Kraken Advanced Athlete Training



Kraken Strength will be holding their second phase of athletic training for high school and collegiate athletes preparing for their specific sport. Group sessions will start July 8th and will finish August 3rd. The classes will be held Monday, Wednesday, Friday at 10am, 2pm, and 7:30pm. The cost for the entire session is \$200. Classes will be coached by collegiate and USA weightlifting certified staff.

FOR MORE INFO, OR TO RESERVE A SPOT PLEASE CONTACT INFO@KRAKENSTRENGTH.COM

