

## Monday

**Goshen – 12:30 PM (O, JT, BK)**  
**Monday Meditation**  
First Presbyterian Church, 33 Park Pl.

**Liberty – 5:30 PM (O, RF)**  
**Get Clean Stay Clean**  
United Methodist Church, 170 North Main St.

**Newburgh – 6:00 PM (O, B)**  
**Keys to Success**  
The Center for Recovery, 3 Commercial Pl. *(Enter through the side door)*

**Middletown – 7:00 PM (O, RF, WC)**  
**A Woman's Time for Change**  
RECAP, 40 Smith St. *(Women's topic [open to all])*

**Middletown – 7:00 PM (O, D, M)**  
**MAN UP**  
Avent House, 208 North St. *(Ground floor, back of building, between Prospect St. & Linden Pl.)*

**Beacon – 7:30 PM (O, B, S, D, To)**  
**Pay it Forward**  
Beacon Reformed Church, 1113 Wolcott Ave *(Rt. 9D)*

**New Windsor – 7:30 PM (O, St, To, WC)**  
**The Point**  
St. Thomas Episcopal Church, Parish Hall, 47 Old 9W  
*(Union Pl. & River Rd., 1st wk. Step)*

**Washingtonville – 7:30 PM (C, B, St, WC)**  
**Back from the Grave**  
Grace Community Baptist Church, 2839 Route 94  
*(Rear entrance)*

## Tuesday

**Goshen – 12:30 PM (O, To)**  
**Twice on Tuesday**  
First Presbyterian Church, 33 Park Pl.

**Monticello – 1:30 PM (O, RF)**  
**Midday Break**  
Ambulance Corp. Bldg., 10 Jefferson St. *(Basement)*

**Newburgh – 6:00 PM (O, RF)**  
**Some Are Sicker Than Others**  
Grace Methodist Church, 265 Van Ness St.

**Goshen – 7:00 PM (O, B, RF, Step 1 2 3)**  
**Reach Out**  
First Presbyterian Church, 33 Park Pl.

**Newburgh – 7:00 PM (O, W, D)**  
**Breath of New Lives**  
Breath of New Life Ministries, 292 Ann St.

**Rock Hill – 7:00 PM (O, RF, WC)**  
**Dopeless Hope Fiends**  
Rock Hill Ambulance Bldg., 96 Lake Louise Marie Rd.

**Middletown – 7:30 PM (O, RF, WC)**  
**Relationships**  
First Congregational Church, 35 East Main St.

**Beacon – 7:30 PM (O, RF, WC)**  
**Turn it Over**  
St. Andrew's Church, 17 South Ave. *(Rt. 9D, basement)*

## Tuesday (cont'd)

**Port Jervis – 7:30 PM (O, S, D, To)**  
**Just for Today**  
Drew Methodist Church, 49 Sussex St.

## Wednesday

**Goshen – 12:30 PM (O, BK)**  
**Relapse and Recovery**  
First Presbyterian Church, 33 Park Pl.

**Monticello – 4:30 PM (O, RF, WC)**  
**All Are Welcome**  
ATI Bldg., 309 East Broadway

**Chester – 7:00 PM (C, RF)**  
**Walking the Walk**  
First Presbyterian Church, 96 Main St. *(Parking in rear)*

**Newburgh – 7:00 PM (1hr) (C, BT, IP, JT, RF, S, D, To, BK)**  
**Change or Die II**  
Grace Methodist Church, 265 Van Ness St.

**Warwick – 7:00 PM (O, D, RF)**  
**Never Alone**  
Warwick Valley Community Center, 11 Hamilton Avenue *(Meets in the lounge)*

**Port Jervis – 7:00 PM(1hr) (C, RF)**  
**Staying Clean on Wednesday**  
Annex Bldg., 6 North Broome St *(Around corner from 1st Presbyterian)*

**Beacon – 7:30 PM (C, D, WC)**  
**The Newcomers**  
St. Andrew's Church, 17 South Ave. *(Rt. 9D, basement)*

**Middletown – 7:30 PM (O, S, D, To, WC)**  
**Steps in the Right Direction**  
RECAP, 40 Smith St.

## Thursday

**Goshen – 12:30 PM (O, St)**  
**It's in the Steps**  
First Presbyterian Church, 33 Park Pl.

**Monticello – 6:00 PM (O, RF, WC)**  
**Back on Track**  
Ambulance Corp. Bldg., 10 Jefferson St. *(Meets upstairs)*

**Middletown – 7:00 PM (O, RF, WC)**  
**Back to Basics**  
RECAP, 40 Smith St.

**Newburgh – 7:00 PM (O, S, D, WC)**  
**Recovery by the River**  
Ebenezer Baptist Church, 76 1st St. *(Meets in dining room)*

**Walden – 7:00 PM (O, S)**  
**New Beginnings**  
Walden Baptist Church, 38 Bank St.

**Beacon – 7:30 PM (C, BK)**  
**By the Book**  
Beacon Reformed Church, 1113 Wolcott Avenue *(Rt. 9D, Book study using the Living Clean)*

**Chester – 7:30 PM (C, To, JT)**  
**Hope on Thursday**  
First Presbyterian Church  
96 Main St. *(Parking in rear)*

## Thursday (cont'd)

**Port Jervis – 8:00 PM (1hr) (O, D)**  
**Stay N Alive**  
First Presbyterian Church, 60 Sussex St. *(Corner of Broome & Sussex)*

## Friday

**Goshen – 12:30 PM (O, S, D)**  
**T. G. I. F.**  
First Presbyterian Church, 33 Park Pl.

**Middletown – 7:00 PM (O, RF, WC)**  
**A New Way of Life**  
RECAP, 40 Smith St.

**Port Jervis – 7:00 PM (O, B)**  
**Just for Today**  
First Presbyterian Church, 60 Sussex St. *(Corner of Broome & Sussex)*

**Kauneonga Lake – 7:00 PM (O)**  
**Recovery on the Hill**  
Community United Methodist Church, 58 Horseshoe Lake Rd.

**Beacon – 7:30 PM (O, IW, St, Tr, BK, WC)**  
**Change or Die**  
St. Andrew's Church, 17 South Ave. *(Rt. 9D, basement)*

**Highland Mills – 7:30 PM (O, S, D, RF, WC)**  
**Innervisions**  
Woodbury Senior Citizens Center Library, 16 County Rt. 105 *(@Rt. 32)*

**Goshen – 10:00 PM (C, D)**  
**Freestyle Friday**  
Goshen Methodist Church, 115 Main St.

## Saturday

**Chester – 9:00 AM (O, BT)**  
**The Proof is in the Pudding**  
St. Paul's Episcopal Church, 101 Main St.

**Newburgh – 10:00 AM (O, BK, JT)**  
**Saturday Morning Awakenings**  
Grace Episcopal Church, 265 Van Ness St.

**Middletown – 12:00 PM (O, JT, BK)**  
**Reflections**  
Grace Community Church, 443 East Main St.

**Port Jervis – 4:30 PM (C, St, IW, S, D)**  
**Road to Spiritual Growth**  
Salvation Army Community Center, 99 Ball St.

**Middletown – 7:00 PM (O, CNDL, CS, IW, Ti, BK, WC)**  
**It Works: How & Why**  
RECAP, 40 Smith St.

**Monticello -7:00 PM (O, RF)**  
**Alive & Free on Saturday Night**  
First Church of Monticello, 11 Jones St. *(Ring buzzer to enter)*

**Beacon -7:30 PM (O, St, BT, WC)**  
**Saturday Night Beginners**  
St Andrew's Church, 17 South Ave. *(Rt. 9D, basement)*

**Washingtonville – 7:30 PM (O, St, Tr, CNDL, WC)**  
**Steps to Life**  
St Ann's Church, 175 E Main St. *(Rt. 94, 3rd wk. Tradition, 4th wk. is a Closed meeting [for addicts only] with topic Illness in Recovery)*

## Saturday (cont'd)

Goshen – 10:00 PM (1 hour) (O, RF, S, D)

Saturday Night Fever

Goshen United Methodist Church, 115 Main St.

## Sunday

Middletown – 12:00PM (O, RF, WC)

Kicking It Live (Gut Level)

RECAP, 40 Smith St.

Newburgh – 1:00 PM (C, St, WC)

Steps On Sunday

Grace Methodist Church, 265 Van Ness St.

Rock Hill – 5:00 PM (O, JT, WC)

Dopeless Hope Fiends

Rock Hill Ambulance Bldg., 96 Lake Louise Marie Rd.

Beacon – 5:30 PM (C, JFT, WC)

Up Front

St. Andrew's Church, 17 South Ave. (Rt. 9D, basement)

Middletown – 5:30 PM (C, RF, WC)

The Joy is in the Journey

First Congregational Church, 35 East Main St. (Rotating Format, 3rd Sunday Living Clean Book)

Montgomery – 6:30 PM (O, St, Tr)

3-7-11 in Montgomery

Brick Reformed Church, 1582 Rt. 17K (Steps 3, 7, 11, 1st wk. Tradition)

Monroe – 7:00 PM (C, RF)

Clean & Crazy

First Presbyterian Church, 142 Stage Rd.

## Committee Meetings

These are NOT regular meetings. They are Service Committee Meetings. Any addict interested in Service is welcome to attend.

### ASC: Area Service Committee

1st Thursday of every month @ 7:30PM

First Presbyterian Church, 33 Park Pl., Goshen, NY 10924

### H&I: Hospitals & Institutions Committee

1st Wednesday of every month @ 7:30PM

First Presbyterian Church, 33 Park Pl., Goshen, NY 10924

### E&A: Events & Activities Committee

4th Monday of every month @ 6:00PM

Recap, 40 Smith St., Middletown, NY 10940

### Helpline Committee

1st Thursday of every month @ 7:00PM

First Presbyterian Church, 33 Park Pl., Goshen, NY 10924

### Policy & Procedures Committee

1st Thursday of every month @ 6:30PM

First Presbyterian Church, 33 Park Pl., Goshen, NY 10924

### Speaker Exchange Committee

1st Thursday of every month @ 7:00PM

First Presbyterian Church, 33 Park Pl., Goshen, NY 10924

### Outreach/Homebound Committee

1st Thursday of every month @ 6:00PM

Recap, 40 Smith St., Middletown, NY 10940

### PR: Public Relations Committee

3rd Wednesday of every month @ 7:00PM

45 St. John Street, Goshen, NY 10924

### Convention Committee

2nd Monday of every month @ 7:00PM

First Presbyterian Church, 33 Park Pl., Goshen, NY 10924 (Downstairs)

## Meeting List Format Key

**O** Open to addicts and non-addicts alike.

**C** Closed to non-addicts.

**B** Beginner

**BK** Book – uses NA Fellowship Approved books

**BT** Basic Text

**CNDL** Candlelight

**CS** Children supervised and well-behaved, are welcome

**D** Discussion

**LGBT** Lesbian, gay, bi-sexual and transgender (open to all)

**IP** Informational Pamphlet

**IW** It Works: How and Why

**JT** Just for Today

**M** Men (open to all)

**NC** No children

**RF** Rotating format

**Rr** Round robin – fixed sharing order (usually a circle)

**S** Speaker

**SG** Step Working Guide

**St** Step

**Ti** Timer – sharing time limited by a timer

**To** Topic

**Tr** Tradition

**W** Women (open to all)

**WC** Wheelchair accessible

**Y** Youth (open to all)



## Narcotics Anonymous Meetings

Open Arms Area

Revised October 3, 2019

### Helplines:

Hudson Valley: (800) 498-5224

Regional: (212) 929-NANA (6262)

### Web Site:

openarmsarea.net

“My New Associations”

### Mailing address:

Open Arms Area

PO Box 787

Washingtonville, NY 10992

For updates to this list, please contact Mark H. 845-797-5571 (leave message)

**KEEP COMING BACK  
IT WORKS!!!**