MOUNTAIN HIGH HIKERS CALENDAR Spring 2019

❖❖ Trails maintained by MHH

Designated Wilderness Area (limit 10 hikers/group in NC, 12 hikers/group in GA)

Apr 2 9AM B2 Apr 2 8AM D4	Various loops of the Talking Rock Nature Preserve. These are new trails in very good condition and with the possibility of hikers spotting many wild flowers. 4-7 miles depending how many of the loops are completed. Meet: Ellijay park and ride in front of Poole's Bar-b-que. Leader: Ken Cissna 813-310-6084 Fires Creek Rim Trail. Hike up Phillips Ridge Trail to the Rim Trail, then right to Rockhouse Creek Trail and follow it down to our cars. Views from the Rim trail in early spring are fantastic. Trail maintained by MHH. Approx. 10 miles. Loop hike; no shuttle.
	Meet: Ingles parking lot in Hayesville Leader: Irene Reiner 706-970-9822
Apr 4 9AM B1	Leisure Hike Scenic Spur trail to Clemmer Falls, a scenic 4 mile hike in the Chilhowee Recreation Area. Wet stream crossing, descent to falls can be slick so bring poles and wear shoes with good treads. Meet at Piggly Wiggly parking, Ducktown, TN Leader: Pam Sullivan @pams11@tds.net
Apr 4	Georgia Trail Maintenance Day.
9AM Apr 9 9AM B2	Meet: Blairsville Park and Ride Bronco Burnsworth 315-591-3167 Bartram Trail from Warwoman Dell (3 miles east of Clayton) to the viewing platform at Martin Creek Falls. This scenic (4 mile≈2:30 hrs) round trip also passes by Becky Creek Falls. Meet: Macedonia Baptist Church parking lot east of Hiawassee. Leader: Richard Sullivan rjsullivan@tds.net
Apr 9 9AM E3	Hike along the Big Frog Trail to the summit of Big Frog then down to BMT to Rough Creek back up to Big Frog trail and back to trailhead. 11-12 miles. Meet: Piggly Wiggly on Hwy 64 Ducktown, TN Leader: Ginny Smith 706-258-8716
Apr 11 9AM B3	Leisure Hike - Betty Creek Gap south on the Appalachian Trail to overlook and back, 2 miles each way. There's a little climb of a few hundred feet in the first mile. Meet at Ingles, Hayesville Leader: Marjorie Hornsby 828-415-1530
Apr 11	NC Trail Maintenance Day
9 AM Apr 16 9AM B2	Meet: Ingles parking lot in Hayesville Bronco Burnsworth 315-591-3167 Big Lost Creek Trail Located in TN. on the BMT. Less than six miles in and out. This easy, mostly level hike follows Big Lost Creek. Beautiful gorge, high rock walls on each side. Cascading rapids, One significant stream crossing, bring poles Meet: Piggly Wiggly in Ducktown, TN Leader: Kim Blankenship 770-880-8358
Apr 16 8AM D3	Chunky Gal Trail from Perry Gap to Glade Gap. We will start at Perry Gap and hike south about two hours to the summit of Boteler Peak which has perhaps the best views of any summit in the Nantahala's. Then we continue walking south about another two hours to Glade Gap at Highway 64. Trail maintained by MHH. 6.5 miles. Short shuttle. Meet: Ingles in Hayesville Leader: Irene Reiner 706-970-9822
Apr 18 10AM	Leisure Hike - Benton MacKaye Trail on Sisson Property - Hike from Craddock Center to Indian Rock and back, includes a small waterfall, lake, chapel, and only shelter on

B2 or B3	BMT south of the Smokies. About 4 miles.
	Meet at Home Depot lot nearest Dairy Queen, Blue Ridge
	Leader: Pam Sullivan @pams11@tds.net
Apr 18	NC Trail Maintenance Day
9 AM	Meet: Ingles parking lot in Hayesville Bronco Burnsworth 315-591-3167
Apr 23 9AM	Woody Gap over Big Cedar Mt. to Miller Gap on the AT, then down Dockery Lake
C3	Trail for a total of 6.4 miles. Short Shuttle. Very scenic hike, good views Flame azaleas in spring. Short steep climb to Preachers Rock.
	Meet: Choestoe Baptist Church parking lot on Hwy 180
	Leader: Candy Retter 706-897-9538
Apr 23	Andrews Cove to Tray Mountain. 9 mile in and out hike, 2,500 ft. elevation gain. Hike
8ÂM	the Andrews Cove trail to Indian Grave Gap and then the AT to Tray Mtn. Return the
C4	same way.
	Meet: Macedonia Baptist Church parking lot Hiawassee
A mm 25	Leader: Irene Reiner 706-970-9822
Apr 25 9AM	NEW Leisure Hike - White Twister Hike below Clayton, Ga. It is a 5.5 mile hike, easy with the Stonewall Falls at the end. This is a very nice hike!
B1 or B2	Meet: Ingles in Clayton GA
	Leader Ray Lovett 770-519-0210
Apr 25	Georgia Trail Maintenance Day.
9 AM	Meet: Blairsville Park and Ride Bronco Burnsworth 315-591-3167
Apr 30	Fall Branch Falls parking lot on BMT to junction with Stanley Gap trail at Weaver Creek
9AM	section and return. No shuttle. 6.4 miles.
C3	Meet: Food Lion in Blue Ridge Leader: Ken Cissna 813-310-6084
Apr 30	Wayah Crest to Wayah Bald on the AT. Trail climbs from 4,188 ft. at Crest to 5,342 ft.
8AM	at observation tower with some ups and downs in between. 8.4 miles round trip. No
D4	shuttle.
	Meet: Ingles parking lot in Hayesville
	Leader: Irene Reiner 706-970-9822
May 2	Leisure Hike - Boyd Gap to Whitewater Center in TN. This is a quite easy hike of about
9AM B1	three miles, mostly downhill very modestly. Very short shuttle. Meet at Piggly Wiggly parking, Ducktown, TN
DI	Leader: Laurie Columbo 530-295-7639
May 2	NC Trail Maintenance Day
9 AM	Meet: Ingles parking lot in Hayesville Bronco Burnsworth 315-591-3167
May 3	Chattanooga Bike Ride: Mileage for biking and lunch spot TBD closer to date.
10 AM	Meeting at 10AM at Piggly Wiggly in Ducktown,Tn.
<u>Bike Ride</u>	Leader: Pam & Richard Sullivan @pams11@tds.net
May 7	Yonah Mountain near Cleveland, GA. 5 miles. A 5 mile round trip with 1,700 feet
9AM	elevation gain. Trail is a combination of moderate and some steep and rocky sections.
B4	Stunning views!
	Meet at trailhead.
	Leader: Steve Dennison 706-299-6825
May 7	Long Branch Trail to AT to Albert Mt. 10.5 mi. Up to the AT on Long Branch Trail,
8AM	from the Backcountry Information Center, hike south on the AT to Albert Mt lookout
E4	tower and return. Meet: Ingles parking lot in Hayesville
	Leader: Irene Reiner 706-970-9822
May 9	Leisure Hike - Woody Gap to Gooch Gap on AT - This three-mile hike does have two
May 7	Leisare Time - Woody Gap to Gooen Gap on A1 - Tims unce-nine linke does have two

9AM B3	moderate climbs up knobs mid-hike, with great vistas atop both. Moderate shuttle. Meet at U.S. 19 and GA 180 south of Blairsville
7.4	Leader: Cathie Stallings 706-897-6924
May 9 9 AM	NC Trail Maintenance Day Meet: Ingles parking lot in Hayesville Bronco Burnsworth 315-591-3167
May 14 9AM B3	Deep Gap (4,341 ft) to the top of Standing Indian Mountain (5,498 ft.) on the AT. This is a 5 mile round trip hike (3.5 hours) in the Southern Nantahala Wilderness Area. Yearround spectacular views. Meet: Ingles Parking Lot in Hayesville. Leader: Marjorie Hornsby 828-415-1530
May 14 9AM C4	Byron H. Reece Parking area to Woods Hole Shelter on the AT. Return on the Freeman Trail. (7.5 miles) 1,400 ft. climb. Rough, rocky footing in designated wilderness area. Meet: Choestoe Baptist Church parking lot on Hwy 180 Leader: Steve Dennison 706-299-6825
May 16 9AM B2	PART NEW Leisure Hike - Smithgall Woods State Park - With the park's nature guide leading us, we'll do the 1.6 mi. Laurel Ridge Trail, 1.0 mi. r.t. Chunanee Falls trail, and the 0.9 Martin's Mine Trail. We'll also tour the nature center, and lunch along one of Georgia's best trout streams. Meet at U.S. 19 and GA 180 south of Blairsville or at 9:30 at the park nature center. Leader: George Owen
May 16 9 AM	Georgia Trail Maintenance Day. Meet: Blairsville Park and Ride Bronco Burnsworth 315-591-3167
May 21 9AM B1	Wildflower hikes: Coleman River Trail. One of the prettiest trails in North Georgia featuring cascades, old growth forest and huge boulders. This 2 mile round trip hike is rated moderate. Moccasin Creek SP Trails. Scenic 2-3 mile hikes along a creek with several waterfalls and interpretive trail. Pass required for SP. Meet: Macedonia Baptist Church parking lot east of Hiawassee Leader: Carolyn & Tom Sewell 706-669-4916
May 21 9AM D3	Winding Stair Gap to Siler Bald and return. Approx 9 miles. This is a MHH favorite at any season of the year. Lunch on the summit makes the walk up worth it! Meet: Ingles Parking lot in Hayesville Leader: Marjorie Hornsby 828-415-1530
May 23 9AM B2	Leisure Hike - Piney Knob Shorter Loop & First Part of Murphy River Walk with Lunch - We'll do that shorter loop at Piney Knob near Murphy's casino first, then travel to the old L&N Depot trailhead in Murphy to do the first part of the Murphy River Walk, get off at street to downtown restaurants, eat lunch, then return to the river walk to walk the slightly longer walk out by the Valley and Hiawassee rivers on the Confluence Loop and lower river trail by pond cypresses back to the L&N trailhead. Distance - about five miles. Meet: Back side of Ingles parking in Murphy off U.S. 74/129. Leader: Laurie Columbo 530-295-7639
May 23 9 AM	NC Trail Maintenance Day Meet: Ingles parking lot in Hayesville Bronco Burnsworth 315-591-3167
May 28 9AM B4	Hike in Eagles Nest Park at the summit of Mt. Oglethorpe, the original terminus for the Appalachian Trail in Georgia. Spectacular views to Amicalola Lodge to the North, and to Stone Mountain, the Atlanta Skyline, and Kennesaw Mountain to the South. 2 mile moderate hike with 500 feet ascent in ~2 miles. Afterwards, as an option, travel 20 minutes to Burnt Mountain Preserve and hike the Champions Creek trail for 2 miles with 800 foot ascent. Meet at Ellijay park and ride Leader: Steve Dennison 706-299-6825

May 28	Byron Herbert Reece parking lot up to the AT at Flatrock Gap. (0.7miles), then turn north
8AM	on the AT and hike through Neel Gap and to Cowrock Gap (4.7miles) and return for a
E4	total of 10.8 miles.
	Meet: Choestoe Baptist Church on Hwy 180
	Leader: Irene Reiner 706-970-9822
May 30	Leisure Hike - Unicoi Gap to TN 68 on the BMT & Buck Bald - This 4.7 mi. section of
9AM	the TN Benton MacKaye Trail is rather easy except for a brief 0.2 mi. climb at the start -
B2	most the rest is slightly undulating and then all downhill the last part. Added is a visit to
D2	
	the NEARBY 360-degree vista of the Cherokee National Forest at hike's end up a Forest
	Service road to Buck Bald summit. Also learn a bit about the Cherokee late 1830s "Trail
	of Tears" in this area from the leader on this jaunt. Fairly long shuttle.
	Meet: Piggly Wiggly, Ducktown, TN
	Leader: George Owen
May 30	NC Trail Maintenance Day
9 AM	Meet: Ingles parking lot in Hayesville Bronco Burnsworth 315-591-3167
Jun 4	Bear Hair Trail in Vogel State Park. Loop hike of about 4 miles (≈ 3:00 hrs) with some
9AM	moderate to steep climbs. Bring hiking sticks and State Park pass or \$5.
B3	Meet: Choestoe Baptist Church parking lot on Hwy 180.
ВЗ	Leader: Ken Cissna 813-310-6084
Trace 4	
Jun 4	Park Creek Trail and Park Ridge Trail loop in Standing Indian area for a 9 mile hike. The
8AM	hike will start at Park Gap, hike mainly down to Nantahala River for lunch, then follow
D4	the Nantahala river to Park Creek which we will follow up stream back to Park Gap.
	Meet: Ingles in Hayesville
	Leader: Irene Reiner 706-970-9822
Jun 6	Leisure Hike - Chatuge Dam and Trail into County Park - This out-and-back walk has a
9AM	trailhead quite near our meeting place, and can vary from under three miles to over four,
B1 or B2	depending on the leader's choice. Not done in some years, it may be new to many.
	Meet: Ingles at Hayesville
	Leader: Jo Hubbard 727-743-3372
Jun 6	Georgia Trail Maintenance Day.
9 AM	Meet: Blairsville Park and Ride Bronco Burnsworth 315-591-3167
June 7	Covered Dish Picnic / Business Meeting at Meeks Park Pavilion #1.
12 Noon	Bring a covered dish for 8. Folks can come early and walk the 5 miles of trail or stay later
12 NOOH	and walk. There is a boat ramp for anyone who wants to kayak as well.
T 11	For info contact: Tim Holby holbytim@gmail.com
Jun 11	Hike Wildcat Tract loop trails. No shuttle, no water crossing, one waterfall. We'll start at
9AM	Wildcat Campground off Steve Tate Hwy beginning with Wildcat Creek Trail, then
B3 or B4	Rocky Ford Trail, Windy Ridge Trail, and Turner Trail back to Wildcat Campground. A
	few brief steep climbs. MHH members Mike Pilvinsky, Ken Cissna, and Steve Dennison
	recently checked these trails out.
	Meet: Ellijay Park & Ride in front of Poole's BBQ approximately 30 minute drive to
	Wildcat Campground
	Leader: Steve Dennison 706-299-6825
Jun 11	Rabun Bald. Hike on the Bartram Trail from Hale Ridge road to summit of Rabun Bald
8AM	and return the same way. Approx. 10 miles. Moderate hike. Plan on dinner in Clayton
D3	afterwards?
	Meet: Macedonia Baptist Church east of Hiawassee
	Leader: Irene Reiner 706-970-9822
Jun 13	Leisure Hike - Three Trails of Tanasi Trail System - Start high on Forest Service Rd. 221
9AM	and go low on easy trails - Chestnut Mtn., 1330 Bypass, Chestnut Mtn. again, and
B1	conclude via part of the Bear Paw Loop to the Ocoee Whitewater Center. Distance:

	between 3-4 mi.
	Meet: Piggly Wiggly, Ducktown TN Leader: Ken Cissna 813-310-6084
Jun 13	NC Trail Maintenance Day
9 AM	Meet: Ingles parking lot in Hayesville Bronco Burnsworth 315-591-3167
Jun 18 9AM B2	Cooper Creek Sampler. Begin at the Cooper Creek Parking Area and hike the 1.7 mile Eye on Wildlife trail back to Parking Lot. From there we will continue hiking over to the Yellow Mountain Trail to Shope Gap Trail and back to Parking Lot for another 3.2 mile hike. If we have time, we'll go over to Sea Creek Falls. This is a very scenic area around Coopers Creek and features easy to moderate hiking. Meet at Park and Ride in Blairsville. Leader: Evelin Yarns 828-837-7237
Jun 18 9AM D4	Hike Inn, A.T. Connecting, and Appalachian Approach Trails. This is a 10.2-mile loop hike starting out atop Amicalola Falls, taking the pleasant Hike Inn Trail to the Hike Inn, then continuing a mile on the connector trail to the Appalachian Approach Trail, the latter upon which we will return full circle back to our vehicles parked near the top of the falls. Meet: Home Depot in Blue Ridge Leader: Marjorie Hornsby 828-415-1530
Jun 20 9AM B3	PART NEW: Leisure Hike - Three Trails of Aska Recreation Area - This one involves just a modest bid of car shuttling. We drive the Stanley Creek Rd. to Stanley Gap to start the new portion for leisure hikes. Here we hike the Stanley Gap Trail out and modestly uphill to the Benton MacKaye Trail. Turn right and do a "down-hiller" to lovely Fall Branch Falls and out to other vehicles. Eventually drive all cars a few minutes to the trailhead parking for the 2.7 mi. connector and loop for the Long Branch Loop Trail. Total day's trek distance: 4.6 mi. Meet: Food Lion parking in Blue Ridge at 9:00 a.m. or Fall Branch Falls parking at 9:20 a.m. Leader: George Owen
Jun 20	NC Trail Maintenance Day
9 AM	Meet: Ingles parking lot in Hayesville Bronco Burnsworth 315-591-3167
Jun 25 9AM B2	Park Creek Trail with crossover to Park Ridge Trail in Standing Indian area. 5 miles with some stream crossings. A favorite spring hike because of beautiful wildflower display. Meet: Ingles parking lot in Hayesville Leader: Laurie Columbo 530-295-7639
Jun 25 9AM D4	Black Rock Mountain State Park near Clayton. Hike the James E. Edmonds Loop Trail for 7.2 moderate to strenuous miles. Then the Tennessee Rock Trail for 2.2 moderate miles. 9.4 miles total. State park pass or current parking fee. Moderate pace. Meet: Macedonia Baptist Church parking lot east of Hiawassee Leader: Steve Dennison 706-299-6825
Jun 27 9AM B1 or B2	SUMMER COOLER: Leisure Hike - Two Loops of Jackrabbit Trails - Whew! As of June 21, it is now officially summer. Time for a quite easy hike at Jackrabbit Trails in NC. We'll do the Central Loop Trail of 3.1 mi., and the Upper Ridge Trail of 1.5 mi., total an easy 4.6 miles in good woods cover and just above Lake Chatuge's cool waters. Meet: At first Jackrabbit hike/bike trails parking on left just past Baptist church off NC 175 Leader: Jo Hubbard 727-743-3372
Jun 27 9 AM	NC Trail Maintenance Day Meet: Ingles parking lot in Hayesville Bronco Burnsworth 315-591-3167

Please contact the Hike Leader or visit www.mountainhighhikers.org for schedule changes
In order to accommodate different hiking levels, we might do "timed-in-and-out" hikes.
like Rating: Distance: A = up to 3 miles Terrain / Footing: 1 = easy

Hike Rating: Distance: A = up to 3 miles
B = 3 · 6 miles
C = 6 · 8 miles

D = 8 - 10 miles

2 = average 3 = moderate 4 = strenuous