MOUNTAIN HIGH HIKERS CALENDAR Summer 2019

** Trails maintained by MHH

Designated Wilderness Area (limit 10 hikers/group in NC, 12 hikers/group in GA)

Jul 2	Long Creek Falls in the Three Forks Area of the A.T. From the falls, we will continue up
9 AM C3	the AT to an old cemetery (Hickory Flats) and hike until we hit approx. 3 miles, making a round trip of 6 miles. This is a gorgeous drive and hike deep in the forest of Fannin
	County.
	Meet: Food Lion in Blue Ridge
	Leader: NEEDS HIKE LEADER
Jul 2	Kimsey Creek Trail from Back Country Information Center in Standing Indian area to
8AM	Deep Gap then climb Standing Indian Mountain, then return on the Lower Ridge Trail.
E4	A hike of appr. 11 miles
	Meeting: Ingles parking lot in Hayesville
	Leader: Irene Reiner 706-970-9822
Jul 4	Holiday – No Hike
Jul 9	Benton Falls, Red Leaf, Arbutus, Azalea, Clear Creek Trails in the Chilhowee Recreation
9AM	Area in east Tennessee. 4.8 mile easy trail (2:45 hours). Fee area or bring pass. 45 mile
B 1	drive to trailhead from meeting place.
	Meet: Piggly Wiggly Parking lot in Ducktown, TN
T 10	Leader: NEEDS HIKE LEADER
Jul 9	Mooney Gap to Timber Ridge Trail in Standing Indian area. 5 miles on the AT plus 2.5
9AM	on the Timber Ridge for a total of 7.5 miles. Shuttle required.
C3	Meeting: Ingles parking lot in Hayesville Leader: Marjorie Hornsby 828-415-1530
Jul 11	Leisure Hike - NEW: Fish Gap West ca. 2.5 Miles and Return on New, Leveled Trail -
9AM	Yes, it's part of the Duncan Ridge Trail, but not that old trail up-and-down over every
B1-2	mountaintop as originally laid out in the 1970s by a very inept route designer! This newly
27 2	finished trail if beautiful and easy and it glides fairly evenly around the upper sides of
	three mountains. And it is great trail, machine-dug, two-to-three feet wide, very shady - a
	great and easy summer walk. We hike out about 2.5 miles and return to Fish Gap for total
	trekking of about five miles.
	Meet at Park & Ridge in Blairsville (9:00) or Mulky Gap (9:20) - notify leader in advance
	if choosing the latter, please.
	Leader: George Owen 706-374-4716
Jul 11	NC / GA Trail Maintenance Day.
8AM	Contact: Bronco Burnsworth 315-591-3167
Jul 16	Emery Creek Falls. 5 miles in and out. A delightful walk in the Cohuttas which ends in
9AM	a pair of waterfalls: The first is 40-50 ft high, the second is about 25 ft high. The walk is
B2	along Emery Creek and involves about 12 stream crossings, so bring poles – should be
	nice and cool down by the creek. Meet: Ellijay Park & Ride
	Leader: Mike Pilvinsky 706-889-5254
Jul 16	Bartram Trail Northward from Warwoman Dell (3 miles east of Clayton) to Pinnacle
8AM	Peak and Return 8.5 miles
D3	Meet: Macedonia Baptist Church rear lot east of Hiawassee
	Leader: Irene Reiner 706-970-9822
Jul 18	Leisure Hike - SUMMER COOLER - Central Loop and Upper Ridge Loop at Jackrabbit
9AM	Bike/Hiking Trails - Yes, cool and easy on two interlocking loops at Jackrabbit
B 1	Campground Area on Lake Chatuge in NC. This is a very pleasant 4.6-mile walk.

	Meet at Bike/Hiking Trails parking on left as you first enter Jackrabbit Forest Service
	preserve off NC 175.
	Leader: Laurie Columbo 530-295-7639
Jul 18	NC / GA Trail Maintenance Day.
8AM	Contact: Bronco Burnsworth 315-591-3167
Jul 23	Turtletown Creek Falls, near Farner, TN. A moderate 4 mile round trip hike to
9AM B2	two of the prettiest waterfalls in the area. Hiking sticks recommended. (≈ 3 hrs). Meet: SE corner of Hwy 64 and 19/129 in NC.
D2	Leader: NEEDS HIKE LEADER
Jul 23	Winding Stair Gap to Siler Bald on the AT. A 9.4 mile hike with 1,400 ft. elevation
9AM	change. Outstanding view from the top of the Bald.
D3	Meeting: Ingles parking lot in Hayesville
	Leader: Steve Dennison 706-299-6825
Jul 25	Leisure Hike - Woody Gap to Gooch Gap - This Appalachian Trail hike was canceled in
9AM	spring, so now here it is again. Yes, there are two short climbs up little peaks mid-way,
B3-4	each with a lovely rock vista, but otherwise it's moderately easy. Distance is a little over
	three miles with a moderate shuttle. Meet at parking space on U.S. 19 and GA 180 east toward Brasstown.
	Leader: NEEDS HIKE LEADER
Jul 25	NC / GA Trail Maintenance Day.
8AM	Contact: Bronco Burnsworth 315-591-3167
Jul 30	Coker Creek trail to BMT, then out to Hwy 68 – 7 miles, first 3 miles along a nice
9AM	mountain stream with some waterfalls and cascades.
C3	Meet: Piggly Wiggly in Ducktown
1 120	Leader: NEEDS HIKE LEADER
Jul 30 9AM	Betty's Creek Gap to Beech Gap in the Standing Indian Area. 10.2 miles total. At Betty's Creek Gap, go southbound on the AT for 7.8 miles to Beech Gap, then down 2.4 miles on
E3	the Beech Gap Trail. Short shuttle required.
	Meet: Ingles parking lot in Hayesville
	Leader: Marjorie Hornsby 828-415-1530
Aug 1	TN BMT, FS. Rd. 221 to Thunder Rock Campground - Yep, short, easy, mostly downhill
9AM	(one little uphill), shady, and always popular. Trek 3.1 miles downhill on the Benton
B1	MacKaye Trail to the Toccoa River.
	Meet at Piggly Wiggly parking in Ducktown, TN. Leader: Laurie Columbo 530-295-7639
Aug 1	NC / GA Trail Maintenance Day.
8AM	Contact: Bronco Burnsworth 315-591-3167
Aug 6	Lake Winfield Scott-Jarrard Gap- Slaughter Gap loop. This is a pleasant 6 mile
9AM	(≈3:30 hr) hike with moderate ascents and descents. (\$5.00 or Golden Age Pass at Lake
C2##	Winfield Scott).
	Meet: Choestoe Baptist Church parking lot on Hwy 180.
Aug	Leader: Candy Retter 706-897-9538 Park Creek Trail and Park Pidge Trail loop in Standing Indian area for a 9 mile hills
Aug 6 8AM	Park Creek Trail and Park Ridge Trail loop in Standing Indian area for a 9 mile hike. Begin at Park Gap, take Park Ridge Trail to Nantahala River, then Park Creek Trail back
D3	to cars.
	Meet: Ingles parking lot in Hayesville
	Leader: Irene Reiner 706-970-9822
Aug 8	Leisure Hike - PARTLY NEW - Wayah Bald on AT to First FS Rd. 69 Crossing &
9AM	Morgan Falls - This is a two-part hike (separate locations), with the first part new for
B2	leisure hikes. Drive to Wayah Bald parking, trek to the observation tower for the grand
	view, then hike south to the first Forest Service road crossing south of Wine Spring Bald.

	Then travel a short distance to the parking lot for the Rufus Morgan Falls - loop in-and-out there. Total distance is 4.6. Short shuttle involved. Meet at 9:00 at Ingles parking, Hayesville, or at 9:40 at Wayah Gap where FS gravel road leaves the gap.
	(Suggest leader contact Geo. Owen about shuttle details on road to/at Wayah.) Leader: NEEDS HIKE LEADER
Aug 8 8AM	NC / GA Trail Maintenance Day. Contact: Bronco Burnsworth 315-591-3167
Aug 13 9AM B3	Kimsey Creek Trail in Standing Indian area. Hike beside a beautiful stream for about 5 miles in and out. (≈2:40 hrs) Meet: Ingles Parking Lot in Hayesville. Leader: Marjorie Hornsby 828-415-1530
Aug 13 9AM D3	Jacks River - Cohutta Wilderness Hike: This is a 9.2 mile hike with < 400 foot elevation change, going from Dally gap in the Cohutta's 4.6 miles down Jacks River Trail (one of the prettiest areas in the Cohutta's) to a beautiful lunch spot with a swimming hole, then back out. There will be 3 river crossing each way which are knee deep, so bring water shoes and poles. This will be a great escape from the summer heat. Plan on getting wet, so bring a change of clothes!! Meet: Home Depot on 515 in Blue Ridge Leader: NEEDS HIKE LEADER
Aug15 9AM B2	Leisure Hike - PARTLY NEW - Unicoi Lodge to Helen's Hofer German Restaurant for Lunch, on to Hardeman Farm on New Trail - Overall this almost 5-mile hike is downhill with one modest uphill before Helen. After early lunch walk the wonderful riverside paved Helen-Hardeman Farm Trail. Drivers should have state park pass or pay \$5 fee. Meet at parking space at U.S. 19 & GA 180 east toward Brasstown (south of Blairsville). Leader: Jo Hubbard 727-743-3372
Aug 15 8AM	NC / GA Trail Maintenance Day. Contact: Bronco Burnsworth 315-591-3167
Aug 20 9AM B3	Go up from Hwy 180 to Brasstown Bald parking lot with option to go to top if it's a clear day then back down to Jacks Gap. 360 views at the top. Meet: Jacks Gap at base of Brasstown Bald on Hwy 180. Leader: Kim Blankenship 770-880-8358
Aug 20 8AM E4	Standing Indian Area. Rock Gap to Albert Mountain on the AT. A 12 mile in and out hike. Some of the best views in Standing Indian area at the fire tower. Lunch on the summit. Meet: Ingles parking lot in Hayesville Leader: Irene Reiner 706-970-9822
Aug 22 9AM B1-2	Leisure Hike - TN Benton MacKaye Trail, Unicoi Gap to Hwy. 68 & Maybe Buck Bald - This is a moderately easy hike of 4.7 miles, with the only significant little uphill at the first 350 yards - the rest is rather flat to undulating, with much of the final mile downhill. There will be a shuttle of some miles, but may include a side trip to Buck Bald for those desiring a drive to a terrific three-state view. Meet at old Piggly Wiggly parking lot in Ducktown, TN Leader: Anne Anderson 423-284-7032
Aug 22 8AM	NC / GA Trail Maintenance Day. Contact: Bronco Burnsworth 315-591-3167

	of the Harkins and Shope clans, an old mill site and a dam site on Cooper Creek and the
	grave site of an ancestor involved in the Cherokee Removal. One easy, shallow, wet
	crossing of Cooper Creek required
	Meet at Park and Ride in Blairsville.
	Leader: NEEDS HIKE LEADER
Aug 27	Green Mountain Trail in Fannin County 10 mile in and out hike with moderate elevation
9AM	gain. Includes the Green Mountain Trail for 7 miles and the connector to Long Branch
D3	Loop for an additional 3 miles.
	Meet: Food Lion parking lot in Blue Ridge
4 20	Leader: Steve Dennison 706-299-6825
Aug 29 9AM	Leisure Hike - SUMMER COOLER - TWO TRAILS OF LAKE NOTTELY IN GA -
9AM B1-2	First is the 2.5-mile fairly new Lake Nottely Loop Trail near the intersection of GA 325 and Loving Rd. Then we conclude by driving across Nottely Dam to a short 0.6 mi. uphill
D1-2	trail and walking the road back downwith maybe a bit of a walk along the Nottely River
	near our vehicles.
	Meet at southern-most (main) parking lot of new Lake Nottely Trail just north of Loving
	Rd. intersection off GA 325.
	Leader: Kim Blankenship 770-880-8358
Aug 29	NC / GA Trail Maintenance Day.
8AM	Contact: Bronco Burnsworth 315-591-3167
Sep 3	Raven Cliffs Trail. A scenic 5 mile round trip hike along a cascading mountain stream
9AM	to towering cliffs with two waterfalls.
B3	Meet: Choestoe Baptist Church parking lot on Hwy 180.
~ •	Leader: Sue Astley 404-702-0273
Sep 3	Arkaquah to Brasstown Bald – Wagon Train out. Rocky footing. 12 miles - Shuttle.
8AM E4	Meet: Arkaquah trailhead Leader: Irene Reiner 706-970-9822
Sep 5	Leisure Hike - AT, Rocky Mtn. Trail, Andrews Cove Trail - This lovely trek starts out
9AM	with 0.9-mi. steady uphill on the Appalachian Trail. But the remainder, using the Rocky
B3	Mountain and Andrews Cove trails, is mostly a mixture of flat and downhill hiking. Total
	walking is 4.6 miles.
	Meet at parking space on U.S. 19 and GA 180 east toward Brasstown at 9:00 or at Unicoi
	Gap on GA 75 at 9:20
	Leader: Evelin Yarns 828-837-7237
Sep 5	NC / GA Trail Maintenance Day.
8AM	Contact: Bronco Burnsworth 315-591-3167
Sep 10	Trails of Tallulah Gorge State Park. This includes a visit to the Jane Hurt Yarn
9AM C3	Interpretative Center. Excellent exhibits and a 20 min. historical movie on the Gorge.
CS	Then we will hike the North Rim Trail with its views of several waterfalls; go down Hurricane Falls staircase to the swinging bridge and hike the High Bluff Loop. Moderate
	hike with easy footing and no climbs, except the steps. Possibility of doing some of the
	Stoneplace Trail. 6 to 8 miles depending on what the leader or group decides.
	Meet: Macedonia Baptist Church parking lot east of Hiawassee.
	Leader: Marjorie Hornsby 828-415-1530
Sep 10	Woody Gap to Slaughter Gap on the AT, then down the Slaughter Creek Trail to Lake
8AM	Winfield Scott. 10.6 miles.
E3	Meet: Choestoe Baptist Church parking lot.
	Leader: Irene Reiner 706-970-9822
Sep 12	Leisure Hike - Several Interlocking Trails of the Tanasi Trail System - This hike of about
9AM	5 miles (maybe slightly over) is fairly easy overall, with much of the latter part mildly
B2	downhill, all from FS Rd. 221 to the Whitewater Center of the Ocoee River in TN. Trails

	to be walked: Benton MacKaye briefly, then Quartz and Quartz Loop, followed by the
	1330 Bypass, portion of Chesntnut Mtn. Loop, and eastern part of the Bear Paw Loop to
	the Whitewater Center. Moderate shuttle involved; federal senior or other pass or modest
	fee at Whitewater Center parking.
	Meet at Piggly Wiggly parking lot in Ducktown, TN
0 10	Leader: NEEDS HIKE LEADER
Sep 12	NC / GA Trail Maintenance Day.
8AM	Contact: Bronco Burnsworth 315-591-3167
Sep 17	Bear Paw and Chestnut Mountain Loop Trails by he Ocoee Whitewater Center C3 about
9AM	8 miles. Moderate Hike
C2	Meet: Piggly Wiggly in Ducktown
G 4 =	Leader: Doug & Evelin Yarns 828-837-7237
Sep 17	Wayah Crest to Wayah Bald on the AT. Trail climbs from 4,188 ft. at Crest to 5,342 ft.
8AM	at observation tower with some ups and downs in between. 8.4 miles round trip.
D4	Meet: Ingles parking lot in Hayesville
G 40	Leader: Irene Reiner 706-970-9822
Sep 19	Leisure Hike - Last Summer Trek - Betty Creek Gap Trail, AT South to Overlook and
9AM	Return - This is a popular hike of 4.4 miles in and out to a terrific vista in 2.2 miles from
B2	the trailhead - and hopefully today with a good hint of early fall in the air. This vista at
	2.2 mi. in looks out from atop Little Ridgepole to Pickens Nose, Little Tennessee Valley,
	and Whiteside and Rabun Bald mountains. The first mile has several hundred feet of
	modest uphill, but the rest is quite easy along a ridge or downhill in return. Most of the trek is along the Appalachian Trail in and out.
	Meet at Ingles, Hayesville, NC
	Leader: Marjorie Hornsby 828-415-1530
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Sep 26 8AM

NC / GA Trail Maintenance Day.

Contact: Bronco Burnsworth 315-591-3167

Please contact the Hike Leader or visit www.mountainhighhikers.org for schedule changes In order to accommodate different hiking levels, we might do "timed-in-and-out" hikes. Hike Rating: Distance: A = up to 3 miles Terrain / Footing: 1 = easy

B = 3 - 6 miles 2 = average C = 6 - 8 miles 3 = moderate D = 8 - 10 miles 4 = strenuous E = over 10 miles 5 = very strenuous