



## Program Agreement – 2025/26 School Year

At *Meadowstrides Learning*, we are committed to creating a nurturing and health-supportive environment for every child. The following guidelines help us maintain a consistent, peaceful, and developmentally appropriate atmosphere for learning and growth.

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### Dress Code

We encourage students to come to school in comfortable, practical clothing that supports free movement and creative play. To help foster a calm and focused environment—free from commercial or fashion-related distractions—we kindly ask that students avoid:

- Clothing with large images, commercial logos, slogans, or media references
  - Sports uniforms or uniform-style outfits
  - Dangling jewelry or earrings, for safety reasons
  - Unsecured footwear such as flip-flops or Crocs
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### Media Policy

At *Meadowstrides Learning*, we support a screen-free environment that nurtures imagination, creativity, and healthy physical movement. By signing below, you acknowledge your intention to work toward fully eliminating screen time for your child outside of school.

We understand every family is on their own journey, and we're here to support you. If you have any questions or would like to discuss this further, please don't hesitate to reach out.

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### **Sugar-Free Policy**

To support your child's focus and well-being, we ask families to work toward eliminating refined sugar from their child's diet. Naturally sweet alternatives like honey or maple syrup are fine in moderation. Reducing sugar helps create a more balanced and attentive learning environment for all students.

If you have any questions or would like support in this area, please feel free to contact us.

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### **Medication Policy**

If your child is currently taking any medication, please inform Ms. Nagel so she can provide appropriate care and support during the school day.

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### **Acknowledgment**

I have read and understand the above policies and agree to support them during the 2025/26 school year.

Today's Date: \_\_\_\_\_

Primary Contact Parent Signature: \_\_\_\_\_