MOUNTAIN HIGH HIKERS CALENDAR Winter 2016

Jan 5 9 AM	Bear Paw and Chestnut Mountain loop trails opposite the Whitewater Center in the Ocoee Gorge, TN. A moderate 7.7 mile hike. Good winter views of gorge.
C3	Piggly Wiggly in Ducktown, Tn. Ginny Smith 706-258-8716
Jan 5 9 AM D3	Hike Inn Trail. 4.9 miles from Amicalola Falls State Park to Len Foote Hike Inn, 4.9 miles return. 9.8 mi total. Several moderate climbs. Option to return on the Approach Trail. Park and Ride in Blairsville Michael Pilvinsky 706-889-5254
Jan 7 10 AM B2	Leisure Hike: Helen to Unicoi State Park. A relatively easy 3 or 6-mile walk from Helen to the lodge at Unicoi. Option of return hike or leave cars at Unicoi for a 1-way hike. About 5.8 miles round trip. Lunch at the lodge or bring your own. Public parking lot in Helen Nancy Shofner 706-745-1657
Jan 7 9:00	NC Trail Maintenance Day Ingles parking lot in Hayesville Bronco Burnsworth 706-745-9610
Jan 12 9 AM C3	Miller Trek This 6.5 mile loop is moderately difficult with an elevation change of 1,400 feet and some rough, rocky footing. Some nice winter views of Lake Chatuge Trailhead parking at Brasstown Valley resort. Bronco Burnsworth 706-745-9610
Jan 12 9 AM D3	Unicoi Gap on the AT to Indian Grave Gap, then back via the Rocky Mountain Trail. Unicoi Gap on Hwy 75 south of Hiawassee Mary Patrick 706-379-4170
Jan 14 9:00	NC Trail Maintenance Day Ingles parking lot in Hayesville Bronco Burnsworth 706-745-9610
Jan 19 9 AM D3	Yonah Mountain near Cleveland, GA. A 5 mile moderately strenuous round trip with 1,700 feet elevation gain. Trail is a combination of moderate and some steep and rocky sections. Stunning views! Unicoi Gap on Hwy. 75 south of Hiawassee Steve Dennison 706-253-3938
Jan 19 9 AM	Unicoi Gap to Chattahoochee Gap and return on the AT. A 8.8 mile hike. Some rough, rocky footing. Side trip to Blue Mt. Shelter.
C3	Unicoi Gap on Hwy 75 Mary Patrick 706-379-4170
Jan 21 9:30 AM B2	Leisure Hike: Brush Creek Loop from Hwy. 64 Parking south of Ducktown, TN. Easy 5 mile loop with some views of the Ocoee River along the way. Piggly Wiggly in Ducktown, TN Hank Baudet 706-455-5583
Jan 21 9:00	Georgia Trail Maintenance Day. Blairsville Park and Ride Bronco Burnsworth 706-745-9610
Jan 26 9 AM B2	Big Lost Creek is located in TN. on the BMT. Less than six miles in and out. This mostly level hike follows Big Lost Creek. Beautiful gorge, high rock walls on each side. Cascading rapids, falls, and beautiful rock formations on one side. Giant icicles in winter make this a gorgeous winter hike.
Jan 26	Piggly Wiggly Parking lot in Ducktown, Dave Werkheiser 706-669-8439 Hogpen Gap on Richard Russell Hwy to Low Gap Shelter and return. A round trip of 8.4 mi
9 AM D3	on the AT. Nice winter views. Choestoe Baptist Church on Hwy 180 Candy Retter 706-835-1344
Jan 28 9:00	NC Trail Maintenance Day Ingles parking lot in Hayesville Bronco Burnsworth 706-745-9610
Feb 2 9 AM B2	Dally Gap to Jack's River. 5 mi. hike up Hemp Top Trail to intersection with the BMT at Spanish Oak Gap to Jacks River Trail to the river. Bring poles, river shoes if you want to cross the river. Home Depot in Blue Ridge Tom Sewell 706-669-6406
Feb 2 9 AM	Trails of Tallulah Gorge State Park. Hike the North Rim Tr. with its views of several falls, go down Hurricane Falls staircase to the swinging bridge (approx 200 steps each way), then hike the

C3	High Bluff Loop, and maybe trek a portion of Stoneplace TrA moderate hike with no long climbs (except the steps) 6-8 miles depending on what the group decides. Macedonia Baptist Church parking lot east of Hiawassee George Owen 706-897-3366
Feb 4 10 AM B2	Jack Rabbit Trail 5-6 miles of fairly east hiking on the edge of Lake Chatuge. Jack Rabbit parking lot on Jack Rabbit rd. off Hwy. 75 north of Hiawassee Nancy Shofner 706-745-1657
Feb 4 9:00	NC Trail Maintenance Day Ingles parking lot in Hayesville Bronco Burnsworth 706-745-9610
Feb 9 9 AM B3	Benton MacKaye Trail from Hwy. 60 at Wilscot Gap to Skeenah Gap. This 5.3 mile section is constantly going up and down. Many of these short grades are steep. Shuttle required Park & Ride in Blairsville Judie Kean 706-745-4998
Feb 9 9 AM C3	Benton MacKaye Trail from Hwy. 60 across Toonowee Mountain to the suspension bridge and return for 7.2 miles round trip. Elevation change 800 ft. in, 900 ft out. Park & Ride in Blairsville Michael O'Brien 706-745-6260
Feb 11 9:00	Georgia Trail Maintenance Day. Blairsville Park and Ride Bronco Burnsworth 706-745-9610
Feb 16 9 AM B3	Indian Grave Gap to Tray Mountain and back. 5.0 mile moderate hike on the AT to Tray Mt., The trail passes Indian Grave Gap (3113 ft), a fabulous hillside of galax, the "cheese factory" turnoff, a viewpoint just before Tray Mt. (4430 ft). Macedonia Baptist Church parking lot east of Hiawassee Bob and Sue Astley 404-702-0273
Feb 16 9 AM C4	Arkaquah Trail from Trackrock Gap to Brasstown Bald parking lot, then down to Jacks Gap for a total of 7.8 miles of strenuous hiking. Trail ascends 2100 ft. and descends 1400. Spectacular views. Jacks Gap at base of Brasstown Bald on Hwy 180 Dave Werkheiser 706-669-8439
Feb 18 9 AM B37	Leisure Hike: Bear Hair Trail in Vogel State Park. Loop hike of about 4 miles with some moderate to steep climbs. Bring hiking sticks and State Park pass or \$5. 3.9 miles to trailhead Choestoe Baptist Church parking lot on Hwy 180.
Feb 18 9:00	NC Trail Maintenance Day Ingles parking lot in Hayesville Bronco Burnsworth 706-745-9610
Feb 23 9 AM C2	Stanley Gap Trail from Deep Gap parking area on Aska Road to the intersection with the Benton MacKaye Trail and return. 4.5 miles round trip. Moderae climb to BMT and downhill on the return. Food Lion parking lot in Blue Ridge. Ken Cissna 706-636-1741
Feb 23 9 AM C2	Food Lion parking lot in Blue Ridge. Ken Cissna 706-636-1741 Woody Gap to Gooch Gap on the AT. 7.5 miles round trip. A moderate hike with two nice viewpoints. Come see the new re-lo GATC and Konnarock did in 2014. Choestoe Baptist Church parking lot on Hwy 180 Candy Retter 706-835-1344
Feb 25 9:00	NC Trail Maintenance Day Ingles parking lot in Hayesville Bronco Burnsworth 706-745-9610
Mar 1 9 AM C3#	Woody Gap over Big Cedar Mt. to Miller Gap on the AT, then down Dockery Lake Trail for a total of 6.4 miles. Shuttle required. Very scenic hike with flame azaleas in spring Choestoe Baptist Church parking lot on Hwy 180 Cathie Stallings 706-835-1639
Mar 1 9 AM D4	Panthers Creek Falls in the Cohuttas. The hike will start at the Three Forks area, proceed 2.3 miles on East Cowpen Tr., then turn onto Panther Cr Tr down to falls (another 2.3 miles) then back out the same way for 9.2 total miles. Blue Ridge Home Depot Ginnie Smith 706-258-8716
Mar 1 6:00PM	Covered Dish Supper / Business Meeting Sharp Memorial Methodist Church Fellowship Hall in Young Harris. Bring a covered dish for 8. For info call: Candy Retter 706-835-1344 or candy.retter@gmail.com
Mar 3 9:00	Georgia Trail Maintenance Day. Blairsville Park and Ride Bronco Burnsworth 706-745-9610
Mar 8 9 AM C3	BMT: Springer parking lot, up AT to Springer, then BMT to 3 Forks. 7 mi. mod hike. Southern terminus of the AT and the BMT with memorial marker for Benton MayKaye. Beautiful rock outcropping overlook. 3 Forks is the confluence of Stover, Chester and Long Creeks. Shorter

	version for those not wanting to go the whole distance. Food Lion in Ellijay at 9:00 Ken Cissna 706-636-1741
Mar 8 9 AM E4	Long Branch Trail to AT to Albert Mt. 10.5 mi. Up to the AT on Long Branch Trail, from the Backcountry Information Center, hike south on the AT to Albert Mt lookout tower and return. Ingles parking lot in Hayesville George Owen 706-897-3366
Mar 10 B3 10:00	Liesure Hike: Arkaquah Trail from Brasstown parking lot out a couple of miles (maybe to rock overlook) and back. Some hills. Great views. Brasstown Bald parking lot Nancy Shofner 706-745-1657
Mar 10 9:00	NC Trail Maintenance Day Ingles parking lot in Hayesville Bronco Burnsworth 706-745-9610
Mar 15 9 AM B3	Deep Gap (4,341 ft) to the top of Standing Indian Mountain (5,498 ft.) on the AT. This is a 5 mile round trip hike in the Southern Nantahala Wilderness Area. Year-round spectacular views. Ingles Parking Lot in Hayesville Judie Kean 706-745-4998
Mar 15 9 AM D4	Dicks Creek Gap south on the AT to Kelly Knob and return. 9 miles. Macedonia Baptist Church parking lot east of Hiawassee. Michael O'Brien 706-745-6260
Mar 17 9:00	NC Trail Maintenance Day Ingles parking lot in Hayesville Bronco Burnsworth 706-745-9610
Mar 22 9 AM C3	Green Mountain Trail in Fannin County from Shady Falls. Hiking one side of the Long Branch Loop, breaking off at the Long Branch Connector over to the Green Mountain Trail, and taking it to Lake Blue Ridge—then back7 miles. Views of Lake Blue Ridge Food Lion Blue Ridge Ken Cissna 706-636-1741
Mar 22 9 AM D3	Smith Creek Trail from Unicoi State Park to Anna Ruby Falls and back. A moderate 9 mile hike with some rocky footing. Lunch at Falls. Macedonia Baptist Church parking lot east of Hiawassee Dave Werkheiser 706-669-8439
Mar 24 9 AM B3	Leisure Hike: Raven Cliffs Trail. A scenic 5 mile round trip hike along a cascading mountain stream to towering cliffs with two waterfalls. Some difficult footing due to erosion. Choestoe Baptist Church parking lot on Hwy. 180 Cathie Stallings 706-835-1639
Mar 24 9:00	Georgia Trail Maintenance Day. Blairsville Park and Ride Bronco Burnsworth 706-745-9610
Mar 29 9 AM B3	Park Creek Trail with crossover to Park Ridge Trail — Standing Indian area. 5 miles with some stream crossings. A favorite spring hike because of beautiful wildflower display. Ingles parking lot in Hayesville Steve Dennison 706-253-3938
March 29 9 AM E4	Unicoi Gap to Tray Mountain on the AT with return on the Rocky Mountain Trail. A 10.4 mile strenuous hike, 2400 ft. elevation gain. Great view from Tray Mountain. Macedonia Baptist Church parking lot east of Hiawassee. Jerry Carnes 706-896-4690
Mar 31 9:00	NC Trail Maintenance Day Ingles parking lot in Hayesville Bronco Burnsworth 706-745-9610

Please contact the Hike Leader or visit www.mountainhighhikers.org for schedule changes In order to accommodate different hiking levels, we might do "timed-in-and-out" hikes.

Hike Rating: Distance: A = up to 3 miles Terrain / Footing: 1 = easy B = 3 - 6 miles 2 = average C = 6 - 8 miles 3 = moderate D = 8 - 10 miles 4 = strenuous

E = over 10 miles 5 = very strenuous