

Connecting to the primordial energies of transformation through flower essences



Guidebook

**Affirmation Cards** 

Flower Essence



## Guidebook

The Divine Collection Guidebook explores flower essences as tools for emotional, spiritual, and psychological healing. Based on Beta Test feedback, the guide highlights consistent benefits like increased self-awareness, emotional resilience, and spiritual connection. Case studies, including an experience with the Divine Mother essence, show how the essences foster cognitive clarity and inner alignment. The book also features prayers, affirmations, and visualizations to enhance healing and transformation, offering practical, evidence-based insights for integrating vibrational medicine into personal and therapeutic practices.

## **Affirmation Cards**

The Divine Collection Flower Affirmation Cards blend the vibrational healing of flowers with the power of positive affirmations to support your emotional and spiritual well-being. Each card is designed to help you connect with the unique energy of a specific flower, offering daily inspiration, clarity, and guidance. Whether you're setting intentions, seeking inner peace, or deepening your self-care practice, these cards serve as gentle allies on your journey. Let the wisdom of nature support your healing and help you align with your highest potential.



## **Flower Essence**

The Divine Collection: Connecting to the Ancient Wisdom of Transformation through Flower Essences presents a unique line of 13 signature flower essence blends, each crafted to connect you with primordial energies that inspire deep personal growth and transformation. Rooted in African spiritual traditions, these essences empower you to explore key aspects of your life—truth, focus, remembrance, self-love, and healing—by tapping into the profound wisdom of nature.

Available for personal and wholesale purchase

Click <u>here</u> or scan qr code for wholesale inquiry form



## **Our Minds Are Our First Apothecary**

Renee Kimberly Smith, also known as Esubola Ayelaagbe Egbesina —affectionately called "Iya Bola"—is a multidimensional healer and founder of Akika Flower Essences & Apothecary.

A certified flower essence practitioner trained by the Flower Essence Society and Oceans & Rivers Acupuncture, she blends ancestral plant wisdom with vibrational healing for personal and collective transformation. Renee is a Level II Reiki practitioner and an initiated Iyanifa and Olorisa in the spiritual lineages of Ifa, Egbe, Obatala, and Osun. Her Brooklyn-based apothecary offers teas, tinctures, and salves designed to restore balance and connect people to the healing power of nature. With a background in cultural arts and community wellness, Renee facilitates workshops, retreats, and rituals centered on ancestral intelligence and holistic healing.

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