

בעזהש״ת



# EVENT PROGRAM

HEALING *A* JOURNEY

PRESENTED BY KESHER NAFSHI



פרשת קדושים ד'-ז' אייר תשפ"ב

THURSDAY MAY 5TH THRU  
SUNDAY MAY 8TH, 2022

# WELCOME

## TO OUR SEVENTH SHABBATON

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*Day in day out you so selflessly devote so much effort, time and fortitude,*

*At times it may be inconvenient, annoying, stressful, or you simply may not be in the mood,*

*But you proceed and persevere with diligence, patience & tenacity beyond measure,*

*To give your child happiness, joy, contentment, gladness and pleasure!*

*This Shabbos is dedicated for YOU dear parent to enjoy, grow, learn and gain inspiration,*

*Be in the company of other wonderful parents who are in a similar situation,*

*So share, inspire, connect, with people who can definitely understand and relate,*

*We hope this Shabbos will enlighten, encourage, inspire and invigorate!*

## THANK YOU FOR JOINING

*Good Shabbos!*

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## THE KESHER NAFSHI COMMITTEE:

Gedalia Miller, Founder & Producer

Chesky Kauftheil, Executive Advisor

Gingy Markowitz • Shloimie Litzman

Hainech Korman • Hershel Rosenberg

Moshe Hersh Rosenfeld • Mendy Eder

Eli Kaufman • Yisroel Fried • Meir Waks

Yitzchok Meir Walzer • Yanky Goldman

Pearl Stroh • Mindy Markowitz

Shternie Litzman • Chaya Ruchy Mayer

Chaya Metzger • Rivka Drebin • Raizel Feldman

Esther Walzer • Chaya Gitty Rosenberg

Esther Miller • Dassie Bin-Nun • Roizy Kaufman

For future events, visit us online at:

**[KesherNafshi.org](http://KesherNafshi.org)**

# ברוכים הבאים

## PROTOCOL

The Keshar Nafshi team invited experts, honorary guests and esteemed rabbonim to this memorable event, to share their time and expertise with us. We hope you appreciate their effort and devotion to this Shabbaton's success. Please help assure that our rabbonim and professionals have an encouraging and memorable experience.

Some rooms may have limited capacity. We suggest that you arrive a few minutes early to get a good seat. Please make your best effort not to disturb sessions. If a session has already begun, do your best not to disturb the session or the participants, as you find a seat.

In all fairness to the speaker(s) and all session attendees, respectfully silence your phones during all sessions.

Many sessions are being recorded to be shared after the event with the entire Klal Yisroel. Avoid walking in front of the recording cameras during sessions. Please be mindful not to disturb the session with noise or conversation. Note and hold your questions until the designated Q&A period if possible, or until after the session.

Whether during a session or in common areas, please be mindful and sensitive of people's privacy concerns, when recording or sharing anything that you've heard, seen or recorded throughout the entire event.

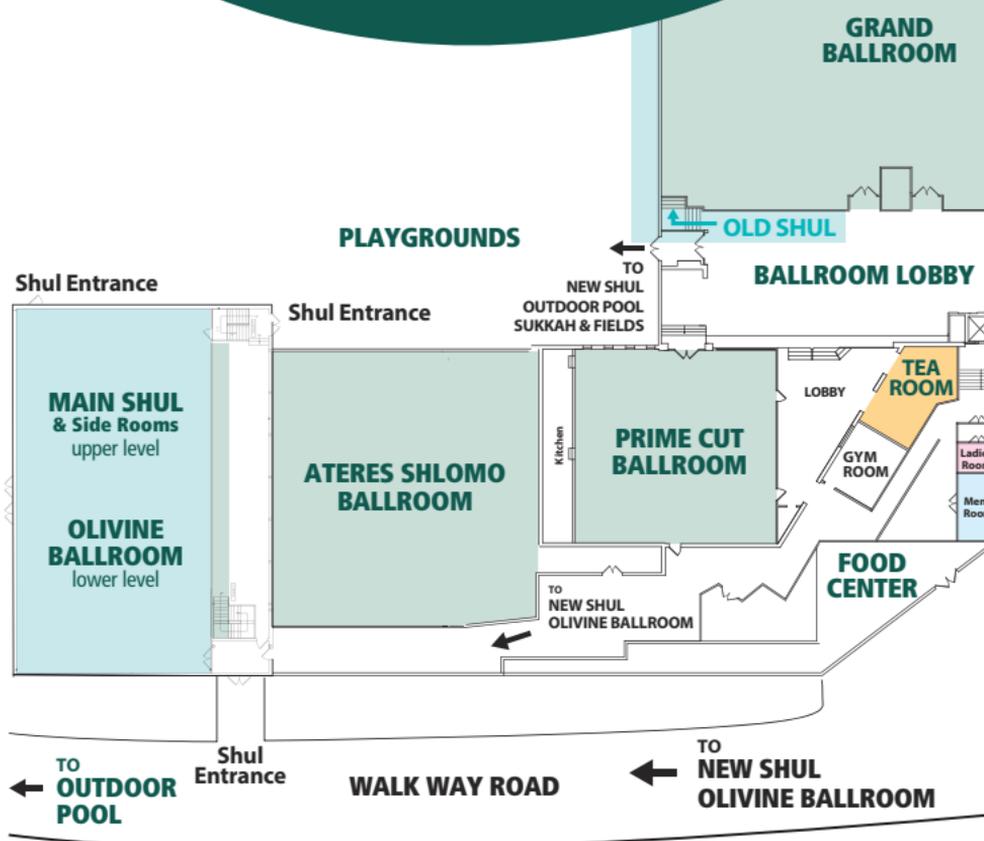
Thank you,  
**The Keshar Nafshi Team**

# זכות התפילות

לע"נ  
נתנאל בן יחזקאל שרגא  
לע"נ  
מירל בת ר' משה

לזכות יחזקאל שרגא בן מירל  
לזכות חיה רחל בת דרייזל  
וכל יוצ"ח שיחיו

SPONSORED BY:



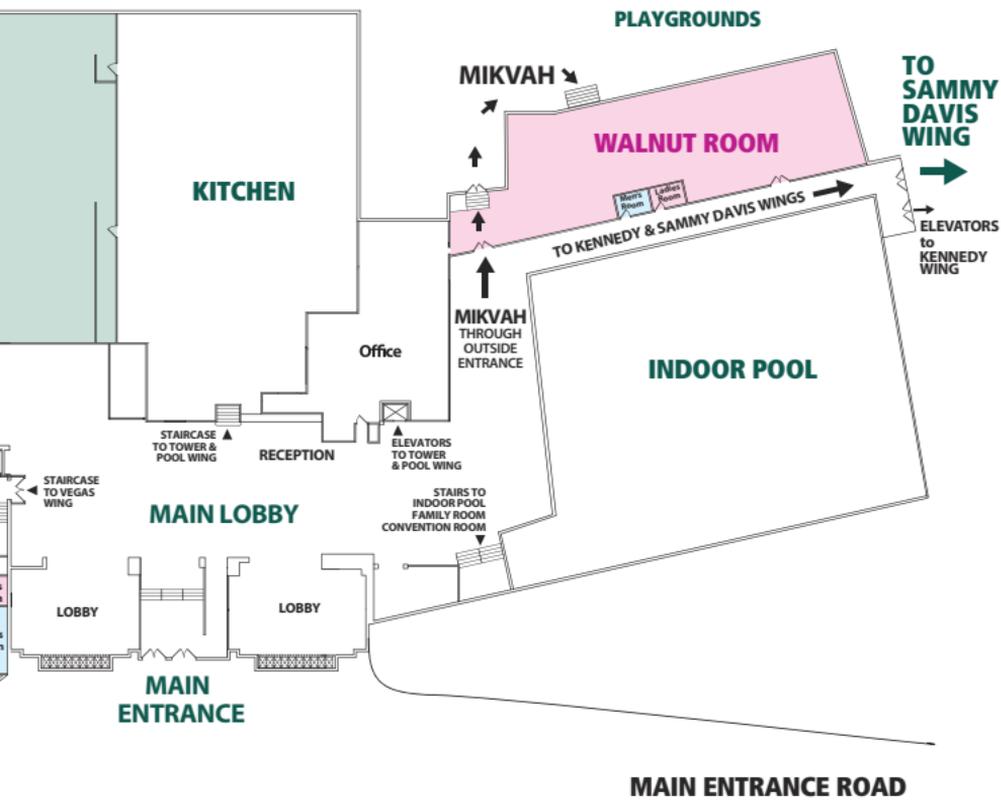
## 24 HOUR TEA ROOM

Sponsored by



**WEBER & SONS**  
Financial Solutions for Generations

# HOTEL MAP



## POOL HOURS

### THURSDAY

2:00 - 5:00pm **Women**

5:30 - 7:00pm **Girls**

7:30pm - 12:00am **Men**

### FRIDAY

7:00am - 11:30pm **Women**

12:00 - 3:00pm **Girls**

3:30 - 5:30pm **Men**

### מוצאי שבת

10:00 - 11:00pm **Girls**

11:00pm - 12:00am **Women**

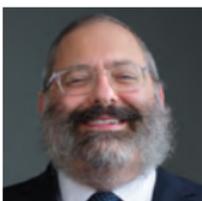
12:00pm - 4:00am **Men**

### SUNDAY

7:00 - 10:00am **Men**

10:00am - 1:00pm **Women**

## SPECIAL GUESTS, SPEAKERS,



**Rabbi  
YY Jacobson**  
Founder & Director  
of TheYeshiva.net



הרב  
**מוטה פראנק**  
שליט"א



הרה"ג ר'  
**שלום קעסלער**  
שליט"א  
מנהל רוחני בישיבת בני ציון באובב



**Rabbi Sender  
Kasirer**  
Rosh Yeshiva of  
Mesivta of Eatontown



**Rabbi  
Daniel Kalish**  
Rosh Yeshiva  
Mesivta of Waterbury



הרה"ג ר'  
**שלום נח לאנדא**  
שליט"א  
ראש ישיבת ווערעצקי



**Rabbi  
Yom Tov  
Glaser**  
The Possible You



**Rabbi Sholom  
Yakov Wosner**  
Mechanic & Speaker



**Rabbi Shlomo  
Hoffman**



**Chaim  
Bin-Nun,  
MFT, LPC**



**Mordechai  
Weinberger,  
LCSW**



**Shuli  
Halpert**  
Gesher L'Yeshivos

**Nesanel  
Nagelblatt**

**Dr.  
Reggie  
Melrose**

Best selling  
author,  
trainer and  
creator of  
Brain Charge

**Dr.  
Alberta  
Montano-  
DiFabio,  
Sc.D, LCADC,  
CCS, CCJS**  
Recovery at  
the Crossroads



**Chazan Yoel  
Ausch**

**Miriam  
Pineles,  
DACM**

Acupuncture &  
Herbal Medicine

**Rebbetzin  
Devora  
Paneth**

# LECTURERS & PROFESSIONALS



**@vi Fishoff**  
**Master KIPologist**  
 Founder & Director  
 Home SWEET Home  
 TWISTED PARENTING!  
 GPS NAVIGATION for YOUR SOUL  
 CPR RESUSCITATION for YOUR SOUL



World famous speaker  
 and Psychotherapist  
**Rabbi Shimon  
 Russell, LCSW**



הרה"ג ר' **שמואל דוד  
 פרידמאן שליט"א**  
 מגיד שיעור ה"ף הימי ומרקי אבות  
 ומחבר ספר "ברידו הוה עובדא"



**HaRav Yitzchok  
 Schwartz Shlit"א**  
 מרא דאתרא  
 קהילת ברכות שמואל גבעת זאב, א"י



הרה"ג ר' **שמעון  
 שנייבלג שליט"א**



**Rabbi Shlomo  
 Usher Tauber**



**Rabbi Avrohom  
 Yeshaya Goldman**  
 Rosh Hayeshiva Darchei Torah  
 Manchester, UK



**Mayer  
 Zuckerman**



**Chesky  
 Kauftheil**  
 Founder & Director of  
 Mishkan Yechezkel



**Rabbi Isaac  
 Leib Miller**



**Jason  
 Blau**  
 Mindset Coach



**Benjamin  
 Greenspoon,  
 LCSW**  
 Clinical Director of Nesivos



**Tamar  
 Perlman,  
 PsyD**



**Akiva  
 Perlman, Ph.D.**  
 Trauma & Addiction  
 Specialist



**Sony  
 Perlman,  
 LMSW**  
 Clinical  
 Director  
 of  
 Our Place



**Myriam  
 Lankry**



**Mindy  
 Rabinowitz**



**Chazan Berel  
 Zucker**

# זמנים

South Fallsburg, NY

## יום ה' פרשת קדושים - ד' אייר תשפ"ב

6:32	פלג המנחה - גר"א
8:01	שקיעת החמה
8:47	לילה - צאת ג' כוכבים
9:13	לילה - 72 דקות

## ערב שבת פרשת קדושים - ה' אייר תשפ"ב

4:12	עלות השחר
4:51	זמן ציצית ותפילין
5:48	נץ החמה
8:33	סוף זמן קריאת שמע - מג"א
9:22	סוף זמן קריאת שמע - גר"א
10:33	סוף זמן תפילה - גר"א
12:55	חצות היום
1:31	מנחה גדולה
6:33	פלג המנחה - גר"א
<b>7:44</b>	<b>הדלקת נרות</b>
8:02	שקיעת החמה
8:48	לילה - צאת ג' כוכבים
9:14	לילה - 72 דקות

## שבת קודש פרשת קדושים - ו' אייר תשפ"ב

4:10	עלות השחר
5:47	נץ החמה
8:33	סוף זמן קריאת שמע - מג"א
9:21	סוף זמן קריאת שמע - גר"א
10:32	סוף זמן תפילה - גר"א
12:55	חצות היום
1:31	מנחה גדולה
6:34	פלג המנחה - גר"א
8:03	שקיעת החמה
8:50	לילה - צאת ג' כוכבים
<b>9:15</b>	<b>זמן מוצש"ק - 72 דקות</b>

## יום א' פרשת קדושים - ז' אייר תשפ"ב

4:09	עלות השחר
4:49	זמן ציצית ותפילין
5:46	נץ החמה
8:32	סוף זמן קריאת שמע - מג"א
9:20	סוף זמן קריאת שמע - גר"א
10:32	סוף זמן תפילה - גר"א
12:55	חצות היום

## INFORMATION

### Hotel Information

Raleigh Hotel & Cottages  
243 Heiden Rd, South Fallsburg, NY 12779  
phone. 845-434-7000

### Room Shabbos/Hard Keys

Please return your Room Shabbos/Hard Keys upon check out so that you don't incur additional costs.

### Special Guests

We are honored to host many noted scholars, speakers, lecturers and professionals.

***Please feel free to engage them in question or conversation to gain clarity, insight and chizuk.***

### Hechsher

Under strict hashgacha  
of Rabbi Yechiel Babad, shlit"a.

### Tea Room

Viennese Table located in the Lobby - will be open 24 hours serving tea, coffee & light refreshments.

### Swimming Pool

There will be swimming hours throughout the weekend. Please check the schedule for details.

### Medical Emergencies

**Please call HATZOLOH Directly!  
718-230 1000 or 718-387-1750**

and say: "WE ARE IN THE RALEIGH HOTEL IN SOUTH FALLSBURG, ROOM NUMBER \_\_\_\_\_".

### Non-Emergency Situations

Call Gingy at: 718-755-3100

### Eruv

The entire hotel campus is secured with a kosher eruv.

### Mikvah

There is a mikvah on premises.

### Questions

There's a Help & Information Desk located in the main lobby. Any concerns please contact Gedalia Miller at 718-578-7799



**Eli Friedman**  
PRODUCTIONS

## THURSDAY • דאנערשטאג

**2:00 pm** Check-in

**2:00 – 7:00** Light Reception

Prime Cut

**3:30** Early מנחה

Main Shul

**4:00 – 5:00** Concurrent Sessions #1

### Session 1.1

Roundtable Discussion

For First Time Attendees

**Rabbi Shimon & Mrs. Yocheved Russell**

Walnut Room

### Session 1.2

What Does it Mean to Heal Yourself?

**Jason Blau**

Ateres Shlomo Ballroom

**5:30 - 7:00**

## KEYNOTE SESSION

Main Shul

ברוכים הבאים

**Gedalia Miller**

Heal Yourself, Heal your Child

**Rabbi Shimon Russell**

**7:00** מנחה

Main Shul

**7:10 – 8:15** Buffet Dinner

Guest Speaker

**Rabbi Sender Kasirer,**

*Rosh Yeshiva of Mesivta of Eatontown*

Olivine Ballroom

**8:30 – 9:45** Concurrent Sessions #2

### Session 2.1

True Connection: How do I Achieve a Deep Bond as a Couple

- **Couple Seating** -

**Rabbi Yom Tov Glaser**

Ateres Shlomo Ballroom

### Session 2.2

Regulate Yourself, Regulate Your Child

**Dr. Reggie Melrose**

Walnut Room

**9:45** מעריב

Main Shul

Continued >

## THURSDAY • דאנערשטאג

9:45

Hot Buffet ליל שישי

Prime Cut

9:45 - 11:00

Late Night Program

### Women's Track:

Create a Resin Tray

with:

Leah Heilpern - The Hobbyhouse

Walnut Room

### Men's Track:

Kumzitz

Rav Mota Frank

Main Lobby

## FRIDAY • ערב שב"ק

7:00 - 9:30 מנינים שחרית

Main Shul & Side Rooms

8:00 - 11:00

Continental Breakfast

Prime Cut



Sponsored by:

**RECOVERY** AT THE  
CROSSROADS

Meet & Greet Dr. Alberta Montano Difabio,  
Clinical Director of Crossroads

### Women's Track:

9:30 - 10:30

#### Activity #1

Create a Resin Tray

with:

Leah Heilpern - The Hobbyhouse

Walnut Room

#### Activity #2

Kickboxing and Toning

with:

Elana Shain

Bring Exercise Gear

Old Shul Downstairs

#### Activity #3

Open Swim for Women

Pool

Continued >

# FRIDAY • ערב שב"ק

9:30 - 10:30 Concurrent Sessions #3

## Session 3.1

Answering your Daas Torah Questions

**Rabbi Yitzchok Schwartz**

Olivine Ballroom #1

## Session 3.2

Learning to Use Self Awareness Tools To Benefit Emotional Health: Jump start your day/week with a focused Somatic Experience

**Dr. Reggie Melrose**

Olivine Ballrooms #2 & #3

10:45 - 12:00 Concurrent Sessions #4

## Session 4.1

Parent/Child Relationships: Having and Living with Realistic Expectations

**Rabbi Shimon & Mrs. Yocheved Russell with their children**

Ateres Shlomo Ballroom

## Session 4.2

Finding Your Mission: A taste of R' Yom Tov Glazer's new seminar - **The Mission**

**Rabbi Yom Tov Glaser**

Prime Cut #1

12:00 - 1:15 Concurrent Sessions #5

## Session 5.1

It's All About YOU! So Who Are YOU? Surviving as a 24/7 first responder

**Rabbi Shlomo Usher Tauber**

Olivine Ballroom #1

## Session 5.2

Managing the Unmanageable: Thinking Through the Unthinkable - **For First Time Attendees**

**Chaim Bin-Nun**

Olivine Ballroom #2

## Session 5.3

A Interactive Group Session: Why Family Group Therapy is Important to the Well Being of a Child

**Nesanel Nagelblatt**  
**Dr. Alberta Montano Difabio,**  
*Clinical Director of Crossroads*

Olivine Ballroom #3

Continued ►

## FRIDAY • ערב שב"ק

### Session 5.4

My Connection with Hashem  
A view of our Struggling Children's  
Relationship with their Father in Heaven  
**Rabbi Avrohom Yeshaya Goldman**

Prime  
Cut #1

### Session 5.5

די סגולה וואס האלט א קינד  
אויפן דרך הישר  
**הרב שמעון שנייבלג**

Prime  
Cut #2

**12:00 - 4:00**

**Weekend Check-in**

**1:00 - 5:00**

**Reception Buffet • טועמיה**

Ballroom  
Lobby

**1:45 - 4:15**

## Kickoff KEYNOTE SESSION

The Wholesome Home

**Rabbi Shimon Russell**  
**Rabbi Y.Y. Jacobson**

Main  
Shul

**4:45 - 5:30**

*Concurrent Sessions* #6

### Session 6.1

Your Child:  
Connecting through the Chaos  
**Mayer Zuckerman**

Olivine  
Ballroom #1

### Session 6.2

Overcoming Your Inner Voice of  
Fear so That You Can Move  
Forward  
**Jason Blau**

Olivine  
Ballroom #2

### Session 6.3

Keeping Calm in the Storm:  
The Duality of Staying Connected and  
Disconnection  
**Binyamin Greenspoon,**  
*Clinical Director, Nesivos*

Olivine  
Ballroom #3

### Session 6.4

Understanding Our Children  
Through Role Play:  
What does it REALLY feel like to be a  
child who is struggling?  
**Mordechai Weinberger**  
**Akiva Perlman**

Prime  
Cut #1

*Continued* >

## FRIDAY • ערב שב"ק

5:50

הכנה לשבת

Songs of Inspiration

with the Zingers Choir



Main  
Lobby

## FRIDAY EVENING • ליל שב"ק

### קבלת שבת

Main Shul

6:30 מנחה

ברוכים הבאים - דבר המוסד

R' Gedalia Miller

Founder of Kesher Nafshi

### קבלת שבת

Renowned Chazan Yoel Ausch  
& the Zingers Choir



דרשה

Rabbi Sholom Noach Landau

מתוך רוב שמחה

Rabbi Shulim Kessler

7:00 - 7:15

### הדלקת הנרות

Candle Lighting

Ballroom  
Lobby



זמן: 7:44

Under no circumstances  
should candles be lit  
in hotel rooms

### Women's Track:

7:15 - 7:45

Kabbalas Shabbos with

**Shaindy Plotzker**

7:50

Welcome to Shabbos Kesher Nafshi #7

**Pearl Stroh**

**Greetings from our  
professionals and speakers**

The Journey of Healing

**Faiga Leah Landau**

Walnut  
Room

Continued >

# FRIDAY EVENING • ליל שב"ק

## סעודת ליל שבת

8:45 - 10:15

*A Beautiful Seudah Featuring  
Divrei Torah & Zmiros*

Pearls of Wisdom

**Rabbi Isaac Leib Miller**

Grand  
Ballroom



Sponsored by

**Naftali & Chanie  
Einhorn**

10:30 - 12:00

*Real People Real Stories -  
Turning our Struggling Children  
into Precious Gifts from Hashem*

**Rabbi Shimon Russell**

**Rabbi Sholom Noach Landau**

**Rabbi Shuli Halpert**

*Moderator:*

**Rabbi Usher Parness**

Grand  
Ballroom

12:00 - 1:00am

עונג שבת

### Men's Track:

Sheves Achim

**Rav Mota Frank**

Grand  
Ballroom

Late Night Fireside Chat

**Avi Fishoff with**

**Rabbunim & Professionals**

Main  
Lobby

### Women's Track:

Inspirational TED Talks:

**Mothers share their  
stories of growing  
through their children**

Walnut  
Room

Late Night Sweet Table

Ballroom  
Lobby

# SHABBOS • יום שבת

**8:00 - 11:00** Coffe & Cake

**Prime  
Cut #1**

**8:00 am**  
Earlier שחרית

**Side Room  
of Main Shul**

**8:00 - 8:45 •** שיעורי תורה

Daf Yomi (bring along your gemara)

**Rabbi Shmiel Dovid Friedman**

Chassidus

**Rabbi Shlomo Hoffman**

**Main  
Shul**

**8:50**

**שחרית - Main Minyin**

Renowned Chazan

**Berel Zucker**

and the **Zingers Choir**

Speaker:

**Rabbi Shuli Halpert**

**Main  
Shul**



**10:00**

**שחרית נוסח חב"ד**

**Olivine  
Ballrooms**

**Women's Program**

**8:30 - 11:00**

**Breakfast - Milchigs**

*Coffee With the Pros*

Choose your Danish,

Choose your Discussion

**Walnut  
Room**

**12:00 - 12:45**

**קידושא רבא**

**Lavish Kiddush**

*With option to wash*

**Ballroom  
Lobby**

Chabad Farbrengen

**Ateres Shlomo  
Ballroom**

**12:45 - 1:40**

**Concurrent Sessions #7**

**Session 7.1**

When Accepting Your Child

Causes Family Members to

Alienate You

**Akiva Perlman**

**Mordechai Weinberger**

**Olivine  
Ballroom #1**

*Continued >*

# יום שבת • SHABBOS

## Session 7.2

פון זיין אן עובד השם  
צו ווערן אן עבד השם.  
וואס וויל דער רבוש"ע פון מיד היינט  
**הרב שלמה האפפמאן**  
**הרב מוטה פראנק**

Olivine  
Ballroom #2

## Session 7.3

Boundaries... Boundaries...  
Juggling them around between our kids  
**Rabbi Shlomo Usher Tauber**

Olivine  
Ballroom #3

## Session 7.4

Healing our Feelings  
**Rebbetzin Devora Paneth**

Prime  
Cut #1

## סעודת שבת

**1:45 - 3:15**

*A Beautiful Seudah Featuring  
Divrei Torah & Zmiros*

Pearls of Wisdom  
**Rabbi Isaac Leib Miller**



Grand  
Ballroom

**3:30 - 5:00**

Surprise Panel -  
*Turning our Struggling Children  
into Precious Gifts from Hashem*

הרב שמעון שנייבלג  
**Rabbi Yitzchok Schwartz**  
**Rabbi Isaac Leib Miller**

Grand  
Ballroom

**5:00 - 6:00**

Through the Lens of the  
Siblings  
**Mindy Rabinowitz**

Olivine  
Ballrooms

**5:45** Early מנחה

Main Shul

**6:00 - 7:00**

Concurrent Sessions #8

## Session 8.1

From the Other Side  
of the Couch:  
What Couples Therapy Taught me  
about What Makes or Breaks a Marriage.  
**Tamar Perlman**

Olivine  
Ballroom #1

Continued >

## יום שבת • SHABBOS

### Session 8.2

Feeling Alone and Isolated in this Process

**Myriam Lankry**

Olivine  
Ballroom #2

### Session 8.3

How my Child Improved my Life

**Mordechai Weinberger**

Olivine  
Ballroom #3

### Session 8.4

My Personal Journey:

How Keshet Nafshi

Changed My Family

**Rabbi Sholom Yakov Wosner**

Prime  
Cut #1

### Men's Program

7:00

**פרקי אבות**

פנינים מאת הגאון הגדול רבי חיים קנייבסקי זצוקללה"ה  
הרב שמואל דוד פרידמאן

Main Shul

7:45 **מנחה**

Main Shul

### סעודה שלישית

זמירות ודברי תורה

**הרב שלמה האפפמאן**

**הרב מוטה פראנק**

Ateres  
Shlomo  
Ballroom

9:00 **ברכת המזון**

9:15 **מעריב**

### Women's Program

7:00 – 9:00

**Seuda Shlishis**

The Mission of our Children

**Rebbetzin Devora Paneth**

### Women's Panel:

What About the Rest of the Family?

**Snippets of wisdom from a panel of passionate mothers as they share the joys and challenges of meeting the needs of all their children.**

Walnut  
Room

9:15 **זמן מוצאי שבת קודש**  
(72 Minutes)

## מוצאי שבת

9:30

### הנדלה Grand

Featuring:

**Chazan Yoel Ausch**  
& **The Zingers Choir**

Accompanied by:

**Don Stern**



Main Shul

10:15 – 11:00

Concurrent Sessions #9

### Join Keshar Nafshi Live!

Featuring:

**Our Speakers**  
& **Professionals**

Hosted by:  
**Nachi Gordon**



meaningful  
minute

Main  
Lobby

#### Session 9.2

How We Turned Our Boulders  
Into Stepping Stones

**Akiva & Sony Perlman**

Olivine  
Ballroom #1

#### Session 9.3

The Power of Connection:  
*A Visual Presentation*

**Pearl Stroh**

Olivine  
Ballroom #2

## מלוה מלכה Melava Malka

Grand  
Ballroom

11:30

Zemiros Led by:

**Chazan Berel Zucker**  
& **The Kapelle Choir**

Accompanied by  
**Yossi Cohen**



12:00

**Rabbi Gedalia Miller**

*Dvar Hamoised*

Continued >

FOR THE VERY FIRST TIME  
**KESHER NAFSHI**

P R E S E N T S

A DRAMATIC REAL LIFE EXPERIENCE  
WITH A HINT OF HUMOR

HEALING  JOURNEY

PRESENTED BY KESHER NAFSHI

**12:15 - 1:15** PART ONE

**1:15 - 1:30** INTERMISSION

**1:30 - 2:30** PART TWO

PERFORMED BY OUR SPEAKERS,  
PROFESSIONALS, STAFF & PARENTS

Rabbi YY Jacobson  
Rabbi Shimon Russell  
Rabbi Shimon Shneebalg  
Rabbi Issac Leib Miller  
Rabbi Shlomo Usher Tauber  
Lipa Schmeltzer  
Mordechai Weinberger  
Akiva Perlman  
Sony Perlman  
Usher Parnes  
Gingy Markowitz  
Shloimy Mayer  
Hershel Rosenberg  
Simcha Shain  
Mendy Eder  
Meir Waks  
Zingers Choir  
Don Stern



**2:30** Singing & dancing:  
Chazan Berel Zucker,  
Yossi Cohen &  
The Kapelle Choir



Sponsored by

**asisa**  
To Your Health

and by Friends of the Kesher Nafshi Team

## SUNDAY • דוֹנֵטָאָג

**7:00 - 9:30**  
מוֹנִיָּיִם שַׁחֲרִית

Main Shul  
& Side Rooms

**8:30 - 10:30**  
Continental Breakfast

Grand  
Ballroom

**9:30 - 10:45**  
Golden Members  
(For KN members who are here for  
the third shabbaton)  
Rabbi Shimon Russell

Ateres  
Shlomo  
Ballroom

**10:45 - 11:30**

Concurrent Sessions #10

### Panel 10.1

How Can Changing My Life  
Improve My Child and the Rest of  
My Family?

**Mordechai Weinberger**  
**Binyomin Greenspoon**  
**Mayer Zuckerman**

Olivine  
Ballroom #1

### Session 10.2

From Parent to Parent  
**Surprise Parent**

Prime  
Cut

### Session 10.3

How to make Peace with Yourself  
and Your Situation

**Jason Blau**

Olivine  
Ballroom #2

### Session 10.4

How Did I Grow from my  
Challenges

**Rabbi Shimon Schneebalg**

Olivine  
Ballroom #3

**Hotel Checkout - 10:00am & on**

**11:40**

Touchdown  
**KEYNOTE SESSION**

Connection, Connection, and More Connection

**Rabbi Y. Y. Jacobson**  
**Rabbi Daniel Kalish**

Main  
Shul

**1:00 - 3:00** Lunch

Grand Ballroom

**2:30** מוֹנָחָה

Main Lobby

צאתכם לשלום

# RESERVE THE DATE

FOR OUR NEXT

## SHABBATON IN THE USA

פרשת ויגש  
ה'-ח' טבת תשפ"ג

**THURSDAY**  
**DEC 29TH, 2022**  
THRU  
**SUNDAY**  
**JAN 1ST, 2023**

(NEW YEAR'S WEEKEND)

ARMON<sup>+</sup>

HOTEL + CONFERENCE

STAMFORD, CT

FORMERLY CROWNE PLAZA

# SPECIAL THANKS TO

We would like to express our sincere gratitude to our esteemed friends whose generosity and commitment, made this event possible.

**Chaim & Dassie Bin-nun**  
**Bentzion Brunner**  
**Mendy Eder**  
**Naftali & Chanie Einhorn**  
**Ezzy Finkel**  
**@vi Fishoff**  
**Eli Friedman & Staff**  
**Sarah Miller Gips • Party Planner**  
**Yanky Goldman**  
**Leah Heilpern • The Hobbyhouse**  
**Chesky Kaufheil**  
**Eli & Roizy Kaufman**  
**Hainech Korman**  
**Chaim & Raizel Feldman**  
**Shloimie & Shternie Litzman**  
**Gingy & Mindy Markowitz**  
**Shlomie & Chaya Ruchy Mayer**  
**Benny Raskin**  
**Hershel & Zeldy Rosenberg**  
**Moshe & Miriam Rosenfeld**  
**Hershy Sabel**  
**Don Stern**  
**Pearl Stroh**  
**Meir Waks**  
**Yitzchok Meir & Esther Walzer**  
**and the entire Ladies Team**

**Logistics Coordinator**  
**Raizel Feldman**

**The Chicago Team:**  
**Yanky & Rivky Greenberger**  
**Ephraim & Chana Polatsek**

**The Lakewood Team:**  
**Rabbi Chaim Abadi**  
**Yisroel & Esther Fried**  
**Binyamin Greenspoon**  
**Usher & Adina Parnes**  
**Yechiel & Chany Rivlin**  
**Simcha & Elana Shain**  
**Binyomin & Bracha Wilhelm**

**The Waterbury Team:**  
**Dovid & Rivi Friedler**

**Babysitting & Siblings Program:**  
**Simi Hoffman**  
**Yaffa Yermish**

May you be blessed with  
געזונט, פרנסה, נחת, עד בלי די!  
*The Keshar Nafshi Committee*

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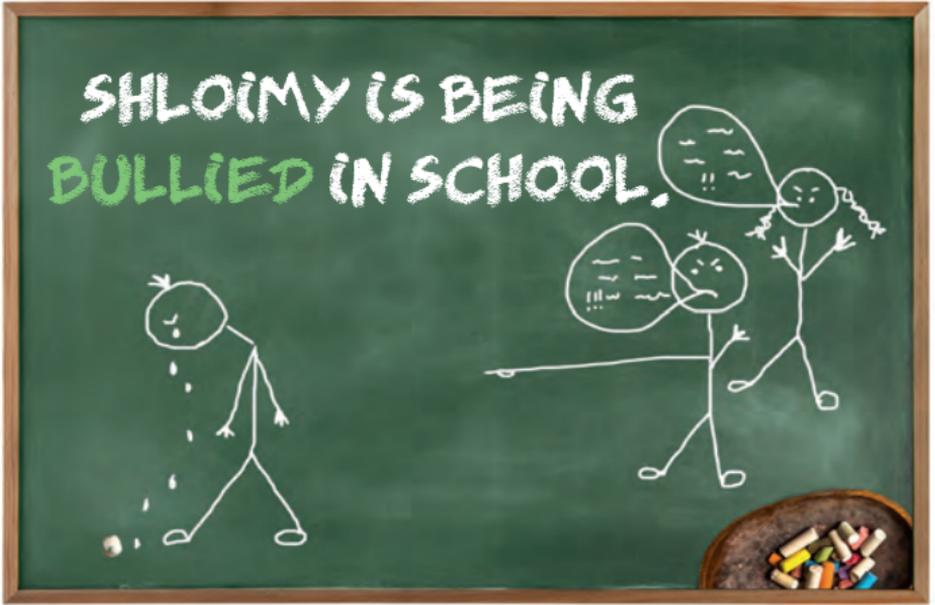
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