



YOGA CLASS SCHEDULE

Come find your Calm

TUESDAY

GENTLE YOGA

9:00AM - 10:00AM

THURSDAY

YOGA STRETCH

6:00PM - 7:00PM

SATURDAY

VINYASA FLOW

10:00AM - 11:00AM

Chocolate Yoga Destinations

Wellness Studio

Mira Mesa, San Diego, CA

<https://chocolateyogadestinations.com>

