



EVENT PROGRAM



ARMON⁺
HOTEL + CONFERENCE
STAMFORD, CT
FORMERLY CROWNE PLAZA

פרשת וארא - כ"ו-כ"ט טבת תשפ"ב

THURSDAY DEC. 30TH THRU
SUNDAY JAN. 2ND, 2022
(NEW YEAR'S WEEKEND)

Welcome

TO OUR SIXTH SHABBATON

Day in day out you so selflessly devote so much effort, time and fortitude,

At times it may be inconvenient, annoying, stressful, or you simply may not be in the mood,

But you proceed and persevere with diligence, patience & tenacity beyond measure,

To give your child happiness, joy, contentment, gladness and pleasure!

This Shabbos is dedicated for YOU dear parent to enjoy, grow, learn and gain inspiration,

Be in the company of other wonderful parents who are in a similar situation,

So share, inspire, connect, with people who can definitely understand and relate,

We hope this Shabbos will enlighten, encourage, inspire and invigorate!

THANK YOU FOR JOINING

Good Shabbos!

THE KESHER NAFSHI COMMITTEE:

Gedalia Miller, Founder & Producer

Chesky Kauftheil, Executive Advisor

Gingy Markowitz • Shloimie Litzman

Hainech Korman • Hershel Rosenberg

Moshe Hersh Rosenfeld • Mendy Eder

Eli Kaufman • Yisroel Fried

Yanky Goldman

Pearl Stroh • Mindy Markowitz

Shternie Litzman • Chaya Ruchy Mayer

Chaya Metzger • Rivka Drebin • Raizel Feldman

Esther Walzer • Chaya Gitty Rosenberg

Dassie Bin-Nun • Roizy Kaufman

For future events, visit us online at:

KesherNafshi.org

ברוכים הבאים

PROTOCOL

The Keshar Nafshi team invited experts, honorary guests and esteemed rabbonim to this memorable event, to share their time and expertise with us. We hope you appreciate their effort and devotion to this Shabbaton's success. Please help assure that our rabbonim and professionals have an encouraging and memorable experience.

Some rooms may have limited capacity. We suggest that you arrive a few minutes early to get a good seat. Please make your best effort not to disturb sessions. If a session has already begun, do your best not to disturb the session or the participants, as you find a seat.

In all fairness to the speaker(s) and all session attendees, respectfully silence your phones during all sessions.

Many sessions are being recorded to be shared after the event with the entire Klal Yisroel. Avoid walking in front of the recording cameras during sessions. Please be mindful not to disturb the session with noise or conversation. Note and hold your questions until the designated Q&A period if possible, or until after the session.

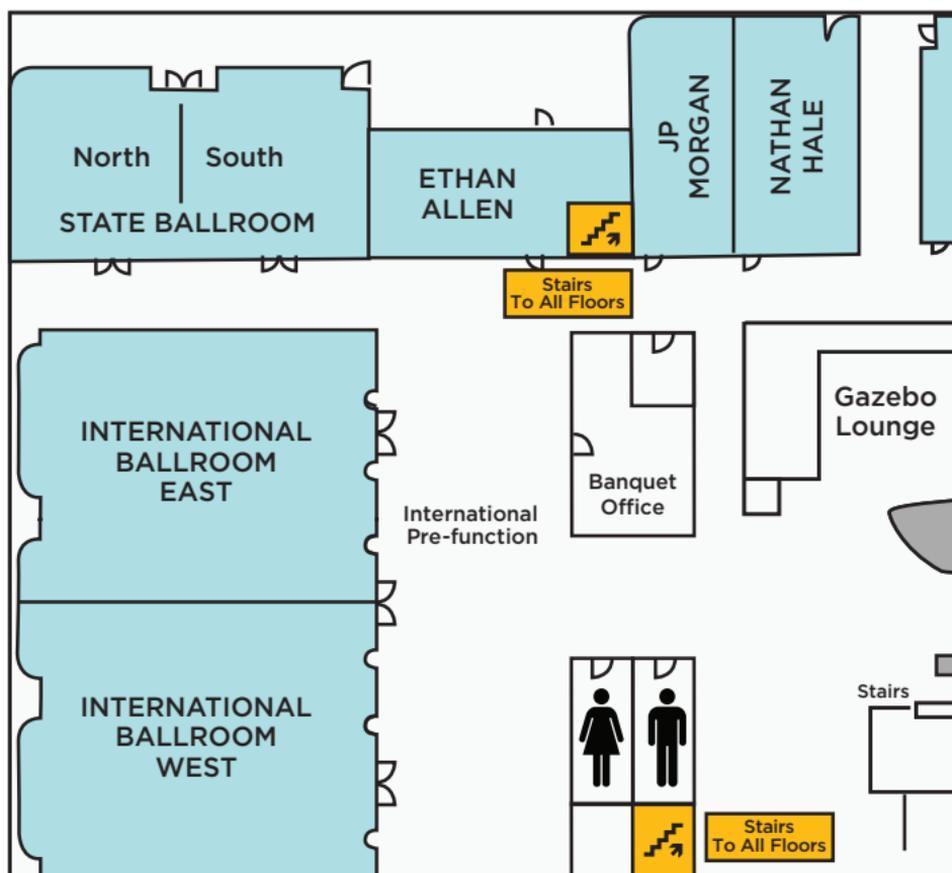
Whether during a session or in common areas, please be mindful and sensitive of people's privacy concerns, when recording or sharing anything that you've heard, seen or recorded throughout the entire event.

Thank you,
The Keshar Nafshi Team

ARMON

HOTEL + CONFERENCE

STAMFORD, CT



בית המדרש

Sponsored by

Avi Fishoff
and the
Fishoff Family

לעילוי נשמת

יחיאל בנציון בן ר' דב
מינדל בת ר' ישראל
פישאוף

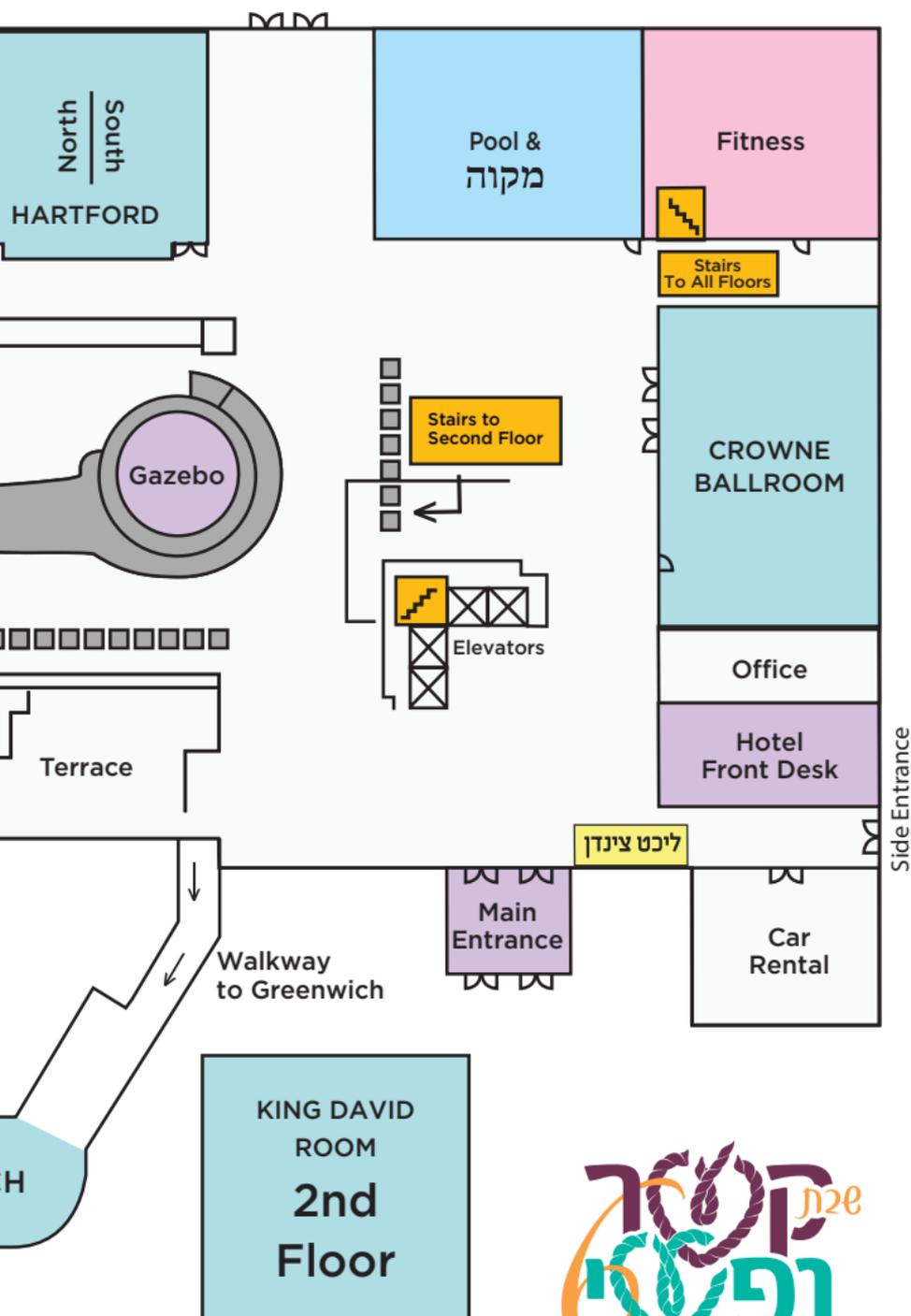
זכרונם לברכה

ולזכות כל חולי נפש
של משפחת "TP"
בתוך שאר חולי ישראל

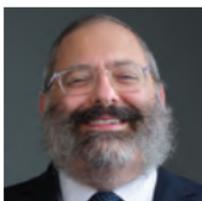
GREENWICH

HOTEL MAP

PARKING LOT



SPECIAL GUESTS, SPEAKERS,



**Rabbi
YY Jacobson**
Founder & Director
of TheYeshiva.net



**Rabbi
Shais Taub**
Scholar-in-residence at
Chabad of the Five Towns



הרה"ג ר'
שלום קעסלער
שליט"א
מנהל רוחני בישיבת בני ציון באנאב



הרה"ג ר'
**יוסף חיים
לייפער** שליט"א
ראש ישיבה, סאטמאר



הרה"ג ר'
פנחס יונג שליט"א
מנהל רוחני בית רחל, מאנסי



**Rabbi Aaron
Friedman**
Mechanech, Advisor & Author
of "Yes You Can"



**Rabbi Yaakov
Salomon, LCSW**
Noted Psychotherapist,
Author and Lecturer



**Rabbi
Daniel Kalish**
Rosh Yeshiva
Mesivta of Waterbury



הרה"ג ר'
**שמעון
שנייבלג** שליט"א



**Rabbi Bentzion
Twerski Ph.D**
Psychologist



**Rabbi Yoseph
Vigler**
Founder & Rav of
Mayan Yisroel, Brooklyn, NY



**Rabbi Shloime
Ehrlich**
Founder of 'Achim Baderech'
and 'Ohr Layesharim'



**Shuli
Halpert**
Geshet L'Yeshivos



**Rabbi Sruli
Bistriz**
Director of Resolve



**Chaim
Bin-Nun,
MFT, LPC**

**Chane
Sternberg,
LCSW**

**Faith Niece,
M.A., LMHC,
LMFT, CSAT**

**Sarah
Kahan,
LCSW**

**Rebbetzin
Devora
Paneth**

**Miriam
Pineles, DACM**
Acupuncture &
Herbal Medicine

**Zeldy
Broyde**

LECTURERS & PROFESSIONALS



@vi Fishoff
Master KIPologist
 Founder & Director
 Home SWEET Home
 TWISTED PARENTING!
 GPS NAVIGATOR for YOUR SOUL
 CPE RESUSCITATION for YOUR SOUL



World famous speaker
 and Psychotherapist
**Rabbi Shimon
 Russell, LCSW**



**Rav Hillel
 David, shlit'a**
 Rav, Kehal Yeshiva Shaarei Torah,
 Chaver Moetzes Gedolei HaTorah



**HaRav Yitzchok
 Schwartz shlit"א**
 מרא דאתרא
 קהילת ברכות שמואל גבעת זאב, א"י



**Rabbi Zecharia
 Fruchthandler**
 Parent Advisor,
 Author & Lecturer



הרה"ג ר' **שמואל דוד
 פרידמאן** שליט"א
 מגיד שיעור ד"ף הימני ופרקי אבות
 ומחבר ספר "בדידי הוזה עובדא"



הרה"ג ר' **ברוך
 לעדערייך** שליט"א



**Rabbi Mordechai
 Shain**
 Founder and Director of
 Lubavitch on the Palisades



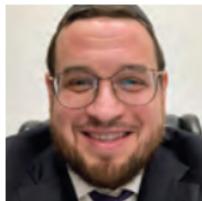
**Chesky
 Kauftheil**
 Founder & Director of
 Mishkan Yechezkel



**Rabbi Shlomo
 Landau**
 Ruv of Torah Links of Middlesex County
 Olami, Director of Community Mentors



**Rabbi Yossi
 Bensoussan**
 Casac, Mashgiach Ruchani
 Yeshiva High School of Cleveland



**Rabbi Reuvain
 Mendlowitz**
 LCSW Mechanech



**Jason
 Blau**
 Mindset Coach



**Shloimie
 Zimmerman, Psy.D.**
 Clinical Psychologist
 Chair, Clinical Advisory Board, Magen New York
 Vice Chair, Advisory Board, Amudim



**Binyamin
 Greenspoon,
 LCSW**
 Clinical Director of Nesivos



**Shloimie
 Litzman**
 Travel Expert



**Rabbi Isaac
 Leib Miller**



**Ronnie
 Kohen**
 Founder of Ronnie's Rebelz

זמנים

Stamford, CT

יום ה' פרשת וארא - כ"ו טבת תשפ"ב

3:36	פלג המנחה - גר"א
4:35	שקיעת החמה
5:20	לילה - צאת ג' כוכבים
5:47	לילה - 72 דקות

ערב שבת פרשת וארא - כ"ז טבת תשפ"ב

5:50	עלות השחר
6:23	זמן ציצית ותפילין
7:19	נץ החמה
8:54	סוף זמן קריאת שמע - מג"א
9:38	סוף זמן קריאת שמע - גר"א
10:24	סוף זמן תפילה - גר"א
11:57	חצות היום
12:27	מנחה גדולה
3:37	פלג המנחה - גר"א
4:17	הדלקת נרות
4:35	שקיעת החמה
5:21	לילה - צאת ג' כוכבים
5:47	לילה - 72 דקות

שבת קודש פרשת וארא - כ"ח טבת תשפ"ב

5:50	עלות השחר
7:19	נץ החמה
8:54	סוף זמן קריאת שמע - מג"א
9:38	סוף זמן קריאת שמע - גר"א
10:25	סוף זמן תפילה - גר"א
11:57	חצות היום
12:27	מנחה גדולה
3:38	פלג המנחה - גר"א
4:36	שקיעת החמה
5:22	לילה - צאת ג' כוכבים
5:49	זמן מוצש"ק - 72 דקות

יום א' פרשת בא - כ"ט טבת תשפ"ב

5:51	עלות השחר
6:24	זמן ציצית ותפילין
7:19	נץ החמה
8:54	סוף זמן קריאת שמע - מג"א
9:38	סוף זמן קריאת שמע - גר"א
10:25	סוף זמן תפילה - גר"א
11:58	חצות היום

INFORMATION

Hotel Information

Armon Hotel
2701 Summer Street, Stamford, CT 06905

Room Shabbos/Hard Keys

Please return your Room Shabbos/Hard Keys upon check out so that you don't incur additional costs.

Special Guests

We are honored to host many noted scholars, speakers, lecturers and professionals.

Please feel free to engage them in question or conversation to gain clarity, insight and chizuk.

Hechsher

Under strict hashgacha of Tarnopol Kashrus.



Tea Room

Viennese Table located in the Lobby - will be open 24 hours, serving tea, coffee & light refreshments.

Swimming Pool

There will be swimming hours throughout the weekend. Schedule will be posted in the Hotel.

Medical Emergencies

For hatzolah related matters call:

Shmuli Hecht: 347-539-9882

Gingy Markowitz: 718-755-3100

Simcha Shain: 732-330-4400

Eruv

The entire hotel campus is secured with a kosher Eruv.

Mikvah

There is a Mikvah on premises in the pool area.



Eli Friedman
PRODUCTIONS

THURSDAY • דאנערשטאג

2:00 pm

Check-in for Pre-conference Workshop
& Weekend

3:00 - 3:45

Ice-Breaker - Meet-Ups

Roundtable Informal

Introductory Discussions with Professionals
Including **Rabbi Shimon Russell, Rabbi Dr.
Bentzion Twerski, Rabbi Aron Friedman &
Others**

**International
Ballroom West**

4:00 - 5:30

Keynote #1

United and Together
as One - *Part 1*

Introduction by

R' Gedalia Miller

What We Will IY"H
Address and Achieve
at Keshet Nafshi #6

Keynote by

Rabbi Shimon Russell

**International
Ballroom
East**



5:30 - 6:00

Intermission

מנינים מעריב

**Crowne
Ballroom &
Hartford North**

6:00 - 7:30

Keynote #2

United and Together
as One - *Part 2*

Introduction by

Rabbi Yaakov Salomon

Keynote by

Rabbi Shimon Russell

**International
Ballroom
East**



7:30 - 8:30

Buffet Dinner

**Gazebo &
Terrace Areas**

Continued ►

THURSDAY • דאנערשטאג

8:30 – 9:45

Keynote #3

Seeing the Truth About Our Children
Our Journey from a Torah Perspective

Introduction by

Rav Hillel David

Keynote by

Rabbi Shais Taub

International
Ballroom East

9:45

Refreshments ליל שישי

Gazebo &
Terrace Areas

10:15

Men's Late Night Program

Father's sharing how having
a keshet with their child has
elevated their home.

Crowne
Ballroom

Kumzitz ליל שישי

Rabbi Daniel Kalish

Accompanied by: Chaim Ghouri on the Strings

10:00

Women's Late Night Program

Connecting to my Soul
A Journey Through Memes

Rivka Drebin

A Performance of Music & Dance

*B'rinah Yiktzoru - Opening the Floodgates of
Brachos & Yeshuos, Through Music*

Surprise Performer

State
Ballrooms

FRIDAY • ערב שב"ק

7:30 – 9:15 am

מנינים שחרית

Mikvah Open Until 8:45 am

Crowne Ballroom
& Hartford South

8:00 – 10:30

Continental Breakfast

Gazebo &
Terrace Areas



Sponsored by:

RECOVERY AT THE
CROSSROADS

Continued >

FRIDAY • ערב שב"ק

Women's Morning Program

8:00 - 10:00

Activity 1

Elegant Glass-Crafting

Laya Heilpern

from **The Hobbyhouse**

State
Ballroom

9:00 - 10:00

Activity 2

Women's Swim

Heated
Indoor Pool

10:30 - 11:15

Concurrent Sessions

#1

Session 1.1

The 3 Step Torah Approach to Understanding & Acceptance

Part 1 of 3: Struggle & Pain

Rabbi Yitzchok Schwartz

Hartford
South

Session 1.2

Do you Hear what I am
Saying?

How to Hear the Intended
Message Behind the words

Rabbi Dr. Bentzion Twerski

Crowne
Ballroom

Session 1.3

סוד ודרך הבעש"ט הק'

זיין באשעפטיגט מיט עשה טוב נאך

איידער וואס עס איז מסודר די סוד מרע

פאקטן: עצה והדרכה פון אונזער חסידישע היימישע קוואל

הרב שמעון שנייבלג

Nathan
Hale

Session 1.4

Emotional Support Between
Couples in Times of Distress

Rabbi Aron Friedman

Hartford
North

Session 1.5 • Presentation

The Power of Connection

A PowerPoint Presentation of
Keshar Nafshi Families Connecting
with Their Children

Pearl Stroh

State
Ballroom

12:00 pm

Weekend Check-in

Continued >

FRIDAY • ערב שב"ק

11:30 – 12:45

Concurrent Panels

#2

Panel Session 2.1

Is There Such a Thing as 'Enabling'?

Addiction

Nesanel Negelblatt

Rabbi Yossi Bensoussan

Sony Perlman

State
Ballroom

Panel Session 2.2

Are 60% of Klal Yisroel's Children Uncared for?

The Seemingly-Non-Problematic Children

Rabbi Zecharia Fruchthandler

Rabbi Shuli Halpert

Rabbi Sruli Bistriz

Crowne
Ballroom

1:00 pm

Reception Buffet • טועמיה

Gazebo &
Terrace Areas

1:45 – 2:30

Concurrent Sessions

#3

Session 3.1

The 3 Step Torah Approach to Understanding & Acceptance

Part 2 of 3: Struggle & Pain

Rabbi Yitzchok Schwartz

Hartford
South

Session 3.2

How Should We Judge A Child When He/She Does Not Meet Our Expectation

Rabbi Daniel Kalish

Crowne
Ballroom

Session 3.3

4 Questions Your Child Would Want to Ask You

- I'll Do It for Them

Rabbi Shloime Ehrlich

Hartford
North

Session 3.4

What the Pros Learned From the Parents

Chaim Bin-Nun

Rabbi Reuvain Mendlowitz

State
Ballroom

Session 3.5

How Developmental Trauma Manifests in Struggles in

Yiddishkeit, for Teens and Adults

Binyamin Greenspoon

Nathan
Hale

Continued >

FRIDAY • ערב שב"ק

Session 3.6

די שטוב זאל ווייטער אנגיין ריכטיג
מיט משמעת און סדר
ווען מ'איז פארבינדן מיט א קינד
וואס גייט נישט אין אונזער וועג
הרב שמעון שנייבלג

Ethan
Allen

2:45 - 3:30

Concurrent Sessions

#4

Session 4.1

The Street Vibe Our
Daughters Live With
Rabbi Pinchos Jung
Chaim Bin-Nun

Nathan
Hale

Session 4.2

From Suffering to Salvation
- A Glimpse Into Your Child's
Experience Told Through My Story
Jason Blau

Hartford
South

Session 4.3

דער תורה'דיגע וועג ווי אזוי זיך
אימצוגיין מיט נסיונות החיים
הרב יוסף חיים לייפער

Crowne
Ballroom

Session 4.4

What Does it Mean to Accept
Your Child
Rabbi Scott Friedman

Hartford
North

Session 4.5

Holding the Family Together
When Crisis is Ripping it Apart
Rabbi Yisroel Applebaum

State
Ballroom

3:45 - 4:10

מזמור שיר - הכנה - ליום השבת
with the Zingers Choir



4:10

Early מנחה (Mincha Only)

Lobby

Hartford
South

4:17

הדלקת הנרות
Candle Lighting

Lobby
Main Entrance



Under no circumstances
should candles be lit in hotel rooms

FRIDAY EVENING • ליל שב"ק

קבלת שבת

4:20 מנחה

דברי ברכה

Rabbi Baruch Ledereich

4:50 קבלת שבת

Renowned Chazan

Gavriel Fisher

and the **Zingers Choir**

דברי ברכה

Rabbi YY Jacobson

Crowne
Ballroom



4:40 - 6:15

**Women's Kabalas Shabbos
& Program**

קבלת שבת

Welcome to Keshet Nafshi #6

United as One

Pearl Stroh

I Am Not Alone

- Navigating This Road Together

Chanie Levy

A Panel Discussion:

The Gift in This Journey

Panelists:

Mothers of the Keshet Nafshi Family

State
Ballroom

6:30 - 8:30

סעודת ליל שבת

*A Beautiful Seudah Featuring
Divrei Torah & Zmiros*

Pearls of Wisdom

Rabbi Isaac Leib Miller

Rabbi Yisroel Applebaum

International
Ballrooms



Sponsored by

**Naftali &
Chanie
Einhorn**

Continued >

FRIDAY EVENING • ליל שב"ק

8:45 - 9:30

Concurrent Sessions

#5

Session 5.1

Reality of Abuse

Shloimie Zimmerman

Zeldy Broyde

Faith Niece

State
Ballroom

Session 5.2

"A Journey From Darkness to Light"

- Personal Glimpses into a Decade-Long Nisayon

Rabbi Shlomo Landau

Nathan
Hale

Session 5.3

'Good' Shabbos

- How to Stop Others From Getting Triggered & Help Them to Actually Enjoy Your Shabbos Table

Rabbi Yoseph Vigler

Hartford
South

Session 5.4

The Relationship With Your Older Children (Even Those that Are Married), Should it be Different?

Rabbi Yisroel Applebaum

Hartford
North

Session 5.5

Special Women-Only Session

How to Keep the Relationship Strong with Our Spouses

Not Just the Shalom Bayis

Sarah Kahan

Crowne
Ballroom

9:45 - 10:30 • PANEL DISCUSSIONS

Discussion #1

"There are No Atheists in the Foxhole"

- Our Deep Connection to Hashem, on Our Journey - ממעמקים קראתיך

Surprise Guests

Crowne
Ballroom

Discussion #2

די שווערעקייטן פון די היינטיגע יונגעלייט וואס זענען יא געבליבען פרום

הרב אהרן פרידמן

הרב פנחס יונג

ר' שלמה האפמאן

State
Ballroom

Continued >

FRIDAY EVENING • ליל שב"ק

10:30 - 11:45

Keynote #4

Panelists:

**Rabbi YY Jacobson
Rabbi Shimon Russell
& A Surprise Guest**

Moderator:

Rabbi Isaac Leib Miller

**International
Ballroom East**

11:45 pm

Men - Bota

Rabbi Daniel Kalish

Accompanied by the Zingers Choir

Gazebo

Women - Oneg Shabbos

Real Conversations

- The Ultimate Power Network

**State
Ballroom**

SHABBOS • יום שבת

8:00 am

Earlier שחרית

בעל קורא

ר' אפרים צבי פאלאטשעק

Light Kiddush-Breakfast
After Davening

**Hartford
South**

Terrace

8:00 - 8:30 • שינורי תורה

Daf Yomi (bring along your gemara)

Rabbi Shmiel Dovid Friedman

Chassidus

Rabbi Mordechai Shain

Terrace

**Gazebo
Lounge**

8:30 - 10:00

מנין תהילים כמנהג חב"ד

**Hartford
North**

8:30 - Coffee & Milchigs - Women

8:30 - 9:30 Coffee With the Pros
Roundtable Discussions With our
Professionals

**King David
2nd Floor**

Continued >

SHABBOS • יום שבת

9:30 - 10:30

The Many Pathways to Healing
*Panel of Professionals go
Through Some Options*

Sarah Kahan
Marci Davidowitz
Faith Niece,
Zeldy Broyde
& Others

King David
2nd Floor

8:30

שחרית Main Minyan

Renowned Chazan
Shmuli Hecht
and the **Zingers Choir**
דברי ברכה
Rabbi Yoseph Vigler
בעל קורא
הרב שלום קעסלער

**Crowne
Ballroom**



10:00

שחרית נוסח חב"ד

**Hartford
North**

11:30 - 12:20

Lavish Kiddush

Men

Terrace

Women

Gazebo

12:30 - 1:15

Concurrent Sessions

#6

Session 6.1

Chabad Farbrenge

"Tracht Gut Vet Zein Gut -
Think good and it will be good"

Rabbi Mordechai Shain

Terrace

Sponsored by

משה אברהם דוד בן גדליה
געצל אליעזר דרויאן נ"י

Session 6.2

Why Didn't Yosef Switch Menashe
& Efrayim Around When Yaakov
Avinu Bentched Them?

Rabbi Daniel Kalish

**Crowne
Ballroom**

Continued >

SHABBOS • יום שבת

Session 6.3

The World According to Us
80% of those Getting Help, are
Suffering From the 20% Not
Getting Help

Rabbi Yaakov Salomon
Rabbi Yossi Bensoussan

State
Ballroom

Session 6.4

Embracing our Children,
Embracing Ourselves

Shloimie Zimmerman

Hartford
South

Session 6.5

ווי אזוי צו באהאנדלען געפילן
פון שולד און בושה
הרב אהרן פרידמן

Hartford
North

1:15

Early מנחה

Crowne
Ballroom

1:15 - 2:45

סעודת שבת

*A Beautiful Seudah Featuring
Divrei Torah & Zmiros*

Pearls of Wisdom
Rabbi Isaac Leib Miller

International
Ballrooms



3:00

Panel Discussion

The Journey of Our Children
- Live Stories Real People

Rabbi Daniel Kalish
Chaim Ghoori
Rabbi Pinchos Jung
Rabbi Yossi Bensoussan

Moderator:
Nachi Gordon

International
Ballrooms

4:50

מנחה וסעודה שלישית

זמירות ודברי תורה
הרב יוסף חיים לייפער
הרב שמואל דוד פרידמאן

Men

Crowne
Ballroom
&
Lobby

6:45 מעריב

Continued >

SHABBOS • יום שבת

4:50 – 6:45

Women's Seuda Shlishis & Program

The Art of Letting Go
Rebbetzin Devora Paneth

Together as ONE, Roll Call
Shternie Litzman

Ovedet Hashem
Chana Aliza Borgman

**State
Ballroom
&
Adjoining
Lobby**

5:49 זמן מוצאי שבת קודש
(72 Minutes)

מוצאי שבת

7:30

הבדלה Grand

Featuring:

Beri Webber
& **The Zingers Choir**

Accompanied by:

Don Stern



**Main
Lobby**

Join Keshar Nafshi Live!

Featuring:

**All Our Speakers
& Professionals**

**Hosted by:
Nachi Gordon**



**meaningful
minute**

**Main
Lobby**

8:15 - 9:45

Next level Up Special Session

Session 7.1

*This Special Session Will be Tailored
ONLY for Members of the KN family
for 3+ Years*

Rabbi Shimon & Mrs. Russell
will address your pre-submitted questions

**State
Ballroom**

Continued >

מוצאי שבת

8:30 - 9:15

Concurrent Sessions

#7

Session 7.2

The 3 Step Torah Approach to Understanding & Acceptance
Part 3 of 3: Struggle & Pain
Rabbi Yitzchok Schwartz

Hartford
North

Session 7.3

How To Effectively Communicate With Your Child: Learn To Help Them Feel Loved, Heard, Validated & Safe
Communication Workshop + Roleplays
Jason Blau

Hartford
South

Session 7.4

3 New Techniques I Discovered That Will IY"YH Speed Up Your Child's Journey to Clarity
Behavior is the result of Feelings
Rabbi Shloime Ehrlich

Crowne
Ballroom

Session 7.5

Challenges of Being on the Journey Alone or Single
Rabbi Yoseph Vigler

Nathan
Hale

10:00

מלוה מלכה Melava Malka

United & Empowered

Zemiros by:
The Kapelle Choir

Dinner Chairman:
Rabbi Chesky Kauftheil
Dvar Hamoised

Guest Speaker:
Rabbi Yosef Lowenbein

United as One and Empowering Klal Yisroel

Speakers:
Rabbi Yaakov Salomon
Rabbi Yoseph Vigler
Rabbi Yossi Bensoussan
Rabbi Aron Friedman
Rabbi Daniel Kalish
Rabbi Shimon Russell



Guest Performer:
Yoely Lebovitz

Music by:
Don Stern
& **Yossi Cohen**



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SUNDAY • זונטאג

7:00 and on
מנינים שחרית

**Crowne Ballroom
& Hartford Rooms**

9:00 – 11:00
Continental Breakfast

**Gazebo &
Terrace Areas**

9:00 – 10:00
**Conference of
Rabbanim & Professionals**
Closed Session

King David
2nd Floor

The State of Keshar Nafshi
as it Relates to the Matzav in Klal Yisroel
Address by: R' Gedalia Miller

10:00 – 10:45

Concurrent Sessions

#8

Session 8.1

**Change Your Thoughts
Transform Your Life**

- How To Empower Yourself
And Obtain Inner Peace

Jason Blau

**Hartford
South**

Session 8.2 • Presentation

Creating A Bonding Experience
Through Travel

Shloimie Litzman

**State
Ballroom**

Session 8.3

Understanding Parents PTSD

- Signs, Symptoms, Protective
Measures & Self Care

Binyamin Greenspoon

**Crowne
Ballroom**

Session 8.4

**When All You Can Do, Is
Daven!**

Tefillah To Resolve Despair
And Hopelessness

Rabbi Dr. Bentzion Twerski

**Hartford
North**

Session 8.5

Is It Even Possible To Still Raise
Resilient Children

Rabbi Shlomo Landau

**Nathan
Hale**

Session 8.6

Adressing , How to Prevent the
Future of Klal Yisroel from Going Off the D

Rabbi Mordechai Weider

Rabbi Yosef Lowenbein

**Ethan
Allen**

Continued >

SUNDAY • זונטאג

Hotel Checkout 10:00am & on

11:00 - 12:10 Special Session for First-Time Attendees

International
Ballrooms

Session 9.1

Open to All

What you need to know to help your child

Rabbi Shimon Russell

11:00 - 12:00

Concurrent Sessions

#9

Pannel Session 9.2

The Insider's Take On
Working With The Chinuch
System & Achieving!

Rabbi Daniel Kalish
Rabbi Scott Friedman

Crowne
Ballroom

Session 9.3

משלים זיין מיט'ן מציאות
פון אונזערע קינדער כמו שהם
הרב אהרן פרידמן

State
Ballroom

12:45

Keynote #5

Closing Remarks
Rabbi YY Jacobson

International
Ballrooms

2:00
Lunch

Gazebo &
Terrace Areas

2:00
מנינים מנחה

Hartford Rooms

יום ניפור קטן

Crowne Ballroom

3:00
Event Conclusion

צאתכם לשלום

Special Thanks to

We would like to express our sincere gratitude to our esteemed friends whose generosity and commitment, made this event possible.

Dassie Bin-nun
Naftali & Chanie Einhorn
Ezzi Finkel
@vi Fishoff
Eli Friedman & Staff
Yanky Goldman
Chesky Kauftheil
Eli & Roizy Kaufman
Shloimie & Shternie Litzman
Gingy & Mindy Markowitz
Benny Raskin
Hershel & Zeldy Rosenberg
Moshe & Miriam Rosenfeld
Don Stern
Pearl Stroh
Meir Yitzchok & Esther Walzer
and the entire Ladies Team
Meir Waks

Logistics Coordinator
Hainech Korman

The Chicago Team:
Yanky & Rivky Greenberger
Ephraim & Chana Polatsek

The Lakewood Team:
Rabbi Chaim Abadi
Yisroel & Esther Fried
Binyamin Greenspoon
Usher & Adina Parnes
Yechiel & Chany Rivlin
Simcha & Elana Shain
Binyomin & Bracha Wilhelm

The Waterbury Team:
Dovid & Rivi Friedler

May you be blessed with
געזונט, פרנסה, נחת, עד בלי די!

The Keshar Nafshi
Committee

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