**Letter to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** (*Sports Leader or Organization*)

**DATE:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Dear \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** (*sports leader or organization*)**,**

With the naming of weightlifter **Laurel Hubbard** to the New Zealand Olympic team I have become aware that in 2015 the International Olympic Committee (IOC) decided that the human rights of some athletes supersede the rights of others.

Without consulting broadly or notifying many, the IOC decided that male athletes could self-identify as women and would then be allowed to compete against female athletes. [**Reference**: The 2015 IOC[***“Consensus Meeting on Sex Reassignment and Hyperandrogenism”]***](https://stillmed.olympic.org/Documents/Commissions_PDFfiles/Medical_commission/2015-11_ioc_consensus_meeting_on_sex_reassignment_and_hyperandrogenism-en.pdf)

This is outrageous, unethical, and unfair!

As anyone can see from national and Olympic record charts across many sports, the male body has an enormous advantage over the female body.

There is a logical reason for this difference in male performance. Having benefitted from male genetics (SRY gene) and years of growth and development at high levels of testosterone, the male body has a physical advantage that ranges from 10%-160% depending upon the activity and the sport:

* Heavier by 20-40%
* Stronger by 30-60% [Especially stronger in UPPER BODY activities]
* More Explosive by 33%
* Running 10-15%
* Kicking 20%
* Punching 160%
* Scrum forces in Rugby 40-60%
* VO2max 20-40%
* Throwing 20-30%
* Weights 30-50%
* Tendons much stiffer

The IOC consensus statement **assumes** (without evidence!)that all these advantages disappearand the female playing field will be level IF the male athlete ensures that his testosterone concentration remains below 10 nmol/L for one year.

This assertion is patently false!

Every study in history that has measured male bodies both before and after hormone therapy shows that there is no significant mitigation of the male physical advantage in sports.

Of course, any thinking person can deduce the same thing without science.

How does a man make his bones and body smaller to match female size?!

How does he reduce the size of his heart and lungs so that oxygen transport capacity is reduced to female level?!

The IOC position on this matter is absurd. It is an insult to women, to sport, and to the Olympic ideal.

And the IOC amplifies this insult by assuming that very few male athletes would want to take advantage of this policy and compete with the women.

This assumption is also false. Over the past few years, the world of sport has documented a growing number of males, calling themselves “transgender,” robbing female athletes of opportunities on teams and podiums. And now we see Laurel Hubbard being admitted into the games in women’s weightlifting.

The IOC’s insistence on closing their eyes to this unfairness puts all women’s sports in jeopardy.

The IOC bears direct responsibility for putting female athletes at serious risk by permitting male bodies to enter their playing fields, change rooms, toilets, and athlete accommodations.

I now pose the question to you, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (*sports leader or organization*):

As leader of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ *(country, state, province, city, school, or sport)*, are YOU making sure that the IOC policy is NOT replicated in \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  *(sport)*?

I plead with you to do your part as leader of ­ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ *(country, state, province, city, school, or sport)* to STOP THIS MADNESS!

Please make sure that sports categorization policy of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ *(country, state, province, city, school, or sport)* does NOT copy the mistake of the IOC’s “Transgender Consensus.”

Please undertake a broad and thorough consultation with ALL stakeholders (especially a confidential survey of the female athletes and their coaches) before you adopt this dangerous IOC approach to sport categorization in \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ *(country, state, province, city, school, or sport).*

A fair and practical **alternative policy** is provided for you in the **Appendix** below.

**Please save women’s sports!**

Yours in sport,

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ *(signed)*

**PRINT NAME or ORGANIZATION**

**APPENDIX**

**Recommended Transgender Policy**

# Guiding Principles

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ *(sports association or organization)* is committed to being inclusive and respectful of all participants in \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ *(sports association or organization).* For the purpose of eligibility, members of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ *(sports association or organization*) shall compete on the basis of biological sex classification. Since male sex confers physical performance advantages, it is particularly important to ensure that the female sex category is protected.

**Purpose**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ *(sports association or organization*) believes in equal opportunity for all participants. However, in instances where an athlete self-declares as transgender, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ *(sports association or organization*) will implement biology-based eligibility guidelines in order to ensure a fair and level playing field for each category: male and female.

# Eligibility Guidelines

The following guidelines will be used to determine the eligibility of transgender participants (this applies to all ages):

1. **Male-born Transathlete** must compete in the male category.
2. **Female-born Transathlete** has the option of competing as male or female under the following provisions:
   1. Permitted to compete as male irrespective of intervention strategy undertaken to alter sex.
   2. Permitted to compete as female after careful review of the individual case. The female-born athlete who self-declares as transgender must submit documentation from a Medical Practitioner concerning the nature of gender reassignment intervention. Inclusion in the female category will be permitted if it is deemed that the intervention has not resulted in the participant having a competitive advantage over fellow female athletes. For example, testosterone supplementation commonly used in the medical treatment of gender reassignment might cause the athlete to be in violation of anti-doping guidelines. A female athlete, found to have testosterone concentration exceeding the upper limit of the female range for the given age category, will be ineligible to compete as female.

NOTE: All athletes must be aware that they may be subject to doping control testing pursuant to the [World Anti-Doping Agency](https://www.wada-ama.org/) (WADA).