

Kraken Tigard Schedule							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30 AM	Group Class	Group Class	Group Class	Group Class	Group Class		
7:00 AM	Group Class	Group Class	Group Class		Group Class		
9:00 AM	Group Class	Group Class	Group Class		Group Class	9AM Group Class	
12:00 PM	Group Class	Group Class	Group Class	Group Class	Group Class	10AM Barbell Club	
4:15 PM	Group Class	Group Class	Group Class		Group Class		
5:30 PM	Group Class	Group Class	Group Class	Group Class	Group Class		
6:30 PM	Group Class	Group Class	Group Class		Group Class		