## MOUNTAIN HIGH HIKERS CALENDAR Summer 2018

**❖❖** Trails maintained by MHH
## Designated Wilderness Area (limit 10 hikers/group in NC, 12 hikers/group in GA)

July 3 9 AM B2	Coosa Backcountry Trail from Wolf Creek Road to Burnett Gap. This is an easy to moderate 4.6 mile round trip. Approx. 5 mi. to trailhead.  Meet at Choestoe Baptist Church parking lot on Hwy 180. Ginny Smith 706-258-8716
July 3 8 AM E4	Kimsey Creek Trail from Back Country Information Center in Standing Indian area to Deep Gap then climbs Standing Indian, then returns on the Lower Ridge Trail. A hike of appr. 11 miles  Meeting: Ingles parking lot in Hayesville  Irene Reiner 706-970-9822
July 5 9 AM B2	Summer Cooler: Boyd Gap to Tumbling Rock Campground - This summer trek starts at the trailhead with a sweeping view of Big Frog Mountain and the ridges surrounding it. Then it's almost all downhill from there over about six miles using the Old Copper Road Trail to the Ocoee Whitewater Center, then on out to the walk along the Rhododendron Trail to the Thunder Rock Campground parking area. Along the river we should have the opportunity to see the whitewater challengers at this famous 1996 Olympic venue. Very modest shuttle.  Meet: Old Piggy Wiggly parking lot, Ducktown, TN  Ken Cissna 813-310-6084
July 10 9 AM B1	Benton Falls, Red Leaf, Arbutus, Azalea, Clear Creek Trails in the Chilhowee Recreation Area in east Tennessee. 4.8 mile easy trail. Fee area or bring pass. 45 mile drive to trailhead from meeting place.  Meeting place: Piggly Wiggly Parking lot in Ducktown, TN Tom & Carolyn Sewell 706-669-4916
July 10 9 AM C3	Mooney Gap to Timber Ridge Trail in Standing Indian area. 5 miles on the AT plus 2.5 on the Timber Ridge for a total of 7.5 miles. Shuttle required.  Meeting: Ingles parking lot in Hayesville Marjorie Hornsby 828-415-1530
July 12 8 AM	Georgia Trail Maintenance Day.Meet: Blairsville Park and RideBronco Burnsworth 315-591-3167
July 12 9 AM B	Unicoi Gap, AT, Rocky Mtn. Trail, Andrew Cove Trail to GA 75 - Admittedly we climb a few hundred feet on the Appalachian Trail the first 0.9 mile, but then it is nearly all downhill the rest of the way on the Rocky Mountain and Andrews Cove blue-blazed
	trails. Total distance: 4.7 mi. Short shuttle.  Meet: Unicoi Gap on GA 75  Steve Gales 864-276-4763 please confirm
July 17 9 AM B1	
9 AM	Meet: Unicoi Gap on GA 75  Steve Gales 864-276-4763 please confirm  Big Lost Creek Trail Located in TN. on the BMT. Six miles in and out. This easy, mostly level hike follows Big Lost Creek. Beautiful gorge, high rock walls on each side.  Cascading rapids, falls, and beautiful rock formations on one side.
9 AM B1 July 17 9 AM	Meet: Unicoi Gap on GA 75  Steve Gales 864-276-4763 please confirm  Big Lost Creek Trail Located in TN. on the BMT. Six miles in and out. This easy,mostly level hike follows Big Lost Creek. Beautiful gorge, high rock walls on each side.  Cascading rapids, falls, and beautiful rock formations on one side.  Meeting place: Piggly Wiggly in Ducktown, TN  Laurie Columbo 530-295-7639  Standing Indian Area. Beech Gap to AT to Timber Ridge Trail. 8.3 mile modest to strenuous hike.
9 AM B1 July 17 9 AM D4 July 19	Meet: Unicoi Gap on GA 75  Steve Gales 864-276-4763 please confirm  Big Lost Creek Trail Located in TN. on the BMT. Six miles in and out. This easy,mostly level hike follows Big Lost Creek. Beautiful gorge, high rock walls on each side.  Cascading rapids, falls, and beautiful rock formations on one side.  Meeting place: Piggly Wiggly in Ducktown, TN  Laurie Columbo 530-295-7639  Standing Indian Area. Beech Gap to AT to Timber Ridge Trail. 8.3 mile modest to strenuous hike.  Meeting: Ingles parking lot in Hayesville  Michael O'Brien 706-745-6260  NC Trail Maintenance Day

9 AM B2 July 24 9 AM D3	in a pair of waterfalls: The first is 40-50 ft high, the second is about 25 ft high. The walk is along Emery Creek and involves about 12 stream crossings, so bring poles - should be nice and cool down by the creek.  Meet at Home Depot in Blue Ridge  Ken Cissna 813-310-6084  Winding Stair Gap to Siler Bald on the AT. Return by Siler Bald Shelter. A 9.4 mile hike with 1,400 ft. elevation change. Outstanding view from the top of the bald.  Meeting: Ingles parking lot in Hayesville  Steve Dennison 706-299-6825
July 26 8 AM	NC Trail Maintenance Day Meet: Ingles parking lot in Hayesville  Bronco Burnsworth 315-591-3167
July 26 9 AM B2	New: Stanley Gap Trail, BMT, Falls Branch Falls & New BMT Section - To the best of our knowledge the leisure hikes have not done this exact route, and it includes a trail relocation. After dropping vehicles off at Falls Branch Falls parking lot, we journey on to Stanley Gap in other vehicles. First we will hike up the Stanley Gap Trail a couple miles, then backtrack to where the Benton MacKaye Trail turns downhill and go the Fall Branch Falls. Afterwards, we will hike out via the new 0.4-mile Benton MacKaye Trail relocation, just opened in May. Very short shuttle.  Meet: Food Lion, Blue Ridge  NEEDS HIKE LEADER
July 31 9 AM B3	Kimsey Creek Trail in Standing Indian area. Hike beside a beautiful stream for about 5 miles in and out.  Meet at Ingles parking lot in Hayesville  Marjorie Hornsby 828-415-1530
July 31 9 AM D4	Dicks Creek Gap north to Plum Orchard Gap Shelter, in and out on the AT. 9 miles. Moderate with some steep climbs. Trail passes Dick's Creek Gap 2675 ft, Cowart Gap 2920 ft, Buzzard Knob 3760 ft, and Plum Orchard Gap 3090 ft. Macedonia Baptist Church parking lot east of Hiawassee. Steve Dennison 706-299-6825
Aug 2 8 AM	Georgia Trail Maintenance Day. Meet: Blairsville Park and Ride Bronco Burnsworth 315-591-3167
Aug. 2 9 AM B2	Winding Stair Gap to Log Steps at Old Logging Rd Begin with a 550-ft. climb gradually to 4,400 ft., then trek along the ridge on this Appalachian Trail section to steps at an old forest road crossing, then return. 5 miles. No shuttle necessary.  Meet: Ingles, Hayesville  Marjorie Hornsby 828-415-1530
Aug 7 9 AM B2	Old Copper Road Trail along Ocoee River in TN. An easy 4.8 mile round trip beginning at the Ocoee Whitewater Center on the historic Old Copper Road, originally constructed in 1851. Follows the Ocoee River for 2.4 miles to TVA Dam No. 3. Four foot bridges and beautiful views of the river, old apple trees, stone foundations and hand-laid walls. Picnic tables and pit toilets at the 2.4 mile mark. \$3 parking fee or National Parks pass Meeting place: Piggly Wiggly Parking lot in Ducktown, TN NEEDS HIKE LEADER
Aug 7 9 AM D4	Wayah Crest to Wayah Bald on the AT. Trail climbs from 4,188 ft. at Crest to 5,342 ft. at observation tower with some ups and downs in between. 8.4 miles round trip. Meet at Ingles parking lot in Hayesville Steve Gales 864-276-4763 please confirm
Aug 9 8 AM	NC Trail Maintenance Day Meet: Ingles parking lot in Hayesville  Bronco Burnsworth 315-591-3167
Aug. 9 9 AM B1	Summer Cooler: Some Jackrabbit Trails - With only the slightest elevation change, we'll do the 3.1-mile central loop and the 1.7-mile Burrell Cove and 0.7-mile SABA Beach trails - total about 5.5 miles. No shuttling.  Meet: Jackrabbit Bike-Hike trails system parking at Jackrabbit's entrance on left off NC 175 (GA 75), east shore, Lake Chatuge Sue & Bob Astley 404-403-8425, 702-0273
Aug 14 9 AM B2	Turtletown Creek Falls, near Farner, TN. A moderate 4 mile round trip hike to two of the prettiest waterfalls in the area. Hiking sticks recommended.  Meeting place: Piggly Wiggly Parking lot in Ducktown, TN Ken Cissna 813-310-6084

Aug 14 9 AM E3	Betty's Creek Gap to Beech Gap in the Standing Indian Area. 10.2 miles total. At Betty's Creek Gap, go southbound on the AT for 7.8 miles to Beech Gap, then down 2.4 miles on the Beech Gap Trail. Short shuttle required.  Meet at Ingles parking lot in Hayesville Marjorie Hornsby 828-415-1530
Aug 16 8 AM	NC Trail Maintenance Day Meet: Ingles parking lot in Hayesville  Bronco Burnsworth 315-591-3167
Aug 16 9 AM B1 to B2	Anna Ruby Falls and Unicoi-Lodge-Parking-to-Helen Trail; Eat at Helen German Bakery - First we hike the steep but brief trail to Anna Ruby Falls, then trek from the Unicoi State Park Lodge for lunch about the end of noon hour at Helen. Shuttle.  Meet: 1) Parking area at intersection of U.S. 19 and GA 180 (toward Brasstown) at 9:00, or 2) gas station at Robertstown at 9:25 George Owen 706-374-4716
Aug 21 9 AM C3	Benton MacKaye Trail from Hwy. 60 across Toonowee Mountain to the suspension bridge and return for 7.2 miles round trip. Elevation change 800 ft. in, 900 ft out.  Meet at Park & Ride in Blairsville. Candy Retter 706-897-9538
Aug 21 9 AM B4	Tobacco Pouch to Wildcat Campground in Jasper. This is a 5.1 adventure hike with a steep descent at the beginning (3.5 hrs.), High water stream crossings with ropes and a shuttle. The payoff? A beautiful waterfall and pretty terrain along Wildcat Creek. Good hiking/ water shoes and poles recommended. Pace of hike would be 2 to 2.5 miles per hour including breaks. Home Depot in Blue Ridge (meet hike leaders at Wildcat Campground)  Steve Dennison 706-299-6825
Aug 23 8 AM	Georgia Trail Maintenance Day. Meet: Blairsville Park and Ride Bronco Burnsworth 315-591-3167
Aug. 23 9 AM B2	Summer Easy Cooler:Trails of Lake Nottely - We begin with the Lake Nottely Trail, the new loop opened on the lake's northwest side that is over two miles. Then we drive across the dam and below it to do two short trails there. Altogether, about four miles of hiking.  Meet: Lake Nottely Trail lower parking lot on GA 325 just north of Loving Rd. intersection  Kim Hulsey 770-880-8358
Aug 28 9 AM C3	Coker Creek trail to BMT, then out to Hwy 68 - 7 miles, first 3 miles along a nice mountain stream with some waterfalls and cascades,  Meet at Piggly Wiggly in Ducktown  Steve Dennison 706-299-6825
Aug 28 9 AM E3	Woody Gap to Slaughter Gap on the AT, then down the Slaughter Creek Trail to Lake Winfield Scott. 10.6 miles.  Meeting: Choestoe Baptist Church parking lot. Candy Retter 706-897-9538
Aug 30 8 AM	NC Trail Maintenance Day Meet: Ingles parking lot in Hayesville  Bronco Burnsworth 315-591-3167
Aug. 30 9 AM B2	Some Trails of the Tanasi Trail System - From FS Rd. 221 above the Ocoee Whitewater Center our trek begins on part of the 1330 Bypass Loop, enters and uses the Chestnut Mtn. Loop, and is completed by taking the longer (western) route of the Bear Paw Loop to the Whitewater Center. We'll lunch along the river near the Whitewater Center, and complete our trek via the Rhododendron Trail to the Thunder Rock Campground parking. About five miles of hiking - short shuttle.  Meet: Ducktown, TN Piggly Wiggly parking lot  NEEDS HIKE LEADER
Sept 4 9 AM C2##	Lake Winfield Scott-Jarrard Gap- Slaughter Gap loop. This is a pleasant 6 mile hike with moderate ascents and descents. (\$5.00 or Golden Age Pass at Lake Winfield Scott).  Meet at Choestoe Baptist Church parking lot on Hwy 180 Candy Retter 706-897-9538
Sept 4 8 AM D3	Park Creek Trail and Park Ridge Trail loop in Standing Indian area for a 9 mile hike. Begin at Park Gap, take Park Ridge Trail to Nantahala River, then Park Creek Trail back to cars.  Meet at Ingles parking lot in Hayesville Irene Reiner 706-970-9822

Sept 6	NC Trail Maintenance Day
8 AM	Meet: Ingles parking lot in Hayesville Bronco Burnsworth 315-591-3167
Sep. 6 9 AM B3	Summer Wilderness Experience - Dally Gap, Jack's River, to Watson Gap - Here's a chance to enjoy the lush shade and old trees in Georgia's oldest mountain federal wilderness. First we hike the Jacks River Trail from Dally Gap down 2.3 mi. to the first ford of the Jacks River. However, keep your boots on - we're not fording it. There we turn around and hike back up to the Benton MacKaye Trail crossing, turn right, and trek on out to Watson Gap on the BMT. Granted, this is a little longer than most summer leisure hikes, at 6.6 mi, but the lush forest and nearby streams help keep the area cool. Shuttle.  Meet: Home Depot, Blue Ridge  NEEDS HIKE LEADER
Sept 11 9 AM B3	Bald River Falls, Tellico Plains, TN. We will hike 3-4 miles out and back. This hike starts at Bald River Falls on FS 210 and follows the river, passing through forest and over numerous rock embankments and cascades.  Meet at Visitor Center in Tellico Plains 9AM. Tom & Carolyn Sewell 706-669-4916
Sept 11 9 AM D5 ��	Chunky Gal Trail from Bob Allison Campground to Tusquittee Bald. 7.5 strenuous miles round trip. 2,200 foot elevation gain. Scenic area with giant hickories and the "Big" Buckeye tree. 5 wet stream crossings in the first 1.5 miles, so bring poles Meet at Ingles parking lot in Hayesville  NEEDS HIKE LEADER
Sept 13 8 AM	Georgia Trail Maintenance Day. Meet: Blairsville Park and Ride Bronco Burnsworth 315-591-3167
Sep. 13 9AM B2	Twos Appalachian Trail Vistas South of Woody Gap - We'll travel south from Woody Gap some three miles to include two modest climbs of little summits with great open views south, concluding at Gooch Gap. Modest shuttle.  Meeting: Choestoe Baptist Church parking lot Virginia Lane 706-745-8058
Sept 18 9 AM C3	Long Creek Falls in the Three Forks Area of the A.T. From the falls, we will continue up the AT to an old cemetery (Hickory Flats) and hike until we hit approx. 3 miles, making a round trip of 6 miles. This is a gorgeous drive and hike deep in the forest of Fannin County.  Meet at Food Lion in Blue Ridge  Ken Cissna 813-310-6084
Sept 18 8 AM D3	Bartram Trail Northward from Warwoman Dell (3 miles east of Clayton) to Pinnacle Peak and Return 8.5 miles Meet: Macedonia Baptist Church rear lot east of Hiawassee Irene Reiner 706-970-9822
Sept 20 8 AM	NC Trail Maintenance Day Meet: Ingles parking lot in Hayesville Bronco Burnsworth 315-591-3167
Sep. 20 9 AM B2	FIRST DAY OF AUTUMN HIKE - Mooney Gap, Little Ridgepole Mountain Vista, Betty Creek Gap - Hooray! Fall starts today, cooler days are moving in, early fall leaves are turning, and we are going to a favorite Appalachian Trail vista. WOW! Join us as we begin on the AT at Mooney Gap, hike south 2.9 mi to that great vista, then return north coming out on the short side trail to Betty Creek Gap. Short shuttle.  Meet: Ingles, Hayesville  Marjorie Hornsby 828-415-1530
Sept 25 9 AM B2	River View Loop trail at Ocoee Whitewater Center. Good 6+ mile hike, starting at Whitewater Center, climbs the Bearpaw and Chestnut Mtn Trail to the River View loop Piggly Wiggly in Ducktown, TN Evelin Yarns 828-837-7237
Sept 25 9 AM D3##	Jacks River - Cohutta Wilderness Hike: This is a 9.2 mile hike with < 400 foot elevation change, going from Dally gap in the Cohutta's 4.6 miles down Jacks River Trail (one of the prettiest areas in the Cohutta's) to a beautiful lunch spot with a swimming hole, then back out. There will be 3 river crossing each way which are knee deep, so bring water shoes and poles. This will be a great escape from the summer heat. Plan on getting wet, so bring a change of clothes!!  Meet at Home Depot on 515 in Blue Ridge  Ginny Smith 706-258-8716
Sept 27	NC Trail Maintenance Day

8 AM	Meet: Ingles parking lot in Hayesville Bronco Burnsworth 315-591-3167
Sep. 27	ANOTHER EARLY AUTUMN HIKE WITH VIEWS - Springer Mountain Upper
9 AM	<b>Loop</b> - From Springer Mountain's parking lot we journey to the west-facing vista atop the
B2	start of the 2,189-mile Appalachian Trail. Then we drop 0.2 mi. to visit the AT
	shelter/campsite, and begin the remainder of our hike on the Benton MacKaye Trail.
	Along the way we take in the Benton MacKaye memorial plaque and the shady and most
	restful vista facing southward. Trekking on we cross several small but shallow
	headwaters streams, finally ending up back at our vehicles at the AT parking lot after
	trekking 4.8 mi.
	Meet: Blairsville Park and Ridge Ken Cissna 813-310-6084

Please contact the Hike Leader or visit www.mountainhighhikers.org for schedule changes In order to accommodate different hiking levels, we might do "timed-in-and-out" hikes.

Hike Rating: Distance: A = up to 3 miles Terrain / Footing: 1 = easy