## L MOUNTAIN HIGH HIKERS CALENDAR Spring 2023

## \*\* Trails maintained by MHH

## Designated Wilderness Area (limit 10 hikers/group in NC, 12 hikers/group in GA)

APR 4 C3	The Miller Trek (Trail #46) at Brasstown Valley Resort. 6.5 mile loop is moderately difficult with an elevation change of 1,400 feet and some rough, rocky footing. Please contact Bronco Burnsworth(315) 591-3167 if you plan to do this hike.
APR 4 E5	Take Byron Reece Trail up to the AT. Hike SOBO on the AT over Blood Mtn and on to Slaughter Creek Trail. Take SCT down to the lake. Have lunch by the lake and then return the same way. This hike is just under 13 miles and has 3200+ ft. of elevation gain. Please contact Kelly Motter (979) 480-6413 if you plan to do this hike
APR 6 B3	Leisure Hike - Upper Springer Mtn. Loop; Spring Flower Trek, GA- This 4.7 mi. hike features the start of, and time on, both the Appalachian Trail and the Brenton MacKaye Trail. Two wonderful vistas and three easy, shallow, small stream crossings are featured. Please contact George Owen (706-374-4716) if you plan to do this hike.
Apr 6	Trail Maintenance Far Bald Trail (1 1/2 miles) in Fires Creek. This involves bridge removal and tree removal. Please contact Bronco Burnsworth (315) 591-3167 if you can help out.
APR 11	Deep Gap (4,341 ft) to the top of Standing Indian Mountain (5,498ft.) on the AT. This is a 5 mile round trip hike in the Southern Nantahala Wilderness Area. Year round spectacular views. Add one more mile (in & out) of wildflower trail that leads to Kimsey Creek, before trek up to Standing Indian. Wildflower heaven before the trek up. <b>Text Kim Blankenship to do this hike 770-880-8358.</b>
APR 11 D4	Beech Gap Trail in the Standing Indian area to the AT. Hike north on the AT to Timber Ridge Trail. Take Timber Ridge Trail down to the road. Short road walk. 8.5 miles. Moderately strenuous. <b>This hike is cancelled.</b>
APR 13 B3	Leisure Hike - Thunder Rock to Rock Creek Trail Intersection on BMT, TN - This in and out features a stiff uphill done slowly the first quarter mile. Most of the rest is modest to easy. All on the Benton MacKaye Trail - distance 4.2 mi. Please contact Ralph Collinson (904) 305-7139 if you plan to do this hike.
APR 13	Trail Maintenance
:	OPEN
APR 18 C3	Woody Gap over Big Cedar Mt. to Jarrard Gap on the AT, then down to Lake Winfield Scott for a total of 6.3 miles. Shuttle required. Wildflower time. Please contact Candy Retter (706) 897-9548 if you plan to do this hike.
	Woody Gap over Big Cedar Mt. to Jarrard Gap on the AT, then down to Lake Winfield Scott for a total of 6.3 miles. Shuttle required. Wildflower time. <b>Please contact Candy</b>
C3 APR 18	Woody Gap over Big Cedar Mt. to Jarrard Gap on the AT, then down to Lake Winfield Scott for a total of 6.3 miles. Shuttle required. Wildflower time. Please contact Candy Retter (706) 897-9548 if you plan to do this hike.  Deep Gap to Fall Branch Falls on the Stanley Gap and Benton MacKaye Trails in the Aska area. A 10.4 mile in and out hike, 1,200 foot elevation change in both directions. Please contact Susan Paul (407) 663-4457 if you plan to do this hike.  Leisure Hike NEW MAYBE - AT & BMT Hike southwest from Three Forks, GA - This 4.5 mi. loop with the Appalachian and Benton MacKaye trails was changed last quarter to a different hike. Mid-hike there is a modest climb to the ridge. Please contact Eddie Cole (225) 620-6362 if you plan to do this hike.
C3 APR 18 E4 APR 20	Woody Gap over Big Cedar Mt. to Jarrard Gap on the AT, then down to Lake Winfield Scott for a total of 6.3 miles. Shuttle required. Wildflower time. Please contact Candy Retter (706) 897-9548 if you plan to do this hike.  Deep Gap to Fall Branch Falls on the Stanley Gap and Benton MacKaye Trails in the Aska area. A 10.4 mile in and out hike, 1,200 foot elevation change in both directions. Please contact Susan Paul (407) 663-4457 if you plan to do this hike.  Leisure Hike - NEW MAYBE - AT & BMT Hike southwest from Three Forks, GA - This 4.5 mi. loop with the Appalachian and Benton MacKaye trails was changed last quarter to a different hike. Mid-hike there is a modest climb to the ridge. Please contact
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<b>D4</b>	8.6 miles. Please contact Linda Hiles (954) 445-4358 if you plan to do this hike.
APR 27 B3	Leisure Hike - Betty Creek Gap and AT South to Vista, NC - An even 4.0 mi. round-trip in-and-out, some modest climbing the first mile, this Appalachian Trail trek offers a spectacular high vista with a mile trekking each way on a rather flat ridge. Please contact Marjorie Hornsby (850) 322-8078 if you plan to do this hike.
<b>APR 27</b>	Trail Maintenance
	Chunky Gal from AT to Glad Gap Hwy 64. This involves an ATV ride provided by FS Personnel to get us near the AT down to HWY 64. Moderate to difficult 5.1miles. Please contact Michael O'Brien (706) 994 1569 if you can help out.
May 2 B3	Indian Grave Gap to Tray Mountain and back. 5.0 mile moderate hike on the AT to Tray Mt., the second highest point on the AT in GA. The trail passes Indian Grave Gap (3113 ft), a fabulous hillside of galax, the "cheese factory" turnoff, a viewpoint just before Tray Mt. (4430 ft). Please contact Frank and Michelle Maloney at maloneyfm@gmail.com if you plan to do this hike.
May 2 D3	Weaver Creek- hike SOBO on the BMT up to Rocky Mountain and return. 8.5 miles.  Strenuous, elevation gain in both directions. Please contact Kelly Motter (979) 480-6413 if you plan to do this hike.
May 4 B2	Leisure Hike – Leisure Hike - Betty Creek Gap and AT South to Vista, NC - An even 4.0 mi. round-trip in-and-out, some modest climbing the first mile, this Appalachian Trail trek offers a spectacular high vista with a mile trekking each way on a rather flat ridge.  Please contact Marjorie Hornsby (850) 322-8078 if you plan to do this hike.
May 4	Trail Maintenance
Mary	OPEN  Charles Cal Taoil from Down Con to Clade Con We will start at Down Con and hills
May 9 D3	Chunky Gal Trail from Perry Gap to Glade Gap. We will start at Perry Gap and hike south about two hours to the summit of Boteler Peak which has perhaps the best views of any summit in the Nantahala's. Then we continue walking south about another two hours to Glade Gap at Highway 64. Beautiful wildflower displays. Please contact Pam Sullivan (pams24@tds.net) if you plan to do this hike.
May 9 D4	Mooney Gap to Carter Gap Shelter and back. Approximately 9 miles. This is not a strenuous hike. Once you reach the ridgeline above Betty Creek Gap you just walk along that until you descend into Carter Gap Please contact Marjorie Hornsby (850) 322-8078 if you plan to do this hike.
May 11 B2-3	Leisure Hike - Quartz Loop and BMT North, TN - This hike of ca. 5.3 miles combines a loop with a 3.1 mostly downhill Benton MacKaye Trail trek. This hike is cancelled.
May 11	Trail Maintenance Jacks Knob from Brasstown Bald Parking Lot to 180. Easy 2.5 mile all downhill. Brush cutting, lopping and water diversion work. Please contact Bill Johnston (954) 931-1947 if you can help out.
May 16 C2	Woody Gap to Dockery Lake, short shuttle. About 6 miles. Expecting showy wildflowers and amazing long range views at Preachers Rock. Please contact Pam Sullivan (pams24@tds.net) if you plan to do this hike.
May 16 D3	Lake Winfield Scott: Take Slaughter Creek Trail to the AT. Take the AT northbound up Blood Mtn. Enjoy the views, then return SOBO on the AT to Jarrard Gap Trail. Take Jarrard Gap Trail back to LWS. Entrance fee required at LWS. This hike is 8 miles.  Please contact Candy Retter (706) 897-9538 if you plan to do this hike.
May 18 B2	Leisure Hike - Cooper Gap to Gooch Gap - Haven't done this one in quite awhile. It's all a nice trek on the Appalachian Trail - little up and down, no long climbs. Visit a remote AT shelter. In GA, exactly 5.0 miles. FS. Rd. 42 shuttle . Please contact Ken Cissna (kcissna@usf.edu) if you plan to do this hike.
May 18	Trail Maintenance OPEN

<b>May 23</b>	Coosa Backcountry Trail from Wolfpen Gap to Barnett Gap. Before Coosa Bald we will
<b>B4</b>	go on the Backcountry Trail and at Calf Stomp Gap we will take FS road 108 down to
	Barnett Gap. 900 foot elevation climb at start of hike. 5.1 mi. Hope for lots of flame
	azaleas. Short shuttle. Please contact Pam Sullivan (pams24@tds.net) if you plan to
	do this hike.
May 23	Hogpen Gap to Low Gap Shelter on the AT. Strenuous. Elevation gain in both directions.
D4	9.5 miles. Please contact Susan Paul (407) 663-4457 if you plan to do this hike.
May 25	<b>Leisure Hike</b> - Brush Creek Trail Loop - TN, 4.0 mi This rather easy loop hike is an
<b>B1</b>	old favorite, with views of Ocoee Lake surrounded by mountains. Please contact Ralph
	Collinson (904) 305-7139 if you plan to do this hike.
<b>May 25</b>	Trail Maintenance
	Fires Creek – Leatherwood Falls Loop Trail Easy 2 miles. Please contact Steve
	Dennison (706) 299-6825 if you can help out.
May 30	Cooper creek sampler. Begin at the Cooper Creek Parking area and the Yellow Mountain
B3	trail to Shope Gap Trail to Duncan Rd, then down to the Mills Shoals Trail and back to
<b>D</b> 0	Parking Lot for a 5 mile hike. If we have time, we'll go over to Sea Creek Falls. This is
	a very scenic area around Coopers Creek and features easy to moderate hiking. <b>Please</b>
	contact Bronco Burnsworth (315) 591-3167 if you plan to do this hike.
N/L 20	
May 30	Wayah Crest (4188 ft.) to Wayah Bald (5342 ft.) on the AT for 8.4 miles. Great views
D4	from Wayah Bald Observation Tower. Please contact Mary Frankis (505) 220-8706 if
	you plan to do this hike.
June 1	<b>Leisure Hike</b> – JackRabbit Trails – Central and Outer loops for 4.5 miles. <b>Please</b>
June 1 B3	· · · · · · · · · · · · · · · · · · ·
	contact George Owen (706)-374-4716 if you plan to do this hike.
June 1	Trail Maintenance
	Miller Trek, Young Harris, GA Easy trip downhill. Brush cutting, lopping and water
	diversion work. Please contact Bill Johnston (954) 931-1947 if you can help out.
June 6	Emery Creek Falls in the Cohuttas, 5 miles. Great way to cool off in warm weather as
<b>C3</b>	there are 18 stream crossings to a stunning water fall. Not much elevation gain but this is
	an adventure hike! Come prepared to get wet. Bring poles, wear water sneakers with
	athletic socks to prevent blisters. Optional meal out afer at El Reys in Ellijay. Meet at
	Home Depot in Blue Ridge. Email Pam Sullican at pams11@tds.nmet if you plan to
	do this hike.
June 6	From Skeenah Creek (Hwy 60) hike SOBO on the BMT to the Swinging Bridge and
D3	return the same way. Elevation gain in both directions for a total of about 1800 ft. This
	hike is about 7.6 miles and moderately strenuous. <b>Please contact Linda Hiles (954)445-</b>
	4358 if you plan to do this hike.
	4556 if you plan to do this like.
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June 8	Leisure Hike - Boyd Gap to Thunder Rock Campground - This TN hike is almost all
B1-2	downhill, most quite modest, and much alongside the Ocoee River on the old Copper
	Road wagon route predating the Civil War. Cool and shady, about 5 mi. Short shuttle.
	Please contact Ralph Collinson (904) 305-7139 if you plan to do this hike.
June 8	Trail Maintenance
	OPEN
June 13	Hike Arkaquah Trail from Brasstown parking area to Trackrock GapRope hand hold
B4	installed in the middle of the trail due to landslide conditions. Shuttle required. Approx.
<i>D</i> 7	5 miles. Please contact Bronco Burnsworth (315) 591-3167 if you plan to do this
4	hike.

June 13 D3	Watson Gap Loop: Hike the BMT to Jack's River Trail to BMT to Hemp Top Trail to Dally Gap. Take Jack's River Trail back to the BMT and Watson Gap. Several creek crossings, you may get wet. Poles are highly recommended for this 9 mile loop with about 1600 ft. of elevation gain. Need Hike Leader.
June 15 B1	Leisure Hike - Amicalola Falls State Park Trails & Lunch - This one we haven't done in several years. It includes mostly easy walks on trails around one of eastern America's highest and most spectacular waterfalls, and a brief visit atop the falls to both the AT Approach Trail and a bit of the Hike Inn Trail. Lunch amidst hikes at the Amicalola Inn dining atop the park main ridge with awesome viewing of the southernmost Appalachians. 3.7 to 5 mi., attendees decide. Please contact Ralph Collinson (904) 305-7139 if you plan to do this hike.
June 15	Trail Maintenance
	Coppers Creek Area. Yellow Mtn. Trail to Connector Down Mill Shoals.  Brush cutting, and lopping for 5 miles. Easy. Please contact Steve Dennison (706) 299-6825 if you can help out.
June 20 C4	Hogpen Gap on the Richard Russel Hwy. to Low Gap Shelter and return. This is a moderate 8.4 mile hike on the AT. <b>Need hike Leader.</b>
June 20 D4	Winding Stair Gap to Siler Bald on the AT. A hike for all seasons! Great views on top of Siler Bald. This hike is 9.6 miles and rated as strenuous. Need Hike Leader.
June 22 B2	<b>Leisure Hike -</b> Hanging Dog Upper Trails - This wonderful interlocking series of loops north of Murphy, NC and overlooking Hiwassee Lake from above, is a recent favorite of us. The leader with hikers' input will determine which routes to take for between 3.7 and 5 mi. <b>Please contact Laurie Colombo (530) 295-7639 if you plan to do this hike.</b>
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June 22	Trail Maintenance OPEN
June 27 C3	Trail Maintenance OPEN  Trails of Tallulah Gorge State Park – This includes a visit to the Jane Hurt Yarn Interpretative Center displays and the excellent 20 on the gorge. Then we will hike the North Rim Trail with its views of several waterfalls; go down Hurricane Falls staircase to the swinging bridge (about 200 steps each way), hike the High Bluff Loop, and maybe trek a portion of the Stoneplace Trail. Moderate hike with no long cl the steps) – distance is 6-8 miles depending on how much the group decides to do. \$5 per car daily fee or GA State Park P. Please contact Laurie Colombo (530) 295-7639 if you plan to do this
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Please contact the Hike Leader or visit www.mountainhighhikers.org for schedule changes In order to accommodate different hiking levels, we might do "timed-in-and-out" hikes.

Hike Rating: Distance: A = up to 3 miles Terrain / Footing: 1 = easy

 D = 8 - 10 miles E = over 10 miles 4 = strenuous 5 = very strenuous