YOGA WITH SOUNDBATH

CLASS SCHEDULE

Come find your Calm

Special Events

TUESDAYS
YIN YOGA
6:00PM - 7:00PM
NOV. 10TH & DEC. 8TH

THURSDAYS
YOGA STRETCH
6:00PM - 7:00PM

SATURDAYS
VINYASA FLOW
10:00AM - 11:00AM



Chocolate Yoga Destinations
Wellness Studio
Mira Mesa, San Diego, CA

chocolateyogadestinations.com