## * Trails maintained by MHH

\#\# Designated Wilderness Area (limit 10 hikers/group in NC, 12 hikers/group in GA)

| $\begin{array}{\|l} \hline \text { Jul } 2 \\ 9 \text { AM } \\ \text { C3 } \end{array}$ | Long Creek Falls in the Three Forks Area of the A.T. From the falls, we will continue up the AT to an old cemetery (Hickory Flats) and hike until we hit approx. 3 miles, making a round trip of 6 miles. This is a gorgeous drive and hike deep in the forest of Fannin County. <br> Meet: Food Lion in Blue Ridge <br> Leader: NEEDS HIKE LEADER |
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| $\begin{aligned} & \hline \text { Jul 2 } \\ & \text { 8AM } \\ & \text { E4 } \end{aligned}$ | Kimsey Creek Trail from Back Country Information Center in Standing Indian area to Deep Gap then climb Standing Indian Mountain, then return on the Lower Ridge Trail. <br> A hike of appr. 11 miles <br> Meeting: Ingles parking lot in Hayesville <br> Leader: Irene Reiner 706-970-9822 |
| Jul 4 | Holiday - No Hike |
| $\begin{aligned} & \hline \text { Jul } 9 \\ & \text { 9AM } \\ & \text { B1 } \end{aligned}$ | Benton Falls, Red Leaf, Arbutus, Azalea, Clear Creek Trails in the Chilhowee Recreation Area in east Tennessee. 4.8 mile easy trail ( $2: 45$ hours). Fee area or bring pass. 45 mile drive to trailhead from meeting place. <br> Meet: Piggly Wiggly Parking lot in Ducktown, TN <br> Leader: NEEDS HIKE LEADER |
| $\begin{aligned} & \hline \text { Jul } 9 \\ & \text { 9AM } \\ & \text { C3 } \\ & \hline \end{aligned}$ | Mooney Gap to Timber Ridge Trail in Standing Indian area. 5 miles on the AT plus 2.5 on the Timber Ridge for a total of 7.5 miles. Shuttle required. <br> Meeting: Ingles parking lot in Hayesville <br> Leader: Marjorie Hornsby 828-415-1530 |
| $\begin{array}{\|l\|} \hline \text { Jul 11 } \\ \text { 9AM } \\ \text { B1-2 } \end{array}$ | Leisure Hike - NEW: Fish Gap West ca. 2.5 Miles and Return on New, Leveled Trail Yes, it's part of the Duncan Ridge Trail, but not that old trail up-and-down over every mountaintop as originally laid out in the 1970s by a very inept route designer! This newly finished trail if beautiful and easy and it glides fairly evenly around the upper sides of three mountains. And it is great trail, machine-dug, two-to-three feet wide, very shady - a great and easy summer walk. We hike out about 2.5 miles and return to Fish Gap for total trekking of about five miles. <br> Meet at Park \& Ridge in Blairsville (9:00) or Mulky Gap (9:20) - notify leader in advance if choosing the latter, please. <br> Leader: George Owen 706-374-4716 |
| $\begin{array}{\|l\|} \hline \text { Jul } 11 \\ \text { 8AM } \\ \hline \end{array}$ | NC / GA Trail Maintenance Day. <br> Contact: Bronco Burnsworth 315-591-3167 |
| $\begin{array}{\|l} \hline \text { Jul 16 } \\ \text { 9AM } \\ \text { B2 } \end{array}$ | Emery Creek Falls. 5 miles in and out. A delightful walk in the Cohuttas which ends in a pair of waterfalls: The first is $40-50 \mathrm{ft}$ high, the second is about 25 ft high. The walk is along Emery Creek and involves about 12 stream crossings, so bring poles - should be nice and cool down by the creek. <br> Meet: Ellijay Park \& Ride <br> Leader: Mike Pilvinsky 706-889-5254 |
| Jul 16 8AM D3 | Bartram Trail Northward from Warwoman Dell (3 miles east of Clayton) to Pinnacle Peak and Return 8.5 miles <br> Meet: Macedonia Baptist Church rear lot east of Hiawassee <br> Leader: Irene Reiner 706-970-9822 |
| $\begin{array}{\|l} \hline \text { Jul } 18 \\ \text { 9AM } \\ \text { B1 } \\ \hline \end{array}$ | Leisure Hike - SUMMER COOLER - Central Loop and Upper Ridge Loop at Jackrabbit Bike/Hiking Trails - Yes, cool and easy on two interlocking loops at Jackrabbit Campground Area on Lake Chatuge in NC. This is a very pleasant 4.6 -mile walk. |


|  | Meet at Bike/Hiking Trails parking on left as you first enter Jackrabbit Forest Service preserve off NC 175. <br> Leader: Laurie Columbo 530-295-7639 |
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| $\begin{aligned} & \hline \hline \text { Jul } 18 \\ & \text { 8AM } \\ & \hline \end{aligned}$ | NC / GA Trail Maintenance Day. <br> Contact: Bronco Burnsworth 315-591-3167 |
| $\begin{array}{\|l} \hline \text { Jul } 23 \\ \text { 9AM } \\ \text { B2 } \end{array}$ | Turtletown Creek Falls, near Farner, TN. A moderate 4 mile round trip hike to two of the prettiest waterfalls in the area. Hiking sticks recommended. ( $\approx 3 \mathrm{hrs}$ ). <br> Meet: SE corner of Hwy 64 and 19/129 in NC. <br> Leader: NEEDS HIKE LEADER |
| $\begin{array}{\|l} \hline \text { Jul 23 } \\ \text { 9AM } \\ \text { D3 } \end{array}$ | Winding Stair Gap to Siler Bald on the AT. A 9.4 mile hike with 1,400 ft. elevation change. Outstanding view from the top of the Bald. <br> Meeting: Ingles parking lot in Hayesville <br> Leader: Steve Dennison 706-299-6825 |
| $\begin{array}{\|l} \hline \text { Jul 25 } \\ \text { 9AM } \\ \text { B3-4 } \end{array}$ | Leisure Hike - Woody Gap to Gooch Gap - This Appalachian Trail hike was canceled in spring, so now here it is again. Yes, there are two short climbs up little peaks mid-way, each with a lovely rock vista, but otherwise it's moderately easy. Distance is a little over three miles with a moderate shuttle. <br> Meet at parking space on U.S. 19 and GA 180 east toward Brasstown. <br> Leader: NEEDS HIKE LEADER |
| $\begin{aligned} & \text { Jul } 25 \\ & \text { 8AM } \\ & \hline \end{aligned}$ | NC / GA Trail Maintenance Day. <br> Contact: Bronco Burnsworth 315-591-3167 |
| $\begin{array}{\|l\|} \hline \text { Jul 30 } \\ \text { 9AM } \\ \text { C3 } \end{array}$ | Coker Creek trail to BMT, then out to Hwy 68-7 miles, first 3 miles along a nice mountain stream with some waterfalls and cascades. <br> Meet: Piggly Wiggly in Ducktown <br> Leader: NEEDS HIKE LEADER |
| $\begin{array}{\|l} \hline \text { Jul } 30 \\ \text { 9AM } \\ \text { E3 } \end{array}$ | Betty's Creek Gap to Beech Gap in the Standing Indian Area. 10.2 miles total. At Betty's Creek Gap, go southbound on the AT for 7.8 miles to Beech Gap, then down 2.4 miles on the Beech Gap Trail. Short shuttle required. <br> Meet: Ingles parking lot in Hayesville <br> Leader: Marjorie Hornsby 828-415-1530 |
| $\begin{aligned} & \hline \text { Aug 1 } \\ & \text { 9AM } \\ & \text { B1 } \end{aligned}$ | TN BMT, FS. Rd. 221 to Thunder Rock Campground - Yep, short, easy, mostly downhill (one little uphill), shady, and always popular. Trek 3.1 miles downhill on the Benton MacKaye Trail to the Toccoa River. <br> Meet at Piggly Wiggly parking in Ducktown, TN. <br> Leader: Laurie Columbo 530-295-7639 |
| $\begin{array}{\|l\|} \hline \text { Aug } 1 \\ \text { 8AM } \\ \hline \end{array}$ | NC / GA Trail Maintenance Day. <br> Contact: Bronco Burnsworth 315-591-3167 |
| $\begin{aligned} & \text { Aug } 6 \\ & \text { 9AM } \\ & \text { C2\#\# } \end{aligned}$ | Lake Winfield Scott-Jarrard Gap- Slaughter Gap loop. This is a pleasant 6 mile $(\approx 3: 30 \mathrm{hr}$ ) hike with moderate ascents and descents. (\$5.00 or Golden Age Pass at Lake Winfield Scott). <br> Meet: Choestoe Baptist Church parking lot on Hwy 180. <br> Leader: Candy Retter 706-897-9538 |
| $\begin{aligned} & \text { Aug } 6 \\ & \text { 8AM } \\ & \text { D3 } \end{aligned}$ | Park Creek Trail and Park Ridge Trail loop in Standing Indian area for a 9 mile hike. Begin at Park Gap, take Park Ridge Trail to Nantahala River, then Park Creek Trail back to cars. <br> Meet: Ingles parking lot in Hayesville <br> Leader: Irene Reiner 706-970-9822 |
| $\begin{aligned} & \text { Aug } 8 \\ & \text { 9AM } \\ & \text { B2 } \end{aligned}$ | Leisure Hike - PARTLY NEW - Wayah Bald on AT to First FS Rd. 69 Crossing \& Morgan Falls - This is a two-part hike (separate locations), with the first part new for leisure hikes. Drive to Wayah Bald parking, trek to the observation tower for the grand view, then hike south to the first Forest Service road crossing south of Wine Spring Bald. |


|  | Then travel a short distance to the parking lot for the Rufus Morgan Falls - loop in-andout there. Total distance is 4.6. Short shuttle involved. <br> Meet at 9:00 at Ingles parking, Hayesville, or at 9:40 at Wayah Gap where FS gravel road leaves the gap. <br> (Suggest leader contact Geo. Owen about shuttle details on road to/at Wayah.) <br> Leader: NEEDS HIKE LEADER |
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| $\begin{array}{\|l\|} \hline \text { Aug } 8 \\ \text { 8AM } \\ \hline \end{array}$ | NC / GA Trail Maintenance Day. <br> Contact: Bronco Burnsworth 315-591-3167 |
| $\begin{array}{\|l\|} \hline \text { Aug } 13 \\ \text { 9AM } \\ \text { B3 } \end{array}$ | Kimsey Creek Trail in Standing Indian area. Hike beside a beautiful stream for about 5 miles in and out. ( $\approx 2: 40 \mathrm{hrs}$ ) <br> Meet: Ingles Parking Lot in Hayesville. <br> Leader: Marjorie Hornsby 828-415-1530 |
| $\begin{aligned} & \hline \text { Aug } 13 \\ & \text { 9AM } \\ & \text { D3 } \end{aligned}$ | Jacks River - Cohutta Wilderness Hike : This is a 9.2 mile hike with $<400$ foot elevation change, going from Dally gap in the Cohutta's 4.6 miles down Jacks River Trail (one of the prettiest areas in the Cohutta's) to a beautiful lunch spot with a swimming hole, then back out. There will be 3 river crossing each way which are knee deep, so bring water shoes and poles. This will be a great escape from the summer heat. Plan on getting wet, so bring a change of clothes!! <br> Meet: Home Depot on 515 in Blue Ridge <br> Leader: NEEDS HIKE LEADER |
| $\begin{aligned} & \text { Aug15 } \\ & \text { 9AM } \\ & \text { B2 } \end{aligned}$ | Leisure Hike - PARTLY NEW - Unicoi Lodge to Helen's Hofer German Restaurant for Lunch, on to Hardeman Farm on New Trail - Overall this almost 5-mile hike is downhill with one modest uphill before Helen. After early lunch walk the wonderful riverside paved Helen-Hardeman Farm Trail. Drivers should have state park pass or pay $\$ 5$ fee. Meet at parking space at U.S. 19 \& GA 180 east toward Brasstown (south of Blairsville). Leader: Jo Hubbard 727-743-3372 |
| $\begin{array}{\|l} \hline \text { Aug } 15 \\ \text { 8AM } \\ \hline \end{array}$ | NC / GA Trail Maintenance Day. <br> Contact: Bronco Burnsworth 315-591-3167 |
| $\begin{aligned} & \hline \operatorname{Aug} 20 \\ & \text { 9AM } \\ & \text { B3 } \end{aligned}$ | Go up from Hwy 180 to Brasstown Bald parking lot with option to go to top if it's a clear day then back down to Jacks Gap. 360 views at the top. <br> Meet: Jacks Gap at base of Brasstown Bald on Hwy 180. <br> Leader: Kim Blankenship 770-880-8358 |
| $\begin{aligned} & \hline \text { Aug } 20 \\ & \text { 8AM } \\ & \text { E4 } \end{aligned}$ | Standing Indian Area. Rock Gap to Albert Mountain on the AT. A 12 mile in and out hike. Some of the best views in Standing Indian area at the fire tower. Lunch on the summit. <br> Meet: Ingles parking lot in Hayesville <br> Leader: Irene Reiner 706-970-9822 |
| $\begin{array}{\|l\|} \hline \text { Aug } 22 \\ \text { 9AM } \\ \text { B1-2 } \\ \hline \end{array}$ | Leisure Hike - TN Benton MacKaye Trail, Unicoi Gap to Hwy. 68 \& Maybe Buck Bald This is a moderately easy hike of 4.7 miles, with the only significant little uphill at the first 350 yards - the rest is rather flat to undulating, with much of the final mile downhill. There will be a shuttle of some miles, but may include a side trip to Buck Bald for those desiring a drive to a terrific three-state view. <br> Meet at old Piggly Wiggly parking lot in Ducktown, TN <br> Leader: Anne Anderson 423-284-7032 |
| $\begin{array}{\|l\|} \hline \text { Aug } 22 \\ \text { 8AM } \\ \hline \end{array}$ | NC / GA Trail Maintenance Day. <br> Contact: Bronco Burnsworth 315-591-3167 |
| $\begin{aligned} & \hline \operatorname{Aug} 27 \\ & \text { 9AM } \\ & \text { B3 } \\ & \hline \end{aligned}$ | Yellow Mountain Trail in the Coopers Creek Wildlife Management Area. 4.7 miles and 800 foot elevation change. The Yellow Mountain Trail to the top, then the Shope Gap Trail to the Duncan Ridge Road, follow the road to the Mill Shoal Creek Trail which will take us back to the Campground. For those who are interested, following the main hike, we will add an additional easy $2.0+$ mile hike along Cooper Creek to see old home sites |

$\left.\begin{array}{|l|l|}\hline & \begin{array}{l}\text { of the Harkins and Shope clans, an old mill site and a dam site on Cooper Creek and the } \\ \text { grave site of an ancestor involved in the Cherokee Removal. One easy, shallow, wet } \\ \text { crossing of Cooper Creek required } \\ \text { Meet at Park and Ride in Blairsville. } \\ \text { Leader: NEEDS HIKE LEADER }\end{array} \\ \hline \begin{array}{l}\text { Aug 27 } \\ \text { 9AM } \\ \text { D3 }\end{array} & \begin{array}{l}\text { Green Mountain Trail in Fannin County 10 mile in and out hike with moderate elevation } \\ \text { gain. Includes the Green Mountain Trail for 7 miles and the connector to Long Branch } \\ \text { Loop for an additional 3 miles. } \\ \text { Meet: Food Lion parking lot in Blue Ridge } \\ \text { Leader: Steve Dennison 706-299-6825 }\end{array} \\ \hline \begin{array}{l}\text { Aug 29 } \\ \text { 9AM } \\ \text { B1-2 }\end{array} & \begin{array}{l}\text { Leisure Hike - SUMMER COOLER - TWO TRAILS OF LAKE NOTTELY IN GA - } \\ \text { First is the 2.5-mile fairly new Lake Nottely Loop Trail near the intersection of GA 325 } \\ \text { and Loving Rd. Then we conclude by driving across Nottely Dam to a short 0.6 mi. uphill } \\ \text { trail and walking the road back down...with maybe a bit of a walk along the Nottely River } \\ \text { near our vehicles. } \\ \text { Meet at southern-most (main) parking lot of new Lake Nottely Trail just north of Loving } \\ \text { Rd. intersection off GA 325. } \\ \text { Leader: Kim Blankenship 770-880-8358 }\end{array} \\ \hline \begin{array}{ll}\text { Aug 29 } \\ \text { 8AM }\end{array} & \begin{array}{l}\text { NC / GA Trail Maintenance Day. } \\ \text { Contact: Bronco Burnsworth 315-591-3167 }\end{array} \\ \hline \text { Sep 3 } & \begin{array}{l}\text { Raven Cliffs Trail. A scenic 5 mile round trip hike along a cascading mountain stream } \\ \text { to towering cliffs with two waterfalls. } \\ \text { Meet: Choestoe Baptist Church parking lot on Hwy 180. } \\ \text { Leader: Sue Astley 404-702-0273 }\end{array} \\ \hline \text { B3 } & \begin{array}{l}\text { Arkaquah to Brasstown Bald - Wagon Train out. Rocky footing. 12 miles - Shuttle. } \\ \text { Meet: Arkaquah trailhead } \\ \text { Leader: Irene Reiner 706-970-9822 }\end{array} \\ \hline \text { Sep 12 } \\ \text { 9AM } \\ \text { B2 }\end{array} \quad \begin{array}{l}\text { Leisure Hike - Several Interlocking Trails of the Tanasi Trail System - This hike of about } \\ \text { 5 miles (maybe slightly over) is fairly easy overall, with much of the latter part mildly } \\ \text { downhill, all from FS Rd. 221 to the Whitewater Center of the Ocoee River in TN. Trails }\end{array}\right]$

|  | to be walked: Benton MacKaye briefly, then Quartz and Quartz Loop, followed by the 1330 Bypass, portion of Chesntnut Mtn. Loop, and eastern part of the Bear Paw Loop to the Whitewater Center. Moderate shuttle involved; federal senior or other pass or modest fee at Whitewater Center parking. <br> Meet at Piggly Wiggly parking lot in Ducktown, TN <br> Leader: NEEDS HIKE LEADER |
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| $\begin{aligned} & \hline \text { Sep } 12 \\ & \text { 8AM } \end{aligned}$ | NC / GA Trail Maintenance Day. <br> Contact: Bronco Burnsworth 315-591-3167 |
| $\begin{array}{\|l\|} \hline \text { Sep } 17 \\ \text { 9AM } \\ \text { C2 } \end{array}$ | Bear Paw and Chestnut Mountain Loop Trails by he Ocoee Whitewater Center C3 about 8 miles. Moderate Hike <br> Meet: Piggly Wiggly in Ducktown <br> Leader: Doug \& Evelin Yarns 828-837-7237 |
| $\begin{array}{\|l} \hline \text { Sep } 17 \\ \text { 8AM } \\ \text { D4 } \end{array}$ | Wayah Crest to Wayah Bald on the AT. Trail climbs from 4, 188 ft . at Crest to $5,342 \mathrm{ft}$. at observation tower with some ups and downs in between. 8.4 miles round trip. <br> Meet: Ingles parking lot in Hayesville <br> Leader: Irene Reiner 706-970-9822 |
| $\begin{array}{\|l} \hline \text { Sep } 19 \\ \text { 9AM } \\ \text { B2 } \end{array}$ | Leisure Hike - Last Summer Trek - Betty Creek Gap Trail, AT South to Overlook and Return - This is a popular hike of 4.4 miles in and out to a terrific vista in 2.2 miles from the trailhead - and hopefully today with a good hint of early fall in the air. This vista at 2.2 mi. in looks out from atop Little Ridgepole to Pickens Nose, Little Tennessee Valley, and Whiteside and Rabun Bald mountains. The first mile has several hundred feet of modest uphill, but the rest is quite easy along a ridge or downhill in return. Most of the trek is along the Appalachian Trail in and out. <br> Meet at Ingles, Hayesville, NC <br> Leader: Marjorie Hornsby 828-415-1530 |
| $\begin{array}{\|l\|} \hline \text { Sep } 19 \\ \text { 8AM } \\ \hline \end{array}$ | NC / GA Trail Maintenance Day. <br> Contact: Bronco Burnsworth 315-591-3167 |
| $\begin{array}{\|l\|} \hline \text { Sep } 24 \\ \text { 9AM } \\ \text { B4 } \end{array}$ | Hike in Eagles Nest Park at the summit of Mt. Oglethorpe, the original terminus for the Appalachian Trail in Georgia. Spectacular views to Amicalola Lodge to the North, and to Stone Mountain, the Atlanta Skyline, and Kennesaw Mountain to the South. 2 mile moderate hike with 500 feet ascent in $\sim 2$ miles. Afterwards, as an option, travel 20 minutes to Burnt Mountain Preserve and hike the Champions Creek trail for 2 miles with 800 foot ascent. <br> Meet at Ellijay park and ride. <br> Leader: Steve Dennison 706-299-6825 |
| $\begin{array}{\|l} \hline \text { Sep } 24 \\ \text { 9AM } \\ \text { D4 } \end{array}$ | Standing Indian Area. Beech Gap Trail to the AT - south on the AT to Standing Indian Mountain and then down the Lower Ridge Trail to the campground. Approx 10 miles modest to strenuous hike. <br> Meeting: Ingles parking lot in Hayesville <br> Leader: Marjorie Hornsby 828-415-1530 |
| Sep 26 9AM <br> B2 | Leisure Hike - FIRST FALL HIKE - Springer Mtn. Loop - It's finally autumn, hopefully cooler, and the trek features two great rock vistas along the way, one each on the Appalachian Trail and the Benton MacKaye Trail. We first summit Springer Mountain for the wonderful AT southern terminus vista. Then we backtrack 0.2 mile to the BMT southern terminus, and follow that trail much of the next 3.2 miles past the Benton MacKaye monument and an equally wonderful vista, until we intersect the AT again to return to the AT parking lot - total hiking distance of 4.7 miles. Your leader has made arrangement for one of the old timers who has maintained both trails in the area in the distant past to be along with us to share his tales of that (some perhaps with a bit of malarkey!). <br> Meet at Blairsville park \& ride lot at 9:00 or Springer Mtn. AT parking lot at 9:40. <br> Leader: George Owen 706-374-4716 |

8AM
Contact: Bronco Burnsworth 315-591-3167
Please contact the Hike Leader or visit www.mountainhighhikers.org for schedule changes
In order to accommodate different hiking levels, we might do "timed-in-and-out" hikes.
Hike Rating: Distance: $\mathbf{A}=$ up to 3 miles Terrain / Footing: $1=$ easy

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\begin{array}{ll}
B=3-6 \text { miles } & 2=\text { average } \\
C=6-8 \text { miles } & 3=\text { moderate } \\
D=8-10 \text { miles } & 4=\text { strenuous } \\
E=\text { over } 10 \text { miles } & 5=\text { very strenuous }
\end{array}
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