

# Trinity + Methodist + Church

Rev. J. Howard-Norman ☎ 07809686867



## SUNDAY 22nd FEBRUARY 2026

“Therefore, just as sin entered the world through one man and death through sin and in this way death came to all men, because all sinned – for before the law was given sin was in the world. But sin is not taken into account when there is no law.”

Romans Ch. 5 v 12-13

**10.00 am**

**Mr. D. Elliott**

Readings:-

Genesis Ch. 2 v 15-17, 3 v 1-7

Romans Ch. 5 v 12-19

Matthew Ch. 4 v 1-11

**Prayer Diary:-**

Worship Groups, Ramblers, Church Flower Arrangers and Group G.

**SERVICE NEXT SUNDAY 1<sup>st</sup> March 2026**

**Second Sunday in Lent**

**10am – Rev. J. Howard-Norman - Sacrament**

**Daily Prayer at 9:00am every day** (except Sunday): This is now on Microsoft Teams. Just download Teams and you can go straight on to it or use this link <https://teams.live.com/join/9414857191536>

### **EcoShop**

The Eco Shop is **open on Tuesdays from 10am to 1pm** and we would love you to come along to try us out. You will be able to buy 10 items for £4. Please bring your own bag if you can.

There are 2 bins in the café area for donations (nothing perishable please) to be sold in the shop.  
**We look forward to seeing you at the Eco Shop – please support us.**

**CAN YOU HELP?**

**Due to the success of the Eco Shop and Cafe we desperately need more help. If you have an hour or more to spare between 10 am and 1pm please contact either June Howard-Norman or Linda Harkins.**

## **RIDING LIGHTS THEATRE COMPANY**

Presents

**A PASSION PLAY**

**NIGHT FALLS**

By Paul Birch

At St. Mary's Cathedral, Middlesbrough on

**THURSDAY 26<sup>th</sup> February at 7.30pm**

**Tickets £15/£10**

**01642597750**

**[www.ticketsource.co.uk/middlesbroughcathedral](http://www.ticketsource.co.uk/middlesbroughcathedral)**

## **WORSHIP AT HOME FEBRUARY 22<sup>nd</sup> 2026 Dave Elliott**

**PRAYER:** Let us be aware of God's presence as we worship him. Lord speak to us in this special time that our stress and concern may be taken away as we rest in your peace.

***HYMN 335 STF 'Rejoice your Lord is King'***

**PRAYER:** Almighty and Living God we praise you for your goodness to us each and every day. We thank you for the World you have created and for our part in this world. We thank you for health and healing, for those who care for us and those we care for. We thank you that our faith helps us even in the most testing of times.

So we say the prayer that Jesus taught us saying Our Father who art in heaven...

..

***HYMN 236 STF 'Forty days and forty nights you were fasting in the wild'***

**READING:** Today's gospel is found in **Matthew 4 v:1-11**, the story of Jesus's temptations.

### **ADDRESS:**

The story of the temptations shows us how much there was a human side to Jesus. He has become aware of his ministry and of God's calling. He knows that in order to be prepared he needs to test his own faith and his own resolve to cope with the demands of his Ministry. We are told that in the first temptation Jesus in his hunger is tempted to turn stones into bread. Jesus replies by saying we don't live on bread alone but on every word that comes from God. Yet we remember Jesus did turn bread and fish into enough food to feed the crowd. Jesus does not use his power for himself but to care for his people. Food is important and we thank God we have our daily food. But just as we can be hungry for our food, so we must hunger for God's word to give us spiritual strength.

In the second temptation Jesus is asked by the tempter to throw himself from the top of the temple and he would be saved. A great way to draw people to him by doing such an amazing act, yet in his miracles Jesus is not showing off about himself but he uses his powers to heal and to save all who put our trust in him. Jesus has replied to the tempter by saying do not put the Lord your God to the test.

Lastly Jesus is shown the Kingdoms of the World and told they will all be his if he bows down to the tempter. Jesus commands the tempter to leave him and he says that we must worship God and serve him only.

When we look at the story of the temptations we see how Jesus deals with each one by using his knowledge of Scripture. An important thought for us that we should be aware of the relevance of Scripture in our lives not just when we are tempted to maybe do wrong, but in every part of our lives. The story tells us that Jesus knows through this experience what it is like to be human and that is comforting and reassuring for he goes through temptations as we do.

During Lent we may give up things we enjoy as a sign of our power to ward off temptation but it is more important during Lent to become even more aware of the relevance of the Bible and especially the teachings of Jesus in our lives. Being tempted is part of our life experience some are tempted more than others, but in all our temptations we turn to Jesus and are assured he will not let us down. Amen

***HYMN StF 550 'Forth in thy name O Lord I go'***