

MOUNTAIN HIGH HIKERS CALENDAR

Summer Q3 2026

❖❖ Trails maintained by MHH

Designated Wilderness Area (limit 10 hikers/group in NC and TN, 12 hikers/group in GA)

Jul 2 B2 (B4 with stair option)	Leisure Hike: Visit scenic Tallulah Gorge State Park for a 4-5 mile hike. The main hike will be on the rim trail with an option to take the stairs with a second leader and meet back up with the group at the other side of the gorge. The rim hike is mostly flat and easy to moderate. The stair route is strenuous. There will be a lunch stop along the hike at a restaurant in the park. Please contact hike leader Steve Savrda (407) 322-2558 if you are interested in this hike.
Jul 4 B2	Holiday Leisure Hike: Enjoy a short leisure hike before the festivities begin. Meet at 8:30 at the Brasstown Resort, at the parking lot on Fairway Lane in Young Harris. Walk the blue trail, which is a 4-mile loop. Afterwards, enjoy cold watermelon courtesy of members Fred and Dorrie. Please contact hike leader Ralph Collinson at (904) 305-7139 if you are interested in this hike.
Jul 7 D4	## The NEW Byron Reese Trail is open and it is wonderful, but it really changes this hike, so take note of the new rating, new milage, and new elevation gain. Take the Byron Reese Trail to the AT, then NOBO on the AT to Levelland Mtn and back. See Neel Gap, Mountain Crossing Outfitter, and the Shoe Tree, all iconic AT landmarks! This hike is now 8.6 miles with 1900+ feet of elevation gain and is considered strenuous. We will have some steep descents on stone steps then steep ascents on stone steps on the return trip. It's a great hike but definitely more challenging than the old route. Limited to 12 hikers. Please text hike leader Susan Paul at 407-663-4457 if you are interested in this hike.
Jul 7 B3	Kimsey Creek Trail in the Standing Indian area. Rescheduled after weather cancellation. Hiking in for 2.5 miles and back for a total distance of 5 miles. Pretty views along the creek. There is a possibility of wet areas, especially if there has been recent rain. Please text hike leader Ines Klenke at (404) 210-6809 if you are interested in this hike.
Jul 9 B3	Leisure Hike: Trails 1 & 2 at Nottley Lake. The first is a moderate rolling trail next to the lake. The second trail crosses the dam and follows an old road that leads to the Nottley River just behind the dam, with some uphill on the way back. Total distance is about 4.5 miles. Please contact hike leader Laurie Colombo at (530) 295-7639 if you are interested in this hike.
Jul 9	Trail Maintenance: Wagon Trail Trail (Wilderness) from the Brasstown Bald parking lot, 1.5 miles towards Young Harris. Contact the leader no later than Tuesday if you'd like to participate. Leader: Kelly Motter (979) 480-6413 Kellylee28@aol.com Blairsville Park and Ride, 8:30 AM.
Jul 14 C3	Hike NOBO on the AT from the Three Forks parking area to Hawk Mountain Shelter and back with two side quests to see Long Falls and a cemetery. This hike is just under 8 miles with about 1500 feet of elevation gain. HIKE LEADER NEEDED.

Jul 14 B3	## Bear Hair Trail in Vogel State Park. Loop hike of about 4 miles with some moderate to steep climbs. Bring hiking sticks and State Park pass or \$5. Limited to 12 hikers. Please contact hike leader Candy Retter (706) 897-9538 if you are interested in this hike.
Jul 16 B2	##❖❖Leisure Hike: Wagon Train Trail at Brasstown Bald. Hike out to the vistas and back for a mostly level 4-mile round trip. Limited to 12 hikers. Please contact hike leader Marsha Shuford at mbdshu@gmail.com if you are interested in this hike.
Jul 18 B2	Saturday Leisure Hike: Young Harris College to Cupid Falls, starting at the Young Harris Post Office, behind the falls, then back to the college along nature trails around the athletic fields. Total distance is 3.5-4 miles of easy to moderate hiking. Please contact hike leader Ann Breslauer at akennonbreslauer@yahoo.com or text (617) 233-2211 if you are interested in this hike.
Jul 21 C2	Summer heat bothering you? Then enjoy this easier “long” hike. Hike from the Long Branch Trail parking lot in Aska to the Green Mountain Connector Trail to the Green Mountain Trail. Take the Green Mountain Trail to Lake Blue Ridge and return. This hike is about 6 miles with 1300 feet of gain. Please contact hike leader Ken Cissna at kcissna@usf.edu if you are interested in this hike.
Jul 21 B3	Hike the AT from Gooch Gap to Justus Creek and return for a round trip of 5.8 miles with 990 ft. of elevation gain. Please contact hike leader Candy Retter (706) 897-9538 if you are interested in this hike.
Jul 23 B2	Leisure Hike: Betty Creek Gap southward to bluff vista in NC. The higher elevations make this a cooler option for summer. We trek southward from the gap, climbing awhile, steadily but easily, then run along the ridge a mile to a magnificent rock bluff vista on the Appalachian Trail, viewing mountain range after range. It's a perfect 4.0-mile hike, two miles each way in and out. Please contact hike leader Margie Hornsby (850) 322-8078 if you are interested in this hike.
Jul 23	Trail Maintenance: Chunky Gal from Forest Service Road to Glade Gap. Includes lopping, brushing and possible blowdowns. Contact the leader no later than Tuesday if you'd like to participate. Leader Needed.
Jul 28 D3	Hike NOBO on the AT from Wayah Crest to Wayah Bald Tower and back. Enjoy incredible views from the tower and hopefully some cooler temps! This hike is considered strenuous at 9 miles and 2100 feet of elevation gain. HIKE LEADER NEEDED.
Jul 28 B2	Big Lost Creek in TN on the BMT. Less than 6 miles without much elevation change. Nice wildflowers, one significant stream crossing, and beautiful rock formations along a colorful creek. Good easy hike for the summer heat. Please contact hike leader Ken Cissna at kcissna@usf.edu if you are interested in this hike.
Jul 30 B2	Leisure Hike: Jack Rabbit trails; hike leader options. The specific route will be announced prior to the hike. Please contact hike leader Ralph Collinson at (904) 305-7139 if you are interested in this hike.
Aug 4 C3	## Hike from Gooch Gap to Woody Gap and back on the AT. This hike is about 7.5 miles with 1400 feet of elevation gain making it a moderately strenuous hike. There are some excellent views along the way. Please

	text hike leader Candy Retter at 706-897-9538 if you are interested in this hike.
Aug 4 B3	Unicoi Hill City Park in Helen to Unicoi SP Lodge and return for a round trip of about 6 miles. This trail crosses several small streams and Lower Smith Creek, winding through rhododendrons and mountain laurels, connecting to the Bottom Loop Trail before reaching the Lodge. Optional lunch in Helen after the hike. HIKE LEADER NEEDED.
Aug 6 B3	Leisure Hike: Flame Azalea Trail at Piney Knob outside of Murphy, NC. The walk to the start of the trail will make the total distance 5 miles. Please contact hike leader Evelin Yarns (919) 530-9640 if you are interested in this hike.
Aug 6	Trail Maintenance: Chunky Gal from Forest Service Road to Boetler Peak. Includes lopping, brushing and possible blowdowns. Contact the leader no later than Tuesday if you'd like to participate. Leader: Mark Ward (561) 212-3775 Mward87@att.net Meet at Hayesville Ingles 8:30 AM
Aug 11 C3	Hike NOBO on the AT from Rock Gap to Winding Stair Gap and return. This hike is about 7.5 miles with 1400 feet of elevation gain making it a moderately strenuous hike. Please contact hike leader Laura Pound via text at (404) 771-9499 if you are interested in this hike.
Aug 11 B3	Park Creek Trail with crossover the Park Ridge Trail with a few stream crossings. Moderate loop with one short steep section. A cool walk along Park Creek and at higher elevations for a break from the summer heat. Total distance of 5 miles. Please contact hike leader Michael O'Brien at (706) 994 1569 if you are interested in this hike.
Aug 13 B3	Leisure Hike: Wayah Bald to Wayah Gap near Franklin, NC. This trek begins with a spectacular 360-degree fall view at over 5,300 feet on Wayah Bald, then continues 4.2 miles to Wayah Gap, all on the AT. The first half of the hike undulates with a few ups and downs over high country, then drops mostly downhill on the second half. Shuttle required. Please text hike leader Steve Savrda (407) 322-2558 if you are interested in this hike.
Aug 18 C3	## Hike up Blood Mountain from Lake Winfield Scott. Take the Slaughter Creek trail up to the AT, then NOBO on the AT to the top of Blood Mountain. Return SOBO on the AT to Jarrard Gap Trail. Take Jarrard Gap Trail back to LWS. This hike is about 8 miles with 1800 feet of elevation gain, making it a moderately strenuous hike. There is an entrance fee to park at LWS. Please text hike leader Susan Paul at 407-663-4457 if you are interested in this hike.
Aug 18 B3	Emery Creek Falls. This is an adventure hike! A delightful walk in the Cohuttas that has about 10 stream crossings and ends at two waterfalls. The first falls are 40-50 ft high, and the second about 25 ft. The first stream crossing is the most difficult and could be knee deep, but the rest are much less challenging. We'll cross at the safest possible places. Please bring hiking poles and expect wet feet. A gentle steady climb in except for the last little bit to the falls, which is more steep. Out and back for a total of almost 6 miles. Please text hike leader Sherry Savrda (407) 924-1499 if you are interested in this hike.

Aug 20 B3	Leisure Hike: Picken's Nose near Franklin, NC. This is an in-and-out hike of 2.8 miles on the AT, with fabulous views. Afterwards, we'll stop at Laurel Falls for another 1.1-mile round trip, and finally a quick stop at Mooney Falls (0.2 miles) for a total of just over 4 miles for the day. Please contact hike leader Margie Hornsby (850) 322-8078 if you are interested in this hike.
Aug 22 B2	Saturday Leisure Hike: Pick up a little history while getting out for a Saturday morning hike. We'll meet at the coffee shop on the square before hiking the Hayesville Town Historical Walk and Quanassee Path, with a stop at the Cherokee Museum. Total distance of 3.5-4 miles. Please contact hike leader Ralph Collinson at (904) 305-7139 if you are interested in this hike.
Aug 25 C4	Hike on the BMT from Weaver Creek to Rocky Mountain and return. This hike is about 8 miles with several steep climbs both out and back making it a strenuous hike. Please contact hike leader Jode Mull at (706) 851-6418 if you are interested in this hike.
Aug 25 B3	Hike the RhodoCoaster Trail in the Piney Knob area outside of Murphy, NC. The moderate 5.5-mile loop winds through thick woods and rhododendron thickets and is below the ridgeline. Please contact hike leader Ralph Collinson at (904) 305-7139 if you are interested in this hike.
Aug 27 B3	❖❖ Leisure Hike: Trails in Cooper Creek WMA. We'll hike up the Yellow Mountain Trail to start. It's not steep, but a steady uphill for 1 mile. Then we'll cross over on the Cooper Creek Trail to connect with the Mill Shoals Trail and back to where we started. Then we'll cross the road and do the 1.6-mile Eyes on Wildlife Trail, for a total of about 4 miles for the day. Please text hike leader Sherry Savrda (407) 924-1499 if you are interested in this hike.
Aug 27	Trail Maintenance: Desoto Falls. Moderate 3-mile round trip; mostly water diversions and lopping. Contact the leader no later than Tuesday if you'd like to participate. Leader: Steve Dennison (706) 299-6825 sid50@etcmail.com Blairsville Park and Ride, 8:30 AM.
Sep 1 B4	## Lake Winfield Scott area. A shorter "long" hike for hot weather. From LWS hike up Slaughter Creek Trail to the AT. Then take the AT southbound, returning to LWS on the Jarrad Gap Trail. This hike is about 6 miles with 1200 ft of elevation gain and is considered moderate. A short shuttle and a parking fee for LWS is required to do this hike. Text Mary Frankis at (505) 202-8706 if you are interested in this hike.
Sep 1 B3	BMT from Watson Gap to Dyer Gap. This section of the Benton MacKaye Trail, 4.5 miles long, is in a remote part of the Cohutta Range northwest of Blue Ridge, GA. A bit of a moderate climb at the beginning and end, but mostly gentle rolling through beautiful forest, partly along the Jacks River. Passes the start of the Pinhoti Trail in GA and includes an optional short side trip to a modest waterfall. Short shuttle required. Please contact hike leader Ken Cissna at kcissna@usf.edu if you are interested in this hike.
Sep 3 B2	Leisure Hike: Bartram Trail from Warwoman Dell near Clayton, GA. Hike to the viewing platform at Martin Creek Falls. This scenic 4-mile out and

	back route passes along the creek and passes by Betty Creek Falls. Please contact hike leader Ralph Collinson at (904) 305-7139 if you are interested in this hike.
Sep 8 B3	A bit of an easier "long" hike for hot weather. Flat Creek Loop in Aska Area, Blue Ridge, GA. Moderate 6 miles with elevation gain of 1023 ft. Trails are well maintained with some challenging terrain with rocks and roots. Meet at the Food Lion in Blue Ridge at 8:30. Please text hike leader Tim Swan (760) 617-5580 if you plan to do this hike.
Sep 8 B3	Deep Gap (4,341 ft) to the top of Standing Indian Mountain (5,498 ft.) on the AT to see some unusual wildflowers. This is a 5-mile round trip hike in the Southern Nantahala Wilderness Area with year-round spectacular views. Please text hike leader Ines Klenke at (404) 210-6809 if you are interested in this hike.
Sep 10 B3	Leisure Hike: Bear Paw and Chestnut Mountain trails near the Whitewater Center on the Ocoee River in Tennessee. Moderate hike with Bear Paw being mostly flat, and Chestnut Mountain having about 600 ft of elevation gain. Great views of the river. Please contact hike leader Evelin Yarns (919) 530-9640 if you are interested in this hike.
Sep 10	Trail Maintenance: High Shoals Trail outside of Hiawassee. Round trip of 3 miles down; lopping and water diversions. Contact the leader no later than Tuesday if you'd like to participate. LEADER NEEDED.
Sep 12 B1	Saturday Leisure Hike: Murphy River Walk in Murphy, NC. Easy 4–5-mile hike on very well-maintained, mostly level trails. River views. Please contact hike leader Donya Gillespie at (229) 237-0463 if you are interested in this hike.
Sep 15 C3	## Hike NOBO on the AT from Hogpen Gap to Sheep Rock and return. This hike is about 8 miles with 1400 ft of elevation gain making it a moderately strenuous hike. Please contact hike leader Laura Pound via text at (404) 771-9499 if you are interested in this hike.
Sep 15 B3	Trails near Lake Blue Ridge. Start on the Long Branch Loop Trail, then take the Green Mountain Connector and down to Lake Blue Ridge and return to finish the loop. About 6 miles with ~300 ft of elevation gain. Meet at the Food Lion in Blue Ridge at 8:15. Please text hike leader Tim Swan (760) 617-5580 if you plan to do this hike.
Sep 17 B3	Leisure Hike: Day excursion to Smoky Mountain National Park, outside Bryson City, NC. Enjoy a lovely part of America's most visited traditional-sized national park. In the Deep Creek area, we'll hike the Deep Creek, Indian Creek, and Loop Trail circular trek while visiting three lovely waterfalls. In the middle of the hike we'll have a constant climb for 0.5 mile, but we'll take it slow with breaks. Total distance of about 4.5-5 miles. Please contact hike leader Ralph Collinson at (904) 305-7139 if you are interested in this hike.
Sept 19	Georgia Mountain Treasures Challenge. Trails of the Lake Russell Wildlife Management area. This is another installment of the Georgia Mountain Treasures Challenge series sponsored by our partner Georgia ForestWatch. See the Georgia ForestWatch website for additional information.

