



GULF COAST
COMMUNITY
MINISTRIES

FEED OUR FRIENDS

PHYSICAL COLLECTIONS



Did you know, in Harrison County alone, we have a food insecurity rate of 20.1%? That is within the worst 25% of US counties.

Grab a friend, or group of friends, and let's tackle food insecurity on the Gulf Coast together!

IT'S AS EASY AS 1, 2, 3, 4...

STEP ONE

Print this list and distribute to all members of your group.

STEP TWO

How many friends do you want to feed through your efforts? Set a goal and end date of collection.

STEP THREE

Collect listed items and tag us in a photo of your group @gulfcoastcommunityministries.

STEP FOUR

Drop off donations between 9-11:30 Tuesday or Thursday.

Lastly, celebrate the impact you're having by feeding our friends along the Gulf Coast!

LOCATED AT 3916 15TH. ST. IN GULFPORT.
228-868-8202

OUTREACH@GULFCOASTMINISTRY.ORG



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Make it simple, add one or a few of the following items to your grocery pick up or to your shopping cart as you're browsing the store.

SUGGESTED ITEMS:



Taco seasoning
Hard taco shells
Hamburger helper
Tuna helper
Peanut butter
Boxed or bagged cereal
Canned veggies
Canned fruit
Cheese and cracker snacks
1-2 lbs bags of rice
1-2 lbs bags of dry beans
Macaroni and Cheese
Crystal Light Drink Mix
Canned Tuna
Tuna and Cracker snack packs
Individual juice drinks
Vienna sausage or small cans of meat
Individual fruit cups

SIMILAR VARIATIONS OF THIS
LIST ARE WELCOMED.

GOAL:

END DATE:

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