

(V) Vegan
Wholemeal

Brighton & Hove Spring/Summer 2024

Available Daily

*Fresh Fruit
*Salad

*Freshly baked bread
*Organic Yoghurt

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE 16/9 7/10	Main	Homemade Cheese & Tomato Pizza (V)	Sticky Chicken Noodles	Roast Chicken with Roast Potatoes & Gravy	Wholewheat Penne Pasta Bolognese (V)	Fishfingers with Chips & Homemade Tomato Ketchup
	Vegetarian	Lentil & Sweet Potato Curry with 50:50 Rice (V)	Butternut Squash Pasta with Cheese	Roast Quorn with Roast Potatoes & Gravy (V)	Veggie Puff with Homemade Wedges (V)	Vegan Sausages with Chips & Homemade Tomato Ketchup (V)
	Vegetables	Carrots & Peas	Sweetcorn & Cabbage	Broccoli & Carrots	Sweetcorn & Spring Greens	Peas & Baked Beans
	Deserts	Golden Cookie (V)	Cornflake Tart & Custard	Jelly (V) & Ice Cream	Chopped Fruit Salad (V) & Yoghurt	Chocolate Shortbread with Fruity Friday (V)
WEEK TWO 2/9 23/9 14/10	Main	Macaroni Cheese	Chicken Korma with 50:50 Rice	Chicken Pie with New Potatoes & Gravy	Farm Assured Beef Burger With Wedges & Tomato Relish	Breaded Fish with Chips & Homemade Tomato Ketchup
	Vegetarian	Vegan Cottage Pie (V)	Veggie Bolognese (V)	Sweet Potato & Spinach Tart with New Potatoes & Gravy (V)	Vegetable Enchiladas with Jollof Rice	BBQ Quorn Pieces with Chips and Homemade Tomato Ketchup (V)
	Vegetables	Carrots & Sweetcorn	Broccoli & Sweetcorn	Cabbage & Carrots	Peas & Coleslaw	Peas & Baked beans
	Deserts	Apple Flapjack (V)	Fairtrade Chocolate and Beetroot Brownie	Jelly With Mandarins (v)	Peach & Carrot Cake	Vanilla Shortbread With Fruity Friday (V)
WEEK THREE 9/9 30/9 21/10	Main	Pork Sausages with Mashed Potato & Gravy	Chicken Pita with Jollof Rice & Tzatziki	Roast Turkey with Roast Potatoes & Gravy	Homemade Cheese & Tomato Pizza	Salmon or Fishfingers with Chips & Homemade Tomato Ketchup
	Vegetarian	Quorn Korma with 50:50 Rice (V)	Vegan Sausages with Mashed Potato & Gravy (V)	Lentil Whirl with Roast Potatoes & Gravy (V)	Chinese Vegetables with Noodles	Mexican Bean Roll with Chips & Homemade Tomato Ketchup (V)
	Vegetable	Carrots & Peas	Greek Salad & Sweetcorn	Carrots & Broccoli	Green Beans & Sweetcorn	Peas & Baked Beans
	Deserts	Wholemeal Orange & Cinnamon Shortbread (V)	Lemon & Blackberry Cake	Peaches (V) & Ice Cream	Apple Crumble & Custard	Oaty Cookie with Fruity Friday (V)
	Packed Lunch	Hot Vegan Sausage Baguette	Cheese and Onion Baguette	Roast Meat Baguette	Crackers & Cream Cheese	Ham & Cucumber Baguette

