTER ALL OF THE ABOVE

⚠️ **MEDIAN HOUSEHOLD \$83,700 GROSS — KANSAS CITY, MO** \$183 / month · \$2,205 / year

\$183 per month. That is what remains for a median American household in Kansas City after taxes, mandatory insurance, housing, utilities, transportation, food, toiletries, paper goods, and one movie per month.

⚠️ **THAT \$183/MONTH STILL HAS TO COVER:**

- **Vehicle maintenance:** tires, oil, brakes, registration (~\$150/mo) — already overdraws the remainder
- **Clothing for two people:** BLS average ~\$240/mo combined
- **Dental & vision for two:** typically not included in standard health plans
- **Home maintenance reserve:** standard advice is 1% of home value/year (~\$230/mo)
- **Retirement savings (10%):** \$697/mo — skip this and you retire in poverty
- **Student loans:** ~\$400–800/mo if applicable — instant insolvency
- **Emergency fund:** \$0 budgeted — one ER visit with a \$6,000 family deductible is catastrophic
- **Children:** not modeled — average child adds \$1,000–\$1,500/mo in costs
- **Any social life beyond one movie:** birthdays, holidays, dinners — \$0 budgeted

The \$83,700 median American household in Kansas City has **\$183 left after baseline existence**. Vehicle maintenance alone (\$150/mo) consumes almost all of it. A single car repair, medical bill, or appliance failure creates debt. Retirement savings are mathematically impossible without eliminating something from a list that is already stripped to the bone.

This is not a budgeting problem. This is a structural problem. The system extracted **\$83,517** of this household's \$83,700 gross income before a single discretionary dollar was spent.

Sources: U.S. Census Bureau (2024) · BLS Consumer Expenditure Survey (2024) · Salary.com KC Cost of Living (2026) · Federal Reserve · KC Water/Evergy utility rates (2026) · Peterson-KFF Health System Tracker · McGowan Mortgages KC (2026) · SmartAsset Missouri Tax Calculator · Missouri Dept. of Revenue

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SIDE-BY-SIDE SUMMARY — BOTH SCENARIOS

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MONTHLY BUDGET DRAIN — AT A GLANCE

	\$100K	\$83.7K	% \$100K	% \$83.7K
Gross Income	\$8,333	\$6,975	100%	100%
– Government taxes	–\$2,171	–\$1,416	26.1%	22.6%
= Take-home	\$6,163	\$5,400	73.9%	77.4%
– Mandatory private costs	–\$919	–\$1,206	11.0%	17.3%
– Survival costs (housing, utilities, transport)	–\$2,942	–\$2,992	35.3%	42.9%
– Food, toiletries, paper goods, one movie	–\$539	–\$1,019	6.5%	14.6%
WHAT'S LEFT	\$1,763	\$183	21.1%	2.6%

\$100,000 gross leaves \$1,763/month. \$83,700 gross leaves \$183/month. Neither number pays for clothing, dental, car repairs, retirement, or emergencies.

The question is not whether Americans are bad at budgeting. The question is why a \$100,000 salary — earned by a person in the top 7% of American households — leaves \$1,763/month before basic maintenance of life. The answer is not individual failure. **It is the system working as designed.**

Sources: U.S. Census Bureau (2024) · BLS Consumer Expenditure Survey (2024) · Salary.com KC Cost of Living (2026) · Federal Reserve · KC Water/Evergy utility rates (2026) · Peterson-KFF Health System Tracker · McGowan Mortgages KC (2026) · SmartAsset Missouri Tax Calculator · Missouri Dept. of Revenue