

Brighton & Hove Spring/ Summer 2023

Available Daily

*Fresh Fruit

*Salad

*Freshly baked bread

*Organic Yoghurt

(V) Vegan
(W) Wholemeal

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Macaroni Cheese		Sausage Roll with Homemade Jacket Wedges		Roast Chicken with Roast Potatoes & Gravy		Spaghetti Bolognaise		Salmon Fishfingers with Chips & Homemade Tomato Ketchup	
Lentil & Sweet Potato Curry with 50:50 Rice		Vegan Meatball Pasta Bake with Vegan Cheese		Roast Quorn with Roast Potatoes & Gravy		Vegetable Bean Fajitas with Homemade Jacket Wedges		Vegan Sausages with Chips & Homemade Ketchup	
Sliced Carrots Peas		Cabbage Sweetcorn		Carrots Broccoli		Green Beans Sweetcorn		Peas &/or Baked Beans	
Chocolate & Mandarin Brownie with pears		Cornflake Tart (v) and Custard		Jelly (v) & Ice Cream		Fruity Shortbread (v)		Oat Cookie (v) with Fruity Friday	
Cheese & Tomato Pizza		Greek Style Chicken Pitta with Jollof Style Rice		Roast Turkey with Roast Potatoes & Gravy		Farm Assured Beef Burger with Homemade Jacket Wedges		MSC Breaded Fish with Homemade Tomato Ketchup & Chips	
5 Bean Chilli with 50:50 Rice		Vegan Sausages with Mash Potato & Gravy		Sweet Potato and Spinach Tart with Roast Potatoes		Wholemeal Vegetable Pasta Bake with Vegan Cheese		Falafel with Chips & Homemade Tomato Ketchup	
Sweetcorn Carrot		Peas Cauliflower		Cabbage Sweetcorn		Grated Carrot Broccoli		Peas &/ or Baked Beans	
Lemon Cake		Apple Flapjack (v)		Fruit Jelly (v)		Peach Upside Down Cake & Custard		Chocolate Cookie with Fruity Friday (v)	
Pork Sausages with Mashed Potato & Gravy		BBQ Chicken with Jollof Style Rice		Roast Chicken with Roast Potatoes & Gravy		Cheese & Tomato Pizza		MSC Fishfingers with Chips and Homemade Tomato Ketchup	
Vegetarian Tortilla Stack with Vegan Cheese & 50:50 Rice		Veggie Spaghetti Bolognaise		Crunchy Top Vegetable Bake with Roast Potatoes		Homemade Vegetable Burger with Homemade Jacket Wedges		Mexican Bean Roll with Chips & Homemade Tomato Ketchup	
Carrots Peas		Broccoli Sweetcorn		Cauliflower Cabbage		Carrots Sweetcorn		Peas &/or Baked Beans	
Golden Snap Cookie (v)		Fairtrade Banana Cake with Custard		Peaches (v) & Ice Cream		Jelly & Mandarins (v)		Vanilla Shortbread with Fruity Friday (v)	
Mexican Bean Roll (v)		Cheese & Cucumber Wholemeal Sandwich		Roast Meat Baguette		BBQ Quorn in a Roll (v)		Chicken Salad Baguette	