



Where Sweetness Meets the Sun: Oşun in Leo Season
Honoring Self-Love, Reflection, and Renewal

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Beloved Bloomkeeper,

As we begin to close out our sacred journey of **28 Days of Oşun** and the blessings of the **Oşun-Oşogbo Festival**, may we pause to honor the gifts Oşun has poured into our hearts: *love, sweetness, fertility, and abundance.*

This final issue is devoted to the essence of **Self-Love**, that radiant current of Oşun that reminds us that *loving ourselves is not selfish, but sacred.*

Flower Ally: Buttercup

Buttercup shines as a gentle teacher of self-worth. Its golden blossoms mirror the Sun's light, reminding us to radiate confidence without needing outside validation.

Working with buttercup essence encourages us to:

- *See our inner beauty reflected*

clearly.

- Release the need to overgive in order to feel worthy.
- Restore the playful, childlike joy that lives within.
- Stand in the glow of our natural brilliance.

In Yoruba cosmology, Ọṣun's gifts are sweetness and attractio, not because she chases love, but because she embodies it. Buttercup carries this same energy, showing us that *self-love naturally draws blessings, relationships, and opportunities toward us.*



Self-Love in Leo Season

We close Ọṣun's festival during the height of Leo season, when the Sun burns brightest and calls us to **step into visibility**. *Leo reminds us to shine without apology, to honor our heart's desires, and to live in bold self-expression.*

This pairing with **Ọṣun's teachings** is powerful:

- **Leo says:** *Shine.*
- **Ọṣun says:** *Love yourself as you shine.*
- **Buttercup says:** *Your light is already enough.*

Together, they invite us to root deeply in self-love so that our radiance flows effortlessly, not from performance, but from *authenticity*.

Affirmation:

"I shine with the brilliance of the Sun, rooted in the sweetness of Ọṣun. My love for myself is radiant, magnetic, and enough."



The **Self-Love Flower Essence** helps individuals transition from self-criticism, self-doubt, and perfectionism to a deep sense of self-compassion, confidence, and authenticity.

Check Out Self-Love

Sweet Bath for Self-Love

Prepare a ritual bath to *embody Ọṣun's sweetness and Buttercup's golden glow:*

1 cup **honey** (or molasses for grounding)



1 cup **fresh milk or coconut milk**
A handful of **fresh or dried rose petals**
3 drops **vanilla extract** (or a few sprigs of **lavender**)

Optional: a splash of **Florida Water or rosewater**

Add ingredients to warm bathwater. As you soak, sing or hum to yourself. *Invite Oşun to infuse your spirit with sweetness.* When you rise, air-dry if possible, allowing the blessings to linger on your skin.

Closing Blessing,

May this season of Oşun remind you that you are your own sweetest offering.

As you carry her waters forward, let self-love ripple into every area of your life.

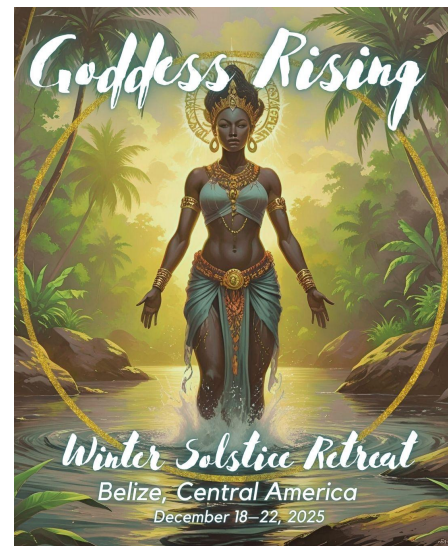
*With sweetness and love,
Iya Bola*

P.S. Feel free to share your thoughts. Send us a message via email to ancestralintelligence@gmail.com or on IG @getthedivinecollection

Looking Ahead **Goddess Rising Winter Solstice Retreat**

As the year turns, we will gather again in sacred circle for the **Goddess Rising Winter Solstice Retreat in Belize - December 18-22, 2025**, a powerful immersion in *ritual, rest, and renewal*. *Registration opens 8/31; Limited space available.*

Join the waitlist to receive registration details



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