

# Study Questions

## JESUS THE CHRIST

UNDERSTANDING WHO JESUS IS  
AND WHAT IT MEANS TO BE CHRIST-CENTRED



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FOREWORD by Bishop William T. McGrattan

# 12 Session Study

## Session #1

Read	Study Questions
<ul style="list-style-type: none"> <li>✓ Foreword</li> <li>✓ Preface</li> <li>✓ A Note to the Reader</li> <li>✓ Appendix A</li> <li>✓ Introduction</li> </ul>	<ol style="list-style-type: none"> <li>1. What did you learn or what stood out for you from Bishop McGrattan's Foreword?</li> <li>2. What did you learn or what stood out for you from the Preface?</li> <li>3. What did you learn or what stood out for you from A Note to the Reader and Appendix A?</li> <li>4. Are <i>you</i> able to identify with Simeon and/or Anna's desire to see the Messiah, and to live a life centred in Him?</li> <li>5. In <i>your own words</i>, describe a Christ-centred life.</li> <li>6. Using the individual talents we have been given and the time allotted to us (cf. 1 Cor 1:17), we are called to go forth and "make disciples of all nations, baptizing them in the Name of the Father, and of the Son, and of the Holy Spirit," thus inaugurating humanity into His Kingdom (Mt 28:19-20). What does this mean to you? How do you understand <i>this command</i> from Jesus?</li> </ol>
Session #1 Approximate pages = 26	

## Session #2

Read	Study Questions
<ul style="list-style-type: none"> <li>✓ Chapter 1</li> <li>Who Do You Say That I AM?</li> </ul>	<ol style="list-style-type: none"> <li>1. Who is this Man named Jesus to you? That is, who do <i>you</i> say that He <i>Is</i>?</li> <li>2. Based on <i>your own answer</i>, how does this answer of yours, manifest itself in your own life?</li> <li>3. What is <i>your</i> personal anticipation and expectation of the Messiah? Do you have a human or a Godly understanding of what the Messiah is to do in your life? Do you want to be saved from earthly cares and illnesses (pick up your mat and walk) or from sin (go forth, your sins are forgiven)? Which is more important to <i>you</i>? Why?</li> </ol>
Session #2 Approximate pages = 24	

## SeSSion #3

Read	Study Questions
✓ Chapter 2 THE SECOND PERSON OF THE TRINITY	<ol style="list-style-type: none"> <li>1. We proclaim that the Messiah is also Lord and God! When you make such a proclamation what are the consequences of it in <i>your</i> encounters with others?</li> <li>2. After reading this chapter, what new understanding about Jesus as the Second Person of the Trinity stands out for you?</li> <li>3. Put yourself in the position of a first century Jew. A carpenter from a near-by town is saying that He is God; tells us to eat His flesh and drink His blood; tells us to hate our family and follow Him; etc. How do you think <i>you</i> would have responded?</li> </ol>
Session #3 Approximate pages = 24	

## SeSSion #4

Read	Study Questions
✓ Chapter 3 – Part 1 THE ABSOLUTE PRIMACY OF JESUS	<ol style="list-style-type: none"> <li>1. Absolute primacy is in Jesus the Christ! After reading Part 1, how do <i>you</i> understand His <i>supremacy</i>? Does <i>your</i> answer demonstrate itself in <i>your</i> life?</li> <li>2. God the Father wills that Jesus His Son (our Messiah) is first in everything. Is Jesus <i>your</i> Messiah first in <i>every aspect</i> of <i>your</i> life? If not, which <i>aspects</i> of your life is He not first in?</li> <li>3. Jesus the Christ is the Way, the Truth, and the Life! In your encounters with other religions and/or secular population, how would <i>you</i> explain this truth with gentleness, love, and compassion, without apology?</li> </ol>
Session #4 Approximate pages = 20	

## SeSSion #5

Read	Study Questions
✓ Chapter 3 – Part 2 THE ABSOLUTE PRIMACY OF JESUS	<ol style="list-style-type: none"> <li>1. After reading Part 2, how do <i>you</i> now understand the <i>primacy</i> of the Holy Name of Jesus (<i>Yahshua</i>)?</li> <li>2. After reading Part 2, has <i>your view</i> on the Law and the Sabbath changed?</li> <li>3. Is the Eucharist the source and summit of <i>your</i> life? Why do <i>you</i> go to Church (Mass/Eucharist)? Do any of the five reasons outlined in Part 2 speak to you?</li> </ol>
Session #5 Approximate pages = 34	

## Session #6

Read	Study Questions
<p>✓ Chapter 4</p> <p><b>No New Revelation Needed</b></p>	<ol style="list-style-type: none"> <li>1. The fullness of Revelation, the complete Deposit of Faith, is found <i>only</i> in Jesus the Messiah! Are <i>you</i> looking for more? Do you find yourself looking for or wanting more?</li> <li>2. After reading this chapter, how would <i>you</i> explain the difference between Public Revelation and Private Revelation to someone who asks?</li> <li>3. What safeguards would <i>you</i> suggest for ensuring that Private Revelation is not misused, in your life and those around you (family/friends)?</li> </ol>
<p>Session #6 Approximate pages = 24</p>	

## Session #7

Read	Study Questions
<p>✓ Chapter 5 AN ONTOLOGICAL EVENT</p> <p>✓ Chapter 6 Why THE INCARNATION?</p>	<ol style="list-style-type: none"> <li>1. The Christ Event changes our very being itself! After reading Chapter 5 how do <i>you</i> understand this change?</li> <li>2. What are the practical implications in <i>your life</i> of becoming a new creation (in the Christ); of being a son or daughter of God (in the Christ); of participating in the Christ's royal priesthood; of participating in the Christ's bodily resurrection?</li> <li>3. The God of the universe becomes human! What was God's purpose behind the incarnation?</li> <li>4. Does <i>your</i> answer to question three above, manifest itself in your life? Does it change the way <i>you</i> live? Does it change the way <i>you</i> interact with others?</li> </ol>
Session #7 Approximate pages = 25	

## Session #8

Read	Study Questions
<p>✓ Chapter 7 – Part 1  <b>Why the Death and Resurrection?</b></p>	<ol style="list-style-type: none"> <li>1. The God of the universe goes through His Passion! What was God the Father's purpose behind the death and resurrection of His Son?</li> <li>2. Describe and illustrate the differences in the meaning of the following terms: atonement, righteousness, justification, and sanctification. Why does it have to happen in this order?</li> </ol>
<p>Session #8 Approximate pages = 29</p>	

## SeSSion #9

Read	Study Questions
<p>✓ Chapter 7 – Part 2 Why THE DEATH AND RESURRECTION?</p>	<ol style="list-style-type: none"> <li>1. In Chapter 7 (Part 1), when we discussed justification and sanctification, we acknowledge that in this we have a role to play. According to St. Thomas Aquinas, God Himself teaches us our role in five key areas (or virtues). What are these five key areas? Explain them in <i>your own words</i>.</li> <li>2. After reading Part 2, will these five key areas (or virtues) have an impact in your life? Explain your answer.</li> </ol>
Session #9 Approximate pages = 42	

## SeSSion #10

Read	Study Questions
<p>✓ Chapter 8 – Part 1 “Rejoice . . . Always!”</p>	<ol style="list-style-type: none"> <li>1. We are exhorted to rejoice always in Jesus the Christ! In <i>your own words</i> how do <i>you</i> understand this exhortation?</li> <li>2. After reading Part 1, how do you understand worldly “happiness” versus “joyfulness” in Him? Which do you predominantly seek? Explain your answer.</li> <li>3. After reading Part 1, how do you understand “relational peace” versus “peace with God”? Which do you predominantly seek? Explain your answer.</li> </ol>
Session #10 Approximate pages = 33	

## SeSSion #11

Read	Study Questions
<p>✓ Chapter 8 – Part 2 “Rejoice . . . Always!”</p>	<ol style="list-style-type: none"> <li>1. What is <i>your</i> end goal (your personal <i>telos</i>), which you have been designed by God to do?</li> <li>2. As a Christian we must have a joy-filled reaction in saying “Yes” to Jesus our Messiah. Is this a reality in your life? Explain your answer.</li> <li>3. Overall, do you spend time studying, learning, and understanding Who Jesus the Christ <i>Is</i>? Explain your answer.</li> <li>4. Discuss the <i>five-step gift analogy</i>. Is this analogy beneficial? Which step are you, in your faith journey?</li> <li>5. What does a Christ-centred life look like? Provide specific examples of how each of the nine suggestions should look like in <i>your</i> day-to-day living. Are these nine suggestions achievable in <i>your</i> life?</li> </ol>
Session #11 Approximate pages = 33	

## Session #12

Read	Study Questions
<p>✓ Chapter 9 THE GOOD NEWS</p> <p>✓ Appendix B</p>	<ol style="list-style-type: none"> <li>1. Christians proclaimed that they have the Good News! What is this Good News?</li> <li>2. What should <i>you</i> personally do in order to safeguard yourself (and others around you) from false gospels (the “bad news”), deceivers of the world (antichrists), and most importantly the supreme deception of the Antichrist?</li> <li>3. Returning to the question and adding to your answer, given in Session #1: using the individual talents <i>you</i> have been given and the time allotted to <i>you</i> (cf. 1 Cor 1:17), <i>you</i> are called to go forth and “make disciples of all nations, baptizing them in the Name of the Father, and of the Son, and of the Holy Spirit,” thus inaugurating humanity into His Kingdom (Mt 28:19-20). You have an obligation, or mission, to evangelize the Good News to the world (with the particular talents God has given you). In <i>your</i> own way, in <i>your</i> own location, with <i>your</i> own talents and abilities, how do/can you accomplish this obligatory mission given to you personally by your Messiah?</li> <li>4. Reread Mt 28:18-20. What would <i>you</i> have to do to be able to say, “Today this Scripture has been fulfilled in your hearing”?</li> <li>5. What did you learn or what stood out for you from Appendix B?</li> </ol>
Session #12 Approximate pages = 21	

## A Few Suggestions

- Study Format: these sessions can be done as a group (preferably), or individually.
  - Preferably, these sessions should be done in-person.
  - Sessions can be altered or changed to fit your group or individual study (e.g., you can group some sessions, making it into four, six, or eight study sessions).
  - These sessions don’t need to be formal; feel free to meet with some friends.
- Start session with an opening prayer (can be taken from the book); and/or with an opening hymn.
  - Start session with a brief summary or summary discussion (within the main group).
  - Depending on the size of the group, create smaller groups within the group.
    - Assign a leader/facilitator to each of the smaller groups.
- Discuss questions in a respectful, thoughtful, and methodical manner; keeping in mind, that the primary focus of the discussions are to understand Who Jesus *Is* and to become Christ-centred.
  - End session with a closing prayer (can be taken from the book).