



Remembrance: Honoring The Lineage That Lives Within Us

Rooted in Legacy. Blooming in Memory.

Beloved Bloomkeeper,

To remember is to return.

In this edition of Soul Soil, we center remembrance as both ritual and responsibility, a sacred act of keeping the fire lit for those who paved the way. Honoring our ancestors is not just cultural; it is spiritual technology that reconnects us to wisdom, strength, and belonging.

In the Yoruba tradition, death is not an ending, it is a return to the ancestral realm. When a person transitions, they are said to go home, joining the ranks of the *Egúngún*, the revered dead who walk with us, guide us, and uplift our path.

Still, not every transition happens in divine time. When lives end too soon through violence, illness, or injustice, the rupture is deep. In such cases, special rites must be performed to help the spirit rest, heal, and return to balance. *As descendants, our remembrance becomes the bridge: a way to repair the story, honor the life, and complete the circle.*

To remember is to speak their names, to live their values, and to continue what they began. It is an act of resistance and reverence, and it is how we bloom in alignment with our roots.

Visual Spotlight: “Shine” by Blitz The Ambassador

This stunning short film beautifully illustrates the unseen presence of ancestors who walk beside us, offering strength, protection, and guidance. Shine is a cinematic reminder that we are never alone. We are always supported by those who came before.

Watch now and feel the presence of your ancestors in every step.



Essence of the Week:

*Remembrance (Inspired by **Egúngún**)*

Meet Forget-Me-Not:

Tiny, blue, and profound, Forget-Me-Not, remind us of memory's sacred power. Often used in remembrance ceremonies and ancestral gardens, they symbolize eternal love, deep connection, and the promise that those who came before are never truly gone.

They are especially powerful for honoring those whose names were erased or forgotten, calling their memory forward through intention and care.



Forget-Me-Not flower essence *deepens ancestral connection and spiritual awareness, offering comfort in times of grief and reminding us that love and lineage transcend physical separation.* It's a gentle ally for honoring those who've transitioned and staying rooted in soul memory.

Affirmation:

"I walk with the wisdom of those who came before. Their memory is my foundation, their light my guide."

Explore Remembrance Flower Essence

Essence Focus: Spiritual connection, soul purpose, healing past memories, ancestral healing, self-forgiveness, emotional continuity, and embracing personal growth.

The **Remembrance** flower essence blend assists individuals in reconnecting with their past, healing emotional wounds, and embracing spiritual wisdom. This essence is a balm for the soul, helping you reconnect with your lineage and honor the sacred contract between past and present. It is ideal for grief support, ancestral rituals, and any spiritual practice rooted in legacy.

Use this essence during:

- Ancestral altar tending
- Rituals of remembrance and naming
- Times of grief or spiritual seeking

Integration Tip

Add a few drops to a bowl of water on your altar, or use before dreamwork to open ancestral communication.



[Learn More About
Remembrance Essence](#)

Ritual Offering: Light of Remembrance



At dusk, light a candle in a bowl of water. Surround it with marigold petals or rosemary sprigs.

Add 3 drops of the Remembrance essence (optional) and speak the names of those you honor and say:

*"I remember.
I honor.
I continue.
Asé."*

Take a deep breath. Sit in stillness. Let memory become your prayer.

Plant Ally: Marigold (Tagetes)



Known in many traditions as a flower of the dead, **Marigold** glows like the sun and carries the energy of brightness, guidance, and comfort.

Used in ancestral work across the Diaspora, marigold helps bridge the spirit world and the living.

Its warmth supports the release of grief and opens the heart to receive messages from the ancestors.

Use Marigold to:

- *Decorate your altar or ritual space*
- *Brew an herbal tea (edible calendula variety) for heart healing*
- *Add to a spiritual bath for clearing sorrow and inviting light*

Additional Allies:

- *Rosemary: for memory and clarity*
- *Mugwort: for dreams and ancestral visions*
- *Calendula: for gentle emotional support*

Closing Blessing,

There are days when I feel them, not just in dreams, but in the everyday. In the way I cook, in the scent of certain herbs, in how I laugh or kneel or gather. Our ancestors live in the small sacred moments, the ones that remind us we are never alone.

This edition is a devotion to those who came before, the ones we knew, the ones we grieve, and the ones whose names we are still learning to carry.

May we remember them well.

May we become good ancestors by how we honor the ones who walked before us.

With reverence,
Iya Bola

P.S. Feel free to share your thoughts. Send us a message via email to ancestralintelligence@gmail.com or on IG @getthedivinecollection

UPCOMING OFFERINGS

The 3-Day Ifá & Orisa Challenge

July 25, 2025-July 27, 2025

Join Chief Alaje for this sacred invitation to reconnect with divine truth, ancestral wisdom, and your own inner knowing. Over the course of three days, you'll explore the spiritual technologies of Ifá and the Orisa through guided ritual, reflection, and deep teaching.

Step into this journey of remembrance, clarity, and truth. **Join The Challenge!**



EXCLUSIVE BONUS OFFER:

Soul Soil Integration Circle with Iya Bola

Challenge participants will receive access to a private group session with Iya Bola, a powerful integration space designed to ground your transformation and deepen your connection to ancestral practice.

To support your spiritual unfolding during the challenge, we're offering an optional flower essence companion for each day curated from *The Divine Collection*.

(Only \$11 each (regular value \$33)) These flower essences are vibrational tools to help integrate each lesson into your body, spirit, and life. **Join The Challenge!**

STOOPS Festival | July 26

Activation Location: Mount Lebanon Baptist Church, Brooklyn,

NY **Time:** 1:15PM-5:15PM

We're honored to be part of this year's STOOPS Festival, a celebration of art, ritual, and community on the stoops of

Brooklyn.

Come visit the **Soul Soil activation** and explore the ancestral power of Rosemary, a sacred plant ally known for enhancing memory, protection, and clarity. We'll be offering on-the-spot rituals, plant education, and a moment to connect with your own lineage through herbal wisdom.

[Learn More!](#)



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