## MOUNTAIN HIGH HIKERS CALENDAR Summer 2022

## **❖❖** Trails maintained by MHH

## Designated Wilderness Area (limit 10 hikers/group in NC, 12 hikers/group in GA)

July 5 C2	
C2.	Coosa Backcountry Trail from Wolf Creek Rd. bridge to Burnett Gap and Back, or come
C2	back USFS road after seeing Waterfall of this road. 4.5 to 6 miles. <b>Please contact Mary</b>
	Frankis (505) 220-8706 if you plan to do this hike.
July 5	Dicks Creek Gap to Kelly Knob on AT for 9 miles roundtrip. This hike is cancelled.
C3	
July 7	<b>Leisure Hike – PART NEW –</b> Burnett Gap to Reese Farm in GA – Start at highest point
B1	of trek, on GA 180, and mostly downhill trk, first on over mile of Coosa Backcountry Trl,
	then through Vogel State Park and half-way around the park lake, to waterfall, then take
	the connector trail to Byron Herbert Reese Farm. About 4 miles with short shuttle.
	Please contact George Owen (706) 897-3366 if you plan to do this hike.
July 7	Trail Maintenance:
Moderate	Wagon Train (Wilderness) - From Bardstown Bald Parking Lot 1.5 miles in and
Widderate	back to sling blades two areas of briars Easy climb on return.
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T 1 10	Please contact Bill Cox 850 417 0696 if you wish to help out.
July 12	Bettys Creek in the Standing Indian area. 5 miles, moderate hike. Two overlooks. <b>Please</b>
B3	email Pam Sullivan (pams11@tds.net ) if you plan to do this hike.
July 12	Park Creek Trail and Park Ridge Trail loop in Standing Indian area for a 9 mile hike.
E4	Please call or text Michael O'Brien (706) 994-1569 if you plan to do this hike.
July 14	<b>Leisure Hike –</b> Murphy River Walk, NC – Start at old depot and go all the way to end at
<b>B</b> 1	Lowes, come back with part alternate trails at splits – 4 + mi. rt. <b>Please contact Ralph</b>
	Collinson (904) 305-7139 if you plan to do this hike.
July 14	Trail Maintenance
	OPEN
July 19	Testnatee Gap to Wolf Laurel on the AT, 5 miles, B3. A couple short steep sections,
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D5	Ridge Trail to AT to Blood Mtn and return the same way. 10 miles. State Park pass required or pay daily entrance fee. <b>Please call or text Susan Paul (407) 663-4457 if you plan to do this hike.</b>
July 28 B3	Leisure Hike – Yonah Mtn. Preserve – This is a new favorite just north of Cleveland, GA. Ca. 5 mi. undulating in nice woods above a lake and midway a secret path to a lovely creek cascades. Please contact George Owen (706) 897-3366 if you plan to do this hike.
July 28 Easy	Trail Maintenance Coopers Creek - Shope Gap to Cross over to Mill Shoals to Duncan Ridge Rd Please contact Ray Taylor (352) 408-6879 if you wish to help out.
Aug 2 B2	Turtletown Creek Falls, near Farner, TN. A moderate 4 mile round trip hike to two of the prettiest waterfalls in the area. Hiking sticks recommended. (≈ 3 hrs ). Please contact Laurie Colombo (530) 295-7639 if you plan to do this hike.
Aug 2 D4	Wayah Crest to Wayah Bald on the AT. Trail climbs from 4,188 ft. at Wayah Crest to 5,342 ft. at Wayah Bald observation tower. Some ups and downs in between. 8.4 miles round trip. Please contact Mary Frankis (505) 220-8706 if you plan to do this hike.
Aug 4 B2	Leisure Hike – Unicoi to Helen for Lunch, GA- We hike from Unicoi State Park Lodge to Helen via Frog Pond Nature Trail, part of Bottoms Trail, then the modest Unicoi-Helen Trail the remainder of the way. Some modest ups and downs part of the way included. End at German Hofer's Restaurant in Helen for post-noon lunch after about 4. Mi trek. Short shuttle. Please contact Ralph Collinson (904) 305-7139 if you plan to do this hike.
Aug 4	Trail Maintenance OPEN
Aug 9 B3	Kimsey Creek Trail in Standing Indian area. Hike beside a beautiful stream for about 5 miles in and out. (≈2:40 hrs) <b>Please contact Laurie Colombo (530) 295-7639 if you plan to do this hike.</b>
Aug 9 D3	BMT/Jack's River hike This is a 9 mile hike beginning at Watson Gap. Hike the BMT to the Jack's River Trail, then take Jack's River Trail to the first river crossing and return, out and back. There is elevation change on the BMT and several creek crossings on this hike, so you may get wet! Poles are highly recommended. Please call or text Susan Paul (407) 663-4457 if you plan to do this hike.
Aug 11 B2	Leisure Hike – Leisure Hike - NEW & a change in calendar - Albert Mtn. high country easy hike - Begin at Albert Mountain parking lot in NC. Hike north and back over a mile each way on rather flat high trail around 4,500 ft. elevation. On return climb the quarter mile to the summit of Albert Mtn. and tower to elevation of mile high. Return on the north side (nope, not going down that super steep south side) to parked cars. Then drive downhill a bit to hike from Bearpen Trailhead gap downhill to Mooney Gap, passing near hike's conclusion through a glorious bright red blooming of hundreds of bee-balm blossoms. Most of the hike is on the Appalachian Trail and very scenic - total hiking distance of trip about 4.5 mi. Shuttle involved. Very scenic - high and very shady cool for summer. Please contact George Owen 706-374-4716 if you plan to do this hike.
Aug 11	Trail Maintenance OPEN
Aug 16 B3	Yellow Mtn Trail to Shope Gap Trail to Mill Shoals Trail, moderate 5 mi. Optional outside dine at El Manzanillos in Blairsville Please email Pam Sullivan (pams11@tds.net) if you plan to do this hike.
Aug 16 D4	Beech Gap Trail to the AT - south on the AT to Standing Indian Mountain and then down the Lower Ridge Trail to the campground. Approx 10 miles. Please contact Kelly Motter (979) 480-6413 if you plan to do this hike.
Aug 18	<b>Leisure Hike –</b> Quartz Loop & BMT to Thunder Rock – This 5.5 mi trek starts high off

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B2	Fs. Rd. 221 in TN, with Quartz Loop, connector, then down the Benton MacKaye trail to Thunder Rock Campground. Please contact Ralph Collinson (904) 305-7139 if you plan to do this hike.
Aug 18	Trail Maintenance
Moderate	Chunky Gal – Perry Gap to Boelter Peak. Leader to assigned
Aug 23 C3	Emery Creek Falls. 5 miles in and out. A delightful walk in the Cohuttas which ends in a pair of waterfalls: The first is 40-50 ft high, the second is about 25 ft high. The walk is along Emery Creek and involves about 12 stream crossings, so bring poles – should be nice and cool down by the creek. <b>Please email Pam Sullivan (pams11@tds.net)</b> if you plan to do this hike.
Aug 23 D4	Winding Stair Gap- SOBO on the AT to Rock Gap and back. About 8 miles. Please call or text Candy Retter (706) 897-9538 if you plan to do this hike.
Aug 25 B2-3	<b>Leisure Hike</b> – Fish Gap west to 2 <sup>nd</sup> gap before Rhodes Mtn. & return, Ga- Again hike the newer, modest high trail with just a little undulation in deep woods. <b>Please contact Laurie Colombo</b> (530) 295-7639 if you plan to do this hike.
Aug 25	<b>Trail Maintenance</b> OPEN
Aug 30 B3	Gahutti Trail loop at Fort Mtn. State Park. Start at park entrance Gahutti to Goldmine Trail to Lake Trail to Rock Trail and back on Gahutti Trail, 5.3 mile. Variety of terrain, minor stream crossings, great views. Please contact Anne Anderson (423) 284-7032 if you plan to do this hike.
Aug 30 C4	BMT trail from Skeenah Creek to Swinging bridge and return. Steep climbs both ways 7.8 miles. Please call or text Linda Hiles (954) 445-4358 if you plan to do this hike.
Sep 1 B2	Leisure Hike – Trails of Cooper Creek Area, GA- Starting from Fs. Rd. 39, we first take the Shope Gap Tr., then part of the Yellow Mtn. Tr., Connector, then final downhill on Mill Shoals, Tr. To FS Rd. 236. Walk that road for about a quarter mile, then take the Cooper Creek Tr. Loop – total mileage ca. 3.9 mi. Shuttle Please contact Doreen Sasso (239) 565-8482 if you plan to do this hike.
Sept 1 Easy	Trail Maintenance Fires Creek – Leatherwood Falls Loop Trail Easy 2 miles. Please contact Michael O'Brien (706) 994-1569 if you wish to help out.
Sept 6 B3	Deep Gap (4,341 ft) to the top of Standing Indian Mountain (5,498 ft.) on the AT. This is a 5 mile round trip hike in the Southern Nantahala Wilderness Area. Year round spectacular views and cooler summer tempts. Please email Pam Sullivan (pams11@tds.net) if you plan to do this hike.
Sept 6 D5	Vogel State Park to Blood Mountain taking Bear Hair to Coosa Trail to Duncan Ridge Trail to AT to Blood Mtn and return the same way. 10 miles. State Park pass required or pay daily entrance fee. Please call or text Susan Paul (407) 663-4457 if you plan to do this hike.
Sept 8 B3	Leisure Hike – Jackrabbit trail system, NC – PART NEW – Hike new trail from first parking lot, across road, to second parking lot near boat put-in, then hike old loop across the top of Jackrabbit MTN.(taking right trail new mtn. top), and back to boat put-in parking. Roughly 3 miles with shuttle. <b>Please contact Jo Hubbard if you plan to do this hike.</b>
Sept 8	Trail Maintenance Ravens Cliff Falls ( <i>Wilderness</i> ) – 2.5 miles along Dukes Creek and return. Moderate up at beginning and creek crossing. Level but rough trail with moderate up and end. Please contact Ray Taylor (352) 408-6879 if you wish to help out.
Sept 13 C3	Trails of Tallulah Gorge State Park. This includes a visit to the Jane Hurt Yarn Interpretative Center. Excellent exhibits and a 20 min. historical movie on the Gorge.

	Then we will hike the North Rim Trail with its views of several waterfalls; go down Hurricane Falls staircase to the swinging bridge and hike the High Bluff Loop. Moderate hike with easy footing and no climbs, except the steps. Possibility of doing some of the Stoneplace Trail. 6 to 8 miles depending on what the leader or group decides. Need hike Leader.
Sept 13 D3	Lake Winfield Scott: hike up Slaughter Trail to AT, NOBO on AT up to Blood Mountain, Return SOBO to Jarrad Gap, take Jarrad Gap trail back to LWS. 8 miles Entrance fee at LWS required. Please call or text Susan Paul (407) 663-4457 if you plan to do this hike.
Sept 15 B2-3	<b>Leisure Hike</b> – Wagon Train Trail, GA – Take just under a 4 mi. hike from Brasstown Bald parking area out to the second overlook with views back to Brasstown tower, and return. <b>Please contact Doreen Sasso (239) 565-8482 if you plan to do this hike.</b>
Sept 15	Trail Maintenance OPEN
Sept 20 C3	Lake Winfield Scott-Jarrard Gap to Slaughter and back down to Lake. 6 miles moderate with some ascents and descents. (5\$ with Golden Age Pass) at Lake WInfield Scott.  Please call or text Linda Hiles (954) 445-4358 if you plan to do this hike.
Sept 20 D4	Beech Gap to AT to Timber Ridge Trail. 8.3 mile, a moderate to strenuous hike. <b>Please</b> contact Kelly Motter (979) 480-6413 if you plan to do this hike.
Sept 22 B1-2	Leisure Hike – Amadahy Trail – This wonderful loop southwest of Ellijay, GA has views of Carter Lake and a great picnic peninsula – ca. 4.5 mi. Please contact Ralph Collinson (904) 305-7139 if you plan to do this hike.
Sept 22	Trail Maintenance OPEN
Sept 27 C3	Standing Indian Area. Rock Gap to Glassmine Gap on the AT and back for 6 miles. Beautiful views. Please contact Kim Blankenship (770)-880-8385 if you plan to do this hike.
Sept 27 E4	Rock Gap SOBO on the AT to Albert Mountain Fire Tower and return. 12 miles. Please call or text Candy Retter (706) 897-9538 if you plan to do this hike.
Sept 29 B2-3	Leisure Hike – Betty Creek & AT to wonderful vista, NC – Trek short Betty Creek Trail, then the Applachian Trail to a terrific vista atop Little Ridgepole Mtn. Some modest uphill the first mile, then the rest to terrific vista and return is fairly flat or downhill. Early fall color should be popping out. – 4 mi.rt. Please call George Owen at (706) 374-4716 if you plan to do this hike.
Sept 29 Moderate	Trail Maintenance Arkaquah Trail ( <i>Wilderness</i> ) from Brasstown Bald Parking 2.25 miles past the Arkaquah Overlook and back. Saw and lopping and small hand saw work. Please contact Steve Dennison (706) 299-6825 if you wish to help out.

Please contact the Hike Leader or visit www.mountainhighhikers.org for schedule changes In order to accommodate different hiking levels, we might do "timed-in-and-out" hikes.

Hike Rating: Distance: A = up to 3 miles Terrain / Footing: 1 = easy

B = 3 - 6 miles C = 6 - 8 miles D = 8 - 10 miles E = over 10 miles 2 = average 3 = moderate 4 = strenuous 5 = very strenuous