MOUNTAIN HIGH HIKERS CALENDAR Spring 2024

❖❖ Trails maintained by MHH

Designated Wilderness Area (limit 10 hikers/group in NC, 12 hikers/group in GA)

| B4 y c n s d April 2 D4 n S April 4 B3-4 | Yonah Mountain near Cleveland, GA. A 5-mile round trip with 1,700 feet elevation gain; you literally "climb a mountain". This shark-fin shaped mountain has a trail that is a combination of moderate and some steep and rocky sections; used for military naneuvers. Excellent views with early wildflowers. Meet at Unicoi Gap on Hwy. 75 touth of Hiawassee. Please contact Pam Sullivan pamsullivan@tds.net if you plan to lo this hike. Hike on the BMT from Skeenah Gap Rd to Walallah Mtn. and return. This hike is about 9 miles with about 2500 ft of elevation gain and is considered strenuous. Please contact Steve Dennison (706) 299-6825 if you plan to do this hike. Leisure Hike: Woody Gap to Gooch Gap, GA. Meet Appalachian Trail thru-hikers needing to Maine at peak thru-hiker season. Mid-hike, climb two little peaks for wonderful rock bluff vistas. The climbs to the two vistas are fairly steep but short. Spring |
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| f. F | lowers should be starting to bloom along the way. Hike is 3.6 miles; shuttle required. Please contact Ralph Collinson (904) 305-7139 if you plan to do this hike. |
| ı. | Trail Maintenance: OPEN |
| B3 5 | Hike Jack's Gap up to the AT crossing at Chattahoochee Gap and return. Total distance is 5.2 miles. Meet at the parking lot on Hwy. 180 below the entrance to Brasstown Bald at 2:00. Please contact Cathie Stallings (706) 897-6924 if you plan to do this hike. |
| C3 n | Hike to the Swinging Bridge on the BMT from Hwy 60 and return. This hike is about 8 miles with 1800 ft. of elevation gain and has climbs in both directions. Moderately strenuous. Please contact Candy Retter (706) 897-9538 if you plan to do this hike. |
| B1-2 F | Leisure Hike: NEW Fightingtown Creek in GA. Yes, at last we enter the new Fightingtown Creek Nature Park northwest a few miles from Blue Ridge, GA for a new oop to creek side and back. Just retired BMTA President Ken Cissna leads us on this new trail in a special preserve now hosting several trails. Come hike one just completed, 8.3 mi. Please contact Ken Cissna, email kcissna@usf.edu if you plan to do this hike. |
| April 11 a | Frail Maintenance: Chunky Gal, wildlife area near Boetler Peak to Perry Gap. Lopping and brush cutting. Blowdown at peak. Leader: Michael O'Brien (706) 994-1569 |
| April 16 V C4 retains | Wildcat Creek WMA, GA. Wildcat Creek Trail uphill to enjoy some lady slippers, then eturn to the intersection of Turner Trail at the bridge. On Turner Trail there will be a side rip up Rocky Ford Trail to the cascades. The hike then returns down Rocky Ford Trail and resumes for the final leg of Turner Trail. Mostly moderate terrain, with a couple of teep sections, about 1 mile of the total distance of about 6 miles. GA hunting, fishing or Lands Pass required. About a 0.4 mile walk from parking area to trailhead. Please contact Steve Dennison (706) 299-6825 if you plan to do this hike. |
| D4 g | Coosa Backcountry Trail. Starts at Vogel State Park, 14.3 miles with 3700 ft elevation gain. Meet at Vogel SP; Georgia State Park pass or \$5 entrance fee required. Please contact Kelly Motter text only (979) 480-6413 if you plan to do this hike. |
| <u> </u> | Leisure Hike: Betty Creek Gap southward to rock vista, NC. This club favorite is two |
| | niles each way two an awesome vista, with the leader pointing out some prime high beaks areas in the distance. To arrive at the vista, you'll travel the 0.2 mi. Betty Creek |
| Γ | Frail then hike the remainder 1.8 mi. on the Appalachian Trail. Wildflowers should be |
| | around peak season, and we'll greet AT thru-hikers starting for Maine. Total 4.0 mi. out and back. Please contact George Owen (706) 374-4716 if you plan to do this hike. |

| April 18 | Trail Maintenance: OPEN |
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| April 23 | Kimsey Creek Trail in the Standing Indian area. Hiking in for 2.5 miles and back for a |
| B2 | total distance of 5 miles. Please contact Michelle Maloney maloneyfm@gmail.com if |
| | you plan to do this hike. |
| April 23 | Hike from Dick's Creek Gap northbound on the AT to the Plumorchard Shelter and return |
| D4 | for a 9-mile hike. Strenuous, with 2800 ft of elevation gain. Please contact Susan Paul |
| | (407) 663-4457 if you plan to do this hike. |
| April 25 | Leisure Hike: Quartz Loop and BMT from FS Rd. 221 in TN. Just barely over 5 miles, |
| B2 | first we loop on a fairly easy 2.0 mi. trek around a mountaintop, then down for 3.1 miles |
| | on the Benton MacKaye Trail to the Ocoee River. Shuttle. (NOTE: This hike is re- |
| | scheduled from Feb. 29 when leader's illness forced cancellation). Please contact Ken |
| | Cissna, email kcissna@usf.edu if you plan to do this hike. |
| April 25 | Trail Maintenance: Fires Creek, Leatherwood Falls Loop Trail, easy 2 miles. Leader: |
| 1 00 | Steve Dennison (706) 299-6825 sid@etcmail.com Ingles in Hayesville, NC (9:00 am). |
| April 30 | Park Creek Trail with crossover to Park Ridge Trail in Standing Indian area. 5 miles with |
| В3 | some stream crossings. A favorite spring hike because of the beautiful wildflower |
| | display. Meet at Ingles parking lot in Hayesville. Please contact Sherry Savrda text |
| April 30 | (407) 924-1499 if you plan on doing this hike. Green Mountain Trail from Deep Gap to Lake Blue Ridge. Moderate, 4 miles total. |
| B3 | CANCELLED; will be rescheduled. |
| May 2 | Leisure Hike: NEW Three GA trails off GA 180 with shuttles. Burnett Gap north on |
| May 2 B1 | Coosa Backcountry Trail to Wolf Creek Rd, drive to Wildcat Gap and hike about 1.5 |
| D I | miles to Wolfpen Gap, then a short loop around Lake Winfield Scott, totaling 3.7-4.1 |
| | miles. Please contact George Owen (706) 374-4716 if you plan to do this hike. |
| May 2 | Chunky Gal from AT to Glade Gap Hwy 64. This involves an ATV ride provided by FS |
| 11245 2 | personnel to get us to near the AT down to Hwy. 64. Moderate to difficult 5.1 miles. |
| | (SKY) Leader: Kelly Motter text (979) 480-6413 Kellylee28@aol.com Ingles in |
| | Hayesville, NC (9:00 AM) |
| May 7 | Chunky Gal Trail from Perry Gap to Glade Gap. We will start at Perry Gap and hike |
| D3 | south about two hours to the summit of Boteler Peak, which has perhaps the best views of |
| | any summit in the Natahalas. Then we continue walking south about another two hours to |
| | Glade Gap at Hwy. 64. Beautiful wildflower displays. Please text Kim Blankenship |
| | (770) 880-8358 if you plan to do this hike. |
| May 7 | Hike from Vogel State Park to Blood Mtn and back using Bear Hair Gap Trail, Coosa |
| D4 | Backcountry Trail, Duncan Ridge Trail, and the AT. This hike is about 10 miles with 2400 ft of elevation gain and is considered strenuous. Please contact Susan Paul (407) |
| | 663-4457 if you plan to do this hike. |
| May 9 | Leisure Hike: Vogel State Park trail sampler. We'll start at the Reece Farm Heritage |
| B3 | Center and travel the Reece Farm Heritage Trail to Vogel State Park. We'll take in the |
| D 5 | dam spillway for Trahlyta Lake, then travel around the lake to the Byron Herbert Reece |
| | Nature Trail. A couple of short climbs/descents; total length about 3.5 miles. Short |
| | shuttle. Georgia Park Pass or entrance fee required. Please contact Sherry Savrda text |
| | (407) 924-1499 if you plan on doing this hike. |
| May 9 | Trail Maintenance: OPEN |
| May 14 | Deep Gap (4,341 ft) to the top of Standing Indian Mountain (5,498 ft.) on the AT to see |
| B3 | some unusual wildflowers. This is a 5-mile round trip hike in the Southern Nantahala |
| | Wilderness Area with year-round spectacular views. Meet at Ingles Parking Lot in |
| | Hayesville. CANCELLED because of weather. |
| May 14 | Wilscot Gap to Skeenah Gap and back on the BMT. This hike is 10.6 miles with 2800 ft |
| E4 | of elevation gain and is considered strenuous. A great workout! Please contact Kelly |
| | Motter text only (979) 480-6413 if you plan to do this hike. |

| May 16 B3-4 | Leisure Hike: Wayah Bald to Windspring Bald to parking area above Wayah Gap. This hike is just under 5 miles and has high scenery, in which you twice have views above a mile over sea level. You will also visit the southernmost fir forest atop Windspring with later spring wildflowers. Shuttle. Please contact George Owen (706) 374-4716 if you plan to do this hike. |
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| May 16 | Trail Maintenance: Miller Trek, Young Harris, GA. Easy trip downhill. Brush cutting, lopping and water diversion work. LEADER NEEDED. |
| May 21 C3 | Woody Gap to Lake Winfield Scott via Jarrad Gap, for a total of 6.3 miles. Meet at the Lake Winfield Scott Trail parking area; details sent to those who register. Please contact Ann Sylvester text 239-543-9563 if you plan to do this hike. |
| May 21 B2-3 | Rock Gap to Glassmine Gap & return. This NC portion of the AT has a steady but gentle uphill for the first mile, with roughly 800 ft of elevation gain. Reach and partially circle a beautiful glen along the ridge top for a mostly level section, descend shortly and gently to Glassmine Gap and return to Rock Gap, total of 5.2 miles round-trip. Please contact Marsha Shuford mbdshu@gmail.com of you plan to do this hike. |
| May 23 B2 | Leisure Hike: Chilhowee Trail System, TN. Hike to lovely Benton Falls and do alternate trails coming back out to the trailhead. Please contact Anne Anderson (423) 284-7032 if you plan to do this hike. |
| May 23 | Trail Maintenance: OPEN |
| May 28 C2 | Jack Rabbit hike/bike trail. About 6 miles. Hike four loops of the Jack Rabbit Hike/bike trail: 3.1 miles on the white blazed loop, 2 miles on the blue blazed loop, 1 mile on the orange blazed trail. Great views of Lake Chatuge and a variety of hard woods. Meet at Jack Rabbit hike/bike trailhead at 9 AM. Please contact Pam Sullivan pams11@tds.net if you plan to do this hike. |
| May 28 B3 | Deep Gap (4,341 ft) to the top of Standing Indian Mountain (5,498 ft.) on the AT to see some unusual wildflowers. This is a 5-mile round trip hike in the Southern Nantahala Wilderness Area with year-round spectacular views. Meet at Ingles Parking Lot in Hayesville. Please contact Margie Hornsby, text (850) 322-8078 if you plan to do this hike. |
| May 30 B3 | Leisure Hike: Gooch Gap West. Trek in Georgia west on the Appalachian Trail from Gooch Gap to the Gooch Mountain Shelter, then to Justus Creek and return, bit over 5 miles. Please contact Margie Hornsby, text (850) 322-8078 if you plan to do this hike. |
| May 30 | Trail Maintenance: Cooper Creek area. Yellow Mountain Trail to connector down Mill Shoals Trail. Brush cutting and lopping for an easy 5 miles. LEADER NEEDED. |
| June 4 C3 | Rocky Mtn, on the BMT. Deep Gap parking Area to the Stanley Gap Trail to Rocky Mtn. and return. Moderate hike of approximately 6 miles; 3 miles uphill, 3 miles downhill. Wild azaleas. Meet at Food Lion in Blue Ridge. Please contact Pam Sullivan pamsullivan@tds.net if you plan to do this hike. |
| June 4 C3 | Three Forks to Hawk Mountain Shelter. Hike northbound on the AT to Hawk Mountain Shelter and return with visits to the cemetery and Long Branch Falls. This hike is about 7.5 miles and is moderately strenuous. LEADER NEEDED. |
| June 6 B2-3 | Leisure Hike: NEW Forest Service Rd. 7131 in Nantahala National Forest. From the parking area in Winding Stair Cap, NC, we take an old Forest Service road northward. This old roadbed is now closed to vehicles and designated a hiking trail. This route provides an easy-to-moderate grassy trail; 4 miles round trip. We will visit a small waterfall near the hike's start. Please contact Ralph Collinson (904) 305-7139 if you plan to do this hike. |
| June 6 | Trail Maintenance: OPEN |
| June 11 B3 | Tesnatee Gap on the Richard Russell Highway to Wolf Laurel Top and return. Some steep areas. This is a 5-mile round trip hike with magnificent views from the Rock outcrops. Meet at Choestoe Baptist Church parking lot on Hwy 180. Please contact |

| | Candy Datton (706) 907 0529 if you plan to do this hike |
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| June 11 | Candy Retter (706) 897-9538 if you plan to do this hike. Rock Gap to Albert Mountain Fire Tower on the AT, out and back. This hike is 12 miles |
| E4 | with about 2100 ft. of elevation gain. Strenuous. Please contact Kelly Motter text only |
| 124 | (979) 480-6413 if you plan to do this hike. |
| Inno 12 | Leisure Hike: TN, OLD FAVORITE. Boyd Gap West. Starting at a high scenic vista |
| June 13 B1 | on Boyd Gap, we trek downhill to hook up the Old Copper Road Trail to the Whitewater |
| ы | Center lower picnic & parking area, about 4 miles total. Please contact Ralph Collinson |
| | (904) 305-7139 if you plan to do this hike. |
| June 13 | Trail Maintenance: Fires Creek, Leatherwood Falls to the 2 nd road crossing via the Rim |
| Julie 13 | Trail, 2.5 miles. Leader: Steve Dennison (706) 299-6825 sid@etcmail.com Ingles in |
| | Hayesville, NC (9:00 am). |
| June 18 | Winding Stair to the stairwell on the AT. In and out for about 5 miles. Usually good |
| B3 | wildflowers. Meet at Hayesville Ingles. Please contact Margie Hornsby, text (850) 322- |
| ВЗ | 8078 if you plan to do this hike. |
| June 18 | Gooch Gap to Cooper Gap. Hike SOBO on the AT from Gooch Gap to Cooper Gap and |
| D3 | return. This hike is about 9.6 miles with 1700 ft. of elevation gain and is considered |
| D 0 | moderately strenuous. Please contact Susan Paul (407) 663-4457 if you plan to do this |
| | hike. |
| June 20 | Leisure Hike: Swinging bridge to GA Hwy. 60. This hike on the Benton MacKaye Trail |
| B3-4 | starts with 0.2 mile from the parking lot to the fabulous 260 ft. long swinging bridge over |
| | the Toccoa River, then 3.5 miles over Toonowee Mtn. for a total of 3.7 miles. The first |
| | mile is uphill, then along Toonowee Mtn. and finally down steeply to GA Hwy. 60. |
| | Shuttle. Please contact Ralph Collinson (904) 305-7139 if you plan to do this hike. |
| June 20 | Trail Maintenance: OPEN |
| June 25 | Yellow Mountain Trail in the Coosa Wildlife Management Area. 4.7 miles with an 800 |
| В3 | foot elevation change. The Yellow Mountain Trail to the top, then the Shope Gap Trail to |
| | the Duncan Ridge Road, follow the road to the Mill Shoal Creek Trail which will take us |
| | back to the Campground. Meet at Park & Ride in Blairsville. Please contact Sherry |
| | Savrda text (407) 924-1499 if you plan to do this hike. |
| June 25 | Hike southbound on the Appalachian Trail from Dick's Creek Gap to Kelly Knob and |
| D4 | return. This hike is just over 9 miles and is considered strenuous with 2700 ft of elevation |
| | gain. Please contact Steve Dennison (706) 299-6825 if you plan to do this hike. |
| June 27 | Leisure Hike: Tallulah Gorge State Park. We will hike several trails on either side of the |
| P2 2 | Lagrange mine and lynch at a mastayment amoss from the newly antropas. This will include the |
| B2-3 | gorge rim and lunch at a restaurant across from the park entrance. This will include the |
| D2-3 | very easy paved trail that runs along the river after lunch. Please contact George Owen |
| | very easy paved trail that runs along the river after lunch. Please contact George Owen (706) 374-4716 if you plan to do this hike. |
| June 27 | very easy paved trail that runs along the river after lunch. Please contact George Owen |

Please contact the Hike Leader or visit www.mountainhighhikers.org for schedule changes In order to accommodate different hiking levels, we might do "timed-in-and-out" hikes.

Hike Rating: Distance: A = up to 3 miles B = 3 - 6 miles C = 6 - 8 miles D = 8 - 10 miles D = 10 miles D = 10 miles D = 10 miles D = 10 miles $D = 10 \text{$

E = over 10 miles 5 = very strenuous