

**Jamie Shortt's UL Gear List**  
**(Mount Rogers, VA 3 day/2 Night, 35-55+ Degrees, Mar 09)**

#	Item:	Weight (oz)
<b>Clothing Worn:</b>		27.00
1	BPL LS Merino Wool T-shirt	5.10
2	Columbia Silver Ridge Convertible Pants	13.25
3	BPL Merino Wool Shorts	3.70
4	Smart Wool PHD Mini Crew Socks	2.20
5	Columbia Booney Hat	2.75
<b>Other Items Worn/Carried:</b>		53.15
6	Timex Watch	0.90
7	REI Peak UL Carbon Hiking Poles	13.10
8	Generic Bandana (in pocket or worn)	1.05
9	Olympus Camera - F-20 w/battery & card (in pocket)	4.35
10	Photocopy of Map (in pocket)	0.75
11	Salomon XT Wings WP - Trail Runners	33.00
<b>Extra Clothing:</b>		25.00
12	Golite Virga Rain Jacket	8.25
13	Golite Reed Rain Pants	4.75
14	Mont-Bell UL Down Jacket	6.90
15	REI Fleece Gloves	1.50
16	Generic Fleece Cap	1.40
17	Smart Wool PHD Mini Crew Socks	2.20
<b>Packing:</b>		13.55
18	MLD Prophet Backpack w/Bungee Cord	11.30
19	BPL Medium Pack Liner	1.30
20	MLD Silnylon Stuff Sack (shelter)	0.35
21	REI X-Small Tuff Lite Stuff Sack (clothing)	0.60
<b>Shelter &amp; Sleeping:</b>		38.05
22	Golite Ultra 20 Quilt	18.65
23	GG 3/8" Thin Light Sleeping pad - 38" trimmed	3.45
24	Integral Designs 5x8 SilTarp	6.80
25	MLD Superlight Bivy	6.20
26	Vargo Ti Stakes (x8)	2.35
27	Kelty Triptease Line (8 x 3 ft = 24 ft)	0.60
<b>Cooking &amp; Hydration:</b>		11.25
28	Platypus 2.5 lt. Water Bottle	1.30
29	Platypus 1 lt. bottle	0.90
30	Katadyn Micropur, Purifications Tabs (6/day x 3 = 18)	0.45
31	Bear Bag (Trip Tease 35' + REI Small Tuff Lite Sack 7x15 + Biner)	1.85
32	Fuel Bottle (8 oz cap.)	0.60
33	Liquor Bottle (3 oz cap.)	0.50
34	Brasslight 550 Ti Mug w/Lid	3.15
35	12-10 Alcohol Stove	0.50
36	Caldera Cone	1.05
37	Dr Bonner's Camp Soap (micro-dropper)	0.30
38	Bic Mini Lighter	0.40
39	Short Handled Ti Spoon	0.25

#	Item:	Weight (oz)
<b>Essentials:</b>		14.66
40	REI Keychain Thermometer/Compass (attached to pack)	0.30
41	Fox 40 Safety Whistle (attached to pack)	0.20
42	Garmen eTrex Venture HC GPS	5.35
43	Cell Phone	2.35
44	Extra camera battery	0.55
45	Key, ID, Credit Card, \$10	1.25
46	Petz elite	1.00
47	Spare Contacts in Case	0.50
48	Pen w/duct tape, needle	0.30
49	Infant Tooth Brush	0.20
50	Floss	0.01
51	Tooth paste dots	0.10
52	Gauze Pads x2 & antibiotic ointment	0.10
53	Match Book	0.15
54	Esbit tab (firestarter)	0.50
55	Dermatone Stick	0.25
56	Meds (2 imodiums, 2 bendryls, 4 pseudofeds, 16 ibuprofins)	0.30
57	Micro bottle of Deet	0.55
58	Rx Pills (8 pills)	0.20
59	Derma-Safe Folding Knife	0.30
60	Ziplock Bag	0.20
<b>Consumables:</b>		87.00
57	Total Food (2.5 days)	48.00
58	Bourben - 3 oz	3.00
59	Fuel - 4 oz	4.00
60	Water - 1 liter	32.00

1	<b>Total Items Worn/Carried (lbs.)</b>	5.01
2	<b>Total Base Weight (lbs.)</b>	6.41
3	<b>Total Weight of Consumables (lbs.)</b>	5.44
4	<b>Total Carried Pack Weight (2)+(3)</b>	11.84
5	<b>Total Skin Out Weight (1)+(2)+(3)</b>	16.85