MOUNTAIN HIGH HIKERS CALENDAR Summer 2023

❖❖ Trails maintained by MHH

Designated Wilderness Area (limit 10 hikers/group in NC, 12 hikers/group in GA)

July 4	No Short Hike Scheduled
July 4	No Long Hike Scheduled
July 6 B2	Leisure Hike - Quartz Loop & BMT to Thunder Rock Campground, TN - This 5-plus mi. hike includes the 2 mi. Quartz Mtn. Loop off FS Rd. 221 in TN, then mostly downhill Benton MacKaye Trail to Thunder Rock Campground. Modest shuttle. Please contact Ralph Collinson (904) 305-7139 if you plan to do this hike.
July 6	Trail Maintenance Fires Creek – Leatherwood Falls to to the 2 nd road crossing via the Rim Trail 2.5 miles. If you can help out contact Steve Dennison at (706) 299-6825.
July 11 B2	Turtletown Creek Falls, near Farner, TN. A moderate 4 mile round trip hike to two of the prettiest waterfalls in the area. Hiking sticks recommended. Please contact Frank and Michelle Maloney (maloneyfm@gmail.com) if you plan to do this hike.
July 11 D3	From Skeenah Creek (Hwy 60) hike SOBO on the BMT to the Swinging Bridge. Return the same way. Elevation gain in both directions for a total of about 8.4 miles. Moderately strenuous. Please call or text Susan Paul (407) 663-4457 if you plan to do this hike.
July 13 B2	Leisure Hike - Hanging Dog, NC - PART NEW - Briefly we start at the shortest loop possible out of the upper parking lot, take the connector trail, then loop around the lower Hanging Dog low trails back to the parking lot just off the lakeside picnic area, where we lunch - over 4 miles with short shuttle Please contact Evelyn Yarns (919) 530-9640 if you plan to do this hike.
July 13	Trail Maintenance Chunky Gal. Boteler Peak to Parry Gap. Mostly downhill 3.5 mile moderate trip. Brush cutting, lopping and water diversion work. If you can help out contact Michael O'Brien at (706) 994-1569.
July 18 C2	Grassy Mountain Firetower and Lake Conasauga Loop. In the Cohutta's, 6.2 miles, great view from tower. This hike is cancelled.
July 18 D3	Standing Indian area: Mooney Gap to Carter Gap Shelter on the AT and return. About 9.5 miles. This hike is cancelled.
July 20 B2	Leisure Hike - Lake Nottely trails, GA - First we do the newer trail, the 2.5 one just off Loving Rd. on GA 325, then travel across the dam and below for a bit more trail walking - about 4 mi. Please contact Marsha & Jim Shuford (941) 320-4651 if you plan to do this hike.
July 20	Trail Maintenance Wagon Train Trail (Wilderness) - From Brasstown Bald Parking Lot 1.5 miles in and back to sling blades two areas of briars Easy climb on return. If you can help out contact Bill Johnston at (994) 931-1947.
July 25 B3	Kimsey Creek Trail in Standing Indian area. Hike beside a beautiful stream for about 5 miles in and out. (≈2:40 hrs) Meet: Ingles Parking Lot in Hayesville. This hike is cancelled
July 25 D3	Hogpen Gap to Low Gap Shelter on the AT and return. About 9.5 miles. Moderately strenuous. Please contact Kelly Motter (979) 480-6413 if you plan to do this hike.
July 27 B1	Leisure Hike - Chestnut Mountain Trail in TN from FS. Rd. 221 to parking lot just past Whitewater Center site - 4 to 5 miles depending on which side of the Bear Paw Loop you take. Shuttle. Please contact Ralph Collinson (904) 305-7139 if you plan to do this

	hike.
July 27	Trail Maintenance - OPEN
Aug 1 C3	Coker Creek trail to BMT, then out to Hwy 68 – 7 miles, first 3 miles along a nice mountain stream with some waterfalls and cascades. This hike is cancelled.
Aug 1 D4	Aska area: Weaver Creek to Rocky Mountain on the BMT- out and back. Elevation gain in both directions. About 8.5 miles. Strenuous. Please contact Kelly Motter (979) 480-6413 if you plan to do this hike.
Aug 3 B2-3	Leisure Hike - NEW PARTLY - Appalachian Trail in GA from Hogpen Gap north, part over new sidehill trail avoiding former mountain climb and descent on Poor Mtn This now longer route is made easier by going around the east side of Poor Mtn. on brand new trail just completed instead of over the peak. We'll turn around and head back in the gap between Poor Mountain and Sheep Rock Top. Round trip distance - about 5 mi. Please contact George Owen (706) 374-4716 if you plan to do this hike.
Aug 3	Trail Maintenance Jack Rabbit Mtn Trail Easy 2.3 mile trail. Brush cutting and lopping. Leader needed.
Aug 8 C3	Long Creek Falls in the Three Forks Area of the A.T. From the falls, we will continue up the AT to an old cemetery (Hickory Flats) and hike until we hit approx. 3 miles, making a round trip of 6 miles. This is a gorgeous drive and hike deep in the forest of Fannin County. Please contact Ken Cissna (kcissna@usf.edu) if you plan to do this hike.
Aug 8 D3	Glade Gap on Chunky Gal to the peak and back. Meet at Hayesville Ingles at 8:30. Please contact Bronco Burnsworth (315) 591-3167 if you plan to do this hike.
Aug 10 B3	Leisure Hike - Boyd Gap to Thunder Rock Campground, TN - A perpetual favorite, most of this trek is mostly downhill on four different trails, the latter three alongside the Ocoee River - ca. 5 mi. Please contact Darcy Douglas(404) 431-3614 if you plan to do this hike.
Aug 10	Trail Maintenance - OPEN
Aug 15 B2	Cooper Creek Sampler - Begin at the Cooper Creek Parking Area and hike the 1.7 mile Eye on Wildlife trail back to Parking Lot. From there we will continue hiking over to the Yellow Mountain Trail to Shope Gap Trail and Duncan Ridge Rd Mill Shoals and back to Parking Lot for another 5 mile hike. If we have time, we'll go over to Sea Creek Falls. This is a very scenic area around Coopers Creek and features easy to moderate hiking. Meet at Blairsville Park and Eride 8:30am. Please text only 770 880 8358 Kim Blankenship.
Aug 15 D3	Three Forks to Hawk Mountain Shelter on the AT and side visit to Long Branch Falls on the BMT. About 8 miles. Please contact Ann Sylvester (239) 543-9563 if you plan to do this hike.
Aug 17 B3	Leisure Hike - NEW in NC - Trek northbound, mostly on old roadbed paralleling the Chunky Gal Trail part way from Perry Gap to Tate Gap and a bit beyond, then back. This route affords open and awesome mountain views eastward across a deep valley - ca. 3 mi. Leader may throw in about a mile on old abandoned and very shady U.S. 64 down below in the trip's latter stage if group decides to do this all-downhill addition. Please contact George Owen (706) 374-4716 if yuou plan to do this hike.
Aug 17	Trail Maintenance Chunky Gal –Boteler Trailhead to Hwy 64 and side trip to Boteler Peak. Brush cutting and lopping. If you can help out contact Bill Johnston at (994) 931-1947.
Aug 22 B2	Flat Creek Loop in Fannin County. This 5.8 mile loop hike begins at Deep Gap on Aska Road and is rated average difficulty. Please contact Bob Frankis if you plan to do this hike.
Aug 22 D3	Watson Gap Loop hike on the BMT to Jack's River Trail to Hemp Top Trail to Dally Gap and back to the BMT. About 9 miles. Several water crossings, poles strongly

	Susan Paul (407) 663-4457 if you plan to do this hike.
Aug 24 B1-2	Leisure Hike - Hardman Farm & Smithgall Woods St. Park with lunch, GA - We start the morning with the state hour tour of the Hardman Farm grand old home, visit the adjoining farm buildings, then walk each way on the mile-long farm-to-Helen paved trail along the Chattahoochee River. Then it's lunch at Hofer's German Restaurant in Helen. After lunch we do the 1.5 mi. Laurel Ridge Trail at Smithgall Woods with awesome vista of Yonah Mtn., walking back to vehicles on short riverside trek. Day's total trek - little ovder 3.5 mi. Return home over the Richard Russell Scenic Hwy. Please contact Ralph Collinson (904) 305-7139 if you plan to do this hike.
Aug 24	Trail Maintenance - OPEN
Aug 29 C3	Green Mountain Trail in Fannin County. From Deep Gap trailhead on Aska Road over Green Mtn and down to Lake Blue Ridge and back. 7 miles, in and out, moderate. Meet: Food Lion, Blueridge or trailhead. Please contact Candy Retter (706) 897-9538 if you plan to do this hike.
Aug 29 D3	Winding Stair Gap to Siler Bald on the AT and return. Great views from Siler Bald, beautiful in all seasons. About 9.5 miles. Strenuous. Please contact Steve Dennison (706) 299-6825 if you plan to do this hike. Standing Indian Area- Beech Gap Trail to the AT. Hike north on the AT to Timber Ridge Trail. Take Timber Ridge Trail down to the road. Short shuttle required. Moderately strenuous. Need hike leader.
Aug 31 B3	Leisure Hike - Big Frog Trail - BMT near-loop in TN - Start out on the very gradually climbing Big Frog Trail off FS Rd. 221, turn east short way on Rough Creek Trail, then take the last three miles to FS Rd. 221 on the Benton MacKaye Trail with two stream crossings where you may get your feet wet - majority of trek in the Big Frog Wilderness. NOTE: Distance is a little over 5 miles with some fairly steady uphill the last 1.5 mi. Short shuttle. Please contact Ken Cissna (kcissna@usf.edu) if you plan to do this hike.
Aug 31	Trail Maintenance Ravens Cliff Falls (Wilderness) – 2.5 miles along Dukes Creek and return. Moderate up at beginning and creek crossing. Level but rough trail with moderate up at end. Leader needed.
Sept 5 C3	Standing Indian Area. Rock Gap to Glassmine Gap on the AT and back for 6 miles. or take Rock Gap to Glassmine Gap on the AT and down to Standing Indian campground for 5 miles and a short shuttle. Beautiful views, rhododendron canopy, old shelter Please text only 770 880 8358 Kim Blankenship.
Sept 5 D3	Lake Winfield Scott- hike up Slaughter Creek Trail to the AT. Take the AT NOBO to Blood Mountain. Return SOBO on the AT to Jarrard Gap. Take Jarrard Gap back to LWS. About 8 miles. Entrance fee required at LWS. Please contact Candy Retter (706) 897-9538 if you plan to do this hike.
Sept 7 B2	Leisure Hike - Albert Mtn. north & south in NC. We start at Albert Mtn. parking and go north 1.5 mi. to downhill turn, come back, drive to Bear Pen Trail crossing and take the Appalachian Trail south to Mooney Gap, where before the gap we visit a huge patch of highly-colorful bright bee-balm in bloom. This provides an opportunity also for those willing to climb the AT up the north side of Albert Mtn. for the spectacular view and return the same way. Please contact Doreen Sasso (239) 565-8482 if you plan to do this hike.
Sept 7	Trail Maintenance - OPEN
Sept. 12 C3	Standing Indian Area- Beech Gap Trail to the AT. Hike north on the AT to Timber Ridge Trail. Take Timber Ridge Trail down to the road. Short shuttle required. Moderately strenuous. Need hike leader.
Sept. 12 D4	Winding Stair Gap to Siler Bald on the AT and return. Great views from Siler Bald, beautiful in all seasons. About 9.5 miles. Strenuous. Please contact Steve Dennison

	(706) 299-6825 if you plan to do this hike.
Sept 14 B2	Leisure Hike -Tallulah Gorge St. Pk., GA and lunch - This magnificent northeast GA gorge south of Clayton affords rim-viewed waterfalls from trails on both rims. We start the trek using part of an old familiar trail from which a new loop not used before departs - we'll loop that loop. We eat lunch at a new restaurant across from the park entrance. Early afternoon we visit the paved trail on the west side of the park - old railroad bed. Daily mileage between 4 and 5 mi. Please contact George Owen (706) 374-4716 if you plan to do this hike.
Sept 14	Trail Maintenance
	High Shoals – Lopping, hand sawing, and water diversion work. 3 miles round trip. If you can help out contact Michael O'Brien at (706) 994-1569.
Sept. 19 B3	Bear Hair Trail in Vogel State Park. Loop hike of about 4 miles ($\approx 3:00$ hrs) with some moderate to steep climbs. Bring hiking sticks and State Park pass or \$5. Please contact Eddie Cole (225) 620-6362 if you plan to do this hike.
Sept. 19 D5	Vogel State Park to Blood Mountain via Bear Hair Gap Trail to Coosa Backcountry Trail to Duncan Ridge Trail and the AT. Return the same way. About 10 miles, with 2400 Ft of elevation gain. Strenuous. Please contact Linda Hiles (954) 445-4358 if you plan to do this hike.
Sept 21 B3	Leisure Hike - Brasstown Bald's Wagon Train Trail in GA. Travel out 2.2 mi. to second overlook with view of visitors center tower and back - ca. 4.5 mi. r.t. High and cool ridge walk to celebrate fall's coming this week. Please contact Ralph Collinson (904) 305-7139 if you plan to do this hike.
Sept 21	Trail Maintenance - OPEN
Sept. 26 C3	Chunky Gal Trail from Glade Gap to the summit of Boteler Peak which has perhaps the best views of any summit in the Nantahala's. This hike requires a shuttle. Optional meal out afterwards. Please contact Pam Sullivan (pams24@tds.net) if you plan to do this hike.
Sept. 26 D3	Dick's Creek Gap to Kelly Knob going SOBO on the AT. Return same way. About 9 miles. Strenuous. Need hike leader.
Sept 28 B1	Leisure Hike - Murphy River Walk - This perpetual easy favorite along the Hiwassee and Valley rivers is in-and-out with variation coming out, for about 4 mi. rt. Please contact Paul McCord (epaulmccord@gmail.com) if you plan to do this hike.
Sept 28	Trail Maintenance Desoto Falls – Lopping, brush cutting, and water diversion work. If you can help out contact Steve Dennison at (706) 299-6825.

Please contact the Hike Leader or visit www.mountainhighhikers.org for schedule changes In order to accommodate different hiking levels, we might do "timed-in-and-out" hikes.

Hike Rating: Distance: A = up to 3 miles B = 3 - 6 miles C = 6 - 8 miles D = 8 - 10 miles E = over 10 miles E = very strenuous E = very strenuous